Safety and Efficacy of the Woven EndoBridge Device for Treatment of Ruptured Intracranial Aneurysms: A Systematic Review and Meta-analysis

M.A. Essibayi, G. Lanzino, and W. Brinjikji

ABSTRACT

BACKGROUND: The Woven EndoBridge device has been increasingly used to treat wide-neck aneurysms, particularly ruptured ones.

PURPOSE: Our aim was to investigate the safety and efficacy of the Woven EndoBridge device in the treatment of ruptured intracranial aneurysms.

DATA SOURCES: All studies evaluating the outcomes of Woven EndoBridge device use in the treatment of ruptured intracranial aneurysms from inception through 2020 were searched on Ovid Evidence-Based Medicine Reviews, EMBASE, MEDLINE, Scopus, and the Web of Science Core Collection.

STUDY SELECTION: Eighteen studies encompassing 487 patients with 496 ruptured aneurysms treated with the Woven EndoBridge device were included.

DATA ANALYSIS: We studied rates of rerupture and retreatment, angiographic outcomes at the last follow-up point, complications, and mortality rates. Data were collected on anticoagulation and antiplatelet use. Meta-analysis was performed using the random effects model.

DATA SYNTHESIS: The rate of late rebleeding was 1.1% (95% CI, 0.1%–2.1%). The treatment-related perioperative complication rate and the overall clinical complication rate were 13.2% (95% CI, 9.2%–17.2%) and 3.2% (95% CI, 1.6%–4.7%), respectively. Thirteen hemorrhagic (2%; 95% CI, 0.8%–3.3%) and 41 thromboembolic (6.8%; 95% CI, 4.6%–9%) complications occurred. Favorable clinical outcomes were achieved in 85% of patients. Procedure-related mortality and overall mortality rates were 2.1% (95% CI, 0.8%–3.3%) and 11.5% (95% CI, 7%–16%), respectively. At last follow-up, an adequate occlusion rate was 87.3% (95% CI, 82.1%–92.4%) and the retreatment rate was 5.1% (95% CI, 3%–7.3%).

LIMITATIONS: Our meta-analysis is limited by selection bias and high heterogeneity.

CONCLUSIONS: This meta-analysis demonstrated the safety and efficacy of the Woven EndoBridge device in the management of ruptured aneurysms, but further studies are needed.

ABBREVIATION: APT = antiplatelet therapy

In recent years, the Woven EndoBridge device (WEB; MicroVention) has been increasingly used for the endovascular treatment of wide-neck aneurysms, particularly ruptured ones. One of the advantages of the WEB device in the treatment of ruptured intracranial aneurysms compared with other nontraditional techniques (ie, stent-assisted coiling or flow diversion) is that dual antiplatelet therapy is not necessary.1 A few series have detailed the use of the WEB device in patients with ruptured aneurysms. However, these studies are relatively small and represent early experience. To assess the technical success rate, effectiveness, safety, and early follow-up of patients with aneurysmal SAH treated with the WEB device in the acute phase, we performed a systematic review and meta-analysis of published series.

MATERIALS AND METHODS

Search Strategy

The literature was searched by a medical librarian for “Woven EndoBridge (WEB)” or “flow diverter” combined with “aneurysm” and its variants in accordance with the Preferred...
Adequate occlusion was assessed according the occlusion scale.

Studies with a high and moderate risk of bias, and studies with a low risk of bias were identified as high-quality studies. Low-quality studies included defined as midterm follow-up. Low-quality studies included defined as short-term follow-up, and procedure-related and overall mortality rates. If rhagic and thromboembolic complications, favorable clinical rates, safety outcomes including WEB device. This primary outcome was chosen because the primary goal of treating a ruptured aneurysm is to prevent rerupture. WEB Device, or WEB Device,

To evaluate WEB device efficacy, we identified our primary and secondary outcomes. The primary one was rebleeding (rerupture) of the aneurysm after the deployment of the WEB device. This primary outcome was chosen because the primary goal of treating a ruptured aneurysm is to prevent rerupture. Secondary outcomes included occlusion status of the aneurysm at the last follow-up point available in each study, retreatment rates, safety outcomes including WEB device–related hemorrhagic and thromboembolic complications, favorable clinical outcome represented by mRS scores between 0 and 2 at last follow-up, and procedure-related and overall mortality rates. If the patients had been followed up for >1 year, 1-year occlusion status was selected as the end point. Short-term follow-up was defined as <1-year follow-up, while ≥1-year follow-up was considered midterm follow-up. Low-quality studies included studies with a high and moderate risk of bias, and studies with a low risk of bias were identified as high-quality studies. Adequate occlusion was assessed according the occlusion scale mentioned in each study, which generally included complete aneurysm occlusion or small neck remnant. Data were also collected concerning anticoagulation and antiplatelet use.

