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Differentiation between Tuberculous and Pyogenic Spondylodiscitis: The Role of the Anterior Meningovertebral Ligament in Patients with Anterior Epidural Abscess

 S.B. Strauss,  S.R. Gordon,  J. Burns,  J.A. Bello, and  S.E. Slasky

ABSTRACT

BACKGROUND AND PURPOSE: Differentiation between tuberculous and pyogenic spondylodiscitis is a diagnostic challenge because imaging often does not reliably distinguish the 2 entities and percutaneous biopsies are often culture-negative. The purpose of this study was to determine whether violation of the anterior meningovertebral ligament in the setting of anterior epidural abscess discriminates between these entities.

MATERIALS AND METHODS: This was a retrospective cohort study of all patients with acid-fast bacillus testing and anterior epidural abscess diagnosed on spinal MR imaging between May 2014 and September 2019, with a final diagnosis of tuberculous or pyogenic spondylodiscitis. Six cases of tuberculous spondylodiscitis (mean age, 45.5 years; 80% male) and 35 cases of pyogenic spondylodiscitis were evaluated (mean age, 56.6 years; 49% male). Demographic characteristics were recorded. Cases were assessed for anterior meningovertebral ligament destruction on MR imaging, as demonstrated by the shape of the epidural collection. Segmental location of the infection was also assessed. Independent 2-sample *t* tests and χ^2 tests of independence were performed to evaluate the significance of the difference between the groups.

RESULTS: Five of 6 (83.3%) cases of tuberculous epidural abscess had an intact anterior meningovertebral ligament, and 0/35 cases of pyogenic epidural abscess demonstrated an intact ligament ($P < .001$). The presence of an intact anterior meningovertebral ligament had 83.3% sensitivity and 100% specificity for tuberculous spondylodiscitis, a 100% positive predictive value, and a 97.2% negative predictive value.

CONCLUSIONS: The presence of an intact anterior meningovertebral ligament has high sensitivity and specificity for tuberculous spondylodiscitis-associated epidural abscess, though these results should be validated in a larger sample.

ABBREVIATIONS: TB = tuberculosis; CSF = cerebrospinal fluid

Infectious spondylodiscitis is an infection of the vertebral body and intervertebral disc and can be classified as either granulomatous (eg, mycobacterial and fungal), pyogenic (other bacterial organisms), or parasitic depending on responsible pathogen and the host response.¹ There may be associated paraspinal soft-tissue infection or epidural abscess, though this is not required for a diagnosis of infectious spondylodiscitis. *Staphylococcus aureus* is the causative organism in >75% of cases of bacterial spondylodiscitis,² resulting from either hematogenous spread or direct

extension from trauma or adjacent infection.³ Granulomatous spondylodiscitis, specifically tuberculous (TB) spondylodiscitis, is less common than pyogenic spondylodiscitis, with an estimated incidence of only 0.05/100,000 in the United States,⁴ though the incidence is higher in endemic regions.⁵ Differentiation of pyogenic and tuberculous spondylodiscitis is critical because early, targeted treatment can decrease mortality and long-term neurologic morbidity.

The posterior longitudinal ligament is apposed to the posterior vertebral body with direct fixation to the outer annulus fibrosis of the intervertebral disc. At the level of the midvertebral body, there is a midline, sagittally oriented septum (meningovertebral ligament) anchoring the posterior longitudinal ligament to the periosteum, effectively dividing the anterior epidural space into 2 discrete compartments to the right and left of the midline septum (Fig 1).^{6,7} The anatomy and composition of the multiple meningovertebral ligaments in both the anterior and posterior epidural spinal compartments were well-delineated in a study

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using data from in vivo imaging, postmortem anatomy, and microscopy, in which they were found to comprise compact collagen attached to an area of thickened vertebral body periosteum.⁸ Geers et al⁷ demonstrated that the polygonal, stellar, or y-shaped deformation of the dural sac seen in patients with epidural lipomatosis is attributable to the presence of meningovertbral ligaments. These ligaments, and particularly the anterior meningovertbral ligament, are variably affected by pathology involving the epidural space. Kim et al⁹ demonstrated that whereas epidural hematoma and pyogenic infection disrupt the ventral meningovertbral ligament, a neoplasm leaves this anterior septum intact. The purpose of this study was to determine whether the identification of the ventral meningovertbral ligament on MR imaging can help differentiate between TB and pyogenic spondylodiscitis. It is thought that unlike pyogenic spondylodiscitis, TB spondylodiscitis spares the intervertebral disc in the setting of early infection because it lacks the proteolytic enzymes necessary to breach the disc. We hypothesize that similarly, TB spondylodiscitis will

