Erdheim-Chester Disease Mimicking Multiple Meningiomas Syndrome

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Summary: We describe a rare case of non-Langerhans histiocytosis, consistent with Erdheim-Chester disease (ECD), which presented with lesions resembling multiple meningiomas. The patient was initially evaluated for migraine headaches. Initial MR imaging demonstrated a parasellar mass and a second mass near the torcula considered to represent meningiomas. Within 1 year, he developed bilateral orbital lesions surrounding both optic nerves, which were also considered meningiomas. Biopsy of one orbital mass revealed a non-Langerhans histiocytosis. Subsequently, soft tissue masses, a pericardial effusion, and bone lesions consistent with ECD were identified.

Erdheim-Chester disease (ECD) is a rare non-Langerhans histiocytosis with protean symptoms and involvement of multiple organs, including long bones, skin, lung, soft tissue, and brain (1–7); however, very rare cases present with CNS signs, most commonly diabetes insipidus with or without associated visible hypothalamic lesions (4, 5). Involvement of the dura or orbit is very rare (6, 7).

Case Report

A 34-year-old male patient was initially evaluated for complex migraine headaches. T1-weighted MR imaging with gadolinium revealed two discrete dural-based mass lesions, one in the left parasellar region involving the cavernous sinus extending posteriorly, dorsal to the clivus, with homogeneous enhancement. A second 2.5 × 2.5 cm heterogeneous mass with homogeneous enhancement adjacent to the torcula herophili and appearing epidural in location was also found (Fig 1). These were considered most consistent with meningiomas by their imaging appearance.

Ophtalmologic evaluation found visual acuity of 20/20 in each eye, color of 15/15 in each eye, full fields on automated perimetry, and normal ocular motility. Exophthalmometry readings at a base of 104 were 21.5 mm OD and 23 mm OS. Pupils were without evidence of a relative afferent pupil defect, and slit lamp evaluation and posterior pole were normal.

At the time the patient was thought to have a tumor syndrome and was his disease was managed conservatively. MR images 6 months later revealed no change in these masses. At 1-year follow-up, however, the parasellar mass was slightly increased in size. Subsequent evaluation revealed bilateral, similar enhancing intraconal orbital lesions thought to arise from the optic nerve sheaths, which were also considered meningiomas.

The patient was referred to neuro-oncology for review of treatment options and elected to undergo radiation therapy to these lesions. Radiation was then delivered as 50.4-Gy three-dimensional radiation in 28 fractions, completed 2 years after his first headache presentation and 1 year after his initial ophthalmologic evaluation.

Over the next year, the patient developed gradual increase in propotosis OS greater than OD, as well as motility deficits OS and a new visual field defect OS. MR imaging revealed a diffuse pachymeningitis most prominently involving the sellar/suprasellar region, the falk cerebri, and the tentorium cerebelli (Fig 2). Both intracranial internal carotid arteries, and the basilar artery became encased by enhancing tissue. Abnormal patchy intra-axial pontine enhancement with associated T2 hyperintense signal appeared and was thought initially to be ischemic in origin. The orbital disease progressed significantly, and there was nearly complete replacement of the normal intra- and extracranal orbital fat (Fig 2) with significant associated mass effect.

To confirm the diagnosis of meningioma and establish eligibility for a clinical trial, the patient was subjected to an anterior orbitotomy and biopsy of the left orbital mass. This was achieved via an anterior orbitotomy through a lateral canthal incision with a swinging eyelid flap, inferior fornix conjunctival incision. Dissection of the periorbita revealed a firm, white, large nodular mass. Two biopsies were taken.

The samples from the orbital mass were, in aggregate, 2.0 × 1.3 × 1.1 cm of white, extremely firm, fibrous tissue. Intraoperative analysis revealed a lesion consistent with a benign fibrous tumor. Permanent sections revealed a fibrous tumor with an extensive, predominantly histiocytic infiltrate without giant cells, emperipolesis or necrobiosis (Fig 3). No Reed-Sternberg or lacunar cells were found, and eosinophils were rare. The histiocytes exhibited CD68, α-anti-chymotrypsin, and rare S-100 protein, but no CD1a immunoreactivity. Occasional, nondysplastic plasma cells and CD3 or CD20 immunoreactive, small nontransformed lymphocytes were also found. No meningothelial histology and no epithelial membrane antigen or cytokeratin immunoreactivity were found. A diagnosis of non-Langerhans histiocytic lesion was made. Considered with the clinical and radiographic features, these lesions were consistent with manifestations of ECD. Recently it has been suggested that chronic myeloproliferative disorders and possibly non-Langerhans histiocytic lesions with translocations between chromosomes 5 and 12 resulting in overexpression of the platelet-derived growth factor (PDGF) receptor-β might respond to imatinib mesylate (Gleevec) therapy. Imatinib mesylate is an inhibitor of the PDGF receptor tyrosine kinase (8). Thus, fluorescence in situ hybridization analysis was performed by using 5q33–34 probes (PDGFR and CSF1R) 5p15.2 (LSI DSS23 and D5S721), 12p13 (TEI/ETV6), and 21q22 (AML1 gene). This revealed no monosomy 5, 5q deletion, monosomy 7, 7q deletion, or 5:12 translocation.

