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Quantification of Iodine Leakage on Dual-Energy CT as a Marker of Blood-Brain Barrier Permeability in Traumatic Hemorrhagic Contusions: Prediction of Surgical Intervention for Intracranial Pressure Management

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ABSTRACT

BACKGROUND AND PURPOSE: Hemorrhagic contusions are associated with iodine leakage. We aimed to identify quantitative iodine-based dual-energy CT variables that correlate with the type of intracranial pressure management.

MATERIALS AND METHODS: Consecutive patients with contusions from May 2016 through January 2017 were retrospectively analyzed. Radiologists, blinded to the outcomes, evaluated CT variables from unenhanced admission and short-term follow-up head dual-energy CT scans obtained after contrast-enhanced whole-body CT. Treatment intensity of intracranial pressure was broadly divided into 2 groups: those managed medically and those managed surgically. Univariable analysis followed by logistic regression was used to develop a prediction model.

RESULTS: The study included 65 patients (50 men; median age, 48 years; Q_1 to Q_3 , 25–65.5 years). Twenty-one patients were managed surgically (14 by CSF drainage, 7 by craniectomy). Iodine-based variables that correlated with surgical management were higher iodine concentration, pseudohematoma volume, iodine quantity in pseudohematoma, and iodine quantity in contusions. The regression model developed after inclusion of clinical variables identified 3 predictor variables: postresuscitation Glasgow Coma Scale (adjusted OR = 0.55; 95% CI, 0.38–0.79; $P = .001$), age (adjusted OR = 0.9; 95% CI, 0.85–0.97; $P = .003$), and pseudohematoma volume (adjusted OR = 2.05; 95% CI, 1.1–3.77; $P = .02$), which yielded an area under the curve of 0.96 in predicting surgical intracranial pressure management. The 2 predictors for craniectomy were age (adjusted OR = 0.89; 95% CI, 0.81–0.99; $P = .03$) and pseudohematoma volume (adjusted OR = 1.23; 95% CI, 1.03–1.45; $P = .02$), which yielded an area under the curve of 0.89.

CONCLUSIONS: Quantitative iodine-based parameters derived from follow-up dual-energy CT may predict the intensity of intracranial pressure management in patients with hemorrhagic contusions.

ABBREVIATIONS: AOR = adjusted OR; DECT = dual-energy CT; HPC = hemorrhagic progression of contusion; ICP = intracranial pressure; P-GCS = postresuscitation Glasgow Coma Scale; SECT = single-energy CT; TBI = traumatic brain injury; WBCT = whole-body CT

One of the most severe pathoanatomic types of traumatic brain injury (TBI) is hemorrhagic contusion, usually complicated by secondary injury, resulting in cerebral edema leading


to increased intracranial pressure (ICP).^{1–3} Vasogenic edema caused by BBB disruption in contusions is an important contributing factor for ICP elevation.⁴ An uncontrolled increase in ICP is a poor prognostic factor in closed-head injuries.^{5–7} An optimal approach to managing patients with TBI is to anticipate the onset of increased ICP, appropriately monitor it, and manage it when there are clinical manifestations of an impending increase in ICP.⁸ Level II evidence supports ICP monitoring in patients with severe head trauma (Glasgow Coma Scale, <9) and abnormal head CT findings.⁹ However, there are no guidelines for patients with mild and moderate TBI with abnormal CT findings. Symptoms of increased ICP in awake patients may be vague and nonspecific, such as confusion, headache, and drowsiness.⁶ CT is the primary investigation in such patients because clinically non-obvious abnormalities of cerebral mass effect are manifested as midline shift, effacement of sulci, and compression of basal


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 Indicates article with supplemental on-line table.

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cisterns and ventricles, which are evaluated by the Marshall CT score; however, there are no definitive CT features that determine increased ICP or identify patients who are at increased risk of subsequent ICP elevation.^{6,10} Hence, determination of imaging predictors of the intensity of ICP management would help identify patients at risk of increased ICP and those likely to fail medical management, helping clinicians initiate early monitoring and treatment to limit secondary injury.

