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Myelin Detection Using Rapid Quantitative MR Imaging Correlated to Macroscopically Registered Luxol Fast Blue—Stained Brain Specimens

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ABSTRACT

BACKGROUND AND PURPOSE: Myelin detection is of great value in monitoring diseases such as multiple sclerosis and dementia. However, most MR imaging methods to measure myelin are challenging for routine clinical use. Recently, a novel method was published, in which the presence of myelin is inferred by using its effect on the intra- and extracellular water relaxation rates and proton density, observable by rapid quantitative MR imaging. The purpose of this work was to validate this method further on the brains of 12 fresh, intact cadavers.

MATERIALS AND METHODS: The 12 brains were scanned with a quantification sequence to determine the longitudinal and transverse relaxation rates and proton density as input for the myelin estimations. Subsequently, the brains were excised at postmortem examination, and brain slices were stained with Luxol fast blue to verify the presence of myelin. The optical density values of photographs of the stained brain slices were registered with the MR images and correlated with the myelin estimation performed by quantitative MR imaging.

RESULTS: A correlation was found between the 2 methods with a mean Spearman ρ for all subjects of 0.74 \pm 0.11. Linear regression showed a mean intercept of 1.50% \pm 2.84% and a mean slope of 4.37% \pm 1.73%/%. A lower correlation was found for the separate longitudinal relaxation rates and proton density ($\rho = 0.63 \pm 0.12$ and -0.73 ± 0.09 , respectively). For transverse relaxation rates, the ρ was very low (0.11 \pm 0.28).

CONCLUSIONS: The observed correlation supports the validity of myelin measurement by using the MR imaging quantification method.

ABBREVIATIONS: LFB = Luxol fast blue; OD = optical density; PD = proton density; qMRI = quantitative MRI; R_1 = longitudinal relaxation rate; R_2 = transverse relaxation rate

The measurement of myelin content in the brain is important for neurodegenerative diseases such as multiple sclerosis or dementia, in which increasing cerebral demyelination can be observed in the course of the disease. ¹⁻³ Also, for brain development, monitoring increasing myelination has clinical value. ^{4,5} With MR imaging, there are a number of indirect measures for the detection of myelin, most of them based on multicomponent analysis of the T2 relaxation. In this approach, the observation of a short T2 relaxation component is attributed to the presence of thin layers of water trapped inside the myelin sheaths. ⁶⁻¹⁰

Recently, a model has been published that infers the presence

of myelin partial volume based on its effect on intra- and extracellular water due to magnetization exchange. The vicinity of myelin reduces the local longitudinal relaxation rate (R_1) , the transverse relaxation rate (R_2) , and proton density (PD). By rapid quantitative MR imaging (qMRI) of the relaxation rates and proton density, a multiparametric space is measured, forming the basis for an estimation of myelin partial volume in each acquisition voxel. Because the quantification sequence requires only 5–7 minutes for full coverage of the brain, it may be suitable for routine clinical use.

The aim of this study was to validate the model further by correlating the estimated myelin content by qMRI with myelin estimations from photographs of brain slices that were stained with myelin-sensitive Luxol fast blue (LFB) in a postmortem application.

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MATERIALS AND METHODS

Study Group

Twelve fresh, intact cadavers were prospectively investigated in the study, 9 men and 3 women, with a mean age 62 ± 10 years (range, 46-74 years). The study cases were routine forensic cases