Subsequent examination revealed no cervical adenopathy. Postgadolinium T1-weighted MR imaging of the chest revealed a mildly enhancing soft tissue lesion surrounding the superior aspect of the aortic arch with extension along the left subclavian artery. Similar findings were seen along the abdominal aorta. A pericardial effusion was also identified and subse-
Consequently drained, revealing 400 mL of clear fluid, which contained chronic inflammatory cells. MR images of the femurs revealed mild osteopenia. MR imaging of the spine 6 months later showed focal L5 abnormal vertebral body marrow signal intensity and no evidence of dural spinal disease. Whole-body $^{18}$FDG-PET imaging revealed marked hypermetabolic activity within the orbit and dural masses and within the pons.

**Discussion**

Although ECD affects many organ systems, patients usually present with symptoms of appendicular skeleton involvement (3). Histiocytic infiltration of long bone metaphyses usually manifests a sclerotic
appearance on conventional radiographs and CT scanning, with typical sparing of the epiphyses, and there is corresponding increased uptake of radiotracer by skeletal scintigraphy. MR imaging reveals patchy metaphyseal T2-hyperintense signal with fat-suppression techniques (9). Symmetric involvement of the appendicular skeleton is usual. Other organ systems and tissues may be involved, including the kidneys, retroperitoneum, lungs, pleura, pericardium, heart, blood vessels, axial skeleton, and skin (9, 10).

ECD rarely involves the CNS. When it does, involvement centers at the hypothalamus, producing diabetes insipidus in one-third of patients, although a mass lesion affecting the sella or hypothalamus is not always visible (4, 5). Involvement of the orbit has also been reported but may reflect extension along the optic nerves from a hypothalamic/chiasmal lesion (6, 7). Dural involvement usually manifests as dural mass lesions, often affecting the falx cerebri, cerebellar tentorium, and sellar region (4). These dural lesions enhance after contrast material administration, with both MR and CT imaging.

Intraconal orbital mass lesions may be bilateral, appearing to arise from the optic nerve sheath. These dural lesions enhance after contrast material administration, both with MR and CT imaging. An unusual feature of these lesions is there persistent enhancement for 2 or more weeks after intravenous Gd-DTPA infusion. This is thought to be caused by uptake of Gd-DTPA by abnormal histiocytes (11, 12).

Clinical and radiologic features of this case, reviewed at several academic centers, were felt to be consistent with multiple meningiomas. Production of meningioma-like tumors in ECD, although extremely rare, has been reported (5). Nonetheless, the development of multiple meningioma-like masses in one patient mimicking neurofibromatosis type II has not been described, to the best of our knowledge. Leptomeningeal ECD must be distinguished from Langerhans histiocytosis and a number of inflammatory lesions with histiocytes that can produce meningioma-like masses in the leptomeninges. These include Rosai-Dorfman disease (RDD), plasma cell granulomas, neurosarcoidosis, and xanthogranulomas (13). In contrast to Langerhans histiocytosis, lesions of ECD are populated by histiocytes without nuclear grooves that show CD68 but little or no S-100 and no CD1a immunoreactivity. Bierbeck granules are also absent. Dural RDD contains histiocytes that are extensively S-100 immunoreactive but are CD1a negative, and lack striking nuclear grooves and Bierbeck granules ultrastructurally. Moreover, RDD exhibits a lymphocytic emperipolesis not seen in other entities. Plasma cell granulomas may present as a similar dural-based mass but histologically are populated primarily by a polytypic population of mature plasma cells, plasmacytoid and small nontransformed lymphocytes in a background of variable fibrosis, and relatively few S-100 immunoreactive histiocytes Russell bodies are usually present (13). In contrast to
ECD, pseudomeningiomatous neurosarcoid is overtly granulomatous with multinucleated giant cells and epithelioid histiocytes that react with antibodies to MAC 387 and CD68 but not with S-100 protein. Limited numbers of lymphocytes and plasma cells are present, and there is extensive fibrosis. Schaumann or asteroid bodies may or may not be seen in giant cells and are not specific for sarcoid.

An unusual feature of this case is the presence of a meningioma-like mass at the torcular. Although to the best of our knowledge this has not been described previously, involvement of the cerebellum with associated ataxia has been (14, 15). Most cerebellar and brain stem lesions reported have been histiocytic infiltrates with or without demyelination, rather than circumscribed mass lesions (14, 15).

**Conclusion**

We describe a case of ECD presenting as multiple extraaxial lesions that appeared similar to meningiomas involving the parasellar region, torcular, and orbits. This entity should be considered in cases of multiple dural lesions.

**References**


