MR Imaging in the Presurgical Workup of Patients with Drug-Resistant Epilepsy

Horst Urbach, Jörg Hattingen, Joachim von Oertzen, Cordelia Luyken, Hans Clusmann, Thomas Kral, Martin Kurthen, Johannes Schramm, Ingmar Blümcke, and Hans H. Schild

BACKGROUND AND PURPOSE: Whether an epileptic lesion is detected with MR imaging depends on the quality of the images and the expertise of the reader. We analyzed the role of 1.5-T MR imaging in the presurgical evaluation of patients with drug-resistant epilepsy at one center.

METHODS: In a 2-year prospective study, 385 patients with drug-resistant epilepsy underwent standardized MR imaging at 1.5 T. We analyzed whether lesions were detected, whether they were precisely characterized by MR imaging, and whether lesion characterization allowed us to estimate seizure outcomes.

RESULTS: Lesions were found on MR images in 318 patients (83%). Following presurgical evaluation, 209 (66%) underwent surgery, and 109 (34%) did not. Freedom from seizures was achieved in 130 (70%) of 186 patients. Nine (14%) of 66 patients without an MR imaging lesion underwent surgery; histopathologic findings were unrevealing in seven patients, and five (56%) achieved freedom from seizures. Hippocampal sclerosis was the most common lesion (52%) and correctly characterized in 101 (97%) of 104 patients. Glioneuronal tumors (20%) were sometimes imprecisely characterized: Four nonenhancing gangliogliomas were mistaken for focal cortical dysplasias. Outcomes were not different between lesion groups. However, there were trends toward a favorable outcome for focal cortical dysplasias with balloon cells and an unfavorable outcome for gyral scars.

CONCLUSION: MR imaging detection of lesions influences further presurgical workup, though lesion characterization does not allow us to predict seizure outcome. If MR imaging fails to depict a lesion and patients undergo surgery because of electrophysiologic findings, histopathologic findings are often unrevealing.

MR imaging has become one of the most important tools in the selection of patients with drug-resistant focal epilepsy for surgery. Congruity of an MR imaging lesion, ictal epileptic EEG discharges, and seizure semiology may allow for epilepsy surgery without further invasive diagnostic procedures. In patients, in whom scalp EEG recordings are insufficient, a lesion depicted at MR imaging may generate a hypothesis for intracranial electrode implantation.

Whether a lesion is detected with MR imaging depends on the quality of the images and the expertise of the reader (1). To detect a lesion, most epilepsy centers acquire high-resolution MR images on 1.5-T systems by using standardized protocols that consider seizure semiologic and EEG findings.

In the present study, we investigated the MR imaging protocol of the epilepsy center at the University of Bonn, Germany. This protocol was implemented after a new 1.5-T system had been installed. We investigated the accuracy of this protocol by addressing the following questions: 1) How many and which lesions are detected in patients with drug-resistant focal epilepsy? 2) Are the lesions correctly characterized with MR imaging? 3) Does the seizure outcome following surgery depend on the type of lesion shown at MR imaging?

Methods

Study Group

The study group comprised all patients with drug-resistant focal epilepsies who were admitted to the Department of Epileptology at the University of Bonn for presurgical evaluation between January 1999 and December 2000.
MR Imaging