There are reports of CT identification of contrast leakage caused by BBB disruption in cerebral contusions that depend on qualitative assessment of iodine leakage following CTA of the brain.¹¹⁻¹⁴ These studies performed on single-energy CT (SECT) showed a correlation between iodine leakage and hemorrhagic progression of contusions (HPC).¹¹⁻¹⁴ Although CTA for evaluating TBI is not an accepted standard of care, contrast-enhanced whole-body CT (WBCT) is widely used in the work-up of patients with polytrauma.¹⁵ The contrast bolus administered during the admission WBCT leaks into and is retained in the epicenter and penumbra of hemorrhagic contusion due to capillary fragmentation and BBB disruption.² Dual-energy CT (DECT) has proved helpful in differentiating and quantifying the iodine leakage from hemorrhages in cerebral infarctions, subdural spaces, and spontaneous hemorrhages.^{2,16,17}

Using both unenhanced admission and short-term follow-up head DECTs obtained after WBCT, we aimed to identify imaging variables and clinical parameters that correlate with surgical intervention for ICP management.

MATERIALS AND METHODS

Study Design

This retrospective cohort study was Health Insurance Portability and Accountability Act-compliant, and permission was obtained from University of Maryland School of Medicine review board. Informed consent was waived. Consecutive patients referred to a Level I trauma center from May 2016 through January 2017 were eligible. The inclusion criteria were the following: 1) a history of blunt trauma with acquisition of head CT as a part of WBCT performed on either a DECT or SECT scanner within 6 hours after traumatic impact, with a confirmed diagnosis of hemorrhagic contusions; 2) acquisition of follow-up head DECT within 10 hours of admission CT, to evaluate the progression of TBI; and 3) patients 18 years of age and older. The exclusion criteria were the following conditions: 1) decompressive craniectomy or CSF drainage was initiated before the follow-up CT; 2) nonfocal extraparenchymal hematomas extended over >1 lobe, with a width of >2 mm, and all holohemispheric subdural hematomas, irrespective of the width, to select pure hemorrhagic contusions; and 3) punctate or petechial hemorrhages (<10 mm in diameter) in subcortical white matter concomitant with diffuse axonal injury. At the study institution, most patients with blunt trauma are evaluated with admission WBCT. Patients with traumatic lesions on initial CT, patients with persistent altered mental status without traumatic lesions, patients for whom CT fails to explain neurologic status, and patients on anticoagulation without traumatic lesions tend to be evaluated by 6- to 8-hour follow-up head CT. We selected only patients with hemorrhagic contusions

as a predominant injury type to limit the confounding effects of noncontusional lesions on ICP.

Study Population

A search of the radiology information system from the designated time period yielded 219 patients with a follow-up study performed on a DECT scanner within 10 hours of WBCT. A radiologist (reviewer 1, U.K.B.) with 10 years of experience reviewed the initial and follow-up studies to select all the patients with pure hemorrhagic contusions ($n = 65$). They constituted the study group.

Clinical information regarding the mechanism of injury, time from traumatic impact to WBCT, time to follow-up DECT, postresuscitation Glasgow Coma Scale (P-GCS) score, admission blood pressure, blood coagulation parameters, ICP monitoring, opening pressure, hyperosmolar therapy, CSF drainage, and decompressive craniectomy was obtained from the electronic medical records. In intubated patients, a verbal score for P-GCS was derived.¹⁸

Imaging

Admission WBCT examinations were performed on a DECT (Somatom Force; Siemens, Erlangen, Germany) or 64-channel SECT (Brilliance 64-channel; Philips Healthcare, Best, the Netherlands). WBCT involves a noncontrast head CT followed by contrast-enhanced CT of the neck, chest, abdomen, and pelvis. The studies were performed after injection of 100 mL of iodinated contrast media (iohexol, Omnipaque 350; GE Healthcare, Piscataway, New Jersey).

DECT head images were obtained with the x-ray tubes at 80 kV and Sn150 kV (150 kV + Tin filter). Scan parameters were as follows: rotation time, 0.5 seconds; pitch, 0.55. The reference milliampere-second was 273 for the Sn150kV and 410 for the 80-kV tube. Original dual-energy datasets were reconstructed with an increment of 1 mm and a section thickness of 1 mm. Automatic reconstruction of 120-kV equivalent mixed DECT images at 5-mm section thickness and 5-mm intervals using an adaptive iterative reconstruction algorithm (ADMIRE; Siemens) with a strength value of 3 was performed and sent to the PACS at the time of study.