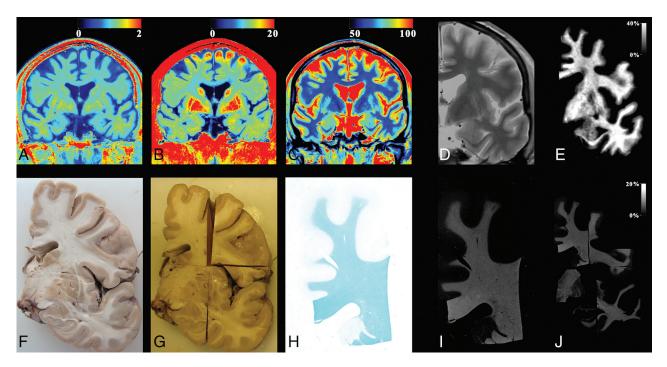


FIG 1. The process used for myelin evaluation on a male subject, 69 years of age, acquired at a temperature of 10° C. The MR imaging quantification sequence provided the R_1 , R_2 , and PD maps of coronal slices of the cadaver (A–C). A synthetic proton density—weighted image was created for registration purposes using the R_1 , R_2 , and PD maps as input, resampled to 0.1 mm/pixel (D, zoomed in). The R_1 map was corrected for temperature and then used, with the original R_2 and PD maps, to generate the myelin partial volume map with the same algorithm as used for living subjects (E). For the histologic images, the brain was extracted and cut into coronal slices (F). Slices were fixated by using formaldehyde and cut into smaller pieces after fixation (G). The separate pieces of brain slices were stained with Luxol fast blue and photographed (H). The optical density of the photographs was converted to an intensity scale. These images were also resampled to 0.1 mm/pixel (I). All pieces were registered to the synthetic proton density—weighted image (I), so that each pixel from the slice photographs was at the same place as the corresponding MR imaging pixel. Finally, the resolution of both MR images and photographs was down-sampled to the original MR imaging resolution of I0.7 mm/pixel.

from the local forensic institution, in which forensic postmortem examinations were ordered by the local authorities. Cadavers were refrigerated in cooling chambers before imaging to avoid progressing putrefaction. Trauma cases and cases with known brain diseases in their medical history were excluded. Pre-MR imaging and prepostmortem information about cases was received from paramedic reports, police, relatives of the deceased, or the bureau of the district attorney. Due to the forensic nature of the cases, no further clinical data were available. MR imaging examinations and the use of the imaging data were approved by the local ethics committee. Postmortem interval (the time between death and the postmortem MRI examination) ranged from 20 hours to 3 days. During MR imaging, the cadaver core body temperatures were assessed in real-time with MR imaging-compatible temperature probes that were placed in the esophagus before the MR imaging examination. The mean core body temperature of the cadavers during acquisition was $7.8^{\circ} \pm 3.1^{\circ}$ C. Board-certified forensic pathologists performed postmortem examinations immediately after the MR imaging examinations. The causes of death were myocardial infarction (n = 5), acute cardiac arrest (n = 3), pulmonary embolism (n = 2), and internal exsanguination (n = 2).

MR Imaging Acquisition Method

An overview of the entire process is provided in Fig 1. The study subjects underwent a qMRI acquisition ¹² to measure T1 and T2

relaxation times and proton-density values. Relaxation rate R_1 corresponds to 1/T1; and R_2 , to 1/T2. The sequence was a saturation recovery turbo-spin-echo with a multiecho readout. Four different saturation delay times (at 170, 660, 2290, and 4740 ms) and 2 different TEs (at 23 and 105 ms) were acquired, resulting in a matrix of $4 \times 2 = 8$ images per section with different signal intensities depending on the delay time and TE. The TR was 4.9 seconds. In total, 30 sections of 4-mm thickness were acquired in the coronal plane, with an FOV of 230 \times 190 mm, with an in-plane acquisition resolution of 0.7 mm/pixel, reconstructed at 0.45 mm/pixel. The scan time was 7 minutes. The MR imaging scanner was a 3T Ingenia (Philips Healthcare, Best, the Netherlands) using 16-channel head/base combination. Post-processing was performed with SyMRI 8.0 (SyntheticMR, Linköping Sweden).

Temperature Correction

Four ROIs were placed in the frontal white matter; 4, in the anterior cingulate cortex; and 4, in the lateral ventricles of all subjects to obtain an estimate of the mean T1 and T2 relaxation times for white matter, gray matter, and CSF as a function of temperature. These data were used to derive a correction function to compensate for relaxation time differences due to the lower temperature of the subjects than 37°C. A linear change per degree Celsius was assumed. ^{13,14} Differences due to age, illness, or any other subject-specific changes were ignored.

