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Increased Perviousness on CT for Acute Ischemic Stroke is Associated with Fibrin/Platelet-Rich Clots

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ABSTRACT

BACKGROUND AND PURPOSE: Clot perviousness in acute ischemic stroke is a potential CT imaging biomarker for mechanical thrombectomy efficacy. We investigated the association among perviousness, clot cellular composition, and first-pass effect.

MATERIALS AND METHODS: In 40 mechanical thrombectomy-treated cases of acute ischemic stroke, we calculated perviousness as the difference in clot density on CT angiography and noncontrast CT. We assessed the proportion of fibrin/platelet aggregates, red blood cells, and white blood cells on clot histopathology. We tested for linear correlation between histologic components and perviousness, differences in components between “high” and “low” pervious clots defined by median perviousness, and differences in perviousness/composition between cases that did and did not achieve a first-pass effect.

RESULTS: Perviousness significantly positively and negatively correlated with the percentage of fibrin/platelet aggregates ($P = .001$) and the percentage of red blood cells ($P = .001$), respectively. Higher pervious clots had significantly greater fibrin/platelet aggregate content ($P = .042$). Cases that achieved a first-pass effect ($n = 14$) had lower perviousness, though not significantly ($P = .055$). The percentage of red blood cells was significantly higher ($P = .028$) and the percentage of fibrin/platelet aggregates was significantly lower ($P = .016$) in cases with a first-pass effect. There was no association between clot density on NCCT and clot composition or first-pass effect. Receiver operating characteristic analysis indicated that clot composition was the best predictor of first-pass effect (area under receiver operating characteristic curve: percentage of fibrin/platelet aggregates = 0.731, percentage of red blood cells = 0.706, perviousness = 0.668).

CONCLUSIONS: Clot perviousness on CT is associated with a higher percentage of fibrin/platelet aggregate content. Histologic data and, to a lesser degree, perviousness may have value in predicting first-pass outcome. Imaging metrics that more strongly reflect clot biology than perviousness may be needed to predict a first-pass effect with high accuracy.


ABBREVIATIONS: AIS = acute ischemic stroke; AUC = area under the curve; CV = coefficient of variation; FP = fibrin/platelet aggregates; FPE = first-pass effect; MMI = Mattes mutual information; MT = mechanical thrombectomy; mTICI = modified TICI; RBC = red blood cells; ROC = receiver operating characteristic; WBC = white blood cells


CT is the most common imaging technique used to evaluate patients with acute ischemic stroke (AIS). Together, NCCT and CTA can provide valuable information about the occlusive clot, such as its location, length, and density.^{1–3} One parameter

derived from these images is clot permeability, or perviousness, which indicates the amount of contrast that diffuses through the clot tissue.^{1,4} Several clinical studies have claimed that perviousness may be an important indicator of how easily occlusive clots can be treated by tPA or mechanical thrombectomy (MT).^{1,5} However, the underlying biology behind why some clots are more pervious than others remains largely unknown.

Data are available on reasonable request. The data are composed of deidentified participant data and can be obtained upon request from Dr Vincent Tutino at vincentt@buffalo.edu.

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The advent of MT for the treatment of AIS has enabled the biologic investigation of retrieved clots by histopathology.⁶ Recent studies have shown large-scale heterogeneity in the composition of retrieved clots, in terms of the percentage of fibrin/platelet aggregates (FP), red blood cell (RBC), and white blood cells (WBC).⁷ Differences in clot composition have been associated with stroke etiology and MT treatment outcomes. In several studies, FP-rich clots have been found to be cardioembolic in origin⁸⁻¹⁰ and less responsive to revascularization attempts.^{6,10,11} Intrinsically, perviousness is likely to be related to the cellular composition of a clot because different biologic components have different densities and thus alter how soluble molecules diffuse through them.^{4,5} Experimental studies have shown that thrombi composed of higher fibrin fractions allowed greater contrast agent permeation than those packed with RBC.¹² Nevertheless, this association has not been established in clinical studies.

To this end, the goal of this study was to investigate the relationship between clot perviousness calculated at the time of admission CT and its histopathologic composition after retrieval by MT. Furthermore, to explore whether perviousness could be used to indicate MT effectiveness, we also explored the relationships among perviousness, composition, and MT outcome, measured by the first-pass effect (FPE).¹³ Characterization of the occlusive clot based on pretreatment NCCT/CTA could impact the clinical management of patients with AIS.