Image Analysis of DECT and Definitions

DECT data from follow-up head CTs were processed to derive 190-keV image sets at 5-mm section thickness and 5-mm intervals on a workstation (syngo.via, Version VB10B; Siemens) and sent to the PACS for the study purpose. A total of 3 image sets were used for volume measurements in each patient: 120-kV DECT or SECT images acquired with 120 kV (peak) (from the admission study) and 120-kV and 190-keV image sets (from the follow-up study). Reviewer 1 annotated all the hemorrhagic contusions that were meant for volume measurements, and admission CT images were evaluated for Marshall CT scores. Volumes were measured using semiautomated 3D segmentation on a thin-client server (Intellispace Portal; Philips Healthcare). Measurements were randomly performed with regard to patient order and the order of the image sets to avoid potential preconceived bias.

Table 1: Unadjusted associations among predictor variables, surgical management of intracranial pressure, and decompressive craniectomy

Variables	Unadjusted Odds Ratios (95% CI) (Surgical Management)	P Value	Unadjusted Odds Ratios (95% CI) (Craniectomy)	P Value
Age (yr)	0.96 (0.93–0.98)	.004 ^a	0.94 (0.88–0.99)	.04 ^a
Sex, men vs women	0.94 (0.27–3.2)	.92 ^b	0.35 (0.07–1.77)	.34 ^c
P-GCS	0.63 (0.5, 0.8)	<.001 ^a	0.78 (0.6–1)	.05
Motor score	0.43 (0.25–0.76)	.003 ^a	0.7 (0.44–1.14)	.15
Systolic BP (mm Hg)	0.99 (0.97–1)	.15	1.01 (0.98,1.04)	.46
Diastolic BP (mm Hg)	0.99 (0.97–1.03)	.84	1 (0.96–1.05)	.72
PT (seconds)	0.98 (0.84–1.14)	.78	0.93 (0.67–1.3)	.64
aPTT (seconds)	1.03 (0.92–1.15)	.57	1 (0.85–1.18)	.93
Fibrinogen (mg/dL)	0.98 (0.97–0.99)	.002 ^a	0.99 (0.98–1)	.06
Platelets (10 ³ /μL)	1 (0.99–1.01)	.81	1 (0.99–1.01)	.4
Marshall CT score				
DI II	1		3.46 (0.55–21.9)	.2 ^c
DI III and IV	4.27 (0.9–20)	.06 ^c		
Hemorrhagic progression	1.12 (0.35–3.54)	.85 ^b	2.84 (0.32–25.4)	.31 ^c
Fraction of hemorrhagic progression	1.02 (0.96–1.1)	.49	1 (0.91–1.1)	.88
Iodine concentration (mg/mL)	44 (3.03–641)	.005 ^a	16 (0.58–442)	.1
Hematoma volume on admission CT (cm ³)	1.05 (0.97–1.13)	.21	1.04 (0.95–1.14)	.4
Hematoma volume on follow-up CT (cm ³)	1.06 (1–1.12)	.04 ^a	1.04 (0.99–1.1)	.1
Total pseudohematoma from all contusions (cm ³)	1.32 (1.06–1.64)	.01 ^a	1.1 (0.99–1.23)	.06
Fractional pseudohematoma to true hematoma	2.66 (0.6–11.8)	.19	2.43 (0.3–18.9)	.39
Iodine quantity in all pseudohematomas (mg)	1.48 (1.04–2.1)	.03 ^a	1.04 (0.96–1.13)	.3
Iodine quantity in all contusions (mg)	1.1 (1.01–1.21)	.02 ^a	1.03 (0.98–1.08)	.15

Note—BP indicates blood pressure; DI, diffuse injury; PT, prothrombin time; aPTT, activated partial thromboplastin time.

^a Significant.

^b Pearson.

^c Fisher exact test.

For measuring the iodine concentration in the contusion, DECT data from follow-up head CT studies were used with the modified Brain Hemorrhage application on the postprocessing workstation (syngo.via).² In patients with >1 follow-up head CT, measurements were also obtained from the second follow-up study to facilitate the calculation of the fractional rate of iodine washout from the contusions. Average iodine concentration was measured by drawing an ROI around each contusion. For every contusion, 3 ROIs were drawn, each in axial, coronal, and sagittal sections at the level of the maximum diameter. The average of the 3 ROIs was obtained. The mean values obtained by the 2 reviewers (reviewer 1 and reviewer 2 [K.S.] with 25 years of experience) were used for analysis.

