Side Matters: Diffusion Tensor Imaging Tractography in Left and Right Temporal Lobe Epilepsy

BACKGROUND AND PURPOSE: Noninvasive imaging plays a pivotal role in lateralization of the seizure focus in presurgical patients with temporal lobe epilepsy (TLE). Our goal was to evaluate the utility of diffusion tensor imaging (DTI) tractography in TLE.

MATERIALS AND METHODS: Twenty-one patients with TLE (11 right, 10 left TLE) and 21 controls were enrolled. A 1.5T MR imaging scanner was used to obtain 51 diffusion-gradient-direction images per subject. Eight pairs of white matter fiber tracts were traced, and fiber tract fractional anisotropy (FA) was calculated and compared with controls. Fiber tract FA asymmetry and discriminant function analysis were evaluated in all subjects and fiber tracts respectively.

RESULTS: Compared with controls, patients with TLE demonstrated decreased FA in 5 ipsilateral fiber tracts. Patients with left TLE had 6 ipsilateral and 4 contralateral fiber tracts with decreased FA. Patients with right TLE had 4 ipsilateral but no contralateral tracts with decreased FA compared with controls. Right-sided FA asymmetry was demonstrated in patients with right TLE for 5 fiber tracts, and left-sided asymmetry, for patients with left TLE for 1 fiber tract. Discriminant function analysis correctly categorized patients into left-versus-right TLE in 90% of all cases (100% correct in all patients without hippocampal sclerosis) by using uncinate fasciculus and parahippocampal fiber tracts.

CONCLUSIONS: We found widespread reductions in fiber tract FA in patients with TLE, which were most pronounced ipsilateral to the seizure focus. Patients with left TLE had greater, more diffuse changes, whereas patients with right TLE showed changes that were primarily ipsilateral. Disease was lateralized to a high degree independent of identifiable hippocampal pathology noted on conventional MR imaging.

Epilepsy affects approximately 2.5 million people in the United States, making it the fourth most common neurologic condition in all ages. Temporal lobe epilepsy (TLE) is the most common form and is the most frequent type of partial epilepsy refractory to medical therapy in adults. For many of these patients, surgical resection of the epileptic focus offers a viable treatment option to eliminate seizures, and noninvasive imaging plays a pivotal role in correctly lateralizing the epileptogenic zone.

Diffusion tensor imaging (DTI) is a relatively new noninvasive technique, which allows the detection and examination of the composition, integrity, and orientation of discrete white matter fiber bundles not optimally evaluated with conventional MR imaging. It does so by quantifying the random motion of water molecules driven by Brownian motion and correlating the degree of diffusion to various neural compartments. Numerous diffusion-based indices have been proposed, with fractional anisotropy (FA) as one of the most widely used. In white matter is high because diffusion of water parallel to fiber tracts is less restricted than diffusion perpendicular to the fiber tracts. Brain fiber tractography by using FA and other diffusion data allows depiction of white matter tracts, and comparison between normal and diseased fiber tracts enables quantification of white matter changes due to damage. However, changes in FA and other DTI indices not only reflect damage to white matter and loss of myelin but other entities such as encephalopathy, various psychiatric disorders, cytoxic or vasogenic edema, postictal state, gliosis, and inflammation.

Recently, DTI and tractography have been applied to the study of epilepsy and have demonstrated diffusion changes in gray and white matter tissue. There is general increased mean diffusivity and decreased FA in subcortical structures such as the amygdala, hippocampus, and thalamus ipsilateral to the seizure focus. Recent work evaluating focal white matter regions and fiber tracts has generally shown reduced FA in multiple fiber tracts including the ipsilateral uncinate fasciculus (UF), fornix (FORX), and cingulum.

Because there is widespread propagation of synchronized neuronal firing in seizure disorders via neuronal networks, cortical and subcortical regions in the brain can be affected despite a single seizure focus. Therefore, evaluation of white matter tracts connecting these various regions may provide useful information as to the diffuse changes in the brain that accompany TLE. In this study, we used DTI tractography to investigate the total disease burden in patients with TLE in both temporal and extratemporal lobe fiber tracts. We hypothesized that patients with TLE would show diffuse white

INDEX TERMS: Diffusion tensor imaging (TLE) — fiber tractography — fractional anisotropy (FA) — temporal lobe epilepsy (TLE) — uncinate fasciculus (UF) — fornix (FORX) — cingulum — hippocampus — thalamus — amygdala.