MATERIALS AND METHODS

Clinical Study Parameters

This study was approved by the institutional review board at the University at Buffalo (study 00002092). All methods were performed in accordance with the approved protocol, and written informed consent was obtained for all subjects. Clot samples and imaging were collected from patients receiving MT by either stent retriever, aspiration, or a combined therapy between November 2018 and November 2019 at the Gates Vascular Institute in Buffalo, New York. Patients considered for this study had the following criteria: 1) They had undergone MT for AIS due to an occlusive clot in the intracranial vasculature, 2) had pretreatment CT available with sufficient image quality and an identifiable clot, and 3) had a clot of sufficient size and quality for histopathologic analysis that was retrieved during MT. Cases were excluded for the following reasons: 1) They were lacking pretreatment CT, 2) had CT with insufficient quality (ie, unidentifiable clot), or 3) received intra-arterial tPA. Treatment success was assessed on DSA using the modified TICI (mTICI) score,¹⁴ which is based on the degree of reperfusion in the downstream territory of the original occlusion: mTICI 2b (50%–89% reperfusion), mTICI 2c (90%–99% reperfusion), or mTICI 3 (100% reperfusion). First-pass effect was defined as having achieved mTICI scores of 2c or 3 at the end of the first use of MT.¹³ Modified FPE was further defined as an mTICI score of 2b, 2c, or 3 after the first MT pass.¹³

CT

For all patients, CT was performed on an Aquilion ONE scanner (Canon Medical Systems). The tube voltage and tube current were set to 135 kV(peak) and 370–600 mA, respectively, for NCCT, and 120 kVp and 150–205 mA, respectively, for CTA.

The reconstructed voxel sizes for NCCT and CTA were set to $0.4 \times 0.4 \times 0.5 \text{ mm}^3$ and $0.5 \times 0.5 \times 0.5 \text{ mm}^3$, respectively. For CTA, Omnipaque 350 contrast agent (iohexol; GE Healthcare) was given at a rate of $\sim 5 \text{ mL/s}$ in CT perfusion during image acquisition. The CTA image with the lowest thickness (0.5 mm) and highest resolution was selected for analysis of the clot region.

Analysis of CT

Analysis of CT was blinded to clinical outcomes and clot composition. For clots that were hyperdense on NCCT images, no image registration techniques were used, and the CTA and NCCT images were placed side-by-side and Hounsfield units were calculated in the clot region on each image. For clots that were not hyperdense on NCCT, the CTA and the corresponding NCCT images were coregistered using the open source software, 3D Slicer (<https://www.slicer.org/>), which implemented the BRAINSFit algorithm (<https://www.slicer.org/wiki/Modules:BRAINSFit>) for mutual-information rigid registrations of whole-brain 3D images.¹⁵ During coregistration, we used the following input parameters: rigid ($df = 6$), 0.2% of samples (percentage of sampled pixels, high) and linear interpolation (to scale image size). After each coregistration, the Mattes mutual information (MMI), a quantitative measure of how similar the coregistered images are (higher MMI implies greater entropy reduction and better image alignment), was recorded and the coregistered images were inspected to ensure proper overlay. See Online Fig 1 for an example of coregistration. The average MMI across all 11 coregistered nondense cases was $92.2\% \pm 1.1\%$, with a range of 85.2%–98.7%, showing highly accurate coregistration across all cases. After coregistration, the occlusion on the CTA image was used to identify the clot in the corresponding location on the NCCT image, and the Hounsfield units (averaged from 2–3 regions) were obtained from both NCCT and CTA images.

As shown in Fig 1A, perviousness was calculated as the difference in Hounsfield units,¹⁶ in which larger differences indicate higher permeability. Cases were categorized as “high” or “low” perviousness based on a cutoff of the median perviousness across all cases in the dataset. Because clot density on NCCT may be independently associated with clot biology and FPE, we also recorded density on NCCT and categorized cases as high or low density based on a cutoff of the median density across all cases in the dataset.

We assessed the inter- and intrauser error in calculating clot perviousness and density in a subset of 10 representative cases (3 dense and 7 nondense; numbers chosen to maintain proportionality to entire dataset). The perviousness and density calculations were performed by the same trained operator in triplicate to calculate intrauser error in the measurement and were performed once by 2 additional trained operators to calculate interuser error among the 3 operators. The average intrauser error (with coefficient of variation [CV]) in perviousness and density on NCCT for dense ($\text{error}_{\text{perviousness}}: \pm 1.6 \text{ HU}$ [10.40%], $\text{CV} = 0.18$; $\text{error}_{\text{density}}: \pm 1.6 \text{ HU}$ [2.79%], $\text{CV} = 0.048$) and nondense ($\text{error}_{\text{perviousness}}: \pm 1.8 \text{ HU}$ [17.52%], $\text{CV} = 0.30$; $\text{error}_{\text{density}}: \pm 1.0 \text{ HU}$ [1.66%], $\text{CV} = 0.029$) clots was low. The average interuser error in perviousness and density for the dense ($\text{error}_{\text{perviousness}}: \pm 1.8 \text{ HU}$ [10.75%], $\text{CV} = 0.19$; $\text{error}_{\text{density}}: \pm 4.0 \text{ HU}$ [7.06%], $\text{CV} = 0.122$) and nondense ($\text{error}_{\text{perviousness}}: \pm 1.6$ [12.10%], $\text{CV} = 0.21$; $\text{error}_{\text{density}}: \pm 2.0 \text{ HU}$ [3.38%], $\text{CV} =$