Variable Construction

We analyzed the relationship of 20 study variables derived from clinical, laboratory, and CT data (Table 1 and On-line Table).

Study Term Definitions

Initial and Follow-Up Hematoma Volumes. Initial hematoma volume was measured on 120 kV or SECT images and labeled as (A) (Fig 1A); volume measurements on follow-up DECT were obtained on both 120-kV images (B) (Fig 1B) and on 190-keV (Fig 1C) images (C).

Pseudohematoma and Fraction of Pseudohematoma. Pseudohematoma is defined as enhancing penumbra caused by an iodine leak on follow-up 120-kV images.² The attenuation contribution of iodine tends to be negligible at 190 keV, therefore demonstrating attenuation only from the hematoma, allowing measurement of true hematoma volume.² Hence, with the

availability of hematoma volume on 120 kV- (true hematoma + enhancing penumbra) and true hematoma volume on 190-keV images, the pseudohematoma volume can be calculated as the following: Pseudohematoma Volume = (B – C), where B is the volume on 120-kV and C is volume on 190-keV images. Fraction of pseudohematoma = (B – C)/C.

Iodine Concentration. The average iodine concentration (milligram/milliliter) was measured on iodine maps (Fig 1D). The normalized iodine concentration was not analyzed because the quantification was performed hours after contrast administration with complete washout from blood vessels.

Iodine Quantity in Pseudohematoma and Contusion. Iodine quantity in pseudohematoma = ([B – C] × Iodine Concentration). Iodine quantity in total contusion = (B × Iodine Concentration).

Hemorrhagic Progression of Contusion and Fraction of Hemorrhagic Progression of Contusion. Hemorrhagic progression of contusion is designated as enlargement of the existing hemorrhagic contusion (30% volume increase) or the appearance of a new lesion.² Fraction of HPC = (C – A)/(A).

Fractional Rate of Iodine Washout. The fractional rate of iodine washout from the contusions was calculated using the following formula:

$$WR_F = I_{c(1)} - I_{c(2)} / I_{c(1)} \times 100 / \Delta T,$$

Where WR_F represents the fractional rate of washout, $I_{C(1)}$ and $I_{C(2)}$ are the iodine concentrations in the first and second follow-

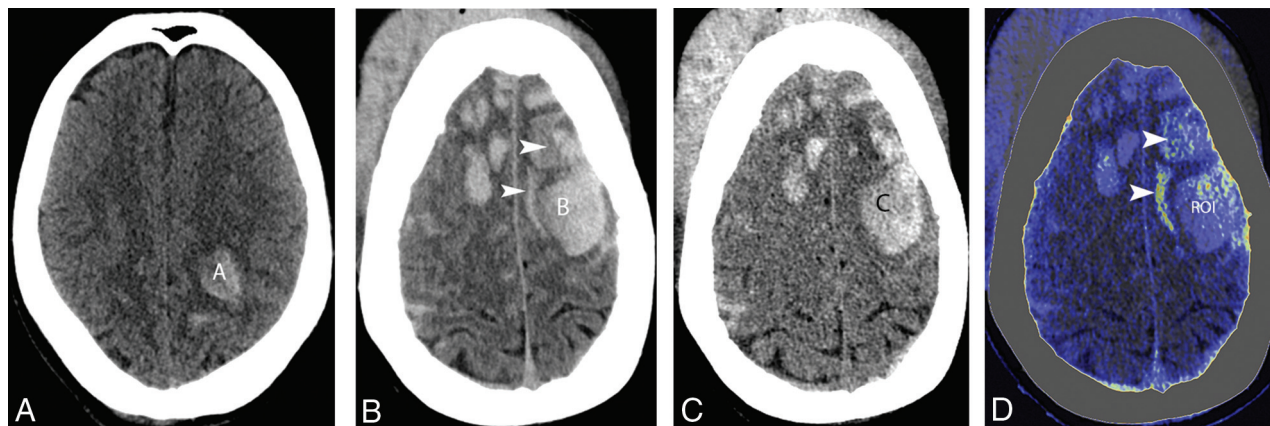


FIG. A 65-year-old man with traumatic brain injury sustained after a motor vehicle collision. *A*, Admission 120-kV image shows a hemorrhagic contusion in the left frontoparietal lobe and measured volume ($A = 11.4 \text{ cm}^3$). *B*, Follow-up axial 120-kV image shows hemorrhagic progression of contusions with increased volume of the existing hematoma ($B = 38.3 \text{ cm}^3$) with multiple new hemorrhagic contusions. The image also shows areas of contrast leakage (*arrowheads*). *C*, Virtual high-monochromatic image (190 kV) shows smaller hemorrhagic contusion volume ($C = 27.9 \text{ cm}^3$), compared with 120-kV images due to a negligible attenuation contribution from leaked iodinated contrast. *D*, Iodine overlay image shows contrast staining of the penumbra and paratenumbra of hemorrhagic contusions (*arrowheads*). An ROI is drawn around the largest hematoma to measure the iodine concentration (0.8 mg/mL).

