Intra-Arterial Infusion of a Glycoprotein IIb/IIIa Antagonist for the Treatment of Thromboembolism During Coil Embolization of Intracranial Aneurysm: A Comparison of Abciximab and Tirofiban

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ABSTRACT

BACKGROUND AND PURPOSE: Abciximab and tirofiban are commonly used for the treatment of thromboembolisms that form during coiling of intracranial aneurysms; however, it is not known which of these inhibitors is safer and more effective. We report the safety and the recanalization rates for intra-arterial abciximab and intra-arterial tirofiban infusion for the treatment of thromboembolisms that form during coiling.

MATERIALS AND METHODS: Between March 2004 and April 2011, 346 intracranial aneurysms were treated with coiling. Thromboembolisms developed in 22 of these patients and were treated by use of intra-arterial tirofiban (n = 11) or abciximab (n = 11) infusion.

RESULTS: In the abciximab group, the thromboembolisms were completely (n = 1) or partially (n = 7) resolved in 8 cases (72.7%) at the time of the final control angiography. Complete (n = 9) or partial (n = 2) resolution was achieved in all cases at the time of follow-up angiography (3 days after the procedure). In the tirofiban group, thromboembolisms were completely (n = 4) or partially (n = 6) resolved in 10 cases (90.9%) at the time of the final control angiography. Complete (n = 9) or partial (n = 2) resolution was observed in all cases at the time of the follow-up angiography. There were no statistically significant differences between the 2 groups with respect to thrombus resolution (final angiography, P = .311; follow-up angiography, P = .707). No hemorrhagic complications developed in either group.

CONCLUSIONS: These results suggest that tirofiban is more effective than abciximab for the immediate resolution of thromboembolisms, with no statistical significance. Both intra-arterial tirofiban and abciximab exhibited similar safety and recanalization rates.

ABBREVIATIONS: GOS = Glasgow Outcome Scale; HH = Hunt and Hess

Glycoprotein IIb/IIIa receptors play a key role in maintaining physiologic hemostasis and in pathologic thrombus formation.1 Indeed, glycoprotein IIb/IIIa is often termed the final common component of platelet aggregation. Several glycoprotein IIb/IIIa inhibitors, such as abciximab, eptifibatide, and tirofiban, have been used recently to treat patients with acute coronary syndrome. Abciximab and eptifibatide are more potent platelet aggregation inhibitors than is tirofiban.2-4 Therefore, abciximab is more commonly used than tirofiban in medical practice to treat acute coronary syndrome. However, when treating thromboembolisms that develop during coil embolization of cerebral aneurysms, abciximab can induce intracerebral hemorrhages, which can be fatal.5 Accordingly, tirofiban has been used recently instead of abciximab, on the basis of experience. However, studies comparing abciximab and tirofiban for the treatment of thromboembolisms that develop during coil embolization of cerebral aneurysms have not been published. We randomly used either intra-arterial abciximab or tirofiban without a loading dose to treat such thromboembolisms.

This study compared the safety and efficacy of intra-arterial abciximab infusion and intra-arterial tirofiban infusion for the treatment of thromboembolisms that formed during coil embolization of cerebral aneurysms.

MATERIALS AND METHODS

From March 2004 to April 2011, 346 aneurysms were treated with coil embolization at our institution. Thromboembolic insults requiring thrombolysis developed during 22 procedures (15 unruptured and 7 ruptured cerebral aneurysms). The thromboembolisms were confirmed by procedural control angiography. The thromboembolisms were treated using intra-arterial ab-
cimab (n = 11, Table 1) or intra-arterial tirofiban (n = 11, Table 2), without any adjuvant fibrinolytic or anti-platelet medication.

Bare platinum coils were used in all coil embolizations of cerebral aneurysms. Coil embolization by use of single-catheter, double-catheter, stent-assisted, or balloon-assisted techniques was performed for thromboembolisms that were treated with either intra-arterial abciximab or intra-arterial tirofiban infusion (abciximab group: single microcatheter, 8 cases; double microcatheter, 1 case; and stent-assisted, 2 cases; tirofiban group: single microcatheter, 8 cases; double microcatheter, 1 case; balloon-assisted, 1 case; and stent-assisted, 1 case).

Thromboembolism requiring thrombolysis was defined as either the gradual progression of a thrombus or an antegrade flow disturbance produced by the thrombus, as visualized by control procedural angiography. The location of the thrombi was divided into the proximal thrombus (coil/parent artery interface) and the distal thrombus (distal to the aneurysm).