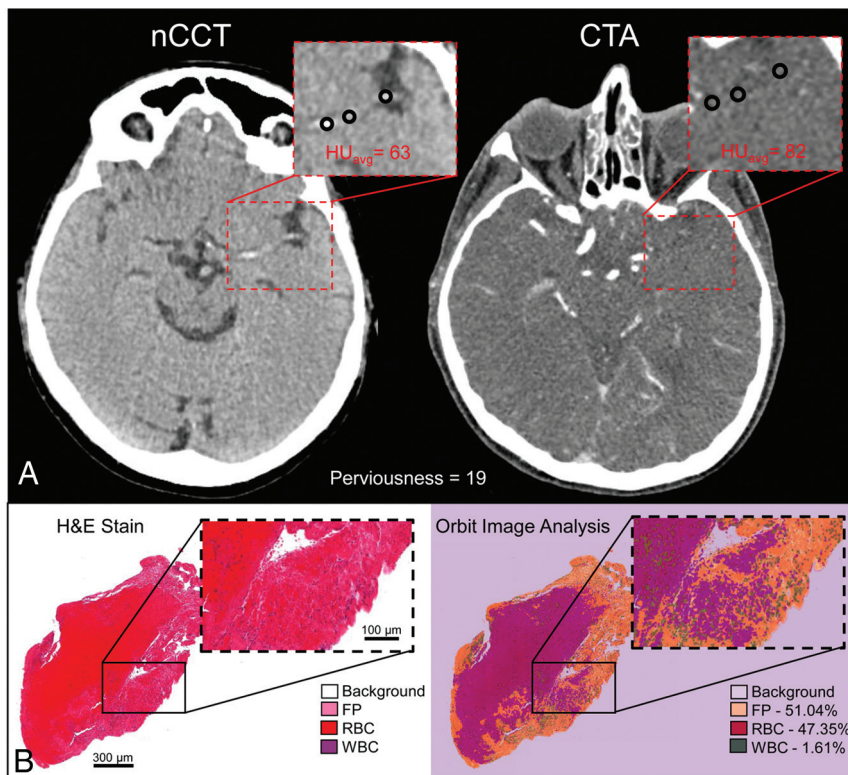


FIG 1. Data acquisition: calculation of perviousness and clot composition. *A*, Perviousness was calculated from the difference in Hounsfield units in the clot region between CTA and NCCT. *B*, To identify the percentage composition of major clot components, we analyzed H&E-stained slides (*left*) with Orbit Image Analysis (*right*, colorized output) to automatically identify %FP, %RBC, and %WBC.

0.059) clots was also low. There was no significant difference in error or CV between dense and nondense measurements and between intra- and interuser measurements (all $P < .05$, Student t test), showing good user agreement and reproducibility.

Clot Histology

For histologic analysis, clots were collected immediately after MT and stored in 10% phosphate buffered formalin for 24–28 hours, after which they were transferred to 70% ethanol. In the Histology Core Lab at the University at Buffalo's Jacobs School of Medicine and Biomedical Sciences, tissue was automatically prepared in a tissue processor, where it was serially infused with 70% ethanol, 90% ethanol, 100% ethanol, xylenes, and paraffin. All steps were performed under pressure to ensure proper infusion. Samples were then embedded in paraffin and sectioned at 4 µm. Sections were collected on SuperFrost Plus (Fisher) slides to ensure tissue adhesion. For H&E staining, samples were deparaffinized in xylene, incubated in serial solutions of ethanol (100%–50%), and hydrated in water. Next, they were incubated in hematoxylin for 7–8 minutes and washed and incubated in eosin for 1–2 minutes. Stained sections were then dehydrated in graded ethanol, cleared in xylenes, and mounted on a glass microscope slide with a xylene-based mounting medium. Stained slides were imaged by whole-slide scanning at 40× on the ImageScope digital histology platform (Leica Biosystems).

Quantification of Clot Composition

Quantification of clot composition was performed on digital histology images using the open source software, Orbit Image Analysis (www.orbit.bio) (Fig 1B).¹⁷ Before quantification, all slide images were adjusted to be of the same resolution, and errors in slide preparation (ie, small folds or debris) were manually removed from the image. Next, the Orbit Image Analysis software trained machine learning algorithms for image segmentation, classification, and quantification using a support vector machine based on a sliding window feature-extraction approach.¹⁷ The models for classification and quantification of histology were adjusted for inter- and intraslide variability in H&E staining by manually marking regions of RBC, WBC, and FP aggregates as representative regions for the model to be retrained/adjusted. Once trained, these models were applied to the entire slide, classifying each pixel. This pipeline was used to identify regions of FP, RBC, and WBC and to calculate their percentage across each slide.