MR Imaging Myelin Estimation

The temperature-corrected R₁, R₂, and PD maps were used as input into the myelin model as previously described.¹¹ In summary, this model consists of 4 partial volumes per acquisition voxel: myelin partial volume, cellular partial volume, free water partial volume, and excess parenchymal partial volume, in which each partial volume has its own R₁, R₂, and PD properties. The properties of free water partial volume and excess parenchymal partial volume were fixed to the properties of CSF ($R_1 = 0.24$ seconds⁻¹, $R_2 = 0.87$ seconds⁻¹, and PD = 100%). The myelin partial volume R₂ was fixed to a literature value of 77 seconds⁻¹. The remaining parameters of the model were then set by the observable R₁, R₂, and PD properties for each voxel in the brains of a group of healthy subjects. Subsequently, potential pathologic changes were modeled as 2 factors: a decrease of myelin partial volume and an increase of excess parenchymal partial volume, in comparison with the healthy brain. All distributions of the 4 partial volumes, ranging from 0% to 100% of the acquisition volume, generated a grid in R₁, R₂, and PD space. The observed R₁, R₂, and PD combinations from the qMRI acquisition were projected onto this grid, to estimate the myelin partial volume for each voxel.

Photographs of LFB-Stained Brain Slices and Histologic Examinations

The subjects' brains were extracted at forensic postmortem and cut into 2-cm-thick coronal slices. In each case, 1 anterior slice through the head of the caudate nucleus and 1 posterior slice through the thalamus were taken for further examinations. Only the left hemisphere was included. The brain specimens were soaked in formalin for 5 days. After formalin fixation, the brain slices were further cut into 6 smaller pieces to fit the 4×6 cm glass plates and sliced to 4-\mu thickness. A Luxol fast blue staining was applied on brain slices. Photographs of LFB-stained brain slices were taken in a fixed setup with a light bench for uniform backlighting of the specimens and a stative. The glass plates covered about half of the final image so that most of the photograph was exposed to the background light, keeping the white filter of the camera similar for all photographs. Zoom and focus were set to manual and kept constant. The acquired JPG image resolution was 0.02 mm/pixel. The photographs were decomposed into red (R), green (G) and blue (B) channels with values in the range of 0-255 with a custom-built IDL program (ITT Visual Information Solutions, Boulder, Colorado). Optical density (OD) was defined as the sum of the RGB channels for the background light minus the sum of the RGB channels of each pixel. The values were normalized by dividing by 3×255 . With this scale, OD varied between 0 (no color) and 1 (fully colored). Histologic evaluation of the investigated brain slices was conducted by a board-certified forensic pathologist who was blinded to the MR imaging findings.

Image Registration

A synthetic proton density—weighted image was generated from the R_1 , R_2 , and PD maps to show an image with good contrast between WM and GM. The histologic photographs were manually registered to the proton density—weighted image by using rotation, translation, and scaling. For this process, both quantification maps and photographs were resampled by interpolation to

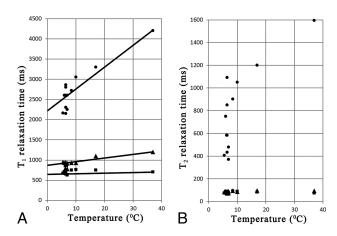


FIG 2. A, The observed mean TI relaxation time in frontal white matter (*squares*), cortical gray matter (*triangles*), and ventricular CSF (*dots*) as a function of the core body temperature of all subjects. Added are the estimated slopes of TI change per temperature. *B*, The observed mean T2 relaxation time in frontal WM (*squares*), cortical GM (*triangles*), and ventricular CSF (*dots*) as a function of core body temperature of all subjects.

a resolution of 0.1 mm/pixel. The final registered maps and photographs were down-sampled again to the original MR image resolution of 0.7 mm/pixel to prevent an excessive number of data points for the correlation. In the down-sampling procedure, zeroes were excluded—that is, each pixel in the 0.7-mm/pixel image was mapped to an area of 7×7 pixels of the 0.1-mm/pixel image, where the value was calculated by the sum of the 7×7 pixels, divided by the number of pixels with a value larger than zero. By excluding zeroes, we avoided smoothing effects at the edges and cracks of the histologic specimen.