Angiographic thrombotic occlusion was graded according to the antegrade flow disturbance distal to the thrombus as occlusive, partial, or preserved antegrade flow. Angiographic recanalization was classified as complete recanalization, partial recanalization, or unchanged flow after thrombolysis.

A brain CT was usually performed within several hours after the procedure to evaluate the extent of cerebral infarction or hemorrhage. Conventional angiography was repeatedly performed to evaluate the degree of thrombus resolution within 3 days after the procedure.

The clinical severity of patients with subarachnoid hemorrhage was classified by use of the Hunt and Hess scale, and the clinical outcome at discharge was assessed with the Modified Glasgow Outcome Scale. The GOS scores were dichotomously classified as good (GOS score, 4–5) or poor (GOS score, 1–3) functional outcomes.

### Procedure
To minimize thromboembolic insults induced by embolization, anticoagulation was initiated by the injection of a bolus of 4000 IU heparin intravenously immediately after femoral puncture. This injection was followed by intermittent bolus injections of 1000 IU heparin hourly to maintain the activated coagulation time at approximately twice the baseline level. Before stent-assisted coiling, we administered aspirin (100 mg) and clopidogrel (75 mg) to the patients with unruptured cerebral aneurysms for at least 7 days before the procedure. For patients with ruptured cerebral aneurysms, 300 mg of aspirin and clopidogrel was administered immediately after the procedure through a nasogastric tube.

The treatment strategy for thromboembolism during the coil embolization of cerebral aneurysms consisted of intra-arterial abciximab or intra-arterial tirofiban infusion, without adjuvant fibrinolytic or antiplatelet medications during the procedure. Intermittent hand injections of intra-arterial abciximab (typical dose: 10–20 mg, 2 mg at a time) or intra-arterial tirofiban (typical dose: 100–1000 μg, 50 μg at a time) without a loading dose were performed near the thrombus according to the degree of thrombus resolution. Infusion was ceased once arterial flow was restored or when we reached the upper dose limits (abciximab: 20 mg; tirofiban: 1000 μg).

### Statistical Analysis
Nominal data were analyzed with the χ² test or Fisher exact test, and numeric data were analyzed with Student t test or the Mann-Whitney U test as appropriate. The results of 2-tailed
tests were considered statistically significant at the $P < .05$ level.

**RESULTS**

Twenty-two patients with cerebral aneurysm and thromboembolism were treated with intra-arterial abciximab or tirofiban infusion. The location of the aneurysm was the anterior cerebral artery in 9 patients (anterior communicating artery: $n = 3$; proximal anterior cerebral artery: $n = 1$; distal anterior cerebral artery: $n = 5$), the internal carotid bifurcation in 2 patients, the anterior choroidal artery in 3 patients, the paraclinoid carotid artery in 2 patients, and the basilar bifurcation in 6 patients (Tables 1 and 2).

A proximal thrombus at the coil/parent artery interface was identified in 18 cases in the following categories: 1) occlusion of the affected vessel in 4 cases, 2) partial flow of the affected vessel in 6 cases, and 3) preserved flow of the affected vessel in 8 cases. A distal thrombus was detected in 4 cases; occlusion of the affected vessel occurred in 3 cases, and partial flow of the affected vessel was found in 1 case.

In the abciximab-treated group, final control angiography revealed complete ($n = 1$) or partial recanalization ($n = 7$) in 8 cases (72.7%) (Fig 1). Follow-up angiography revealed complete ($n = 9$) or partial recanalization ($n = 2$) in all cases. In the tirofiban-treated group, final control angiography revealed complete ($n = 4$) or partial recanalization ($n = 6$) in 10 cases (90.9%) (Fig 2), and follow-up angiography revealed complete ($n = 9$) or partial recanalization ($n = 2$) in all cases. There were no instances of cerebral hemorrhage related to the procedure in either group. One patient in the abciximab-treated group had neurologic deficits related to the vascular area affected by the thromboembolism.
Jeong

