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# Manganese-Enhanced MRI in Patients with Multiple Sclerosis

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## ABSTRACT

**BACKGROUND AND PURPOSE:** Cellular uptake of the manganese ion, when administered as a contrast agent for MR imaging, can noninvasively highlight cellular activity and disease processes in both animals and humans. The purpose of this study was to explore the enhancement profile of manganese in patients with multiple sclerosis.

**MATERIALS AND METHODS:** Mangafodipir is a manganese chelate that was clinically approved for MR imaging of liver lesions. We present a case series of 6 adults with multiple sclerosis who were scanned at baseline with gadolinium, then injected with mangafodipir, and followed at variable time points thereafter.

**RESULTS:** Fourteen new lesions formed during or shortly before the study, of which 10 demonstrated manganese enhancement of varying intensity, timing, and spatial pattern. One gadolinium-enhancing extra-axial mass, presumably a meningioma, also demonstrated enhancement with manganese. Most interesting, manganese enhancement was detected in lesions that formed in the days after mangafodipir injection, and this enhancement persisted for several weeks, consistent with contrast coming from intracellular uptake of manganese. Some lesions demonstrated a diffuse pattern of manganese enhancement in an area larger than that of both gadolinium enhancement and T2-FLAIR signal abnormality.

**CONCLUSIONS:** This work demonstrates the first use of a manganese-based contrast agent to enhance MS lesions on MR imaging. Multiple sclerosis lesions were enhanced with a temporal and spatial profile distinct from that of gadolinium. Further experiments are necessary to uncover the mechanism of manganese contrast enhancement as well as cell-specific uptake.

**ABBREVIATION:** RRMS = relapsing-remitting MS

Multiple sclerosis causes focal inflammatory demyelinating lesions in the central nervous system, with variable axonal destruction and remyelination.<sup>1</sup> MR imaging is commonly used in MS to monitor disease activity and response to treatment, but MR imaging can also be used to investigate lesion

pathophysiology.<sup>2</sup> Contrast-enhanced MR imaging is the criterion standard for the detection of acute disease activity. Gadolinium chelates are the most commonly used MR imaging contrast agents to detect new lesions when the BBB is disrupted, resulting in leakage of gadolinium into the parenchyma. However, exploration of other contrast agents with different mechanisms of action offers the potential for additional insights into disease pathophysiology.

MS lesions are believed to form in a complicated series of immune cell interactions that combine to cause demyelination and cell death.<sup>3</sup> Blood-derived macrophages play a key role in this process and have been shown by histopathologic techniques to be abundant in early lesions.<sup>4</sup> Despite our evolving understanding of the cellular and biochemical stages of an MS lesion, current imaging techniques lack the ability to finely monitor this development.<sup>3</sup> Additionally, gadolinium chelates, which are confined to the intravascular and interstitial compartments, are limited to detecting changes in vascular permeability and are unable to directly probe intracellular processes.


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## Clinical and demographic data

Participant	Age (yr)	Sex	MS		EDSS	Years Since Symptom Onset
			Phenotype	Current Disease-Modifying Therapy		
1	38	M	RRMS	None	1	<1
2	42	F	RRMS	Dimethyl fumarate	1.5	5
3	32	F	RRMS	None	0	<1
4	40	F	RRMS	Interferon $\beta$ -1a	3	6
5	33	F	RRMS	Daclizumab	2	15
6	39	M	SPMS	Autologous stem cell transplant, conditioning with cyclophosphamide and rituximab	6	13

**Note:**—SPMS indicates secondary-progressive MS; EDSS, Expanded Disability Status Scale.

Manganese ions ( $Mn^{2+}$ ) are paramagnetic and shorten the T1 relaxation time, allowing the metal to be used as an MR imaging contrast agent. Additionally, manganese acts as a calcium analog and can enter cells through calcium channels.<sup>5</sup> Due to these dual properties, manganese has been explored in animal models as a surrogate marker for neuroanatomy, cell activity and viability, and neuronal transport. Additionally, like calcium, manganese can be trafficked through axons, released at synapses, and taken up by postsynaptic neurons, allowing tract tracing in animal studies.<sup>6–10</sup> Despite the focus of the field on neuronal import of manganese, uptake by other cell types is likely, given the ubiquity of calcium channels.