Statistics

Linear regression was performed on the LFB-OD as a function of R_1, R_2, PD , and MR imaging myelin partial volume estimation for all registered pixels, excluding the value zero. The slope and intercept together with Spearman ranked correlation coefficient (Spearman ρ) were recorded for each subject and then averaged for the entire group. To visualize these >100,000 data points, we plotted them as 2D histograms of 40 \times 40 bins, similar to plots in Engström et al. ¹⁵ The intensity of the 2D histograms corresponds to the number of times a value occurs within each value interval. For each 2D histogram, 2 positions of highest density were determined to provide an estimate of the positions of GM and WM. These positions were averaged for the entire group. The line through the 2 positions was used as a second estimate of slope and intercept.

RESULTS

Temperature Correction

The mean T1 values for frontal WM, cortical GM, and ventricular CSF for the different temperatures are plotted in Fig 2A. Slopes were estimated at 1.5 ms/°C for WM, 9.0 ms/°C for GM, and 54 ms/°C for CSF. The intersection point for all 3 slopes was determined at T1 = 600 ms and temperature (T) = -30°C. With this point as an origin, all observed T1 values at lower temperatures (T_{1,obs}) in the entire acquisition volume were corrected for temperature (obtaining T_{1,cor}) by using

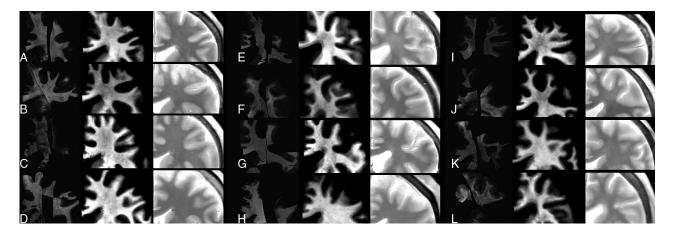


FIG 3. Zoomed-in images of all subjects, ordered according to increasing age (A, 46; B, 47; C, 52; D, 55; E, 59; F, 61; G, 69; H, 70; J, 71; K, 72; and L, 74 years of age). On the left, the registered LFB stains are shown as optical density, in the center is the MR imaging–detected myelin partial volume, and on the right is the synthetic PD-weighted images.

Table 1: The mean and SD for all subjects of the intercept and slope^a

	Intercept	Slope	Spearman $ ho$
R ₁	$1.19 \pm 0.10 \mathrm{s}^{-1}$	$0.065 \pm 0.009 s^{-1} / \%$	0.63 ± 0.12
R_2	$12.31 \pm 1.17 \mathrm{s}^{-1}$	$0.044 \pm 0.131 \mathrm{s}^{-1} / \%$	0.11 ± 0.28
PD	$71.96 \pm 4.22\%$	$-2.45 \pm 0.53 \%$ /%	-0.73 ± 0.09
Myelin	$1.50\% \pm 2.84\%$	$4.37\% \pm 1.73 \% / \%$	$0.74\% \pm 0.11$

^a Estimated by linear regression and the Spearman ρ of the LFB optical density as a function of (uncorrected) R_1 and R_2 relaxation, proton density, and (temperature-corrected) MRI-estimated myelin partial volume.

$$T_{1,\text{cor}} = 600 + \frac{T_{1,\text{obs}} - 600}{0.015 \times (T + 30)}.$$

For the lowest temperature at $T=5.5^{\circ}\text{C}$, the temperature correction corresponds to a 7.2% increase for WM T1 values, a 30.8% increase for GM T1 values, and a 67.6% increase for CSF T1 values.