DISCUSSION
Thromboembolism is a major complication during all steps of coil embolization because thromboembolisms disrupt blood flow and may cause intimal injuries. Accordingly, the prevention and treatment of thromboembolisms are major issues relevant to the use of coil embolization for cerebral aneurysms. Several agents, such as fibrinolytic drugs, tirofiban, and abciximab, have been used intravenously or intra-arterially to treat thromboembolisms during coil embolization of cerebral aneurysms. The general consensus is that fibrinolytic agents should not be used for thrombolysis because they carry a significant risk of cerebral hemorrhage. The use of abciximab for thromboembolism during coil embolization of cerebral aneurysms remains controversial; some studies have reported that it is associated with cerebral hemorrhage and severe thrombocytopenia, whereas others have reported no such relationship. To reduce or prevent these problems, tirofiban, which is a relatively short-acting and reversible glycoprotein IIb/IIIa receptor inhibitor, has been used with increasing frequency for the treatment of thromboembolisms during the coil embolization of cerebral aneurysms. Although there have been studies conducted for acute coronary syndrome, there have been no comparative studies investigating abciximab and tirofiban infusion for the treatment of thromboembolisms induced by coil embolization of cerebral aneurysms. Although our study was not a randomized, controlled study, our comparison of abciximab and tirofiban provides valuable information regarding the treatment of thromboembolisms that occur during coil embolization of cerebral aneurysms because there was no selection intent between abciximab and tirofiban.

The dosage and method of administration of abciximab or tirofiban for the treatment of thromboembolisms during coil embolization of cerebral aneurysms were entirely based on the standard application of these drugs for acute coronary syndrome. Therefore, the dose and application method of these drugs must be adjusted for acute-onset thromboembolisms, which may occur during coil embolization of cerebral aneurysms. In our study, to avoid procedural complications such as cerebral hemorrhage and to reach a high recanalization rate, we administered these drugs intra-arterially rather than intravenously. Because intra-arterial access is most proximal to the thrombus, a smaller total dose of the drug is expected to be effective, and, as a result, dose-dependent complications such as cerebral hemorrhage may be reduced. Additionally, we did not use a loading infusion of abciximab or tirofiban. Repeated intra-arterial pulsatile injections of small doses (abciximab: 2 mg; tirofiban: 50 μg) of the drugs may be sufficient to resolve a thrombus. In our series, the mean dose of abciximab was 12.2 ± 4.1 mg, which represented approximately 70% of the recommended loading dose of abciximab (loading dose: 0.25 mg/kg) for a 70-kg patient. The minimal dose of abciximab was 10 mg, which exceeds 50% of the recommended loading dose. In comparison with our dose of abciximab, the mean dose of tirofiban was 470 ± 290 μg, which represented approximately 56% of the recommended loading dose of tirofiban (loading dose: 0.4 μg/kg/min × 30 minutes) for a 70-kg patient. Six patients were treated with <50% of the recommended loading dose of tirofiban. Even though our data did not provide the weight of the patients, our doses of abciximab and tirofiban may be lower than usual loading doses. Our dose of tirofiban may be relatively lower than that of abciximab, on the basis of usual loading doses of tirofiban and abciximab. Accordingly, regarding cost-effectiveness and safety, the lower dose of tirofiban that was used may be more beneficial.

Our immediate and follow-up recanalization rates for intra-arterial abciximab (72.7%, 100%) and tirofiban (90.9%, 100%) appear to be similar or superior to those reported in previous studies. This result may be related to the fact that these drugs were used to treat freshly formed thrombi, which may be more readily resolved. Therefore, we suggest that a loading dose of abciximab or tirofiban is not necessary for the treatment of thromboembolisms that form during the coil embolization of cerebral aneurysms.

In our series, both abciximab-treated and tirofiban-treated groups showed no hemorrhage in the ruptured cerebral aneurysms. This may be related to the relatively lower doses of abciximab or tirofiban in comparison with the usual doses.

In our study, the immediate recanalization rate of the tirofiban-treated group was superior to that of the abciximab-treated group, but this difference was not statistically significant. The follow-up recanalization rate was 100% in both groups, with no cerebral hemorrhages. Unlike in the treatment of acute coronary syndromes, the efficacy and safety of tirofiban may not be inferior to those of abciximab for the treatment of thromboembolisms during coil embolization of cerebral aneurysms. Accordingly, tirofiban, which has a short plasma half-life and is a competitive inhibitor of glycoprotein IIb/IIIa, may be more suitable than abciximab to treat thromboembolisms during coil embolization of cerebral aneurysms. Operations such as decompressive craniectomy or external ventricular drainage are sometimes necessary after coil embolization, especially in cases of ruptured cerebral aneurysms. Therefore, tirofiban is less likely than abciximab to induce operation-related hemorrhagic complications.

CONCLUSIONS
In our study, intra-arterial abciximab and tirofiban exhibited similar safety levels and did not induce procedure-related cerebral hemorrhages. In addition, the efficacy of tirofiban was similar or superior to that of abciximab; however, this difference was not statistically significant. Therefore, tirofiban may be more suitable for the treatment of thromboembolisms induced by coil embolization of cerebral aneurysms, especially in cases of ruptured cerebral aneurysms.

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