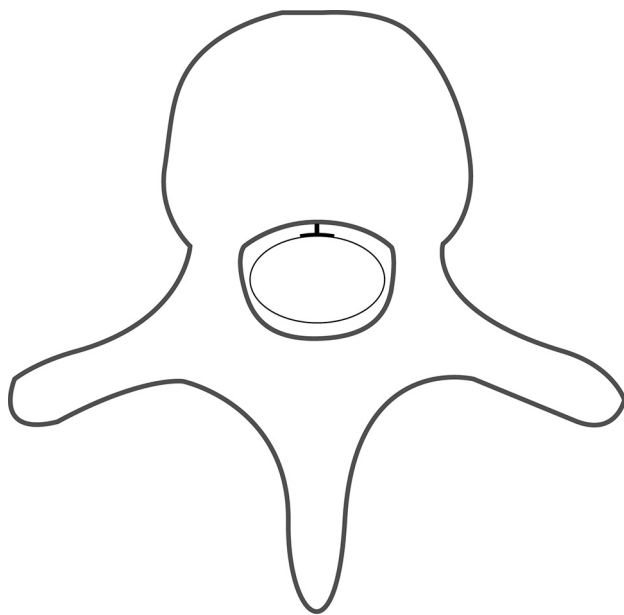


FIG 1. Graphic representation of normal anatomy. The anterior meningovertbral ligament anchors the periosteum to the posterior longitudinal ligament, effectively creating 2 distinct compartments.

not affect the anterior meningovertbral ligament in the setting of anterior epidural abscess.

MATERIALS AND METHODS

This Health Insurance Portability and Accountability Act–compliant retrospective cohort study was performed with approval of the institutional review board of Montefiore Medical Center. We identified all patients who had MR imaging of the cervical, thoracic, or lumbar spine between May 2014 and September 2019 performed in the inpatient or emergency department setting who also had any acid-fast bacillus lab test performed (culture or stain, derived from abscess, body fluid, blood culture, bone marrow, CSF, respiratory, tissue, or wound) using the Looking Glass clinical analytics (Streamline Health, Atlanta, Georgia). Four hundred seventy-one patients were identified, of whom 85 had epidural abscess as per the radiology report. Final pathology and chart review were performed, and cases were further classified as either pyogenic or TB spondylodiscitis established by positive culture or gram stain. Cases were excluded if there was a dorsal epidural abscess alone without ventral involvement ($n = 11$), postoperative/post traumatic infection ($n = 5$), no definite final diagnosis (patient lost to follow-up or died) ($n = 3$), no organism identified on culture ($n = 14$), phlegmon rather than organized abscess on imaging ($n = 11$), or final pathology demonstrated a noninfectious process ($n = 1$). The remaining 40 patients demonstrating a ventral epidural collection at the level of the vertebral body were included in the study. Demographics recorded included age, sex, and ethnicity and are provided in Table 1.

Spinal MRIs were acquired at multiple inpatient sites in our institution, using various 1.5T and 3T imaging systems including 1.5T Achieva, 1.5T Ingenia, 3T Intera, and 3T Ingenia MR imaging scanners (Philips Healthcare, Best, the Netherlands). Gadavist (gadobutrol) 0.1 mmol/kg (Bayer Schering Pharma, Berlin, Germany) intravenous contrast was administered. MR imaging sequences reviewed for each patient included axial and sagittal T2WI and T1WI with and without contrast. The imaging review was conducted by a team consisting of a Certificate of Added Qualification board-certified neuroradiologist (S.E.S. with 14 years' experience) and a fourth-year radiology resident (S.B.S. with 4 years' experience) using consensus review; a third Certificate of Added Qualification board-certified neuroradiologist (J.B. with 13 years' experience) adjudicated the differences when consensus could not be reached.

The third reviewer was necessary in 3 cases. All reviewers were blinded to the final diagnosis. A unanimous determination was made regarding whether the anterior meningovertbral ligament was intact versus violated.