The mean T2 values are plotted in Fig 2*B*. No clear trends were observed for changes of T2 as a function of temperature for WM or GM. The mean T2 for WM for all subjects was 80.5 ± 8.0 ms; the mean T2 for GM for all subjects was 87.2 ± 8.3 ms. The T2 values for CSF decrease with decreasing temperatures, but these exhibit a large variation. For this study, no T2 correction for temperature was made. Hence, the input values for the myelin model were $R_{1,cor} = 1/T_{1,cor}$, $R_2 = 1/T2$ and PD.

Correlation of Estimated Myelin Partial Volume with LFB Optical Density

In Fig 3, a zoomed-in image is shown of all the subjects, including the registered myelin estimation with histology staining (left column) and the myelin estimation with the qMRI method (center column). Visual inspection showed a good correspondence between the 2, though in some cases, the variability of the LFB method is evident. For example, in Fig 3*B*, 2 histologic specimens are positioned close together, showing an obviously different overall intensity. Also, peripheral areas (in eg, Fig 3*D*, -*K*, and -*L*) show an enhancing LFB-OD gradient.

In Table 1, the mean and SD of the intercept, slope, and Spearman ρ of R₁ and R₂ relaxation, proton density, and MR imaging–estimated myelin partial volume are given as a function of the LFB-OD. The Spearman ρ shows a correlation for all parameters;

weakest for R_2 and stronger for R_1 , PD, and myelin. The observed slope of myelin partial volume and LFB-OD was 4.37% \pm 1.73%/%; the intercept was 1.50% \pm 2.84%.

All pixels (>0) were plotted with 2D histograms, as shown in Fig 4, where LFB-OD is taken as the x-axis, and R₁, R₂, PD, and qMRI-based myelin, as the y-axis. In Table 2, the mean and SD of the 2 positions of highest density in the 2D histograms are listed, attributed to WM and GM. The line through these 2 positions provides another way of estimating the slope and intercept, as listed in Table 2. The estimated slopes and intercepts in Table 2 are very similar to the values observed in Table 1.

Histologic Examinations

In each of the 12 cases, histologic signs of slight cerebral edema (slight distension of perivascular and pericellular spaces, slight rarefaction of subpial spaces, and slight vacuolar appearance of gray matter neuropil) were present. Apart from that, no remarkable findings were seen.

DISCUSSION

In this work, a postmortem comparison was made between brain specimens dyed with myelin-sensitive Luxol fast blue and a qMRI method for estimating myelin. A challenging issue for postmortem MR imaging is to limit the influence of postmortem changes on the brain tissue, due to, for example, cause of death, the duration of the dying process, temperature, lack of blood flow, decay processes, and so forth. In our case, the cadavers were fresh and quickly refrigerated after death to limit changes due to decay processes. The brains were intact, and hence no effects of brain extraction or preservation played a role. However, all investigated brains showed histologic signs of slight cerebral edema, even though the brains appeared unremarkable at gross examination during the following postmortem examination. The reason for the appearance of slight cerebral edema may have been hypoxia during agony, despite all cases having causes of death that did not primarily affect the brain. Agony can last at least several minutes, which may be enough time to cause hypoxia in the brain due to deprived circulation and blood oxygenation. 16-18

The presence of various degrees of edema most likely caused the near-zero slope in R_2 values (Table 1), which is much lower in

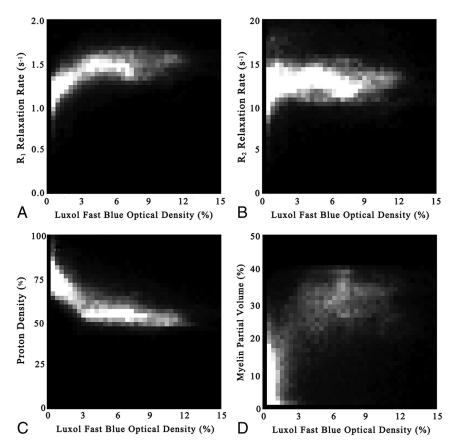


FIG 4. 2D histograms of all subjects of the Luxol fast blue optical density values, plotted as a function of the observed R_1 relaxation rate (A), R_2 relaxation rate (B), and proton density (C). Also, the estimated myelin partial volume, based on temperature-corrected R_1 , R_2 , and PD is plotted (D). The intensity of the 2D histograms corresponds to the number of times a value occurs within each value interval. Intervals were divided into 40×40 bins.

