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# Insula and Orbitofrontal Cortical Morphology in Substance Dependence Is Modulated by Sex

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## ABSTRACT

**BACKGROUND AND PURPOSE:** Frontolimbic circuits are involved in learning and decision-making processes thought to be affected in substance-dependent individuals. We investigated frontolimbic cortical morphometry in substance-dependent men and women and determined whether morphometric measurements correlated with decision-making performance.

**MATERIALS AND METHODS:** Twenty-eight abstinent SDI (17 men/11 women) were compared with 28 controls (13 men/15 women). Cortical thicknesses and volumes were computed by using FreeSurfer. After controlling for age and intracranial volume, group and sex effects were analyzed in 3 a priori regions of interest: the insula, orbitofrontal cortex, and anterior cingulate cortex by using analysis of covariance. A secondary whole-brain analysis was conducted to verify region-of-interest results and to explore potential differences in other brain regions.

**RESULTS:** Region-of-interest analyses revealed a main effect of group on the left insula cortex, which was thinner in SDI compared with controls ( $P = .02$ ). There was a group by sex interaction on bilateral insula volume (left,  $P = .02$ ; right,  $P = .001$ ) and right insula cortical thickness ( $P = .007$ ). Compared with same-sex controls, female SDI had smaller insulae, whereas male SDI had larger insulae. Neither ACC nor OFC significantly differed across group. Performance on a decision-making task was better in controls than SDI and correlated with OFC measurements in the controls.

**CONCLUSIONS:** SDI and controls differed in insula morphology, and those differences were modulated by sex. No group differences in OFC were observed, but OFC measurements correlated with negative-reinforcement learning in controls. These preliminary results are consistent with a hypothesis that frontolimbic pathways may be involved in behaviors related to substance dependence.

**ABBREVIATIONS:** ACC = anterior cingulate cortex; DSM-IV = *Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition*; OFC = orbitofrontal cortex; SDI = substance-dependent individuals; VBM = voxel-based morphometry

Exposure to drugs of abuse is associated with neural adaptations thought to be important in processing motivations, decisions, and learned associations that may perpetuate drug-taking behavior.<sup>1,2</sup> Structural neuroimaging studies in drug abuse have focused on the prefrontal cortex and, in particular, the orbitofrontal

cortex, because of its putative role in decision-making related to drug addiction.<sup>1,3,4</sup> Compared with the prefrontal cortex, less attention has been given to the limbic system, though there is evidence that the insula, a phylogenetically old area and part of the limbic system, may also be involved in addiction. Insula lesions disrupt smoking behavior.<sup>5</sup> Animal studies have shown that the insula is involved in learning to associate external cues with the rewarding effects of drugs.<sup>6</sup> Neuroimaging studies suggest that the insula is involved in anxiety,<sup>7</sup> avoidance learning,<sup>8</sup> and drug cravings.<sup>5</sup> It has been hypothesized that the anticipation of drug withdrawal or negative bodily states trigger interoceptive signals in the insula.<sup>9-11</sup> From there, signals are transmitted to the OFC where information is maintained on-line to inform decisions and guide actions. Few structural imaging studies of substance dependence, however, have focused on the insula.

Structural imaging of substance-dependent populations has demonstrated reduced gray matter volume in the OFC, anterior cingulate, and dorsolateral prefrontal cortex,<sup>12-17</sup> but the results

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From the Departments of Radiology (J.T., P.Y., T.K., D.M.) and Psychiatry (J.T., M.D., J.T.S., S.K.M.-G., L.T., M.B., D.C.R.), University of Colorado School of Medicine, Denver, Colorado; Department of Psychology (M.B.), University of Colorado Boulder, Boulder, Colorado; and The Mind Research Network (E.C.), Albuquerque, New Mexico.