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matter changes affecting multiple fiber tracts both ipsilateral and contralateral to the seizure focus and that ipsilateral tracts would be more affected in patients with TLE, providing useful information for lateralization of the seizure focus.

Materials and Methods

Human Subjects
The study was approved the institutional review board of our university and was performed in compliance with the Health Insurance Privacy and Portability Act. All participants provided written consent before enrollment in the study. Twenty-one healthy subjects along with 21 age- and sex-matched patients with TLE (11 right, 10 left TLE) were enrolled in the study (Table). Handedness in all participants was assessed with the Edinburgh Handedness Inventory.5 Two control subjects and 2 patients with left TLE were left-handed. All patients were recruited from the Epilepsy Center of our institution and clinically diagnosed by board-certified neurologists with expertise in epileptology. In all 21 patients, the diagnosis of left-versus-right TLE was based on the presence of unilateral ictal and interictal temporal lobe epileptiform activity as evidenced by video-electroencephalography (video-EEG) telemetry by using scalp and foramen ovale electrodes. Patients with bilateral seizure onset on video-EEG were excluded from our study. In 16 of the patients, seizure lateralization was supported by the presence of unilateral mesial temporal sclerosis (MTS) as read by a board-certified neuroradiologist with expertise in epileptology. In no case was there evidence of dual pathology on MR imaging.

Image Acquisition and Processing
MR imaging was performed with a 1.5T Signa HDx system (GE Healthcare, Waukesha, Wis) by using an 8-channel phased array head coil. A 1.5T scanner was used to decrease the possibility of susceptibility artifacts in the antero inferior temporal and frontal lobes as seen in some subjects. Diffusion data were acquired by using single-shot echo-planar imaging with isotropic 2.5-mm voxels (matrix size = 96 × 96, FOV = 24 cm, 47 axial sections, section thickness = 2.5 mm) covering the entire cerebrum and brain stem without gaps. Fifty-one diffusion-gradient directions were selected at the level of the body of the fornix (corresponding to the crus of FORX) just lateral to the CST and medial to the temporal stem. At the same level, an “AND” region of interest was drawn at the level of the body of the FORX (Fig 2B). Non-FORX fibers extending antero superiorly to the frontal lobe, posteroinferiorly to the third ventricle, and anteriorly in the temporal lobe beyond amygdala were removed.

Image files in DICOM format were transferred to a Linux workstation for processing with a customized automated processing stream written in MATLAB (MathWorks, Natick, Mass) and C++. Image distortion in the diffusion-weighted volumes caused by eddy currents was minimized by nonlinear optimization with 4 free parameters for each diffusion-weighted volume (translation along the phase-encode direction and scaling along the phase-encode direction as a linear function of x, y, or z). Image distortion caused by magnetic susceptibility artifacts was minimized with a nonlinear B0-unwarping method by using paired images with opposite phase-encode polarities.35,36 This method corrects for nearly all image distortion caused by magnetic susceptibility artifacts. Images were resampled by using linear interpolation to have 1.875-mm isotropic voxels (47 axial sections). Even though images were acquired with an in-plane resolution of 2.5 mm, they were automatically zero-padded in k-space from 96 × 96 to 128 × 128, and reconstructed with 1.875 × 1.875 × 1.875 mm3 voxels. Fiber tract FAs were calculated by using the algorithm in DTIStudio (Johns Hopkins University, Baltimore, Md),37 which essentially performs a weighted average of all voxels within the fiber tract of interest.

