A pressure-tipped wire has been used to record the pressure in arteries and veins\(^1\)\(^2\) and within aneurysms.\(^3\) Fluctuations in pressure through the cardiac cycle are effectively demonstrated with this wire. We designed a test of this transducer-tipped wire to measure CSF pressures. We used an animal model in which the foramen magnum was partially obstructed, to simulate a Chiari I malformation.

**Methods**

Four adult mongrel dogs weighing 20–40 kg were used for the study. The dogs were anesthetized with ketamine and intubated in the dog laboratory. Oxygen levels and heart rate were monitored by means of an oximeter and electrocardiography (EKG) leads applied to the chest. The subarachnoid space was cannulated through the L3/4 neural foramen with an 18-gauge spinal needle as in a previous study.\(^4\) By using Seldinger technique the spinal needle was exchanged for a 6F sheath.

A microcatheter (Renegade Hi Flo; Target Therapeutics/Boston Scientific Industries, Fremont, Calif) with a Transcend EX guidewire (Target Therapeutics) was inserted through the sheath and manipulated to the level of foramen magnum under fluoroscopic monitoring. The guidewire was removed, and a 0.014-inch diameter wire equipped with a pressure sensor (Radi Medical Systems, Gothenburg, Sweden) was passed through the catheter. The wire was advanced under fluoroscopic monitoring until the pressure transducer mounted at the junction of the wire tip and core wire was positioned in the subarachnoid space at the level of cisterna magna or upper cervical spinal canal (Fig 1). A balloon catheter (Commodore 3.5 mm × 10 mm; Cordis Corporation, Miami Lakes, Fla) with the Transcend EX guidewire was then advanced through the sheath into the subarachnoid space. It was advanced, under fluoroscopic monitoring to a position in the foramen magnum (Fig 1). The pressure wire was connected to a recorder (Propaq Encore202, PROTOCOL Systems, Beaverton, Ore). The balloon was distended 3–5 times intermittently over a 10-minute time period by means of a hand injection of a dilute aqueous solution of water-soluble iodinated contrast medium. EKG was monitored for changes in cardiac rate. Before and after each balloon distension a paper trace of the pressure was obtained and maximal, minimal, and mean pressures were recorded from the values printed on the paper tracing.

The institution’s animal research supervisory committee approved the study.

**Results**

All 4 animals tolerated the procedures well. Heart rate varied little except during the positioning of the wire in the foramen magnum. In each animal, the wire was successfully manipulated into the inferior posterior fossa or the upper cervical spinal canal. Some repositioning of the wire was required to obtain a continuous pressure trace in some animals, but, once the wire was adequately positioned, the continuous pressure monitoring was feasible.

Pressure varied through the cardiac cycle (Fig 2). Except when the balloon catheter was expanded or collapsed, pressures varied little from one cardiac cycle to another.

With distension of the balloon, no changes in cardiac rate were noted. When the balloon was distended, it appeared to compromise the foramen magnum partially in each case.

Within seconds after each distension of the balloon, increases in CSF pressures were recorded. After deflation of the balloon, pressures dropped to preinflation levels.

**Discussion**

The study shows that CSF pressure can be recorded in the subarachnoid space with a transducer-tipped wire. Potentially, the wire can be placed anywhere in the spinal subarachnoid space and if appropriate techniques are employed, even
in the cranial vault. The pressure recording showed variation in pressure through the cardiac cycle and little variation between cycles. In the experimental model used, significant pressure increases were recorded as the balloon in the foramen magnum was distended.

In other studies, the pressure measurements with the wire correlated exactly ($r = 0.99$) with the known values over a large range of pressures. The wire has been used intra-arterially. Applications in CSF pressure monitoring can be envisioned. With such a wire, fluctuations in CSF pressure below a block could be monitored during decompression of the spinal canal. The wire could theoretically be used to monitor CSF pressures as craniocervical decompression is performed in cases of Chiari I malformation or other foramen magnum abnormality. Specifically, one of the controversies of Chiari surgery is whether it is sufficient to remove the bone or whether duroplasty should be performed. We envision being able to insert a wire through the foramen magnum before the bony decompression and record pressures before and after the craniectomy and before and after duraplasty. Further, it might be useful to record the craniospinal pressure dissociation demonstrated with Chiari malformations by simultaneously recording pressures in the fourth ventricle and the upper cervical subarachnoid space.

The significance of this study is that CSF pressure can be measured (percutaneously) in the subarachnoid space with a small wire-mounted pressure transducer. With the transducer, elevated velocities have been documented secondary to partial obstruction of the foramen magnum in an animal model of a Chiari I malformation. Relatively safe invasive techniques such as this one would complement MR flow studies in helping us understand the CSF physiology at the foramen magnum. It is important to note that such studies would help elucidate the pathophysiology of obstructive foramen magnum lesions such as the Chiari I malformation.

References