Statistical Analyses

All analysis was performed in Matlab (Version 2020a; MathWorks). Pearson correlation tests were performed to assess the correlation between 2 continuous variables. We used univariate tests to assess significant differences among groups. Shapiro-Wilk tests were performed to test parameters for normality. To test parameters for significance, we performed a Student t test (for normally distributed parameters) or a Mann-Whitney U test (for non-normally distributed parameters). Data values were reported as mean \pm standard error. To test significant differences between 2 categorical variables, we performed a χ^2 test. A parameter was deemed significant at $P < .05$.

RESULTS

Patient Characteristics

A total of 40 patients with AIS were included in this study. Clinical parameters, treatment methods, mTICI scores, and pre- and post-treatment NIHSS score are summarized in the Table. Occlusions were primarily located at the MCA (67.5%), supraclinoid ICA (20%), and basilar artery (12.5%) and were treated with stent retrievers (2.5%), direct aspiration alone (12.5%), or a combination therapy (85%). A total of 14 of the 40 (35%) cases achieved FPE (21/40 [(52.5%) cases achieved a modified FPE). The average density on NCCT and CTA images for clot regions was 59.42 ± 0.88 HU and 85.40 ± 2.31 HU, respectively. The corresponding perviousness values ranged from 5 to 62, with an average perviousness

Baseline clinical parameters with clot locations, treatment information, and treatment outcomes

Sample Characteristics (n = 40)	
Age (mean \pm SE) (yr)	71 \pm 2.37
(median) (Q1/Q3)	74 (64/81)
Sex, female/male (No.) (%)	22 (55%):18 (45%)
Clot location (No.) (%)	
Middle cerebral artery	27 (67.5%)
Internal carotid artery	8 (20%)
Basilar artery	5 (12.5%)
Treatment method (No.) (%)	
Stent retriever alone	1 (2.5%)
Aspiration alone	5 (12.5%)
Combination therapy	34 (85%)
IV-tPA administration (No.) (%)	12 (30%)
Cases with FPE achieved (No.) (%)	14 (35%)
Cases with modified FPE achieved (No.) (%)	21 (52.5%)
Mean No. of passes (mean \pm SE)	2 \pm 0.22
Range (minimum–maximum)	1–6
mTICI score postrecanalization (No.) (%)	
0	0 (0%)
1	0 (0%)
2a	1 (2.5%)
2b	18 (45%)
2c	6 (15%)
3	15 (37.5%)
NIHSS (mean \pm SE)	
Pretreatment	15 \pm 1.42
Posttreatment	8 \pm 1.27

Note:—Q indicates quartile; SE, standard error.

of 26.38 ± 2.26 HU. On the basis of the median perviousness (23.5 HU), we delineated “lower” perviousness clots as those with <23.5 HU, and “higher” perviousness clots as those with >23.5 HU. This cutoff system was markedly similar to others reported in the literature; eg, Santos et al¹⁸ found an optimal perviousness cutoff of ≥ 23 HU to define high-pervious clots in a dataset of 308 patients with AIS treated with tPA. For analysis of clot density on NCCT, we also used the median clot density from NCCT (60 HU) to independently define low-density clots as those with <60 HU and high-density clots as those with >60 HU.

Clot Composition Was Correlated with Clot Perviousness but Not Density

We first explored the relationship between clot presentation on CT and composition. For all clots, the average percentage composition of FP, RBC, and WBC was $50.62\% \pm 3.83\%$, $43.43\% \pm 3.81\%$, and $5.95\% \pm 0.50\%$, respectively. As shown in Fig 2A–C, Pearson correlation analysis revealed a significant positive linear correlation between the %FP and perviousness ($r = 0.496$, $P = 0.001$) and a significant negative linear correlation between %RBC and perviousness ($r = -0.491$, $P = 0.001$). No significant relationship between %WBC and perviousness was observed ($r = -0.057$, $P = 0.726$). Conversely, there was no significant correlation between clot density on NCCT and clot composition (%FP, $r = -0.004$, $P = 0.978$; %RBC: $r = 0.009$, $P = 0.955$; %WBC: $r = -0.036$, $P = 0.825$) (Fig 2D–F).

Comparing composition between clots with higher and lower perviousness in Fig 3A, we found that the %FP in higher perviousness clots ($54.63\% \pm 5.76\%$) was statistically significantly greater than that in lower perviousness clots ($39.87\% \pm 4.00\%$) ($P = .042$). On the other hand, the %RBC in clots with higher perviousness

($38.40\% \pm 5.72\%$) was statistically significantly lower than in those with lower perviousness ($53.23\% \pm 3.99\%$) ($P = .040$). The difference in %WBC between the high ($6.97\% \pm 0.55\%$) and low ($6.90\% \pm 0.62\%$) perviousness groups was not statistically significant ($P = .936$). When density on NCCT alone was considered, differences in biologic composition between higher and lower density clots were less pronounced. Higher density clots had greater %RBC ($50.67\% \pm 4.55\%$ versus $45.26\% \pm 5.58\%$, $P = .493$) and %WBC ($7.63\% \pm 0.62\%$ versus $6.27\% \pm 0.57\%$, $P = .147$) and lower %FP ($41.70\% \pm 4.34\%$ versus $48.47\% \pm 5.65\%$, $P = .388$), but the differences were not statistically significant (Fig 3B).