Semiautomated Fiber Tracking by Using DTIStudio
One rater (M.E.A.), who performed tracing of entire fiber tracts, was blinded to all clinical data, including group membership of subjects in control or patient groups and the side of the seizure focus. The following fiber tracts were traced (Fig 1): cingulum fibers within cingulate gyrus (CG), parahippocampal fibers within parahippocampal gyrus (PH), superior longitudinal fasciculus (SLF), inferior longitudinal fasciculus (ILF), UF, FORX, anterior thalamic radiations (ATR), and inferior fronto-occipital fasciculus (IFOF). The algorithms for obtaining most of the fiber tracts are described by Wakana et al.38 This multiple region of interest method uses “OR,” “AND,” and “NOT” operations to show all fiber tracts within a region of interest, find shared tracts within 2 regions of interest, and remove unnecessary fibers, respectively. This method has shown high reproducibility and was used to obtain the CG, PH, SLF, ILF, UF, ATR, and IFOF. However, the SLF and CG were slightly modified as follows: All SLF fiber tracts within the external capsule were removed by multiple “NOT” operations. For CG, “OR” regions of interest were drawn in the coronal plane in the region of CG at the level just posterior to the genu of the corpus callosum (CC) and anterior to the splenium of CC, with “AND” argument placed at the midpoint of CC (Fig 2A).

The FORX was isolated by selecting the most posterior coronal section where the corticospinal tract (CST) can be seen continguously from the motor cortex to the brain stem. An “OR” region of interest was drawn encompassing a focal high-intensity region in the FA map (corresponding to the crus of FORX) just lateral to the CST and medial and inferior to the temporal stem. At the same level, an “AND” region of interest was drawn at the level of the body of the FORX (Fig 2B). Non-FORX fibers extending anteroinferiorly to the frontal lobe, posteroinferiorly to the third ventricle, and anteriorly in the temporal lobe beyond amygdala were removed.

| Demographic characteristics and epilepsy features of the TLE and control groups |
|---------------------------------|-----------------|-----------------|
| Characteristics                 | TLE (n = 21)    | Controls (n = 21) |
| Age (yr)                        | 37.3(10.0)      | 33.0(10.2)       |
| Education                      | 13.2** (2.2)    | 10.5 (2.3)       |
| Sex (females-males)            | 11:10           | 11:10            |
| Age of seizure onset (yr)      | 14.3 (11.5)     | —                |
| Duration of illness (yr)       | 23.0 (14.6)     | —                |
| Seizure frequency (per month)  | 6.7 (7.4)       | —                |

Note: — indicates not applicable; TLE, temporal lobe epilepsy.

** Group mean is statistically different from that of controls at P < .05.

SDs are in parentheses.

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Statistical Analysis

Independent *t* tests were used to test for group differences in age and education level. Due to the non-normal distribution of the seizure-related variables, nonparametric tests (Mann-Whitney *U* tests) were used to evaluate group differences between patients with right-versus-left TLE in illness duration, number of anticonvulsant medications, and seizure frequency. Second, ipsilateral and contralateral fiber tract FA values in the patients with TLE were transformed into *z* scores on the basis of the mean of the controls. Differences in ipsilateral and contralateral tract FA values between the patients with TLE and controls were tested by using multivariate analysis of variances (MANOVAs). In addition, follow-up MANOVAs were performed between controls and patients with right and left TLE to determine whether there were differences in ipsilateral-versus-contralateral fiber tract FAs when patients with right and left TLE were considered separately. Univariate analyses were only performed when the omnibus multivariate analysis was significant. Paired *t* tests were performed between the left and right fiber tracts within each group to investigate

**Fig 1.** Traced fiber tracts in a control subject. A, Bilateral cingulum fibers within the CG. B, Bilateral PH. C, Bilateral ATR. D, Bilateral IFOF. E, Right UF. F, Left ILF. G, Left SLF. H, Bilateral FORX. I, Fibers in a 29-year-old control subject.
whether there were significant asymmetries in tract FA values. To control for type I error rates, we corrected all post hoc comparisons by using Tukey Honestly Significant Difference (HSD) tests with $P < .01$.

Individual subject analyses were performed in the patient population by using linear stepwise discriminant function analysis to determine whether a combination of tracts could correctly categorize patients as having left or right TLE. A “leave-one-out” procedure was used to cross-validate the model. In this procedure, each case in the analysis is classified by functions derived from all cases other than that case, making it optimal for applying the function to a new sample of cases and reducing the likelihood that any 1 case will significantly bias the model.