MR imaging was performed by using a 1.5-T system (Gyroscan ACS-NT; Philips Medical Systems). First, we performed a 3D T1-weighted gradient-echo sequence in the sagittal orientation. Section thickness was 1.1 mm. With a FOV of 250 mm, a rectangular FOV of 84%, a matrix of 256 × 256, and 179 phase-encoding steps, roughly isotropic voxels (1.17 × 1.17 × 1.1 mm) resulted. Displaying the sagittal 3D T1-weighted gradient-echo sequence, the next two sequences, an axial fluid-attenuated inversion recovery (FLAIR) fast spin-echo and an axial T2-weighted fast spin-echo sequence with a section thickness of 2 mm, resulted. Displaying the coronal 3D T1-weighted gradient-echo sequence, the next two sequences, an axial fluid-attenuated inversion recovery (FLAIR) fast spin-echo and an axial T2-weighted fast spin-echo sequence with a section thickness of 5 mm and an intersection gap of 1 mm were angulated either along the length-axis of the hippocampus or the anterior commissure–posterior commissure (AC-PC). How the sections were angulated depended on seizure semiology and EEG findings and was decided after patient history was reported from the transferring epileptologist (J.V.O., M.K.). In most patients, sections were angulated along the length-axis of the hippocampus. If seizure semiology or EEG findings, or both indicated the primary motor or sensory cortex or the dorsal frontal lobe (Fig 1), sections were angulated along the AC-PC line. MR imaging was continued with coronal FLAIR fast spin-echo (section thickness, 3 mm), coronal T2-weighted fast spin-echo (section thickness, 2 mm), and coronal T1-weighted inversion recovery sequences (section thickness, 5 mm; intersection gap, 0.5 mm). If axial sequences were angulated along the hippocampal length-axis, section orientation was perpendicular to axial sections. If axial sequences were angulated along the AC-PC line, the coronal FLAIR sequence was tilted along the brain stem, but the coronal T2-weighted sequence was perpendicular on hippocampal length axis.

If a lesion other than hippocampal sclerosis was detected, axial and/or coronal T1-weighted spin-echo sequences (section thickness of 5 mm, intersection gap of 1 mm) before and following the injection of gadopentetate dimeglumine were performed.

Further Presurgical Workup

Results of further presurgical work-up, as reported in each patient, was analyzed. These included stereo-EEG monitoring in all patients. Other investigations (ictal and interictal single photon emission CT [SPECT], subtraction ictal SPECT coregistered to MR imaging [SISCOM; Siscom Inc., Dayton, OH], positron emission tomography, depth electrodes, subdural grid or strip electrode study) were performed as deemed necessary in each patient.

Surgery and Post-surgical Outcome

We analyzed surgical approaches as targeted to resect or disconnect the epileptogenic zone while sparing eloquent cortical areas. All surgical patients were reexamined at routine intervals of 3 months, 6 months, and 1 year following surgery. Seizure outcome was determined according to the classification by Engel et al (2).

Histopathology

Surgical specimens submitted for neuropathologic evaluation were microscopically analyzed by using hematoxylin-eosin, hematoxylin-eosin Luxol fast blue, and Nissl staining. Immunohistochemical studies included reactions with a monoclonal antibody directed against Vimentin (V9, Dako, Hamburg, Germany), polyclonal antibodies directed against glial fibrillary acid protein, a monoclonal antibody directed against human neurofilament protein (2F11, Dako), a monoclonal antibody directed against neuronal specific enolase, a monoclonal antibody to synaptophysin (SY 38, Dako), a monoclonal antibody directed against CD 34 (QBend 10, Immunotech; Medicorp Inc., Montreal, PQ, Canada) by using standard protocols and the avidin-biotin-peroxidase complex with diaminobenzidine as chromogen (12).

Image Evaluation

A single reader (H.U.) reviewed all MR images. If a lesion was found, the reader attempted a histopathologic diagnosis. MR imaging reports, as detailed within 1 week after the examination, were collected by an independent examiner (J.H.) in a computerized database and compared with the final histopathologic diagnosis.

Statistical Analysis

Statistical analysis was performed when appropriate. In group comparisons, Fisher exact tests or, in larger groups, χ² tests were performed. The significance level was set at P = .05.

Results

Study Group

Within the 2-year period, 385 patients were included (207 male, 178 female). Their mean age was 31 years (range, 8 months to 67 years). The patients had drug-resistant focal epilepsy for 8 months to 42 years.

MR Imaging, Surgical, and Postsurgical Outcomes

MR imaging revealed lesions in 318 (83%) of 385 patients (Fig 2, Table 1). Following further presurgical work up, 209 (66%) of 318 patients underwent surgery, and 109 patients (34%) did not. Of these 109 patients, 42 patients did not undergo surgery, because MR imaging showed diffuse bilateral or multifocal lesions. In 39 patients, surgery was not recommended because lesions affected the eloquent cortex (n = 19),
the likelihood of a significant reduction in seizures was low \((n = 12)\), or the epileptogenicity of the lesion could not be proved \((n = 8)\). In five patients, seizures were markedly reduced with modified antiepileptic drug therapy. Twenty-one patients refused surgery because their perspective likelihood of achieving freedom from seizure was low, and two patients died before surgery could be performed.