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Please address correspondence to Jody Tanabe, MD, 12700 E 17th Ave, Mailstop C278, Aurora, CO 80045; e-mail: jody.tanabe@ucdenver.edu

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have not been entirely consistent. No difference in cortical volume was observed in a study of 16 drug users<sup>18</sup> or in another study of 34 cocaine-dependent subjects,<sup>19</sup> compared with controls. One possibility for equivocal results may be methodologic. Many prior studies used voxel-based morphometry, which involves voxelwise tissue classification, normalization to a standard atlas, and statistical comparison to determine differences in cortical volume. Volume represents 1 dimension of cortical macrostructure, however, and VBM does not account for the complex folding patterns of the cortex or variations in columnar architecture. In contrast to VBM, surface-based algorithms model sulcal and gyral topologies and provide measures of cortical thickness.<sup>20</sup> Using such surface-based modeling, Makris et al<sup>21</sup> have shown cortical thinning in cocaine-dependent subjects in a reward network comprising the orbitofrontal, insula, cingulate, and dorsolateral prefrontal cortices. Durazzo et al<sup>22</sup> demonstrated cortical thinning in similar brain regions in alcoholics compared with controls. Thompson et al<sup>17</sup> found decreased gray matter in the limbic system of methamphetamine users, and Kühn et al<sup>23</sup> showed thinning of the medial OFC in smokers compared with nonsmokers.

Another possible reason for inconsistent results is that most brain morphometry studies focus on male substance users, yet evidence suggests that sex is an important modulator of drug-related behavior, brain structure, and function.<sup>24,25</sup> Sex differences in cortical thickness have been observed in healthy controls.<sup>26</sup> Alterations in brain structure and function differ in female compared with male substance users. For example, Medina et al<sup>27</sup> found that compared with same-sex controls, prefrontal cortex volume was lower in young female alcohol users, while it was larger in young male alcohol users. Male and female cocaine users show different responses to cocaine cues.<sup>25</sup> Men and women are also known to differ in their vulnerability and treatment response to drugs and alcohol.<sup>24</sup>

The goal of this study was to evaluate frontolimbic cortical morphology in substance-dependent individuals. We hypothesized that SDI compared with controls would have significantly lower mean cortical thickness and volume in the insula, OFC, and ACC. Second, we investigated whether drug-associated cortical morphometry was modulated by sex. To explore the potential significance of these changes, we correlated morphometry with behavioral measures and drug use.

## MATERIALS AND METHODS

### Subjects

Twenty-eight substance-dependent individuals and 28 controls were studied. Table 1 shows demographics. Behavioral data have been previously reported on a majority of these subjects.<sup>28</sup> SDI with DSM-IV stimulant dependence were recruited from sex-specific long-term residential drug-treatment programs. Drug characteristics are shown in Table 2. Participants are referred to the treatment programs from the criminal justice system. They typically enroll in our study after 1–2 months in treatment. Abstinence from drugs is monitored by observation and random urine screening while participants are in treatment. Across drugs, the duration of abstinence is relatively long (mean,  $1.46 \pm 1.02$  years; median, 1.00 year; range, 1 month to 3 years).

Controls were recruited from the community and were ex-

cluded if they met DSM-IV criteria for lifetime dependence on alcohol or any drugs except tobacco. All subjects were excluded for a history of head trauma with loss of consciousness exceeding 15 minutes, neurologic disease, schizophrenia, bipolar disorder, or major depression in the past 2 months.

All subjects provided written informed consent approved by the institutional review board and then completed structured diagnostic interviews, an intelligence quotient test, a reinforcement learning task, and the Wisconsin Card Sorting Test, which were administered by a trained research assistant.

### Diagnostic and Structured Interviews

**Composite International Diagnostic Interview: Substance Abuse Module.** Results from this computerized structured interview characterized lifetime substance dependence diagnoses in SDI and ensured that controls did not meet criteria for dependence by providing DSM-IV diagnoses for 11 substances: amphetamine, cocaine, marijuana, alcohol, nicotine, hallucinogens, opioids, inhalants, sedatives, club drugs, and phencyclidine.

**Diagnostic Interview Schedule, Version I.** This computerized structured interview was administered to exclude subjects with schizophrenia, bipolar disorder, or current (within 2 months) major depression.

**IQ.** The Wechsler Abbreviated Scale of Intelligence 2, subtest version (Vocabulary and Matrix Reasoning) was used to estimate general intelligence.