up studies, respectively, and ΔT represents the duration (hours) between the 2 studies.

Outcome Assessment: Therapeutic Intensity of ICP Management

Increased ICP is managed by a stepwise increase in the intensity of treatment starting with medical management and escalating to surgical intervention of CSF drainage in refractory cases and craniectomy as a last surgical option for severe refractory ICP elevation.^{6,8,19} For this study, treatment levels were broadly divided into 2 groups: those managed medically and those managed surgically by CSF drainage or craniectomy. Medical management at the study institution includes head elevation, adequate oxygenation, fluid resuscitation, sedation, muscle relaxation, and mild hyperventilation, with or without hyperosmolar therapy.

Statistical Analysis

Statistical analysis was performed using commercially available statistical software (JMP 12 software; SAS Institute, Cary, North Carolina). Data from continuous variables are summarized as mean \pm SD for normally distributed variables and median (first quartile [Q₁], third quartile [Q₃]) for non-normally distributed variables. Categorical variables are summarized as counts and percentages. The association between each predictor of interest and outcomes was examined using the χ^2 test or Fisher exact test for categorical predictors and simple logistic regression for continuous predictors. The effect of each predictor of interest on surgical ICP management and craniectomy without adjusting for other predictors and the unadjusted odds ratio and corresponding 95% confidence intervals were calculated. For both categorical outcomes, predictors with $P < .1$ on unadjusted analysis were incorporated into the logistic regression analysis. The independent predictors for each outcome were developed using the backward-elimination method. The final predictors for each outcome of

interest were selected on the basis of the Akaike information criterion. A P value of .05 indicated significance. For the prediction model for each outcome, receiver operating characteristic analysis was performed to assess the overall predictive ability of the model using the area under the receiver operating characteristic curve.

RESULTS

Baseline clinical characteristics of the cohort ($n = 65$) are shown in the On-line Table. Of the 65 patients in the study cohort, 44 patients were medically managed, including hyperosmolar therapy in 20 patients. There were 21 patients managed surgically (14 by CSF drainage, 7 by craniectomy); all 21 patients had a trial of hyperosmolar therapy before escalating treatment to an operation. The median time from impact to WBCT was 1 hour 30 minutes (Q₁ = 1.12 hours, Q₃ = 2 hours), and the median time to follow-up head DECT was 6 hours (Q₁ = 4 hours, Q₃ = 7.25 hours). All contusions showed iodine leakage, with a concentration ranging from 0.1 to 1 mg/mL (median = 0.43 mg/mL, Q₁, Q₃ = 0.23–0.53 mg/mL). The correlation between the 2 reviewers' measurements of iodine concentration was very strong ($r = 0.923$). The correlation between predictors is shown in the On-line Figure. In patients with multiple contusions ($n = 28$), there was a strong correlation between the iodine concentration in the largest contusion with the mean concentration in smaller contusions ($r = 0.94$). The median fraction of pseudohematoma to the true hematoma was 0.31 or 31% (Q₁ = 0.11, Q₃ = 0.58).

Surgical Management

Twenty-one patients were managed surgically (14 by CSF drainage, 7 by craniectomy). DECT variables that correlated with surgical ICP management were higher iodine concentration (OR = 44; 95% CI, 3.03–641; $P = .005$), pseudohematoma volume (OR = 1.32; 95% CI, 1.06–1.64; $P = .01$), iodine quantity in

Table 2: Adjusted associations among predictor variables, surgical management of intracranial pressure, and decompressive craniectomy

Variables	Adjusted Odds Ratios (95% CI) (Surgical Management)	P Value	Adjusted Odds Ratios (95% CI) (Craniectomy)	P Value
Age (yr)	0.9 (0.85–0.97)	.003 ^a	0.89 (0.81–0.99)	.03 ^a
Total pseudo-hematoma from all contusions (cm ³)	2.05 (1.11–3.77)	.02 ^a	1.23 (1.03–1.45)	.02 ^a
P-GCS	0.55 (0.38–0.79)	.001 ^a		