**Results**

There were no group differences between the patients and controls in age (TLE mean = 37.3 years; control mean = 33 years) or sex distribution (10 men, 11 women for both groups). The control population, however, had a slightly higher level of education (TLE mean = 13.2 years; control mean = 16 years, $P < .05$). Mann-Whitney $U$ tests revealed no group differences between patients with right and left TLE in illness duration, number of anticonvulsant medications, seizure frequency, or age of seizure onset (Table).

**Combined TLE Group versus Controls**

Results from the MANOVA with ipsilateral fiber tracts revealed a main effect for group [Wilks’ $\lambda$ $F(8,29) = 3.4$, $P < .01$], demonstrating that patients with TLE had lower overall FA values for the ipsilateral tracts relative to the control group (Fig 3). Univariate analyses corrected for multiple comparisons revealed that patients with TLE showed decreased FA in the ipsilateral CG ($P < .001$), PH ($P < .001$), ILF ($P < .005$), IFOF ($P < .01$), and SLF ($P < .005$) relative to controls, with ATR and FORX showing a strong trend ($P < .05$).

The MANOVA with contralateral fiber tracts was not significant [$F(8,29) = 0.7$, $P > .01$], suggesting no overall differences in contralateral tract FA values between patients and controls. However, inspection of Fig 3 demonstrates a pattern toward reduced contralateral FA values in patients with TLE relative to controls across fiber tracts, with PH and IFOF reaching only a trend ($P < .05$).

**TLE Subgroups versus Controls**

To test whether there were differences among controls and patients with right and left TLE, ipsilateral and contralateral MANOVAs were performed with patient subgroups (Fig 4). A MANOVA with ipsilateral fiber tracts was significant [$F(16,58) = 2.8$, $P < .01$]. Univariate ANOVAs revealed group
differences in the FA of the ipsilateral CG \((P < .001)\), PH \((P < .001)\), ILF \((P < .01)\), IFOF \((P < .01)\), SLF \((P < .001)\), and FORX \((P < .005)\). Post hoc tests adjusted for multiple comparisons revealed that controls had higher FA values than patients with right and left TLE in the ipsilateral CG and PH (all \(P\) values < .005). Conversely, controls differed from those with right TLE in the ipsilateral IFOF, SLF, FORX, and ATR) (all \(P\) values < .005), with only a trend in the ILF and UF (all \(P\) values < .005). The MANOVA with contralateral tracts was also significant \((F(16,58) = 2.8, P < .05)\). Univariate tests revealed significant group differences in FA of the contralateral CG \((P < .005)\), ATR \((P < .005)\), and IFOF \((P < .001)\). Post hoc tests revealed that controls had higher FA values than patients with left TLE in the contralateral CG, ATR, and IFOF \((P\) values < .01), with a trend in the PH, ILF, and SLF \((P\) values < .05). In no case did the controls differ from patients with right TLE in the contralateral tract FA values. These data suggest that group differences in contralateral FA values were due to reductions in those with left TLE only (Fig 4).

**Fiber Tract Asymmetry**

On the basis of evidence that fiber asymmetries may provide an important index of seizure lateralization, fiber FA asymmetries were also analyzed.\(^2^4\) Because individual tracts were of most interest, paired \(t\) tests were performed within each group (Fig 5). In controls, left-greater-than-right FA was observed in the CG \((P < .0001)\) and ILF \((P < .0001)\), with a trend in the UF \((P < .05)\). Patients with right TLE demonstrated significant fiber tract asymmetries with right-less-than-left FA in the IFOF \((P < .005)\), PH \((P < .007)\), and CG \((P < .0001)\), with a trend in the ILF and ATR \((P\) values < .05). Patients with left TLE demonstrated left-less-than-right FA in the FORX only \((P < .004)\).

**Discriminant Function Analysis**

With all 8 fiber tract pairs as predictors in the model, the best linear classifier included the right UF, left UF, right PH, and left PH \((\chi^2 = 18.2, P < .003)\). This combination of tracts by using cross-validation of the results correctly classified 90.0% of the patients (100% of those with right TLE and 80%, with left TLE). Furthermore, all 5 patients without MTS were correctly classified by using this method (3 right TLE, 2 left TLE).