**Decision-Making Task.** Negative-reinforcement learning was measured by using a modification of the Iowa Gambling Task.<sup>29</sup> The task is a behavioral test of decision-making and has been validated in individuals with substance dependence.<sup>30,31</sup> The task assesses whether a subject learns, with time, to Play or Pass on each of 4 “decks” of cards, to maximize a hypothetical monetary outcome. Played during the long run, 2 decks result in a net gain (advantageous), and 2, in a net loss (disadvantageous). The subject must learn to “Pass” disadvantageous and “Play” advantageous decks. The number of Pass responses is calculated for the first half (time-1) and second half (time-2) of the task. Negative-reinforcement learning occurs when the number of “Passes” on disadvantageous decks increases with time. This study used a variant of the Iowa Gambling Task that is sensitive to differences in negative-reinforcement learning in SDI, and the differences are driven by decreased ability to avoid outcomes associated with large, as opposed to frequent, losses in SDI.<sup>28</sup>

**Wisconsin Card Sorting Test.** All subjects completed this standardized measure of general executive function. The dependent variable was the number of perseverative errors.

**MR Imaging.** Images were acquired on a 3T Signa MR imaging (GE Healthcare, Milwaukee, Wisconsin) scanner by using a standard quadrature head coil. A high-resolution 3D T1-weighted spoiled gradient recalled-echo inversion recovery sequence was performed with the following parameters: TR = 45, TE = 20, flip angle = 45°, matrix = 256<sup>2</sup>; FOV = 240 mm<sup>2</sup> (0.9 × 0.9 mm<sup>2</sup> in-plane); section thickness = 1.7 mm, coronal

plane. A neuroradiologist evaluated all MR imaging scans for abnormalities.

**Image Processing.** Image processing was conducted by using FreeSurfer (Version 4.5.0), an automated program for calculating cortical thickness (<http://surfer.nmr.mgh.harvard.edu>). Cortical surfaces were reconstructed by running several preprocessing steps that included intensity normalization, skull stripping, generation of a pial surface from the outer edge of the gray matter, and generation of a white/gray matter boundary by using triangular tessellation. The cortical thickness was the estimated distance between the pial surface and the white/gray matter boundary. The resulting surface models for each dataset were inspected by a research assistant blinded to group status. Inaccuracies in the white/gray interface were corrected by using manually placed “control points” to improve identification of missed white matter. Pial surfaces were corrected for erroneous inclusion of the dura or skull. Final edited datasets were evaluated for accuracy by a neuroradiologist who was blinded to group status. Spatial normalization to a gyral-based cortical template resulted in automatic labeling of 34 parcellation units for each hemisphere.<sup>32</sup> Total intracranial volume was recorded.

### Image Analysis

The primary analysis was a region-of-interest approach based on a priori predictions from the literature of group differences. The secondary analysis was conducted over the whole brain to confirm region-of-interest results and to explore morphometry differences in other brain regions.

**Region of Interest.** Three ROIs were based on standardized parcellation units in the atlas of Desikan et al<sup>32</sup>: 1) the orbital frontal cortex consisted of the average of medial orbitofrontal, lateral orbitofrontal, and pars orbitalis parcellation units; 2) the anterior cingulate cortex consisted of the average of rostral and caudal ACC parcellation units; 3) the insula consisted of the insula parcellation unit. FreeSurfer computes volume, cortical thickness, and surface area. Because these measurements are linearly related, we restricted our analyses to volume and cortical thickness, drawing from a previous study showing that these 2 measures are relatively sensitive to group differences.<sup>22</sup>

**Whole Brain.** Vertex-wise general linear modeling by using analysis of covariance tested for main effects of group and sex and interactions on cortical thickness. Age and intracranial volume were entered as covariates. Data were smoothed with a 10-mm full width at half maximum Gaussian kernel. To verify region-of-interest results, we set statistical maps at a threshold of  $P < .001$  uncorrected. For exploratory analyses, maps were set at a voxel-wise threshold of  $P < .001$ , and cluster-level threshold was set at  $P < .05$ , corrected for multiple comparisons, by using Monte Carlo  $Z$  simulation and 5000 iterations.

### Statistical Analyses

We ensured that data were approximately normally distributed, and then we compared groups on continuous and dichotomous demographic variables by using independent  $t$  tests and  $\chi^2$  tests, respectively (Statistical Package for the Social Sciences, PASW 18;

**Table 1: Demographic data for SDI and controls<sup>a</sup>**

	SDI	Controls
Sex	17 M/11 F	13 M/15 F
Age (yr)	35.0 $\pm$ 7.4	36.0 $\pm$ 8.6
Education <sup>b</sup>	12.1 $\pm$ 2.3	13.6 $\pm$ 1.9
IQ	102.2 $\pm$ 9.9	100.8 $\pm$ 12.1
Last drug use (yr)	1.46 $\pm$ 1.0	

**Note:**—Last drug use indicates drugs and alcohol.

<sup>a</sup>Data are mean (SD).