In humans, manganese-enhanced MR imaging has been limited by concerns about free manganese toxicity to cardiac muscle cells.<sup>11</sup> Mangafodipir, a chelate of manganese and an organic ligand dipyridoxyl diphosphate, was therefore developed to allow safe and tolerable release of manganese via transmetallation with zinc in plasma to lower the risk of cardiotoxicity relative to infusion of manganese salts.<sup>12</sup> Mangafodipir was approved by the FDA in 1997 as a contrast agent for imaging lesions in the liver and pancreas. However, mangafodipir-enhanced brain MR imaging in humans has received little attention. In a recent study, we described a typical pattern of enhancement of manganese in the choroid plexus, anterior pituitary gland, and exocrine glands (including lacrimal, submandibular, and parotid glands) in healthy people.<sup>13</sup> We found no evidence on MR imaging of manganese enhancement within the brain parenchyma in these subjects, suggesting that mangafodipir is unable to cross the BBB. We established a peak of enhancement in the anterior pituitary gland between 1 and 24 hours and a peak of choroid plexus enhancement at 1.5 hours. Both the spatial and the temporal enhancement profiles of these structures are consistent with studies that infused manganese salts into animals, suggesting that the contrast seen was due to released manganese.<sup>14</sup>

The intracellular uptake characteristics of manganese, as gleaned from animal studies, offer the potential to expand our understanding of cellular activity and viability in active, demyelinating lesions in vivo. Thus, using a 1-time, single-dose injection of mangafodipir, we explored manganese enhancement of lesions in the brain in adults with MS.

## MATERIALS AND METHODS

Six adults with MS (4 women) were recruited under an institutional review board–approved protocol (NCT01326715) from April 2015 to February 2019, after confirming no stated history of excessive manganese exposure, inadequate hepatic or biliary

function, or contraindications to MR imaging. The average age was  $37 \pm 3.9$  years; the median Expanded Disability Status Scale score was 2 (range, 0–6), and median years since MS symptom onset was 7 (range, 0–15) (Table).

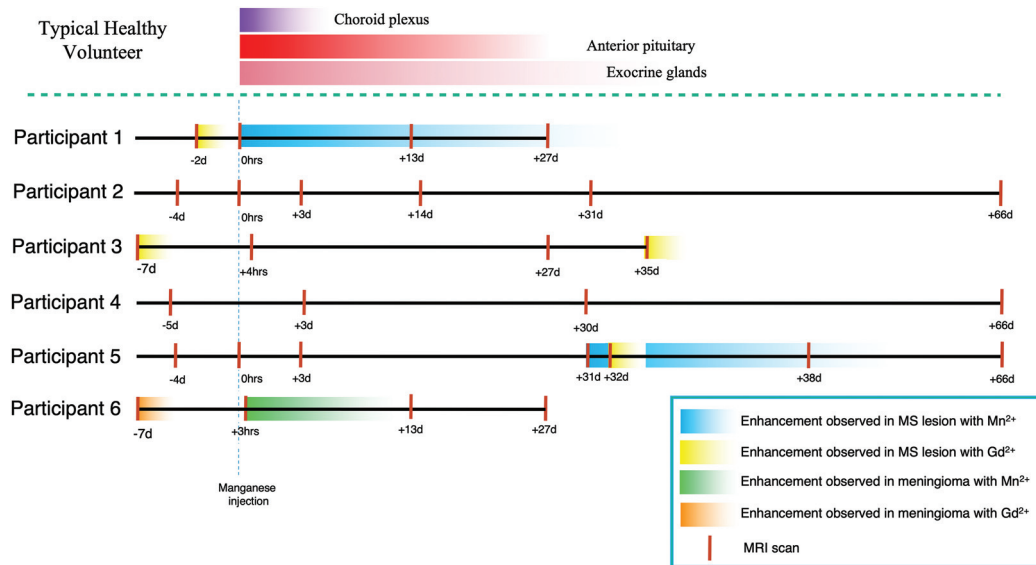
### MR Imaging Acquisition and Mangafodipir Administration