Because some patients in the preceding analysis had received IV-tPA during the first 4.5 hours after symptom onset, but before imaging, we tested whether the administration of IV-tPA affected our observations. We again compared %FP, %RBC, and %WBC in high-versus-low perviousness and density clots, this time separating cases that were given IV-tPA from those that were not. These data showed that the trend of greater %FP and lesser %RBC in higher perviousness clots was still evident regardless of IV-tPA administration. However, some differences did not reach statistical significance, likely due to the decreased sample size in these small subcohorts (Online Fig 2).

First-Pass Effect is Correlated with Clot Composition, but Not Perviousness

We also explored the relationship between clot presentation on CT and FPE and observed lower perviousness in cases that achieved FPE (20.50 ± 2.82 HU versus 29.58 ± 2.98 HU in cases that did not achieve FPE, Fig 4A). However, this difference was not statistically significant ($P = .055$). There was no significant difference in clot density on NCCT between cases that did (59.64 ± 1.74 HU) and did not achieve FPE (59.31 ± 1.09 HU, $P = .859$). On the other hand, we did observe that the %FP on histology was statistically significantly lower in cases that achieved FPE ($38.25\% \pm 4.45\%$) compared with those that did not ($57.29\% \pm 4.95\%$) ($P = .016$) (Fig 4B). Furthermore, %RBC on histology was statistically significantly higher in cases that achieved FPE ($54.69\% \pm 4.41\%$) compared with cases that did not ($37.36\% \pm 5.01\%$) ($P = .028$). The difference in %WBC between cases that did ($7.06\% \pm 0.71\%$) and did not achieve FPE ($5.35\% \pm 0.64\%$) was not statistically significant ($P = .103$). On the basis of these data, post hoc power analysis demonstrated an average power of 0.78 in detecting differences in these significant parameters (%FP, power = 0.82; %RBC, power = 0.74) given our sample size, and an $\alpha = .05$. Analogous results were also observed when modified FPE was considered (Online Fig 3).

To explore whether IV-tPA administration affected these observations, we performed our analysis on the subcohorts that either were and were not given IV-tPA. Yet again, similar trends were observed regardless of IV-tPA administration. The most significant differences were seen in the subcohort with IV-tPA administration (cases without IV-tPA administration showed similar trends but no statistically significant differences in these parameters between cases with and without FPE) (Online Fig 4).

To determine predictive ability of perviousness and histologic parameters in assessing FPE, we performed receiver operating characteristic (ROC) analysis on our data. The ROC curves in Fig 4 show that %FP and %RBC were the best predictors of FPE