An intact anterior meningovertbral ligament was defined as an epidural abscess at the level of the vertebral body with an umbilicated, bilobed, or unilobed appearance (Figs 2 and 3), whereas a destroyed ligament was defined as a collection along the posterior aspect of the vertebral body with a

Table 1: Demographic and clinical characteristics^a

	<i>M Tuberculosis</i> (<i>n</i> = 5)	<i>Pyogenic</i> (<i>n</i> = 35)	<i>P</i> Value
Age (mean) (SD, range) (yr)	45.5 (29.6, 11.4–82)	56.6 (15.8, 11.4–76)	.45
Sex			.19
Male (No.) (% total)	4 (80%)	17 (49%)	
Female (No.) (% total)	1 (20%)	18 (51%)	
Race/ethnicity (self-reported)			.97
White	2 (40%)	9 (26%)	
Black	2 (40%)	14 (40%)	
Hispanic	0	6 (17%)	
Other/unknown	1 (20%)	6 (17%)	
Duration of symptoms (mean) (SD, range) (days)	31.6 (23.6, 9–56)	22 (16, 1–67)	.15

^a For categoric variables, the frequency (No.) and percentage are reported. For continuous variables, the mean (SD) are reported.

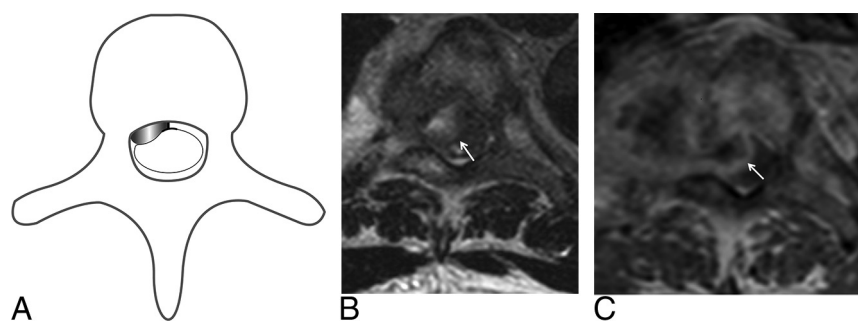


FIG 2. Preserved anterior meningovertebral ligament with a unilobed anterior epidural abscess. Graphic representation of a unilobed anterior epidural space abscess (A). Axial T2WI (B) and contrast-enhanced TIWI (C) show a unilobed appearance of the epidural abscess.

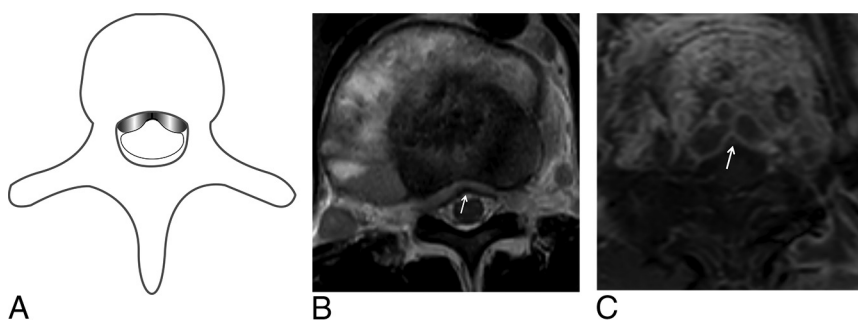


FIG 3. Preserved anterior meningovertebral ligament in 2 patients with bilobed anterior epidural abscess. Graphic representation of a bilobed anterior epidural space abscess (A). Axial T2WI (B) and contrast-enhanced TIWI (C) show a bilobed appearance of the epidural abscess in the setting of a preserved anterior meningovertebral ligament (arrow).

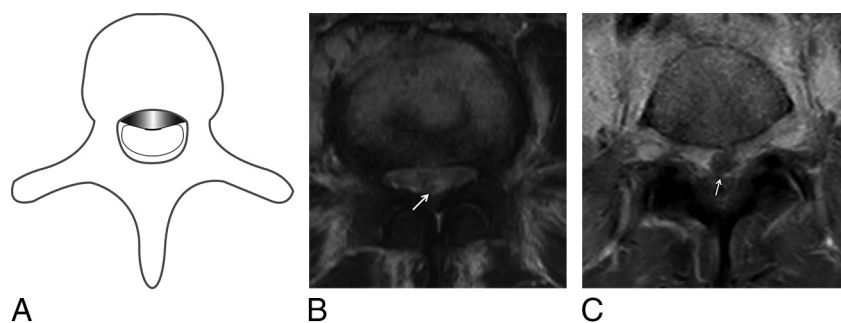


FIG 4. Destruction of the anterior meningovertebral ligament in 2 patients. Graphic representation of destruction of the anterior meningovertebral ligament (A). Axial T2WI (B) demonstrates destruction of the anterior meningovertebral ligament (arrow). Axial contrast-enhanced TIWI (C) in a different patient similarly demonstrates destruction of the anterior meningovertebral ligament (arrow). The apices of the collections are midline and convex and do not respect left-right boundaries.

dorsally convex midline apex and direct communication between the right and left compartments of the epidural space (Fig 4). Thus, the anterior meningovertebral ligament was not directly visualized, but rather, its status was inferred on the basis of the shape of the anterior epidural abscess. In addition, the segmental location of the anterior epidural abscess (cervical, thoracic, or lumbar) was recorded.