^a Significant.

pseudo-hematoma (OR = 1.48; 95% CI, 1.04–2.11; $P = .03$), and iodine quantity in contusion (OR = 1.1; 95% CI, 1.01–1.21; $P = .02$). The conventional CT variable that correlated was hematoma volume on follow-up CT (OR = 1.06; 95% CI, 1–1.12; $P = .04$). Clinical variables that correlated were younger age (OR = 0.96; 95% CI, 0.93–0.98; $P = .004$), lower P-GCS (OR = 0.63; 95% CI, 0.5–0.8; $P < .001$), lower motor score (OR = 0.43; 95% CI, 0.25–0.76; $P = .003$), and lower fibrinogen (OR = 0.98; 95% CI, 0.97–0.99; $P = .002$). Complete details are provided in Table 1. The regression model developed after combining the clinical variables and CT variables identified 3 predictors with significance in the determination of surgical ICP management (Table 2): P-GCS (adjusted odds ratio [AOR] = 0.55; 95% CI, 0.38–0.79; $P = .001$), age (AOR = 0.9; 95% CI, 0.85–0.97; $P = .003$), and pseudo-hematoma volume (AOR = 2.05; 95% CI, 1.1–3.77; $P = .02$). The 3 variables resulted in an R^2 of 0.6 ($P < .001$) (Table 2). On average, a 1-unit (cubic centimeter) increase in pseudo-hematoma volume increased the odds of surgical ICP management by 105%. Receiver operating characteristic analysis of the regression model in predicting surgical ICP management yielded an area under the curve of 0.96.

Decompressive Craniectomy

The variables that correlated with decompressive craniectomy on univariable analysis were young age and lower P-GCS. Complete details are provided in Table 1. The regression model developed after inclusion of variables with $P < .1$ on unadjusted analysis identified 2 predictors with significance: age (AOR = 0.89; 95% CI, 0.81–0.99; $P = .03$) and pseudo-hematoma volume (AOR = 1.23; 95% CI, 1.03–1.45; $P = .02$), with an R^2 of 0.32 ($P < .001$) (Table 2). On average, a 1-unit (cubic centimeter) increase in pseudo-hematoma volume increased the odds of craniectomy by 23% (AOR = 1.23; 95% CI, 1.03–1.45; $P = .02$). Receiver operating characteristic analysis of the regression model in predicting craniectomy yielded an area under the curve of 0.89.

Iodine quantity either in pseudo-hematoma or the contusion showed a strong linear correlation (0.95) with pseudo-hematoma volume; hence, these factors can be interchangeable in the regression model.

Iodine Washout Rates

A second follow-up DECT was available in 37 patients. In these patients, there was a slow and gradual decrease in the iodine concentrations with a median of 2.22% ($Q_1 = 0$, $Q_3 = 9.6$). There was no correlation between the iodine concentration and washout rates (Spearman $\rho = 0.25$, $P = .13$). Serial iodine concentrations

measured in patients with >2 follow-up studies ($n = 22$) demonstrated that the complete washout of iodine was seen as soon as 56 hours and contrast was retained in the contusion for as long as 147 hours after injection. Analysis performed by adjusting the iodine concentration to the median time to follow-up CT of 6 hours showed identical predictors for surgical

ICP management and decompressive craniectomy.

DISCUSSION

Our cohort included predominantly a specific type of pathoanatomic injury (ie, contusions) with the most commonly used CT classification scheme (the Marshall CT score) as well as contusion volumes on admission and follow-up CT studies and compared them with the quantitative iodine-based DECT variables. We excluded large extraparenchymal hematomas because those pathoanatomic injury types do not share a common pathophysiologic mechanism of primary and secondary damage that influences the ICP.²⁰ The major findings from our study are the following: In traumatic cerebral contusions with a short-term follow-up head DECT after admission WBCT, quantitative iodine-based DECT variables correlated with surgical ICP management; pseudo-hematoma volume derived from DECT was the only imaging predictor of both surgical ICP management and craniectomy; and the clinical variables P-GCS and age were additional predictors of surgical ICP management, while age was the only clinical predictor of craniectomy.