<sup>b</sup> $P = .01$ .

SPSS, Chicago, Illinois). Although we had directional hypotheses, all comparisons used a 2-tailed .05 significance level.

**Cortical Morphometry.** For each region of interest, cortical thickness and volume were analyzed for main effects of sex and group, and sex by group interactions by using analysis of covariance, after adjusting for age and intracranial volume. Using adjusted means, we calculated effect sizes (Cohen  $d$ ).<sup>33</sup>

**Negative-Reinforcement Learning.** The number of passes on disadvantageous decks at time-1 and time-2 was evaluated with a 3-way repeated measures ANOVA with a between-subject effect of group (SDI versus controls), within-subject effects of time and type of feedback (magnitude versus frequency), and all interactions (see Thompson et al<sup>28</sup>). For correlations, the number of passes on disadvantageous decks was summed with time to a single variable.

**Wisconsin Card Sorting Test.** Groups were compared on the number of perseverative and nonperseverative errors by using an independent  $t$  test.

**Relationship between Region-of-Interest and Behavioral Variables.** Linear associations among negative-reinforcement learning, perseverative errors, IQ, and region-of-interest variables were analyzed with partial correlations, after adjusting for age and intracranial volume. Variables were collapsed over group unless they differed across groups, in which case correlations were conducted separately for controls and SDI.

**Relationship between Region-of-Interest and Drug-Use Variables in SDI.** Linear associations among duration of stimulant, alcohol, and nicotine dependence; last drug use; and region-of-interest variables were analyzed with partial correlations, after adjusting for age and intracranial volume.

## RESULTS

### Subjects

**Demographics.** There were no significant group differences in sex, age, or IQ. SDI had, on average, 1.5 fewer years of education than controls ( $P = .01$ ). Table 1 shows demographic variables. Drug characteristics are shown in Table 2. Men and women did not differ in drug characteristics.

### Imaging

**Region-of-Interest Cortical Thickness.** Analysis of covariance indicated a main effect of group [ $F(1,50) = 5.42, P = .02$ ] on the left insula cortical thickness. The left insula cortex was thinner in SDI than in controls. There was a group by sex interaction on the right

**Table 2: Drug characterization for SDI and controls<sup>a</sup>**

Drug	SDI (n = 28)			Controls (n = 28)		
	No. (%)	Last Use (yr)	Duration (yr)	No. (%)	Last Use (yr)	Duration (yr)
Stimulants	28 (100%)	2.0 ± 1.7	8.9 ± 5.2	0	0	
Nicotine	22 (79%)	1.3 ± 4.5	13.3 ± 8.5	7 (25%)	4.8 ± 6.7	12.4 ± 10.2
Alcohol	16 (57%)	1.9 ± 2.2	9.2 ± 6.4	0	0	
Heroin	4 (14%)	2.1 ± 2.6		0	0	
Cannabis	2 (7%)	0.5 ± 0.4		0	0	

<sup>a</sup>Data are mean (SD).

insula cortical thickness [ $F(1,50) = 8.00, P = .007$ ]. Compared with sex-matched controls, the right insula cortex was 6.7% thinner in substance-dependent women and 3% thicker in substance-dependent men. There was no effect of group on ACC or OFC thickness. There was a main effect of sex on OFC thickness (right:  $F[1,50] = 4.20, P = .05$ ; left:  $F[1,50] = 4.09, P = .05$ ). Women had thinner OFCs than men. The results are shown in Table 3.

### Region-of-Interest Cortical Volume

Analysis of covariance indicated a group by sex interaction on insula volume (left:  $F[1,50] = 5.59, P = .022$ ; right:  $F[1,50] = 12.26, P = .001$ ). Compared with that in sex-matched controls, the left insula cortical volume was 10.6% smaller in substance-dependent women and 6.6% larger in substance-dependent men. Compared with sex-matched controls, right insula cortical volume was 12.9% smaller in substance-dependent women and 9.3% larger in substance-dependent men (Fig 1). There was no main effect of group on ACC or OFC volume. There was a main effect of sex on OFC volume (left:  $F[1,50] = 4.04, P = .050$ ; right:  $F[1,50] = 7.91, P = .007$ ). Women had smaller OFC volumes than men. Results are shown in Table 4.