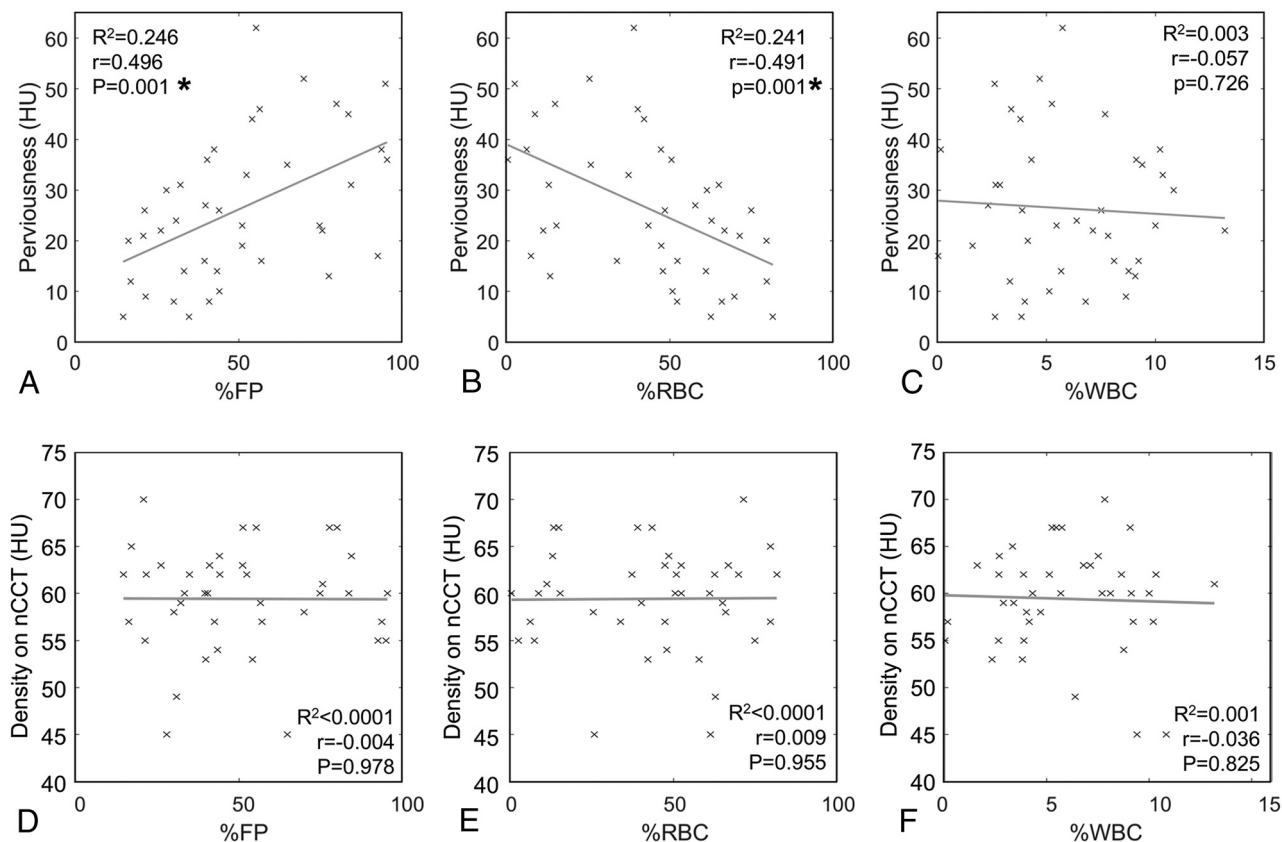


FIG 2. Correlation of perviousness and density with clot biology. *A*, Pearson correlation of perviousness and %FP shows a statistically significantly positive association. *B*, Pearson correlation of perviousness and %RBC shows a statistically significantly negative association. *C*, Pearson correlation of perviousness and %WBC shows no significant relationship. *D*, Pearson correlation of density on NCCT and %FP shows no association. *E*, Pearson correlation of density on NCCT and %RBC shows no association. *F*, Pearson correlation of density on NCCT and %WBC shows no association. The asterisk indicates statistical significance ($P < 0.05$).

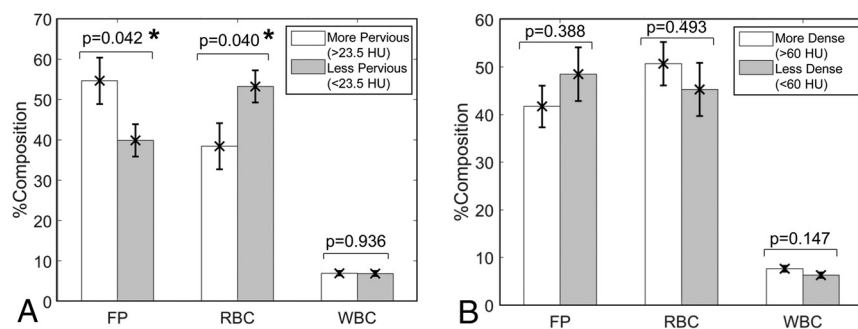


FIG 3. Difference in clot biology in high-versus-low perviousness and density clots. *A*, Significantly greater %FP and lower %RBC were evident in higher pervious clots (>23.5 HU, $n=20$) compared with lower pervious clots (<23.5 HU, $n=20$). *B*, There was no significant difference in %FP, %RBC, or %WBC in higher density clots (>60 HU) compared with lower density clots (<60 HU). The asterisk indicates statistical significance ($P < 0.05$).

(%FP: area under the curve [AUC] = 0.731, %RBC: AUC = 0.706), while perviousness on NCCT/CTA had moderate predictive ability (AUC = 0.668). Clot density on NCCT performed inferior to all other metrics with an AUC = 0.571. Similar results were observed when modified FPE was used as the predictive end point (Online Fig 3).

ROC analysis, %FP and %RBC on histology and (to a lesser extent) perviousness on imaging potentially had value in predicting FPE by MT.

In exploring the relationship between clot composition and perviousness, we found that the %FP was significantly positively correlated with perviousness. On the basis of a 23.5-HU (median

DISCUSSION

In this preliminary study, we explored the utility of perviousness as a pre-MT imaging parameter by investigating the relationship among perviousness, clot composition, and MT treatment effectiveness (ie, FPE). Our results demonstrated a statistically significant correlation between perviousness and clot composition, with higher perviousness associated with greater %FP. There was no significant correlation between clot composition and density measured on NCCT. Furthermore, we found that clots from cases that achieved FPE had statistically significantly higher %RBC and lower %FP. From