Statistical analyses were performed using SPSS (Versions 24 and 25; IBM, Armonk, New York). Demographic and imaging characteristics were compared between the groups with TB spondylodiscitis and pyogenic spondylodiscitis. A χ^2 test of

independence was used to assess significant difference in race/ethnicity between the 2 groups and segmental location of epidural abscess. Independent 2-sample *t* tests were performed to test for significant differences between the 2 groups in age. Sensitivity, specificity, and positive and negative predictive values were determined, and their confidence intervals were calculated using the Jeffreys method with EpiTools epidemiological calculators (2019 Ausvet; <http://epitools.ausvet.com.au/content.php?page=home>).

RESULTS

The demographic features of patients with TB spondylodiscitis and pyogenic spondylodiscitis are shown in Table 1. There were no significant differences between the 2 groups in age, sex, race/ethnicity, or segmental location of anterior epidural abscess. All patients included in the study had laboratory confirmation of the pathogen. Eighteen of 35 (51%) patients classified as having pyogenic osteomyelitis had laboratory confirmation of the pathogen based on biopsy, and 17/35 (49%) patients classified as having pyogenic osteomyelitis had confirmation of the pathogen based on positive blood cultures. The biopsy results are summarized in Table 2 several patients had >1 pathogen isolated. Of note, one of the patients with TB spondylodiscitis had 2 separate abscesses at remote spinal levels, which were counted as 2 different abscesses.

Prevalence of imaging features associated with tuberculous and pyogenic anterior epidural abscesses in the studied cohort are detailed in Table 3. There was a significant difference

between the 2 groups in terms of the appearance of the meningovertebral ligament, with 5/6 (83.3%) cases of tuberculous-associated anterior epidural abscess demonstrating an intact meningovertebral ligament, and 0/35 (0%) cases with pyogenic osteomyelitis-associated infection demonstrating an intact meningovertebral ligament ($P < .001$). The single case of tuberculosis with a destroyed meningovertebral ligament also demonstrated extensive vertebral body collapse (75% loss of vertebral body height). The presence of an intact anterior meningovertebral ligament had 83.3% sensitivity (95% confidence interval, 44.2%–98.1%), 100% specificity (95% confidence interval,

Table 2: Pyogenic Biopsy and Culture Results

Organisms Isolated	No.
<i>Staphylococcus</i> species	23
<i>Streptococcus</i> species	6
<i>Escherichia coli</i>	2
Other: <i>Klebsiella</i> , <i>Bacillus cereus</i> , <i>Proteus</i> , <i>Hemophilus</i> species, <i>Enterococcus</i> , <i>Enterobacter</i>	8

Table 3: Imaging features associated with TB-versus-pyogenic anterior epidural space abscess

	<i>M Tuberculosis</i> (n = 6)	Pyogenic (n = 35)	P Value
Anterior septum violated	1 (16.7%)	35 (100%)	<.001
Location			.90
Cervical	0	5 (14.3%)	
Thoracic	4 (66.7%)	8 (22.9%)	
Lumbar	1 (16.7%)	19 (54.3%)	
Thoracolumbar	1 (16.7%)	1 (2.9%)	
Lumbosacral	0	2 (5.7%)	

93%–100%), 100% positive predictive value (95% confidence interval, 62.1%–1%), and 97.2% negative predictive value (95% confidence interval, 88%–1%) for TB spondylodiscitis.

DISCUSSION

Mycobacterium tuberculosis is a Gram-positive acid-fast bacillus, which can primarily infect bone or secondarily spread to the axial skeleton via the Batson venous plexus from remote sites of disease. Several patterns of vertebral body infection are described in *M tuberculosis* spondylodiscitis, including central, anterior, posterior, and paradiscal. Tuberculosis occurs more often in the thoracic spine, followed by the lumbar spine.¹⁰ Late in the disease, osteolysis results from bone necrosis, causing spinal instability and the typical gibbus deformity to develop.¹⁰ Epidural abscess may be present in TB spondylodiscitis, particularly in association with paradiscal infection and can be difficult to differentiate from pyogenic osteomyelitis in the absence of other stereotypical features.¹⁰