### Whole-Brain Analysis

The exploratory whole-brain analysis revealed no difference in volume or thickness, after correcting for multiple comparisons. Trends in vertex-wise analyses confirmed region-of-interest results. Figure 2 shows an analysis of covariance on cortical thickness for main effects of group, sex, and group-by-sex interactions, at a threshold of  $P < .001$ , uncorrected. Trends for a thinner cortex were observed in the insula and pars opercularis for group (red: SDI < controls); insula and OFC for sex (red: female < male); and insula for interactions (red: female SDI < female controls and male SDI > male controls).

### Behavioral Tests

**Negative-Reinforcement Learning.** We showed previously that compared with controls, SDI did not learn to Pass on decks asso-

ciated with large, as opposed to frequent, losses after adjusting for education, suggesting that differences in negative-reinforcement learning are driven by high-magnitude loss.<sup>28</sup>

**Wisconsin Card Sorting Test.** There were no group differences in perseverative or nonperseverative errors.

### Relationships between Morphometry and Behavior

In controls, there was a correlation between negative-reinforcement learning and OFC thickness (left:  $r = 0.41, P = .04$ ; right:  $r = 0.58, P = .002$ ) and volume (left:  $r = 0.10, P = .63$ ; right:  $r = 0.52, P = .007$ ). Figure 3 shows that learning to avoid disadvantageous decks was associated with thicker OFCs in controls but not in SDI. Men and women did not differ. There were no correlations among negative-reinforcement learning, Wisconsin Card Sorting Test, IQ, and any other region-of-interest measures.

### Relationships between Morphometry and Drug Use

There were negative correlations between the duration of stimulant dependence and left insula cortical thickness ( $r = -0.45, P = .021$ ); duration of nicotine dependence and left OFC volume ( $r = -0.46, P = .040$ ) and left insula volume ( $r = -0.47, P = .039$ ); and duration of alcohol dependence and left OFC volume ( $r = -0.53, P = .051$ ). There were no correlations between region-of-interest measures and last drug use.

## DISCUSSION

Substance-dependent individuals had thinning of the left insula cortex compared with controls. Previous studies in substance users have reported cortical thinning in multiple brain regions that included the insula.<sup>21,34</sup> Makris et al<sup>21</sup> found significant cortical thinning in 20 cocaine users compared with controls within a reward network that included the right insula, OFC, cingulate gyrus, and dorsolateral prefrontal cortex. Thinning of both the right and left insula cortices has been reported in adolescent boys who were heavy users of marijuana.<sup>34</sup> We observed an approxi-

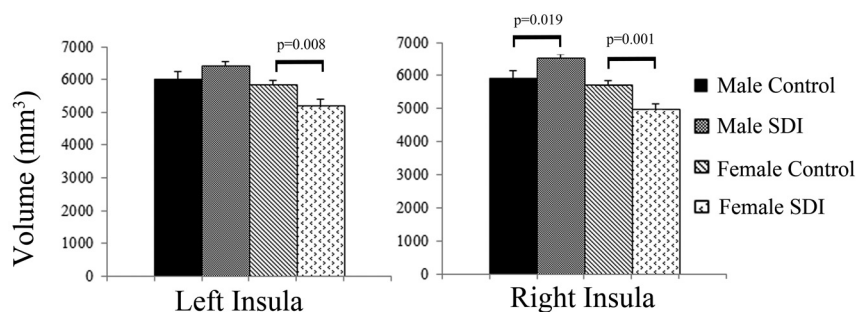
**Table 3: Regional cortical thickness<sup>a</sup>**