Table 2: The mean and SD for all subjects of the position of highest value density for white matter and gray matter observed in the 2D histograms^a

	WM	GM	Intercept	Slope
R ₁	$1.47 \pm 0.08 \mathrm{s}^{-1}$	$1.27 \pm 0.09 \mathrm{s}^{-1}$	$1.24 \mathrm{s}^{-1}$	$0.030 s^{-1} / \%$
R_2	$12.55 \pm 1.25 \mathrm{s}^{-1}$	$12.11 \pm 1.08 \mathrm{s}^{-1}$	$12.06 \mathrm{s}^{-1}$	$0.066 \mathrm{s}^{-1} / \%$
PD	$52.01\% \pm 2.98\%$	$71.36\% \pm 3.95\%$	73.46%	-2.85 %/%
Myelin	$30.98\% \pm 3.77\%$	$4.84\% \pm 2.30\%$	2.01%	3.84 %/%
LFB	$7.54\% \pm 2.06\%$	$0.74\% \pm 0.65\%$	_	_

^a Added are the derived slopes and intercepts when using the positions of R₁, R₂, PD, and myelin as a function of the position of LFB.

comparison with the slope observed in the living. 19,20 Also, the relatively large SD of the R₂ slope indicates the sensitivity of R₂ values to changes in the brain. Peculiar is the observation of lower PD values than in living subjects (intercept of 71.96%), but this may be a scaling issue in postprocessing. An important aspect of our data is the temperature of the cadaver. The mean core body temperature of the 12 subjects was 7.8°C, which reduces the T1 and T2 relaxation times. The largest reduction was seen for CSF, whereas this occurred to a lesser extent for brain tissue. To get reasonable input data for the myelin model, we made a temperature correction only on the T1 relaxation times. The observed changes in T1 as a function of temperature were in line with those in previous reports, in which a linear behavior in T1 was shown for brain tissue. 13,14,20 The observed slopes, however, were about half of the reported values from Birkl et al²⁰ (1.5 versus 3 ms/°C for WM and 9 versus 17 ms/°C for GM). With the temperature

correction, the input data to the myelin model were similar to those for living patients, in as much as possible for the deceased.

Concerning the LFB stains, the LFB-OD is not a quantitative measure, and the final OD values depend on the details of the staining procedure. Care was taken to keep all conditions as similar as possible, but color differences can occur due to small dye concentration differences, timing differences, or variation in sample thickness. The OD values of GM and WM in all subjects were within a reasonable interval for natural variation, but as shown in Fig 3, the staining method does not always show a uniform performance. The relatively large SD of the myelin slope (1.73%/%; corresponding to 40% of the mean value of 4.37%/%) indicates the variability between subjects, and it is likely that issues with staining uniformity also affected the within-subject correlation and Spearman ρ .

Registration of LFB-stained brain slice photographs to MR images is a challenging ordeal. The orientation of the cuts is generally not identical to the MR images, and the fixation process of brain slices leads to shrinkage, cracks, and different kinds of distortions of the samples.^{21,22} Moreover, there is a tremen-

dous difference in the resolution of MR imaging and photographs of LFB-stained tissue specimens. Each pixel in an MR image corresponds (in our case) to $0.7 \times 0.7 \times 4.0$ mm, whereas each pixel in a photograph corresponds to $0.02 \times 0.02 \times 0.004$ mm. The difference in sharpness, in combination with imperfect registration, will cause substantial issues with partial volume at tissue interfaces, randomly spreading the data points in the correlation plots. The resolution mismatch will affect the regression analysis and probably lower the values of the Spearman ρ . The 2 approaches to retrieve the slopes (Tables 1 and 2), however, provided similar results. It can be speculated that the correlation values would improve by the application of ROIs to avoid tissue interfaces. This would, however, introduce a user dependency in the method, which we wanted to avoid.

