Magnetic Resonance Imaging of the Jugular Foramen

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The jugular foramen in normal volunteers was studied with 1.5 T magnetic resonance (MR) systems in 3-mm-thick head- and surface-coil images. Anatomic sections through cadaver heads were correlated with the MR images to identify the jugular bulb and the course of cranial nerves IX-XI. Sagittal images were more useful than coronal or axial to show the course of these nerves through the skull base. MR demonstrates the anatomic relations of the jugular foramen (except its osseous margins) such that its primary use in evaluating this region can be anticipated.

Although computed tomography (CT) is useful for demonstrating the jugular foramen, it fails to demonstrate cranial nerves IX-XI consistently. Since effective magnetic resonance (MR) demonstration of cranial nerves in the internal auditory canals and cavernous sinuses has been reported [1, 2], its demonstration of cranial nerves IX-XI can be predicted. MR imaging in the jugular foramen is facilitated by the lack of signal from flowing blood and bone. The purpose of our article is to describe the MR appearance of the normal contents of the jugular foramen.

Materials and Methods

Four fresh, frozen cadaver heads were embedded with carboxymethyl cellulose gel in styrofoam boxes. The jugular foramina were sectioned using a heavy-duty sledge cryomicrotome (LKB 2250, Gaithersburg, MD) either parallel to the sagittal plane or to planes forming an angle of 0° or +30° to the canthomeatal line (CML) [3]. Anatomic images were obtained by photographing the surfaces of the specimens as they were sectioned.

Five normal volunteers were studied in research General Electric MR scanners with superconducting 1.5 T magnets [4] and head or surface coils. All images were obtained with a spin-warp spin-echo technique [5]. Head-coil imaging included an initial sagittal image for localizing and thin axial (parallel to the CML) and parasagittal sections. A flexible-surface receiver coil 13.5 cm in diameter and tuned to 63.9 MHz was placed over the jugular foramina of the normal volunteers for surface-coil imaging. A 54-cm-diam cylindrical coil, used for body imaging, was used for the radiofrequency transmitter. Surface-coil images were obtained using planes parallel or +30° to the CML and using parasagittal planes. Technical factors for head-coil images included 300–400 msec TR; 14 msec TE; 128 × 256 or 256 × 256 matrices; 1.9 × 1.0 mm and 1.0 × 1.0 mm, respectively, pixel sizes; 25 cm field of view; and 3 and 5 mm slices. Technical factors for surface-coil images included 200–400 msec TR; 19 msec TE; 128 × 256 or 256 × 256 matrices; 1.0 × 0.5 mm and 0.5 × 0.5 mm, respectively, pixel sizes; 12.8 cm field of view; and 3-mm-thick slices.

The MR images of the volunteers and photographs of the anatomic sections (figs. 1–5) were correlated with published anatomic and CT literature [6–12] to identify cranial nerves IX-XI, the jugular vein, and the internal carotid artery.
Results and Discussion

The jugular foramen consists of the pars nervosa (glosso­
pharyngeal [IX] nerve and inferior petrosal sinus) and, poste­
rior to it, the pars vascularis (vagus [X] and spinal accessory
[XI] nerves and jugular bulb). A plane of section of +30° to
the CML and dynamic scanning techniques are used with CT
to identify cranial nerves in the jugular foramen [6].

In cryomicrotomic sections, cranial nerves IX–XI have a
constant position in the jugular foramen (figs. 1 and 4). In a
plane of +30° to the CML (nearly parallel to the clivus), these
nerves have an almost straight lateral course from the medulla
to the endocranial opening of the jugular foramen (fig. 4). In
the foramen, IX is anterior and X and XI posterior. Sagittal
sections show cranial nerve IX in a dural sheath in the jugular
foramen and then from the skull base anteroinferiorly to the
tongue and pharynx (fig. 1). Cranial nerves X and XI, in a
common dural sheath behind IX, lie anteromedial to the jugular
bulb and then course anteroinferiorly below the skull base.
They may appear slightly wider at the endocranial opening
of the foramen. Through the skull base they have a slightly
oblique course nearly parallel to cranial nerve IX. Cranial nerve
X and one branch of XI terminate in the carotid sheath; one
branch of XI terminates in the neck muscles.

On MR images structures that have a signal intensity
intermediate between fat and cerebrospinal fluid (figs. 2, 3,
and 5) have been identified that correspond to cranial nerves
IX–XI in the cryomicrotomic sections. The jugular bulb can be
demonstrated on parasagittal images.

Surface-coil images demonstrate the cranial nerve anatomy
better than do head-coil images. The higher signal-to-noise
ratio offered by surface coils permits smaller pixel sizes. The
cisternal segments of cranial nerves IX–XI are effectively...
Fig. 2.—Parasagittal surface-coil MR scans, 400 msec TR, 19 msec TE, 256 × 256 matrix, 205 sec scan time, 3 mm thick, from medial to lateral corresponding to anatomic sections in fig. 1. A and B, Segments of internal carotid artery (A) have negligible signal. Ns = cranial nerves. C, Cranial nerves IX and X–XI, osseous foramen (negligible signal), and fat (high-intensity signal). Cranial nerves VII and VIII are identified in internal auditory canal. D, Internal carotid artery and jugular bulb (B) and vein have negligible signal. C = cochlea; V = vestibule.

Fig. 3.—Parasagittal surface-coil MR images, 400 msec TR, 19 msec TE, 256 × 256 matrix, 205 sec scan time, 3 mm thick. Cranial nerves IX and X–XI in skull base (A) and jugular bulb (B) just lateral to cranial nerves IX–XI (B). C = cochlea; V = vestibule; JV = jugular vein.
shown in the axial plane, the endocranial segments of the nerves in a plane of +30° to the CML. Parasagittal surface-coil images consistently show the intraforaminal and extracranial course of these nerves (figs. 2 and 3).

High-resolution surface-coil MR images provide consistently better demonstration of cranial nerves IX–XI in the jugular foramen and in extracranial tissues without a contrast agent than do CT images [6]. Because it demonstrates the individual nerves, MR should effectively exclude tumor in the jugular foramen when IX, X, or XI nerve signs are present. CT reliably demonstrates intraforaminal tumors only when the osseous margins are eroded. A series of foraminal tumors should be studied with MR to determine if T1 and T2 measurements or different pulse sequences will increase the specificity of neuroradiologic diagnosis in jugular foramen lesions.

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REFERENCES

Fig. 5.—Surface-coil MR images, 200 msec TR, 19 msec TE, 128 × 128 matrix, 52 sec scan time, 3 mm thick, of jugular foramen in plane of +30° to CML corresponding to anatomic sections in fig. 4. A, Endocranial course of cranial nerves IX-XI (Ns). IX lies in pars nervosa and X-XI in pars vascularis. Jugular bulb is not seen well. B, Slightly anteroinferior to A. Again, X-XI can be seen. P = pons; M = medulla.

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