	Controls		SDI		P Value			Effect Size	
	Male (n = 13)	Female (n = 15)	Male (n = 17)	Female (n = 11)	Group	Sex	Interaction	Group	Sex
L ACC	2.72 ± 0.22	2.57 ± 0.40	2.67 ± 0.23	2.65 ± 0.28	.96	.18	.45	0.01	0.42
R ACC	2.69 ± 0.17	2.75 ± 0.23	2.71 ± 0.26	2.70 ± 0.23	.098	.049	.33	0.01	0.21
L Insula	2.95 ± 0.15	2.99 ± 0.20	2.91 ± 0.19	2.84 ± 0.19	.024 <sup>b</sup>	.74	.40	0.62	0.10
R Insula	2.97 ± 0.08	2.99 ± 0.16	3.04 ± 0.17	2.79 ± 0.22	.08	.09	.007 <sup>b</sup>		
L OFC	2.45 ± 0.08	2.41 ± 0.17	2.47 ± 0.15	2.40 ± 0.10	.81	.046 <sup>b</sup>	.53	0.07	0.62
R OFC	2.46 ± 0.13	2.39 ± 0.11	2.49 ± 0.11	2.41 ± 0.15	.73	.053 <sup>b</sup>	.87	0.09	0.59

**Note.**—R indicates right; L, left.

<sup>a</sup>Data are mean (SD). Cortical thickness is in millimeters.

<sup>b</sup>Significant.



**FIG 1.** Bar graphs show left and right insula volumes for group and sex. Data are means (SD).

mately 3% reduction in cortical thickness across the insula parcellation unit (Cohen  $d = 0.62$ ), comparable in magnitude with cortical thickness differences reported in drug<sup>21,23,34</sup> and nicotine users.<sup>21,23,34</sup> Thompson et al<sup>17</sup> found lower gray matter concentrations in the limbic system of methamphetamine users, but in the hippocampus and cingulate rather than the insula. VBM studies have also reported reduced bilateral insula gray matter volume in cocaine<sup>13</sup> and methamphetamine users.<sup>35</sup> In our study, the time between last drug use and MR imaging (1.5 years) was longer than that in prior morphometric studies. Considering that partial recovery of volume has been observed with abstinence from alcohol<sup>36</sup> and methamphetamine,<sup>37</sup> the results are unlikely to reflect transient drug effects. There was no correlation between morphometry and abstinence, suggesting that if partial recovery did occur, such changes would have stabilized.

Functional neuroimaging studies have suggested that the insula is involved in cocaine craving, risk-taking, and harm-avoidance.<sup>8,38</sup> The insula is thought to be associated with interoception or the perception of physical states of the body. The insula may process malaise or negative motivational states such as drug withdrawal. The latter is suggested by animal work showing that lithium-induced malaise is blunted in rats following chemical lesioning of the insula.<sup>6</sup> Alternatively, the insula may signal the urge to take drugs. Naqvi and Bechara<sup>11</sup> have shown that smokers with brain injuries to the insula have a lower urge to smoke and an easier time quitting compared with smokers with extra-insular brain injuries.<sup>5</sup> Contreras et al<sup>6</sup> have shown that insula lesions in animals result in decreased conditioned place preference to amphetamines, suggesting that the insula is important in learning to pair stimulus cues and reward. The studies by Naqvi and Bechara<sup>5</sup> and Contreras et al<sup>6</sup> might lead one to predict that an “underactive or smaller” insula would be associated with less severe drug-

related behavior, while an “overactive or larger” insula would be associated with more severe drug-related behavior. Such directionality may be too simplistic, however. Samanez-Larkin et al<sup>8</sup> showed that greater, not lower, insula activity predicted better avoidance learning; and Paulus et al<sup>39</sup> found that lower, not higher, insula activity during decision-making predicted methamphetamine relapse. Thus, the relationship between substance dependence and insula function and structure remains associational, and

further work is needed to elucidate these mechanisms.

The association between substance dependence and insula morphometry was not the same in men and women. An interaction between sex and group on bilateral insula volume and right insula cortical thickness was unexpected. Compared with sex-matched controls, substance-dependent women had smaller insulae while substance-dependent men had larger insulae. Medina et al<sup>27</sup> observed the same pattern in the prefrontal cortex of youth with alcohol-use disorders. The investigators proposed 2 possibilities: that alcohol may impair normal dendritic pruning in boys or that boys are less sensitive to the known toxic effects of alcohol on myelin. Recently, Potenza et al<sup>40</sup> demonstrated sex differences in corticostriatal limbic activity in cocaine users during cue-induced craving. In that study, female cocaine users were sensitive to stress-induced craving and male cocaine users were sensitive to drug-induced craving. Given that the insula is thought to play a role in processing anxiety and negative affective states, one could speculate that the thinner insula in female SDI might be related to more negative affective processing compared with male SDI. Future studies examining sex, affect, and insula morphology and laterality are needed to clarify these relationships.