MR imaging did not depict lesions in 67 patients (17%). Nine patients in this cohort (14%) underwent surgery, because seizure semiology and EEG recordings from intrahippocampal-depth and temporobasal and lateral strip electrodes indicated that the ictal-onset zone was within one temporal lobe. One patient with epilepsy partialis continua underwent brain biopsy in the postcentral gyrus; the results revealed Rasmussen encephalitis.

Outcomes were available for 186 of 209 surgical patients with MR imaging signs of lesions and for all nine patients without MR imaging signs of lesions (five patients who underwent biopsy were excluded from this calculation). One year following surgery, 130 patients in the lesion group and five patients in the nonlesion group were seizure free (Engel class IA; \(P \leq 0.05\), Fisher exact test).

### MR Imaging and Histopathologic Analysis

MR imaging readings and histopathologic diagnoses are detailed in Table 2. A total of 104 patients had histologically proved sclerosis of the Ammon horn sclerosis: 85 patients with well-preserved hippocampi in which the different segments of CA1-CA4, the dentate gyrus, and the subiculum could be analyzed and 19 patients with specimens sufficient to assess neuron loss in either CA1 or CA3 and CA4. Of these, 101 patients had MR findings of increased signal intensity and a reduced size of the resected hippocampus and subsequently were considered to have hippocampal sclerosis. Three patients had atrophic hippocampi with normal signal intensity on coronal T2-weighted images and were not considered to have hippocampal sclerosis. Reduced gray matter–white matter demarcation of the temporal pole on coronal T2-weighted images was seen in 18 of 104 patients. Because 96 patients were treated with selective amygdalohippocampectomy and only eight of 104 patients underwent anterior two-thirds temporal lobectomy, the histopathologic substrate of reduced gray matter–white matter demarcation of the tempo-
Hippocampal sclerosis
Ectopic white matter neurons
FCD with balloon cells (FCD_{bc})
FCD without balloon cells
Polymicrogyria
Ganglioglioma
DNT
PXA
Glioma II, III
Cavernoma
Encephalitis (Rasmussen, limbic)
Hemimegalencephaly
Meningeocangiomatosis
Ulegyria, cortical, or glial scar
Tuber cinereum hamartoma
Reactive gliosis
Normal

<table>
<thead>
<tr>
<th>Histopathologic Findings</th>
<th>MR Findings</th>
</tr>
</thead>
<tbody>
<tr>
<td>101 hippocampal sclerosis, 3 atrophy, no sclerosis</td>
<td></td>
</tr>
<tr>
<td>2 poor gray-white matter demarcation, 1 FCD without BC, 2 NAD</td>
<td></td>
</tr>
<tr>
<td>14 FCD_{bc}, 2 cortical/glial scar, 1 equivocal findings</td>
<td></td>
</tr>
<tr>
<td>3 FCD without BC, 2 ganglioglioma</td>
<td></td>
</tr>
<tr>
<td>1 Polymicrogyria</td>
<td></td>
</tr>
<tr>
<td>16 ganglioglioma, 4 FCD without BC, 1 DNT</td>
<td></td>
</tr>
<tr>
<td>8 DNT, 1 ganglioglioma, 1 FCD without BC</td>
<td></td>
</tr>
<tr>
<td>1 PXA, 3 ganglioglioma</td>
<td></td>
</tr>
<tr>
<td>5 glioma, 2 ganglioglioma, 1 limbic encephalitis</td>
<td></td>
</tr>
<tr>
<td>15 cavernoma</td>
<td></td>
</tr>
<tr>
<td>5 encephalitis, 1 NAD</td>
<td></td>
</tr>
<tr>
<td>2 hemimegalencephaly</td>
<td></td>
</tr>
<tr>
<td>1 ganglioglioma</td>
<td></td>
</tr>
<tr>
<td>7 cortical/glial scar, 1 ganglioglioma, 1 DNT</td>
<td></td>
</tr>
<tr>
<td>2 tuber cinereum hamartoma</td>
<td></td>
</tr>
<tr>
<td>6 NAD</td>
<td></td>
</tr>
<tr>
<td>1 NAD</td>
<td></td>
</tr>
</tbody>
</table>