**Study Risk of Bias Assessment**

We used the Newcastle-Ottawa Quality Assessment Scale for case-control studies tool to assess the risk of bias in our included studies. Although this tool was designed for the comparative studies, we modified it, focusing on 5 questions: 1) Did the study include all patients or consecutive patients versus a selected sample; 2) was the study retrospective or prospective; 3) was angiographic and clinical follow-up satisfactory, thus allowing ascertainment of all outcomes; 4) were outcomes clearly reported; and, 5) were the operators treating the patients, the same ones who assessed angiographic and clinical outcomes?

**Statistical Analysis**

The cumulative incidence (event rate per patient at the end of the study) for each study was estimated, along with 95% confidence intervals. Because we anticipated marked heterogeneity in the populations and interventions across various included studies, a random effects model was used to pool incidence rates across studies. The I² statistic was used to express the proportion of inconsistency not attributable to chance. Analyses including subgroup meta-analysis were conducted using OpenMeta[Analyst] open-source statistical software (http://www.cebm.brown.edu/openmeta/).
Primary Outcomes
The primary outcome (aneurysm rerupture after treatment with the WEB device) occurred in 1.1% of cases (95% CI, 0.1%–2.1%) (4/423 aneurysms): 0.8% (95% CI, 0.3%–2%) and 1.7% (95% CI, 0.1%–3.5%) in the studies with short- and midterm follow-ups, respectively. The rate of rerupture per month during follow-up was 0.2% (95% CI, 0.0%–0.3%).

Secondary Outcomes
A total of 285 patients from 16 studies had angiographic occlusion outcomes reported. Adequate occlusion was achieved after short-term follow-up in 193 of 216 patients (91.7%; 95% CI, 87.4%–95.9%) and after midterm follow-up in 77 of 94 patients (77%; 95% CI, 68.6%–85.4%). In total, 245 patients showed adequate occlusion (87.3%; 95% CI, 82.1%–92.4%) at last follow-up. Adequate occlusion was reported in 78.1% (95% CI, 69.4%–86.8%) among studies with high quality (low risk of bias) and 93.4% (95% CI, 90%–96.9%) among studies with low quality (high or moderate risk of bias). The mean length of follow-up ranged from 3 to 15 months, with a median of 7 months. During follow-up, 27 aneurysms required retreatment (5.1%; 95% CI, 3%–7.3%), 5.8% (95% CI, 2.8%–8.7%) at short-term and 6% (95% CI, 1.2%–10.9%) at midterm follow-up. The treatment-related perioperative complication rate was 13.2% (95% CI, 9.2%–17.1%). Only a minority of these complications (24.4%; 95% CI, 14.5%–34.3%) resulted in prolonged clinical deterioration or permanent neurologic deficits; thus, the overall clinical complication rate related to WEB device deployment was 3.2% (95% CI, 1.6%–4.7%), 13 hemorrhagic (2%; 95% CI, 0.8%–3.3%) and 41 thromboembolic (6.8%; 95% CI, 4.6%–9%) complications. At short- and midterm follow-up, 210 of 250 patients (85%; 95% CI, 78%–92.1%) and 55 of 64 patients (86.7%; 95% CI, 78.5%–95%) showed favorable clinical outcomes (mRS 0–2), respectively. Twelve patients died in the perioperative period as a result of procedure-related complications (2.1%; 95% CI, 0.8%–3.3%). The all-cause mortality rate was 11.5% (95% CI, 7%–16%).

Antiplatelet Therapy
Routine antiplatelet therapy (APT) was not used in 10 included studies, while in 8 studies, APT was routinely given before and after the procedure either as monotherapy or dual therapy for variable time intervals. Many studies reported the use of dual antiplatelet therapy for 1–2 months in cases in which a thromboembolic complication occurred or an additional device was deployed. In those who received any APT, the rate of thromboembolic and treatment-related overall complications was 7.4% (95% CI, 3.2%–11.5%) and 14.3% (95% CI, 6.1%–22.4%), respectively. In studies in which no routine APT was used, the rates of thromboembolic and treatment-related overall complications were 6.5% (95% CI, 4%–9.1%) and 13.1% (95% CI, 8.5%–17.7%), respectively. The procedure-related primary and secondary outcomes and details of the APT use are explained in the Online Supplmental Data. The forest plots of the meta-analysis of the outcomes are shown in the Figure and the Online Supplemental Data.

Risk of Bias
Of 18 studies, the rate of bias was low in 5, moderate in 10, and high in 3 studies. The smallest study had 5 patients with 5 ruptured aneurysms, and the largest study included 100 patients with 106 aneurysms (100 ruptured aneurysms).