Studies have shown a correlation between the presence of iodine leak with HPC and craniectomies after TBI.^{11–14} In contrast to previous studies, our results did not show a correlation between leaked iodine concentration and craniectomy, but they correlated with surgical ICP management. This difference might be due to qualitative assessment of images on SECT and by using various threshold levels of Hounsfield units to confirm leaks. However, we identified pseudo-hematoma volume derived from DECT as the best imaging predictor of surgical ICP management and craniectomy. Pseudo-hematoma that constitutes approximately 30% ($Q_1 = 10$, $Q_3 = 57$) (On-line Table) of the median value of the contusion represents the volume of enhancing penumbra. The predictive ability of pseudo-hematoma is because it represents the volume of parenchyma that shows BBB disruption, hence a higher volume correlating with the magnitude of ICP elevation according to Monro-Kellie hypothesis.⁸ Animal models have demonstrated the concept of progressive microvascular failure associated with contusions, in which the peak kinetic energy delivered to the epicenter resulted in immediate capillary fragmentation and hemorrhage. However, the energy deposited in the penumbra is not enough to fracture capillaries but is enough to activate mechanosensitive molecular processes. This upregulates sulfonyleurea receptor 1, implicated in delayed microvascular dysfunction resulting in a permeable endothelium.^{2,21} Iodine leaks through the same permeable endothelium manifest as enhancing penumbra. SECT fails to assess the volume of enhancing penumbra, while DECT enables the measurement of

the volume, thus proving to be superior to the commonly used Marshall CT score in predicting elevated ICP requiring surgical management.

Age and P-GCS were clinical predictors of surgical ICP management and age for craniectomy. The predictive ability of younger age might be due to the lack of involutational changes of cerebral volume loss; thus, younger patients are prone to ICP elevation by milder forms of cerebral edema compared with older patients. Use of the ratio of parenchymal volume to CSF volume as a measure of the degree of brain involution as a predictor variable may yield more accurate results. However, age may be used as an effective surrogate for the magnitude of brain atrophy until a robust validated automated volume-quantification software becomes widely available. Finally, a low P-GCS that represents more severe TBI as a predictor of surgical ICP may be related to the high mechanical force at impact that propagates through a large volume of parenchyma, causing diffuse edema contributing to ICP, as opposed to more localized injury.

The current TBI classification relies on the primary presentation (Glasgow Coma Scale) without considering the second phase that includes the role of BBB permeability.^{22,23} Establishing a routine, inexpensive, and minimally invasive technique to measure the degree of BBB disruption might improve the TBI classification and also would streamline patients for ICP monitoring and the treatment approach for increased ICP.²⁴ CT perfusion and contrast-enhanced MR imaging are the currently available imaging techniques for detection of BBB breakdown that rely on detection of the retained contrast agent in the interstitium. However, these techniques are not widely accepted for patients with TBI due to additional cost, time, and potential for additional radiation (class IIB recommendations).²⁵ Animal studies have shown that extravasation through the BBB occurs immediately after shock loading, reaches maximum intensity by 4 hours, and gradually resolves in 4 days after impact.²⁶⁻²⁸ CT contrast (iohexol, with a low molecular weight [<2 kDa]) can be used for measuring this transient increase in permeability. The ability to quantify iodine using increasingly available DECT technology in major academic and Level I trauma centers provides a good alternate imaging technique to assess BBB disruption.

Strengths and Limitations

The strength of our study derives from its unique ability to assess BBB disruption and the prediction of surgical ICP management in a subset of patients with TBI with hemorrhagic contusions using the current standard of care admission WBCT and follow-up DECT data, without any additional penalty of cost, time, and radiation. Limitations include its retrospective, single-center design, which introduces selection and institutional bias. Additionally, the cohort comprised hemorrhagic contusions as the major form of injury. Therefore, these data cannot be generalized to all patients with TBI, especially those with major extraparenchymal bleeds. Finally, this study does not evaluate the optimum temporal window to obtain the follow-up studies (though most follow-up scans [75%] were performed within 7 hours 15 minutes).

CONCLUSIONS

Quantitative iodine-based parameters derived from follow-up DECT after admission contrast-enhanced WBCT can be used to predict surgical ICP management and craniectomy in patients with hemorrhagic contusions. The identified predictors can help discriminate patients who would fail medical management and can help clinicians initiate early ICP monitoring and treatment.

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