Contrary to our prediction, we did not observe group differences in volume or thickness in the OFC or anterior cingulate, as others have reported.<sup>1,2,41</sup> Makris et al<sup>21</sup> observed thinning in several sectors of the prefrontal cortex in cocaine users. Lawyer et al<sup>42</sup> found no cortical thickness differences in 40 patients dependent on d-amphetamine. As in our study, Lawyer et al used FreeSurfer, which has been shown to have high accuracy, reliability, and precision<sup>20,43</sup> but may be less sensitive than the Cardviews software (<http://www.cma.mgh.harvard.edu/iatr/display.php?spec=id&ids=1>) used by Makris et al<sup>21</sup> that models a slightly more liberal

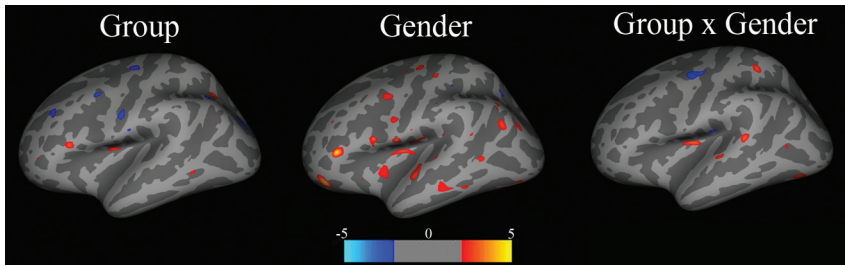
**Table 4: Regional cortical volume<sup>a</sup>**

	Controls		SDI		P Value			Effect Size	
	Male (n = 13)	Female (n = 15)	Male (n = 17)	Female (n = 11)	Group	Sex	Interaction	Group	Sex
L ACC	4276 ± 1324	3375 ± 690	4191 ± 755	3407 ± 970	.40	.34	.16	0.20	0.21
R ACC	3988 ± 695	3782 ± 1014	4069 ± 873	3574 ± 721	.33	1.00	.81	0.27	0.00
L Insula	6009 ± 797	5844 ± 522	6431 ± 440	5222 ± 577	.11	.15	.022 <sup>b</sup>		
R Insula	5924 ± 783	5722 ± 449	6528 ± 542	4982 ± 557	.09	.07	.001 <sup>b</sup>		
L OFC	13659 ± 1606	12854 ± 1292	15142 ± 1486	12547 ± 1410	.36	.05 <sup>b</sup>	.18	0.25	0.61
R OFC	14511 ± 1760	13153 ± 887	15643 ± 1778	12972 ± 1219	.60	.007 <sup>b</sup>	.54	0.14	0.85

**Note:**—R indicates right; L, left.

<sup>a</sup>Data are mean (SD). Cortical volume is in cubic millimeters.

<sup>b</sup>Significant.



**FIG 2.** Maps show main effects of group, sex, and group-by-sex interactions for cortical volume. Group: red = control > SDI; blue = SDI > control; Sex: red = male > female, blue = female > male; Group  $\times$  Sex: red = female control > female SDI, male control < male SDI. Color bar represents the z score.

pial surface. Many studies showing reduced prefrontal cortex volumes in SDI are based on VBM.<sup>3,13,16,37</sup> Some investigators using VBM have failed to replicate the finding of reduced gray matter volume in stimulant or polydrug users.<sup>18,19</sup> Another possibility is that alterations in prefrontal morphometry may have resolved due to the long abstinence, given the evidence that structural and metabolic changes are partially reversible.<sup>36,37</sup>