Differentiation between pyogenic and TB spondylodiscitis is often a diagnostic challenge because few imaging features are shown to reliably distinguish the 2 entities. Moreover, approximately 43%–70% of percutaneous biopsies are culture-negative in the setting of pyogenic and TB spondylodiscitis, even with high clinical and radiologic suspicion, with only marginally improved percentages reported for open biopsies.^{11,12} In this study, we found that preservation of the anterior meningovertbral ligament had high sensitivity (83.3%) and specificity (100%) for the diagnosis of tuberculous infection in the setting of anterior epidural abscess, though these results must be interpreted with some degree of caution given the small sample size. The single case of culture-positive TB infection with a destroyed anterior meningovertbral ligament also demonstrated extensive vertebral body height loss (75% loss of vertebral body height). We postulate that the vertebral body damage itself was likely responsible for injury to the anterior meningovertbral ligament, rather than primary destruction due to the infection.

Several prior studies have examined imaging features that differentiate pyogenic from TB spondylodiscitis. Features favoring TB infection over typical pyogenic infection include intervertebral disc space sparing, posterior element involvement, extensive paraspinal soft-tissue involvement, multiple vertebral body involvement, a heterogeneous vertebral body enhancement pattern, and subligamentous spread.^{1,5,13,14} The status of the anterior meningovertbral ligament represents a novel addition to the existing body of literature and may serve as collateral information in cases in which both diagnoses are being entertained.

The anterior meningovertbral ligament has been shown to have an impact on the spread of disease in the context of noninfectious pathology. In the setting of degenerative disease, the anterior meningovertbral ligament limits transverse migration of extruded disc material.⁸ Schellinger et al⁶ initially described progressive destruction of this midline septum in the setting of infection and neoplasm, and Kim et al⁹ showed that a unilobed or bilobed appearance of a ventral epidural collection had a 76%–82% sensitivity and 73%–80% specificity in identifying neoplastic compared with nonneoplastic anterior epidural space lesions, including hematoma and infection. Hong et al¹⁵ noted that TB associated anterior paraspinal abscess of the thoracic spine will not encase the intercostal arteries due to an inability to breach the anterior longitudinal ligament. In the current study, the observed destruction of the anterior midline meningovertbral ligament in the setting of pyogenic spondylodiscitis is consistent with that previously reported; the observed preservation of the ligament in TB suggests that mycobacterial infection behaves more similar to neoplasm than to trauma or bacterial infection.

The pathophysiologic basis of the observed effects on the anterior meningovertbral ligament is likely related to the unique features of the microorganism. An explanation commonly given for the observed sparing of the intervertebral disc during early stages of infection is that TB characteristically lacks proteolytic enzymes.^{16–18} Additionally, as an aerobic organism, *M tuberculosis* requires greater arterial supply to survive and is therefore more slow-growing than other infectious organisms,¹⁹ taking up to 11.2 months before clinical signs present, compared with 6.4 months in patients with pyogenic spondylodiscitis.¹ Lack of proteolytic enzymes is an important factor that may explain why *M tuberculosis* infection typically spares the anterior meningovertbral ligament. Although the meningovertbral ligament varies in thickness between different spinal segments, increasing in thickness at the level of the lumbar spine, we found no significant difference between the pyogenic and TB cases in terms of segmental involvement.

There are several limitations to this study. First, the sample size is limited, with only 15% of total cases positive for tuberculosis. However, this limitation reflects the relatively low prevalence of tuberculosis in the studied population. The relatively high number of pyogenic cases improves the specificity and negative predictive value of this finding, while reducing the sensitivity and positive predictive value. Of note, the search criteria used to develop the cohort included only patients who underwent acid-fast bacillus testing. Therefore, while we did not capture all epidural abscesses in our institution during the study period; the study specifically addresses those cases in which both pyogenic and TB

infections were differential considerations and in which a radiologic sign might be of greatest utility in discriminating the 2 organisms. Finally, although all studies were performed at the same institution, not all studies were performed on the same scanner or with identical parameters, and the variability in image quality may potentially impact interpretation.

CONCLUSIONS

The presence of an intact anterior meningovertebral ligament on spinal MR imaging has high specificity, sensitivity, and negative predictive value for the diagnosis of TB spondylodiscitis, though these results remain to be validated in a larger sample. Attention to this subtle imaging feature might facilitate early pathogen-directed treatment and ultimately reduce morbidity and the length of stay in the setting of otherwise inconclusive clinical parameters.

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