CASE REPORT

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Prenatal and Neonatal MR Imaging Findings in Oral-Facial-Digital Syndrome Type VI

SUMMARY: We report prenatal and neonatal neuroimaging findings in a case of oral-facial-digital syndrome type VI (OFDS VI). Prenatal MR imaging at 29 weeks' gestation showed hypoplastic cerebellar vermis and hemispheres, the molar tooth sign, and a hypothalamic hamartoma. Neonatal MR imaging confirmed these findings. The neonate developed breathing abnormalities and exhibited frontal bossing, multiple bucco-alveolar frenula, and postaxial hexadactyly of both hands. If the molar tooth sign and a hypothalamic hamartoma are present, prenatal diagnosis of OFDS VI is possible.

Oral-facial-digital syndrome type VI (OFDS VI) or Váradipapp syndrome (OMIM 277170) is a rare autosomal recessive syndrome^{1,2} belonging to Joubert syndrome and related disorders (JSRD),³ whereof less than 40 cases have been reported. The genetic basis remains unknown. JSRD and OFDS VI can present with similar neurologic symptoms such as hypotonia, delayed milestones, ataxia, cognitive impairment, irregular breathing in the neonatal period, and ocular motor apraxia⁴ as well as facial dysmorphic signs.⁵ However, postaxial polydactyly is a typical finding in OFDS VI but is only rarely observed in JSRD.³ Furthermore, tongue hamartoma, bucco-alveolar frenula, or both, are exclusive for OFDS VI.³ Characteristic neuroradiologic hallmarks of JSRD include cerebellar vermis hypoplasia in combination with the "molar tooth sign" (MTS), a complex malformation of the midbrain characterized by thickened and elongated superior cerebellar peduncles and an abnormally deep interpeduncular fossa.⁶ These findings are also found in OFD VI.⁶ Hypothalamic hamartoma (HH) is a specific, but not consistently present, feature of OFDS VI.⁷

With the advent of MR imaging, the diagnosis of JSRD can be made prenatally before 24 weeks' gestation.⁸ In this report, we describe prenatal and neonatal MR findings in OFDS VI.

Case Report

A boy was born at 38 weeks' gestation to a 34-year-old mother. He was the second child of nonconsanguineous and healthy Swiss parents. A routine fetal sonography in week 28 revealed macrocephaly and hypoplasia of the cerebellar vermis. Therefore, a fetal MR imaging examination was performed at 29 weeks' gestation. This showed hypoplastic cerebellar vermis and hemispheres (Fig 1A and B), enlarged posterior fossa, thickened and elongated superior cerebellar peduncles, corresponding to a MTS (Fig 1A), and a hypothalamic mass representing HH (Fig 1A–C). On the basis of these findings, the working diagnosis was JS or JSRD. The boy was born by cesarean delivery because of breech presentation and macrocephaly. Apgar scores were 7, 8, and 9 at 1, 5, and 10 minutes, respectively. Birth weight was 3850 g (90th–95th percentile), length 50 cm (25th–50th percentile), and head circumference 39.5 cm (3.8 cm above 97th percentile). The neonate presented with frontal bossing, low-set ears, flat nasal bridge, multiple bucco-alveolar frenula, and postaxial hexadactyly of both hands. Neurologic examination showed limb mus-

cular hypertonia. In the first hours, he developed recurrent respiratory patterns of alternating tachypnea with respiratory rates up to 200 and apnea followed by bradycardia. MR imaging on day 2 revealed cerebellar vermis agenesis, cerebellar hemispheric hypoplasia, an enlarged fourth ventricle and fossa posterior, elongated and thickened superior cerebellar peduncles, deep interpeduncular fossa corresponding to an MTS (Fig 2A and B), and an HH (Fig 2A–C). The diagnosis of OFDS VI was made. The boy needed a few mechanical resuscitations for severe apneas and bradycardia. Because of the poor prognosis and the repeated severe apneas, the decision was made, together with the parents, that the boy not be resuscitated anymore. He died at the age of 10 weeks at home.

Discussion

Fetal MR imaging can be very helpful in the diagnosis of posterior fossa abnormalities⁹ and permits superior discrimination and resolution of the different anatomic structures compared with sonography. Doherty et al⁸ reported prenatal MR findings of a fetus with a risk for JSRD at 21 weeks' gestation. MR imaging revealed a very small and rostrally located vermis and, inferiorly, a connection between the fourth ventricle and fossa posterior. However, a typical MTS was not seen. Fluss et al¹⁰ reported a prenatal diagnosis of JS at 27 weeks' gestation with identification of a typical MTS. In the case of our patient, the MTS was also identifiable at 29 weeks' gestation. Therefore, fetal MR imaging can identify the MTS from 27 weeks' gestation.

Two articles reported prenatal sonography findings of OFDS VI such as polydactyly and abnormalities in the posterior fossa, but prenatal MR imaging was not performed.^{11,12} Prenatal MR findings of OFDS VI have not been reported previously. Neuroimaging features of OFDS VI include cerebellar vermis hypoplasia and the MTS, whereas HH is occasionally found. However, most cases of HH are sporadic, and in approximately 5% of cases, HH is a finding of Pallister-Hall syndrome.¹³ On MR imaging, HH appears isointense compared with gray matter on T1-weighted sequences and isointense to slightly hyperintense on T2-weighted sequences.¹⁴ Prenatal diagnosis of nonsyndromic HH had been reported in 1 patient at 26 weeks' gestation.¹⁵ In the case of our patient, HH was identifiable at 29 weeks' gestation.

In conclusion, a prenatal diagnosis of OFDS VI is possible with fetal MR imaging from 29 weeks' gestation. Therefore, if prenatal MR imaging shows findings compatible with JSRD, an HH should be sought. However, because of the rarity of the disease, a prenatal diagnosis of OFDS VI can be easily missed. More cases have to be identified to further characterize the chronologic appearance of the neuroimaging features of OFDS VI.

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Fig 1. Fetal T2-weighted MR imaging at 29 gestational weeks. *A*, Axial MR image showing hypoplasia of both cerebellar hemispheres, the characteristic MTS (*thin arrow*) with thickened and elongated superior cerebellar peduncles and an abnormally deep interpeduncular fossa, and an HH (*thick arrow*). *B*, Sagittal MR image revealing significant hypoplasia of the cerebellar vermis (*arrow*), an enlarged fourth ventricle and posterior fossa, an HH (*white arrow*), and a thin brain stem. *C*, Coronal MR image demonstrating an HH (*white arrow*).

Fig 2. T2-weighted MR imaging at 2 days of age. *A*, Axial MR image showing hypoplasia of the vermis and both cerebellar hemispheres, the characteristic MTS (*thin arrow*) with thickened and elongated superior cerebellar peduncles, an abnormally deep interpeduncular fossa, and an HH (*thick arrow*). *B*, Sagittal MR image revealing significant hypoplasia of the cerebellar vermis and dysplasia of the remnants of the cerebellar vermis (*arrow*), an enlarged fourth ventricle and posterior fossa, and an HH (*white arrow*). In addition, the corpus callosum and the brain stem are hypoplastic, the pituitary stalk is thick, and the interthalamic adhesion is large. *C*, Coronal MR image demonstrating an HH (*arrow*), a missing left leaf of the septum pellucidum, a bulky left fornix, and a probably dysplastic cerebral cortex in the left Sylvian fissure.

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