**Discussion**

To date, several studies have shown bilateral temporal and extratemporal abnormalities of gray and white matter in patients with TLE relative to controls.\(^1^8,29,39-45\) In addition, recent DTI studies have demonstrated pathology within a small number of white matter tracts.\(^1^6,18,25,46,47\) In the current study, we extend the literature by demonstrating the diffuse nature of white matter pathology in patients with TLE by evaluating FA values within 8 white matter tracts. We examined the different disease burdens in the 2 TLE subgroups and their differences compared with age-matched healthy controls. We also examined fiber FA asymmetries in the controls and patients with TLE. Last, we evaluated whether the information obtained from DTI measurements could assist in lateralization of the seizure focus in individual patients.

As hypothesized, we found widespread reductions in fiber tract FA in patients with TLE relative to controls. These changes were most pronounced ipsilateral to the seizure focus,
though many of the contralateral tracts also showed a similar but nonsignificant trend. The widespread nature of fiber damage in TLE has been demonstrated previously in a few fiber tracts, including the UF, PH, and FORX.\textsuperscript{16,47} Our results extend these findings by revealing compromise to additional fibers, including the CG, IFOF, SLF, and ATR that was primarily accounted for by reductions in patients with left TLE.

Ipsilateral and contralateral fiber tracts were further analyzed in patients with left or right TLE versus controls, revealing several interesting results. Six fiber tracts ipsilateral to the seizure focus in patients with left TLE showed decreased FA, with the remaining 2 showing a strong trend. Many ipsilateral fiber tracts in those with right TLE demonstrated decreased FA, with 3 reaching significance and another 3, only a trend. Three of 8 contralateral fiber tracts in the patients with left TLE were also affected (with an additional 3 demonstrating a strong trend), whereas none of the contralateral fiber tracts in the patients with right TLE showed significant compromise relative to controls. This finding suggests bilateral widespread white matter changes in patients with left TLE, and mostly unilateral white matter changes in patients with right TLE compared with the controls.

There is prior work demonstrating bihemispheric (though predominantly ipsilateral) gray and white matter changes by histology, volumetry, and DTI in patients with epilepsy.\textsuperscript{16,18,25,40,48,49} Voxel-based morphometry has demonstrated more widespread and extensive gray matter volume changes in patients with left TLE as opposed to right TLE regardless of the presence or absence of MTS.\textsuperscript{49,50} Voxel-based DTI in patients with TLE with MTS has also demonstrated more extensive changes in patients with left TLE versus right.\textsuperscript{51} Furthermore, it has been shown by DTI that white matter connectivity appears more extensive if the focus is in the speech-dominant hemisphere.\textsuperscript{52} Although there is no definitive reason why patients with left TLE show more widespread cerebral changes than those with right TLE, our results are in agreement with other prior work obtained by various imaging modalities and hint at the possibility that left and right TLE represent distinct patient groups. Perhaps neuronal connections in the left hemisphere are more likely to support seizure propagation to the contralateral hemisphere. It is also possible that left and right TLE are etiologically distinct and pathologically different syndromes from the outset. Regardless, the finding of diffuse changes in patients with left TLE and unilateral changes in those with right TLE is relatively new and unexplored, and further work is necessary to evaluate this trend.

We found left-sided fiber tract FA asymmetry in the CG\textsuperscript{38,53} and extended the results in the literature by demonstrating left-sided asymmetry in the ILF. We only found a trend in right-sided asymmetry in the UF as elucidated by prior work.\textsuperscript{24,54,55} However, there is literature that demonstrates conflicting results with left-greater-than-right fiber FA in the UF in controls,\textsuperscript{54,56} which is likely related to how the fiber was traced and which subsegment of the UF was evaluated.\textsuperscript{46}