Note.—NAD indicates nothing abnormal detected.
rounded by a hypointense rim in one patient and a small hyperintense zone suggesting edema in the other patient. These cavernomas were classified as type I lesions with signal-intensity characteristics most likely due to subacute hemorrhage surrounded by a rim of hemosiderin-stained macrophages and gliotic brain (3). One patient had two cavernomas interconnected by a hypointense band, and another patient had three independent cavernomas. Once the cavernoma was detected with MR imaging, the patients underwent T2*-weighted gradient-echo imaging, which revealed larger hypointense peripheral zones but no further cavernomas.

Five of six cases of Rasmussen or limbic encephalitis were diagnosed correctly. However, in one 13-year-old female adolescent with epilepsy partialis continua and motor seizures of the right side, biopsy of the left superior frontal gyrus revealed Rasmussen encephalitis, although MR images were normal.

Hemimegalencephaly was diagnosed with MR imaging in two patients. In both, functional hemispherotomy with removal of the frontal operculum, uncus, amygdala, and hippocampus was performed. The results showed dysplastic neurons and balloon cells suggestive of hemimegalencephaly (4).

One girl had meningoangiomatosis, but this entity was not considered, and it was mistaken for a ganglioglioma. Cortical or glial scars or both were present in...
nine patients (Fig 1). One lesion each was thought to be a ganglioglioma or a DNT. In two patients, tuber cinereum hamartomas was diagnosed correctly.

Nine patients with normal MR imaging findings underwent surgery after intrahippocampal-depth and temporobasal and lateral-strip electrodes indicated an ictal-onset zone within one temporal lobe. Histopathologic evaluation revealed reactive gliosis in six patients, and ectopic white matter neurons in two patients; one specimen was considered normal.

**Outcome and Histopathologic Findings**

Outcome analysis with respect to different histopathologic lesions and lesion groups (Ammon horn sclerosis, tumors, cortical dysplasias, other) did not show significant differences (Fisher exact tests) (Table 1). However, there were trends toward a better outcome for focal cortical dysplasias of the Taylor balloon cell type and for a worse outcome for gyral scars.

**Discussion**

To our knowledge, this is the largest prospective study of the role of MR imaging in the presurgical workup of patients with drug-resistant (focal) epilepsy. We found lesions in 85% of patients. However, this number must be interpreted with caution, because a considerable number of patients were transferred with MR images already displaying a lesion, indicating that preselection for presurgical workup had occurred. Our lesion-detection rate with MR imaging was comparable to that of other studies (5); it depended not only on patient selection but also on the quality of the MR images and the experience of the reader. In a former study, we showed that the lesion-detection rate was 50% with standard MR imaging but 91% if patients were examined with an epilepsy-dedicated protocol and if experienced neuroradiologists read the images (1). Two-thirds of patients with lesions in this study finally underwent surgery, and 70% were seizure-free (Engel class IA) at 1 year following surgery. If MR imaging failed to show a lesion, only 14% of patients finally underwent surgery. All these patients had anterior temporal-lobe resections, and five (56%) of nine patients were seizure-free at 1 year following surgery. The small number of surgical patients without MR imaging lesions prevented group comparisons. However, it also indicated that patients rarely undergo surgery if MR imaging does not show a lesion. This is clearly because the MR imaging detection of a lesion points to the epileptogenic zone and generates a hypothesis for further presurgical workup.