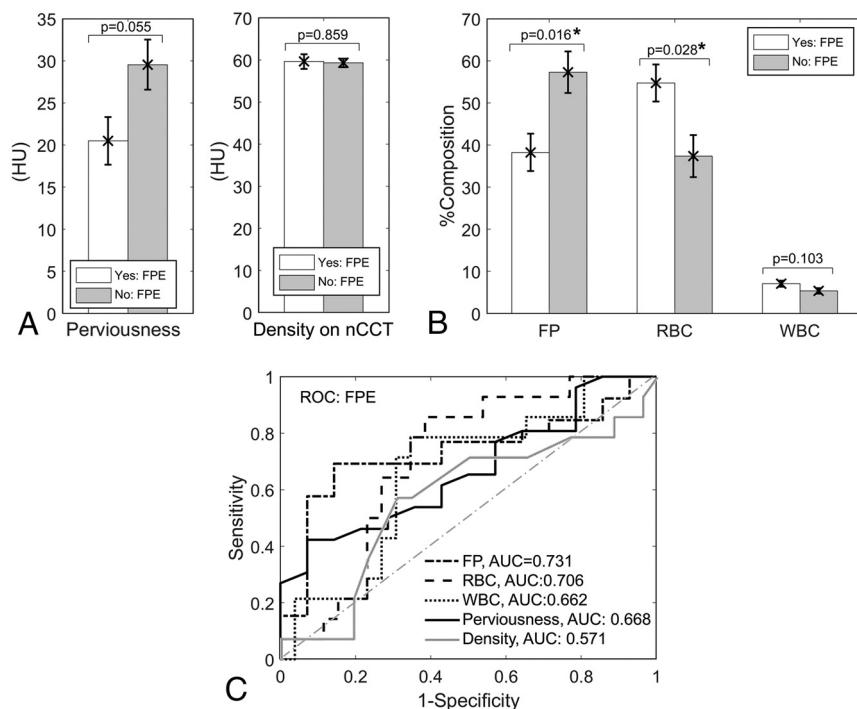


FIG 4. Association of perviousness and clot biology with first-pass success. A, Cases that achieved a first-pass effect had lower perviousness compared with cases that did not achieve a first-pass effect, albeit the difference was not statistically significant. There was little difference between cases that achieved first-pass effect when considering clot density on NCCT alone. B, Clots from cases with a first-pass effect had statistically significantly lower %FP and higher %RBC. C, ROC analysis demonstrated that clot composition (and, to a lesser extent, perviousness) has the ability to predict first-pass effect. The asterisk indicates statistical significance ($P < 0.05$).

perviousness) cutoff, we also found statistically significantly higher %FP and lower %RBC in those with higher perviousness compared with clots with lower perviousness. This trend seemed to exist independent of whether the patient had previously received IV-tPA. These results are similar to those published by Berndt et al,¹⁹ who also investigated the relationship between MT-retrieved clots and perviousness on NCCT/CTA. On the basis of Pearson correlation analysis, they also found that the %FP and the %RBC were positively and negatively related to perviousness, respectively. Remarkably, their correlation coefficients ($FP \propto perviousness = 0.45$; $RBC \propto perviousness = -0.49$) were patently similar to ours ($FP \propto perviousness = 0.50$; $RBC \propto perviousness = -0.49$).

Only 1 other study has explored the relationship between clot composition and perviousness in MT-treated patients with AIS. In a study of $n = 57$ patients, Benson et al²⁰ dichotomized both perviousness and clot composition (RBC-rich versus FP-rich) and found that the pervious group consisted of a higher fraction of clots in the RBC-rich group. This contradictory result is likely because unlike in our study and that of Berndt et al,¹⁹ Benson et al²⁰ did not directly investigate the association between clot composition and perviousness (both of which are continuous variables). Due to their statistical methods, it is difficult to reliably interpret these findings. One must be careful when dichotomizing variables, especially with both independent and dependent variables as in Benson et al,²⁰ because dichotomization is known to reduce statistical power and increase the risk of false-positive results.²¹ Thus, we chose to first

perform Pearson correlation analysis to assess the relationship between perviousness and clot composition in our study in an unbiased manner.

The relationship between increased perviousness and increased %FP has also been shown in *in vitro* reports. Borggrefe et al¹² explored thrombus composition of histologically-defined ovine blood clots with NCCT and CTA using spectral-detector CT and found that higher FP content was an independent predictor of the increase in thrombus density (ie, perviousness).¹² They speculated that this phenomenon occurred because fibrin proteins can have an intrinsic affinity to iodine, as shown in several benchtop studies.^{22,23} Their affinity to iodine could cause them to retain contrast media and therefore exhibit higher perviousness. Alternatively, the observed relationship may exist because tightly-packed RBC (that have impenetrable cell walls and may exist in dense rouleaux) can be trapped in fibrin filaments and inhibit blood flow,^{24,25} while porous fibrin meshes can allow contrast agent to penetrate into the clot more easily.^{8,26} Indeed, this difference could be a reason why higher perviousness has been related to treatment success by tPA

in several studies, because increased fluid penetration into the clot may bolster the effectiveness of tPA.^{1,18}