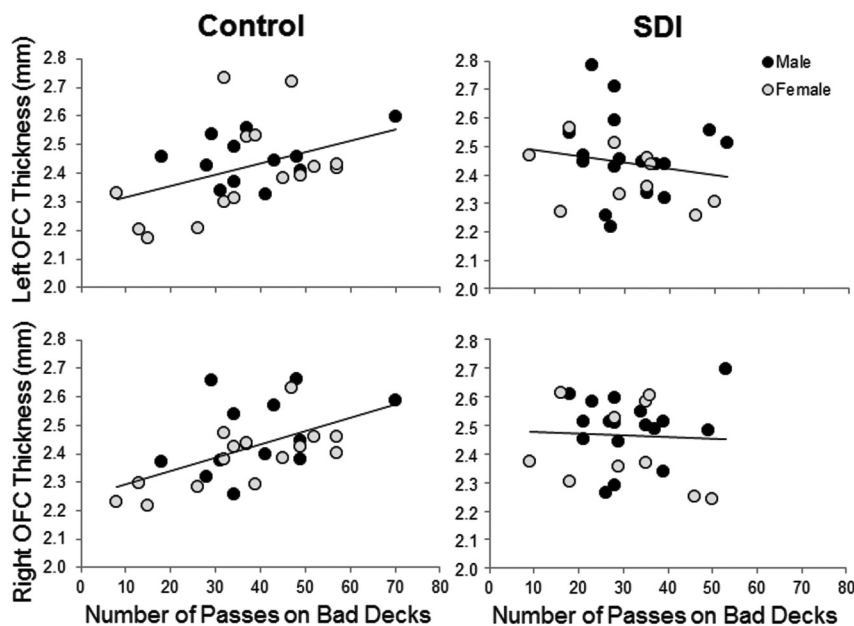
Although the OFC did not differ between groups, there was a main effect of sex on the OFC. The OFC was larger and thicker in men than in women. A study of 176 healthy controls showed that men had thicker cortices than women in the left orbitofrontal region.<sup>26</sup> This study and others report that women have thicker parietal and temporal cortices than men.<sup>26,44</sup> Sexual dimorphism on the brain is not apparent at a gross level, but sex differences in dendritic morphometry, attenuation, and volume have been observed in animals and postmortem brains, emphasizing the importance of modeling sex in cortical thickness investigations.

Thicker and larger OFCs correlated with better negative-reinforcement learning in controls. Reinforcement learning requires adjustments of one's actions on the basis of feedback and is necessary for optimal decision-making. There is evidence that the OFC is in-

terpretation must be tempered by the fact that the correlation was limited to controls.

Significant differences in region-of-interest volume and thickness did not persist after multiple-comparison correction but were verified as trends on whole-brain analyses (Fig 2). Our interpretation is that changes in SDI are small in magnitude and spread over relatively large areas (ie, parcellation unit) as opposed to being large in magnitude in small foci. Such results reflect the high sensitivity of FreeSurfer, which can detect differences in cortical thickness as small as 0.2 mm with relatively small sample sizes.<sup>47</sup> In this article, we focus on 2 frontal and 1 limbic region of interest. While these cortical regions may have specific behavioral correlates in addiction, they are a subset of a larger complex frontostriatal-limbic system underlying addictive behavior. Furthermore, we examined only cortical morphometry but recognize that the integrity of this reward system relies on connections between cortical regions.

Limitations of this study are a modest sample size, an inability to determine causality, and an inability to isolate the effects of a single drug. Tobacco and alcohol use is common among stimulant-dependent SDI. A subsample analysis comparing 16 SDI with alcohol dependence to 12 SDI without alcohol dependence revealed no differences in cortical thickness. We cannot exclude the possibility that other drugs influenced the findings. Seven of 28 controls used nicotine, which may have reduced our sensitivity. We did not assess post-traumatic stress disorder and anxiety disorder, which could also influence morphometry.



**FIG 3.** Scatterplots demonstrating correlations between negative-reinforcement learning and OFC thickness.

involved in reinforcement learning based on positive feedback.<sup>4,45</sup> Less is known about the neural correlates of reinforcement learning based on negative feedback, though there is evidence that OFC neurons encode aversive stimuli on the same general scale as rewarding stimuli, suggesting that value information converges in the OFC.<sup>46</sup> The current findings are consistent with those in a prior study linking prefrontal cortex volume to avoidance learning.<sup>16</sup> While these preliminary data suggest that the OFC may be involved in learning to avoid loss,

we cannot exclude the possibility that other drugs influenced the findings. Seven of 28 controls used nicotine, which may have reduced our sensitivity. We did not assess post-traumatic stress disorder and anxiety disorder, which could also influence morphometry.

## CONCLUSIONS

Insula morphology differed in SDI compared with controls, and those differences were modulated by sex. Controls were better than SDI at decision-making involving negative reinforcers. Task performance correlated with OFC measurements in controls. Our findings underscore the importance of accounting for sex in brain morphometry studies. These preliminary results are consistent with the hypothesis that frontolimbic systems may be involved in substance dependence.

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