**Are the lesions correctly characterized with MR imaging?**

The most common histopathologic diagnosis in this study was hippocampal sclerosis. It was correctly characterized in 101 (97%) of 104 patients. In three patients, the hippocampus was atrophic, but T2-weighted fast spin-echo images showed no increased signal intensity. Although all hippocampal segments (CA1-CA4, dentate gyrus, subiculum) were not preserved in 19 of 104 specimens, we assessed these specimens as hippocampal sclerosis, because either the CA1 or the CA3 and CA4 segments showed distinct neuronal loss. In the literature, the detection rate of hippocampal sclerosis was 61–98% with visual assessment (6–13). The suggestion that T2 relaxometry increases sensitivity (7) was not supported in a former study, although T2 relaxometry is useful to prove concomitant involvement of the contralateral hippocampus, and the results are correlated with the severity of neuron loss (14). Considering the terms sensitivity and specificity, one should be aware that both cannot be calculated. Patients with negative MR imaging findings, which could represent false-negative results, usually do not undergo surgery. Also, many patients with MR imaging lesions do not undergo surgery for various reasons (34% in our series, Fig 7). This group of patients could include false-negative cases.

A second large lesion group comprised patients with epilepsy-associated tumors. Sixteen of 21 gangliogliomas and eight of 10 DNTs were correctly diagnosed on the basis of MR imaging findings. Four gangliogliomas and one DNT (all nonenhancing lesions) were mistaken for focal cortical dysplasias, and one ganglioglioma and DNT each was mismatched with a DNT and a ganglioglioma, respectively. Gangliogliomas were more frequent than DNTs; this finding is in contrast to that of Pasquier et al (15), who reported 61 DNTs and 29 gangliogliomas among 327 consecutive resections from patients with drug-resistant epilepsy. These authors also described mixed tumor components in the same specimen and found a large proportion of tumors difficult to classify. Their data also support the hypothesis of a close histogenic relationship with a putative common origin from pluripotential progenitor CD34 positive cells of the subpial granular layer (15–18). There were four PXAs in our series: three had typical imaging features with a meningeocerebral contrast enhancement on T1-weighted images and white matter edema on T2-weighted and FLAIR images. Two tumors were sim-
ply mistaken for gangliogliomas, likely due to the rare occurrence of PXAs. The same holds true for a case of a meningoeangiomatosis, which showed leptomeningeal contrast enhancement and a partly calcified mass lesion at MR imaging. Among eight gliomas (two astrocytomas of WHO grade II, two astrocytomas of WHO grade III, three oligodendrogliomas of WHO grade II, and one oligodendroglioma of WHO grade III), two WHO grade II astrocytomas were mistaken for gangliogliomas, and one anaplastic astrocytoma WHO grade III was considered a limbic encephalitis due to a multifocally increased cortical signal intensity (19).

Another lesion group comprised focal cortical dysplasias. We consider this as an umbrella term for a variety of lesions resulting from disturbances of normal cortical development (20–23). Unfortunately, the nomenclature is not uniform, and different terms are used for lesions that appear identical on histologic specimens. In this series, at least the focal cortical dysplasia of the Taylor balloon cell type (FCDbc), or, FCD type IIb (22), appeared as a distinct entity with respect to its MR imaging and histopathologic features. On FLAIR MR imaging, FCDbc exhibited a markedly hyperintense funnel-shaped area in the subcortical white matter. Histopathologically, dysplastic neurons in the cortex and adjacent hypomyelinated white matter and accumulation of balloon cells within the hypomyelinated white matter were found (24–25). In accordance with Barkovich and coworkers (21), we found similar histopathologic findings in two patients with hemimegalencephaly treated with functional hemispherectomy including the removal of the frontal operculum, uncus, amygdala, and hippocampus (4).

Focal cortical dysplasia without balloon cells was a rare finding. Four of these lesions were in the temporal lobe, and another lesion was located in the frontal lobe. There is an ongoing discussion about the classification, especially with respect to the temporal pole lesions (20–23). We assigned a lesion in the temporal pole as a focal cortical dysplasia without balloons cells if the surgical specimen contained dysplastic neurons. At MR imaging, these lesions were not confined to the gray matter and showed focally increased signal intensity in the white matter on T2-weighted and FLAIR images. They could not be safely separated from lesions containing either clusters of ectopic neurons or single ectopic neurons with density of more than 20 per square millimeter in the white matter of the temporal pole. Ectopic white matter neurons showed widespread, increased white matter signal intensity on T2-weighted and FLAIR images in two patients but also normal MR imaging results in two other patients.