In the patient group, we found significant interhemispheric asymmetry in 3 and a trend in another 2 of the fiber tracts in the patients with right TLE, with only 1 in patients with left TLE. This was partly due to already present leftward asymmetry in the control tracts such as the ILF and CG. Therefore, any drop in ipsilateral (right) FA in patients with right TLE would not only preserve but also enhance that leftward asymmetry. Other tracts, such as the IFOF and the PH, that did not demonstrate asymmetry in the controls also demonstrated leftward asymmetry in the right TLE group due to a prominent ipsilateral FA drop. Because there was a general trend of left-greater-than-right fiber tract FA in healthy controls, it is reasonable to assume that loss of FA in left fibers in patients with left TLE would erode or even reverse the asymmetry. In fact, we observed loss of left-sided asymmetry in the CG and ILF in patients with left TLE, which was originally noted in the controls. Furthermore, many fiber tracts that showed a left-sided
trend in controls showed a right-sided trend in patients with left TLE, including the IFOF, SLF, ATR, and FORX. However, only the FORX reached statistical significance in this patient group.

This asymmetric decrease of fiber FA in the ipsilateral hemisphere in patients with TLE can be a useful clue in the lateralization of seizure focus. In fact, there has been prior work in functional MR imaging showing loss of leftward functional asymmetry for language lateralization in patients with left TLE and increased asymmetry in patients with right TLE.53,54 Furthermore, bilateral pathology in patients with left relative-to-right TLE has been demonstrated previously in regions of the temporal neocortex.49 We provide preliminary evidence that the lateralization of individual patients can be increased by using tract FA values. Although presence of MTS or hippocampal volume loss may alone suffice in the lateralization of many patients,58 our discriminant function analysis successfully lateralized all of the patients without MTS and all patients with right TLE and most of patients with left TLE with or without MTS. Therefore, it appears that in patients with normal-appearing hippocampi, microstructural change in fiber tracts that project from the medial temporal lobe (ie, the PH and UF) can assist in seizure lateralization.

We suspect the misclassification of 2 of 10 patients with left TLE was due to decreased fiber asymmetry due to bilateral white matter change as has been reported in previously mentioned studies. These results provide additional evidence for anatomic asymmetries that may underlie functional reorganization observed in patients with TLE. Furthermore, our data suggest that bilateral reductions in fiber integrity may characterize many patients with unilateral left TLE but do not necessarily imply a bilateral seizure focus, whereas patients with right TLE are more likely to show asymmetric fiber tract integrity.

We acknowledge multiple limitations to our current study. We used DTI methodology due to its increasing availability and use in mainstream clinical settings. However, other more sophisticated methods such as diffusion spectrum imaging and Q-ball imaging are now available, which can overcome current limitations of DTI, including the resolution of crossing fibers.59 In addition, although we scanned only patients who had been seizure-free for a minimum of 24 hours, it is possible that postictal changes in some patients persisted for longer periods of time and that these changes are reflected in the data. These changes likely reflect cellular swelling in the area of seizure onset and possibly areas of seizure spread, though it appears that FA is fairly insensitive to this transient change.57 Nevertheless, postictal diffusivity changes are complex and dynamic, and timing after the seizure may be critical. Moreover, additional research is needed to evaluate fully how long postictal changes persist and which DTI measurements they affect.

The power of our data can be further improved by increasing the number of controls and patients in our study. Because the fibers were manually drawn, there is the possibility of intraoperator error. Furthermore, although every attempt was made, it is possible that the left and right regions of interest were not completely symmetric because freehand region of interest selection was used. We used the methodology put forth by Dr. Mori and Wakana,38 which has shown excellent inter- and intraoperator reproducibility. We chose to follow their methodology so as to stay as consistent as possible to prior work published in the literature and to minimize possible rater error.

Conclusions

Intractable TLE is marked by widespread involvement of fiber tracts and asymmetries of white matter fibers, with lower fiber FA ipsilateral versus contralateral to the seizure focus. Some-what different patterns of tracts affected were observed in patients with right TLE (solely ipsilateral) and left TLE (many bilateral), and combined evaluation of these patterns improved the ability to lateralize the seizure focus regardless of the presence or absence of MTS. This noninvasive lateralization of the seizure focus can perhaps be used in conjunction with other established methods of diagnosis with the hope of decreasing the need for invasive presurgical diagnostic procedures and increasing the rate of postsurgical success in TLE.

References