A correlation was observed between LFB myelin staining and the qMRI-derived myelin estimation. The qMRI sequence is not sufficiently fast to resolve the short relaxation of myelin water directly, but the presence of myelin partial volume is inferred by its magnetization exchange effect on the (slower) cellular R_1 and R_2 relaxation rate components, as well as the decrease in observable proton density. The correlation of LFB-OD with the qMRI-derived myelin detection shows a higher value ($\rho = 0.74 \pm 0.11$) than separate correlations with R_1 , R_2 , and PD ($\rho = 0.63 \pm 0.12$, 0.11 ± 0.28 , and 0.73 ± 0.09 , respectively, Table 1). This finding supports the notion that the model can extract information from

all 3 parameters to determine a myelin estimate. Most intriguing though are the substantially higher values for R₁ and PD than for R₂, but these may be due to the mentioned postmortem edema effect. An indirect measurement such as this may have its limitations in comparison with a more direct multicomponent approach, but for clinical use, the robustness of the measurement may be more important. The qMRI method used is, for example, insensitive for B₁ field inhomogeneity and radiofrequency pulse profile imperfections,⁹ and repeatability studies have shown a very low error in measured volume, for example 0.14% in brain size.²³ The clinical usefulness of the method is further supported by initial observations by Hagiwara et al,²⁴ in which significant differences were found among normal-appearing white matter, MS plaque, and periplaque white matter in a group of patients with MS.

Our results show that myelin exhibits a nonsignificant but positive intercept with LFB-OD, suggesting that the myelin model may indicate values for GM that are higher in comparison with the LFB-OD. This finding is surprising because the expected limitations of both methods would rather lead to a negative intercept, in which qMRI-derived myelin in GM is measured at lower values than the LFB-OD. The MR imaging method is sensitive to the changes in the relaxation of intra- and extracellular water due to the proximity of fast relaxing, thin layers of myelin water, which are trapped between the myelin sheaths. Hence, it is not a direct measurement of myelin but rather a detection method of the thin-layered structure of the heavily myelinated nerve fibers. If axons or dendrites in GM are insulated with a single sheath, no water can be trapped in thin layers and the MR imaging method will cease to measure the presence of myelin. An issue for the LFB staining, on the other hand, is that the dye targets lipoproteins; hence, it may also stain substances other than myelin, such as neuropil, the cell membranes, and nuclei of nerve cells. This staining may create a small, positive offset in optical density, for example, as observed by Laule et al.^{25,26} Possibly, the explanation lies in the noise of the MR imaging measurements: Detection of a higher myelin value due to noise is allowed, whereas there can be no values lower than zero. Low myelin values may therefore exhibit a small rectification offset.

A limitation of the study is the low number of cases included. Also, no specific brain pathology such as multiple sclerosis or dementia was investigated. Full clinical medical records of the subjects were not made available to the study due to the forensic nature of cases. However, the available preliminary information did not reveal the existence of relevant neurologic illnesses. Moreover, gross brain examinations at postmortem examination and histologic examinations of investigated brain slices did not present relevant pathology. For future work, it would be very interesting to repeat the study for specific patient groups with relevant demyelination pathologies, microangiopathy, or lacunar infarcts, provided it is practically possible to retrieve full medical history in the short time between death and investigation.

In the histologic investigation, evidence of edema was found. Edema can alter relaxation times^{27,28} and hence will have an effect on the myelin detection. The quantification of edema is included in the qMRI model used, but there is no straightforward method

of histologically mapping edema, precluding a possible correlation analysis for this study.

CONCLUSIONS

A correlation was shown between a myelin-detection method based on qMRI and myelin staining of brain slice by using Luxol fast blue in a postmortem setting, supporting the validity of myelin measurement with the qMRI method.

Disclosures: Marcel Warntjes—UNRELATED: Employment: SyntheticMR AB, Comments: part-time employment; Stock/Stock Options: SyntheticMR AB.

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