One patient in this series had histologically proved focal polymicrogyria that appeared as focal lesion with small gyri exhibiting a normal signal intensity of the cortex and the subcortical white matter on T2-weighted and FLAIR images. Some consider focal polymicrogyria a focal cortical dysplasia (20–21), and other authors do not list the condition under this umbrella term (22–23).

Most cavernomas in this study were type II cavernomas according to the classification by Zabramski et al (3) and readily appreciated on T2-weighted fast spin-echo images. Nevertheless, if a cavernoma was suspected on the basis of MR imaging findings, we additionally acquired T2*-weighted gradient-echo images, which did not depict any further cavernomas in this series. Type II cavernomas have signal intensity characteristics indicating loculated areas of hemorrhage and thrombosis of varying age and large areas of hemosiderin-stained brain. These cavernomas are known to cause seizures due to progressive hemosiderin deposition within the brain surrounding the cavernoma. Type II cavernomas are more likely to cause seizures than are type III or type IV cavernomas, which may develop de novo and which are often asymptomatic (3).

The imaging findings of Rasmussen and limbic encephalitis have been described in detail (26–27). A prodromal or acute state with a swollen cortex is rarely observed with MR imaging (26). Most patients, and five of six patients in this 2-year series, presented with an already atrophic cortex. One patient had normal MR images, which is an unusual finding in Rasmussen encephalitis.

Gyral scars have a characteristic MR imaging pattern with a focally widened subarachnoid space and a hyperintense and atrophic cortex on long-TR, long-TE sequences. Because of nulling of the CSF signal intensity, this pattern is best appreciated on FLAIR MR images perpendicular to the brain surface. The patient’s history supports the diagnosis of gyral scarring: three of our nine patients had meningitis in early childhood, and another three patients had a history of birth injury. For many patients who had birth injuries and other hypoxic-ischemic events in early childhood, FLAIR MR imaging shows the depths of the parieto-occipital sulci that are heavily affected, leaving pedunculated gyri on long stalks. Ulegyria is the appropriate term for this condition, and because this is usually a bilateral disease, patients are rarely surgical candidates (28).

**Does the seizure outcome after surgery depend on the type of the MR imaging lesion?**

The goal of epilepsy surgery is to remove or disconnect the epileptogenic zone defined as area of cortex indispensable for the generation of seizures (29). The epileptogenic zone is a theoretic construct, but it may be congruent with the ictal onset zone, which is defined as area of cortex from which the seizures are actually generated (29). At our institution, ictal-onset zone and eloquent cortex are often determined with intrahippocampal-depth, measurement, subdural grid, or strip electrodes, resulting in resections that are usually larger than the lesions themselves (30–31). Therefore, the question of whether seizure outcome depends on the lesion type cannot be answered accurately. In this study, seizure outcomes were not different between different lesion groups. However, some lesions tended to have a bet-
ter outcome. Focal cortical dysplasias of FCD\textsubscript{BC} obviously have a good outcome (80% or more) (15, 24, 32). This may be due to several facts: FCD\textsubscript{BC} lesions are precisely characterized by MR imaging (24), they have a high epileptogenicity (33) so the ictal-onset zone can easily be determined, and they are genetically determined lesions suggesting a genomic heterogeneity between lesions and normal brain tissue (25). On the other end of the spectrum, gyral scars were associated with an unfavorable outcome (33%), which may be explained by the fact that these are acquired and more widespread lesions, and MR imaging may show only some findings (Fig 1).

Conclusion

The MR imaging depiction of a lesion influences a patient's further presurgical workup. However, the precise characterization of lesion does not allow us to predict seizure outcomes following surgery. If MR imaging fails to depict a lesion and patients undergo surgery on the basis of EEG findings, histopathologic findings are often unrevealing.

References