Another goal of our study was to determine the relationship between FPE and clot composition and perviousness. Our data show that cases of FPE had significantly more %RBC than those that did not achieve FPE, which, in turn, had significantly greater %FP. This trend was also evident in both subcohorts of patients who did and did not receive IV-tPA. In the clinical literature, it has been widely demonstrated that fibrin-rich clots are more difficult to retrieve (ie, take multiple passes) than RBC-rich clots.^{11,27} Poorer MT device integration in FP-rich thrombi may be due to the high static coefficient of friction, as demonstrated by Gunning et al.²⁸ This can result in increased adherence to the vessel wall and decreased compressibility of fibrin-rich clots.²⁰ Conversely, high RBC density has been associated with successful recanalization after thrombectomy and reduced thrombectomy procedure time.²⁷

While clot biology was significantly related to FPE, we did not find a statistically significant association between perviousness and FPE, even though perviousness and clot composition were correlated with each other. This result may be because of their weak relationship seen on Pearson correlation analysis, which could lead to information loss when inferring clot composition from perviousness.¹² It is possible that a larger sample size would find a more robust correlation. Studies on the relation between clot perviousness and FPE remain scant; only 1 report, Byun et al,²⁹ compared FPE with CT parameters across 58 cases of AIS treated by stent retrievers. They also

demonstrated that perviousness did not predict FPE or overall successful recanalization. However, even though it was not significant on univariate examination, our ROC analysis demonstrated that perviousness had moderate ability in predicting FPE (AUC = 0.668). Thus, we postulate that other, more informative parameters or combinations of parameters (ie, clot length,² device angulation,³⁰ or higher-level radiomics features³¹) that more closely reflect the biology or morphology of the occlusive clot could provide better prediction of FPE from pretreatment imaging.

In addition to perviousness, we also investigated the relationship between clot density on NCCT and clot composition and FPE in this study. Unlike perviousness, Pearson correlation analysis did not show any linear relationship between density and biologic composition. We did, however, observe that higher density clots tended to have greater %RBC, albeit the difference was not statistically significant. This trend echoes other findings in the literature, which have demonstrated that increased %RBC is associated with hyperdensity on CT imaging.^{12,25,32} Similar to perviousness, clot density on NCCT showed no statistically significant difference between cases that did and did not achieve FPE. Yet on ROC analysis, density had a much lower AUC than perviousness, suggesting that density has little predictive ability for FPE. These results are similar to the report by Jagani et al,³³ who studied $n = 80$ cases of MT treated with aspiration, a stent retriever, or a combination therapy and found no association between clot density and successful recanalization. Another study from the Multicenter Randomized Clinical Trial of Endovascular Treatment for Acute Ischemic Stroke in the Netherlands (MR CLEAN) Registry Investigators³⁴ investigated a total of 408 patients with AIS, calculating a gamut of imaging parameters such as location, clot burden score, thrombus length, and clot density and found that clot density was not significantly associated with functional outcome measured using the mRS, degree of reperfusion (TICI), or duration of endovascular treatment. However, at least 1 other study has demonstrated a significant association between density and first-pass outcome.³⁵ Thus, further research in larger datasets is likely required to elucidate the relationship between perviousness and density and MT effectiveness measured by FPE.

Our study has limitations. First, to increase our sample size, we did not control for some variables that may affect our results. Specifically, we included cases of MT that used all endovascular approaches and cases that both did and did not receive IV-tPA before MT. To explore whether IV-tPA affected our results, we performed subcohort analyses and observed little influence of IV-tPA (Online Figs 2 and 4). Larger sample sizes will be required to further establish relationships among perviousness, clot biology, and MT outcomes in more controlled populations (ie, cases using only 1 type of MT therapy). We also note that the calculation of perviousness is highly dependent on both image coregistration and the neuroradiologist's ability to identify the clot region. We investigated these factors by calculating the MMI for each coregistered case and by calculating inter- and intrauser error for image-derived parameters (perviousness and density from NCCT) in a subset of our data. Our results showed that there was high coregistration accuracy (MMI = 92.2%) and low inter- and intrauser calculation error (>15% across dense and nondense clots), though measurement of density on NCCT alone had a much lower error. In the

future, automated software platforms for segmenting the clot region in the NCCT and CTA image pairs could make the calculation of perviousness more accurate and reproducible.

CONCLUSIONS

The goal of this preliminary study was to investigate the relationship between clot perviousness and the biology of the retrieved clot and to test whether perviousness could directly predict FPE. We found that greater perviousness was related to higher %FP composition. The biologic composition of the clot was significantly related to FPE, with higher %FP clots being more difficult to retrieve in the first pass. From ROC analysis, there was only a moderate ability of perviousness to predict FPE. Imaging metrics that more strongly reflect clot biology or multivariate predictive models may be needed to more accurately predict FPE on pretreatment imaging.

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