DISCUSSION
This systematic review and meta-analysis of 18 cohort studies demonstrates that primary treatment of ruptured intracranial aneurysms with the WEB device is both safe and effective, with rerupture rates of approximately 1% and a perioperative complication rate of 13%, with most of these not resulting in additional clinical deficits. At long-term follow-up, >85% of the aneurysms showed adequate obliteration, suggesting that in general, the obliteration rate of ruptured aneurysms treated with the WEB device is high. These findings are important because they suggest that the WEB device could potentially be used routinely in the treatment of ruptured wide-neck bifurcation aneurysms.

One commonly used technique for the treatment of wide-neck bifurcation aneurysms is stent-assisted coiling. Several series have recently been published examining the efficacy of stent-assisted coiling in the treatment of ruptured aneurysms.22 In a recently published meta-analysis by Bsat et al,23 the rates of post-interventional rebleeding (2.5%) and hemorrhagic complications (8.7%) were higher than the rates of these complications in the setting of WEB device deployment according to our meta-analysis. The risk of thromboembolic complications in the meta-analysis of Bsat et al was 9.1%, and this is also higher than that found in our study (6.8%). Another meta-analysis published in 2019 compared the rate of perioperative complications for ruptured intracranial aneurysms treated with stent-assisted coiling with the rate of those treated with simple coiling and reported a 20.2% complication rate for the stent-assisted coiling group versus 13.1% for the coiling-only group.23 Nevertheless, the rate of perioperative complications in our meta-analysis was lower (13.2%) than that in the stent-assisted coiling group and similar to the that in the coiling group. Thus, intrasaccular flow-diversion treatment with the WEB may be safer than stent-assisted coiling and as safe as primary coiling for treating wide-neck bifurcation aneurysms.

Prevention of rebleeding is the primary goal in the treatment of ruptured aneurysms. The rate of rebleeding in our meta-analysis is similar to that reported in the Analysis of Recanalization after Endovascular Treatment of Intracranial Aneurysm (ARETA) study,74,22 a large prospective, multicenter study conducted to assess the recanalization of ruptured intracranial aneurysms after endovascular treatment with coiling and balloon-assisted coiling. The risk of rebleeding in 753 patients with ruptured aneurysms in the ARETA study was 1% (95% CI, 0.3%–1.7%). These patients had 78 thromboembolic (10.4%) and 28 hemorrhagic (3.7%) complications, similar to the results of our study. In the International Subarachnoid Aneurysm Trial (ISAT),26 1073 patients underwent coil embolization for ruptured aneurysms. The rate of rebleeding was 1.9% in the first 30 days after the treatment and 0.8% at follow-up (30 days to 1 year); 92% of aneurysms showed adequate occlusion (66%, complete occlusion; 26%, neck remnant or subtotal occlusion), and the overall
FIGURE. A, Forest plot with a random effects model shows the late rebleeding rate. B, Forest plot with a random effects model shows the rate of treatment-related perioperative complications grouped by APT use. C, Forest plot with a random effects model shows the rate of thromboembolic complications grouped by APT use. Ev/Trt indicates Event (Outcome, complication)/Treated patient.
our meta-analysis is limited by selection bias and the heterogeneity that arises from the variability in aneurysm morphologies, patient scenarios, operator experience, and practice protocols (eg, pre- and postoperative antiplatelet therapy application methods). Despite our effort to exclude overlapping patient populations, the possibility of overlap in patients among the studies remains. The mean follow-up periods among the included studies were variable and modest in terms of length. However, we tried to reduce this variety by selecting the last follow-up point or 1-year follow-up results. Most of the studies in the literature lack the stratification of outcomes based on aneurysm rupture status. Among those that investigated outcomes on the basis of the rupture status, many did not report the impact of important variables such as the type and size of the WEB device and baseline patient morbidity in the treatment outcomes. The rate of adequate occlusion in studies with low quality, mostly due to self-assessment of the angiographic and clinical outcomes, was higher (93.4%) than that of high-quality studies (78.1%). This finding raises the question of bias that results from including such low-quality studies. Furthermore, the relatively small sample of patients with reported angiographic outcomes, absence of a single and common standard method for assessment of aneurysm occlusion, lack of a control group, and the short duration of follow-up may affect the reliability of the results concerning the safety and durability of aneurysm occlusion. Therefore, the overall certainty in the evidence at present is rated as low. Finally, this meta-analysis has concentrated on only ruptured aneurysms, which can be a limitation. However, the main advantage of this meta-analysis was the thorough assessment of WEB device efficacy and safety in acute subarachnoid hemorrhage situations.

CONCLUSIONS
Our meta-analysis of 18 studies including around 500 ruptured aneurysms treated with the WEB device demonstrated the safety and efficacy of the WEB device in the management of wide-neck ruptured aneurysms. Further studies and randomized clinical trials with longitudinal follow-up directly comparing the WEB with other established techniques (ie, coiling, clipping, stent-assisted coiling, and so forth) are needed.