All prospective participants were imaged at baseline with gadolinium (gadobutrol, 0.1 mmol/kg) no more than 1 week before mangafodipir injection to assess evidence of a disrupted BBB and to exclude individuals with >5 enhancing lesions (a prespecified safety measure). Mangafodipir was reformulated from a clinical-grade stock under an FDA investigational new drug application, because commercial mangafodipir is no longer produced or marketed. For 1 minute, 5  $\mu$ mol/kg of mangafodipir was administered intravenously. Five of the 6 participants were imaged within 4 hours of mangafodipir injection; one was first scanned 3 days after injection. Subsequent scans were obtained at variable points within the days to weeks after injection, on the basis of our initial experience in healthy volunteers, participant availability, and an intention to sample a range of postinjection time points in this pilot study. Because manganese (unlike gadolinium) enters cells, we expected slower washout than with gadolinium. All participants underwent a 1-month post-mangafodipir injection MR imaging to assess for persistent signal change in the brain; if found, monthly scans were obtained until residual enhancement resolved.

Images were acquired on a 3T Magnetom Skyra (Siemens) scanner with a 32-channel head coil. Several T1- and T2-weighted sequences were acquired, including a 3D T1 sampling perfection with application-optimized contrasts by using different flip angle evolution (SPACE sequence; Siemens) (0.67-mm isotropic resolution, TR = 700 ms, TE = 26 ms, FOV = 256 mm, turbo factor = 96, fat suppression = SPectral Attenuated Inversion Recovery), a 3D-T1-weighted gradient-echo sequence (1 mm isotropic, TR = 7.8 ms, TE = 3ms, FOV = 256 mm, flip angle = 18°), and a 3D-T2-FLAIR sequence (1-mm isotropic resolution, TR = 4800 ms, TE = 353 ms, FOV = 256 mm). No dynamic image series was acquired during postmangafodipir acquisitions.

### MR Imaging Processing

Images from all postmangafodipir time points were cross-sectionally and then longitudinally registered to the baseline T1-gradient-echo sequence using 3dAllineate (afni.nimh.nih.gov). Image processing also included inhomogeneity correction with N4 Bias Field Correction ([https://simpleitk.readthedocs.io/en/master/link\\_N4BiasFieldCorrection\\_docs.html](https://simpleitk.readthedocs.io/en/master/link_N4BiasFieldCorrection_docs.html)).<sup>15</sup> Intensity normalization was



**FIG 1.** Summary of MR imaging time points and contrast enhancement. Participants were imaged at baseline, shortly after injection, and in the days to months after injection. *Red vertical lines* indicate MR imaging scans; *blue bars*, enhancement of MS lesions due to mangafodipir injection; *yellow bars*, gadolinium enhancement of MS lesions; the *green bar*, enhancement of a meningioma due to mangafodipir injection; and the *orange bar*, gadolinium enhancement of a meningioma. Gradients suggest decay of signal between time points but are not intended to be quantitative because temporal granularity is limited by infrequent imaging time points. D indicates days;  $Gd^{2+}$ , gadolinium ion.

achieved by normalizing the whole brain to the median intensity of the skull-stripped brain and subsequently scaling by the maximum intensity. Subtraction images were generated by voxelwise subtraction of the registered, uniformity-corrected, and intensity-normalized T1-SPACE baseline scans from the respective post-mangafodipir T1-SPACE images.

## RESULTS

### Findings in All Participants

All participants demonstrated a typical pattern of enhancement in the choroid plexus, anterior pituitary, and exocrine glands, including lacrimal, submandibular, and parotid glands, similar to that in healthy volunteers.<sup>13</sup>

### Findings in Specific Participants

Findings in individual lesions are summarized in Fig 1 and the On-line Table.

#### Participant 1

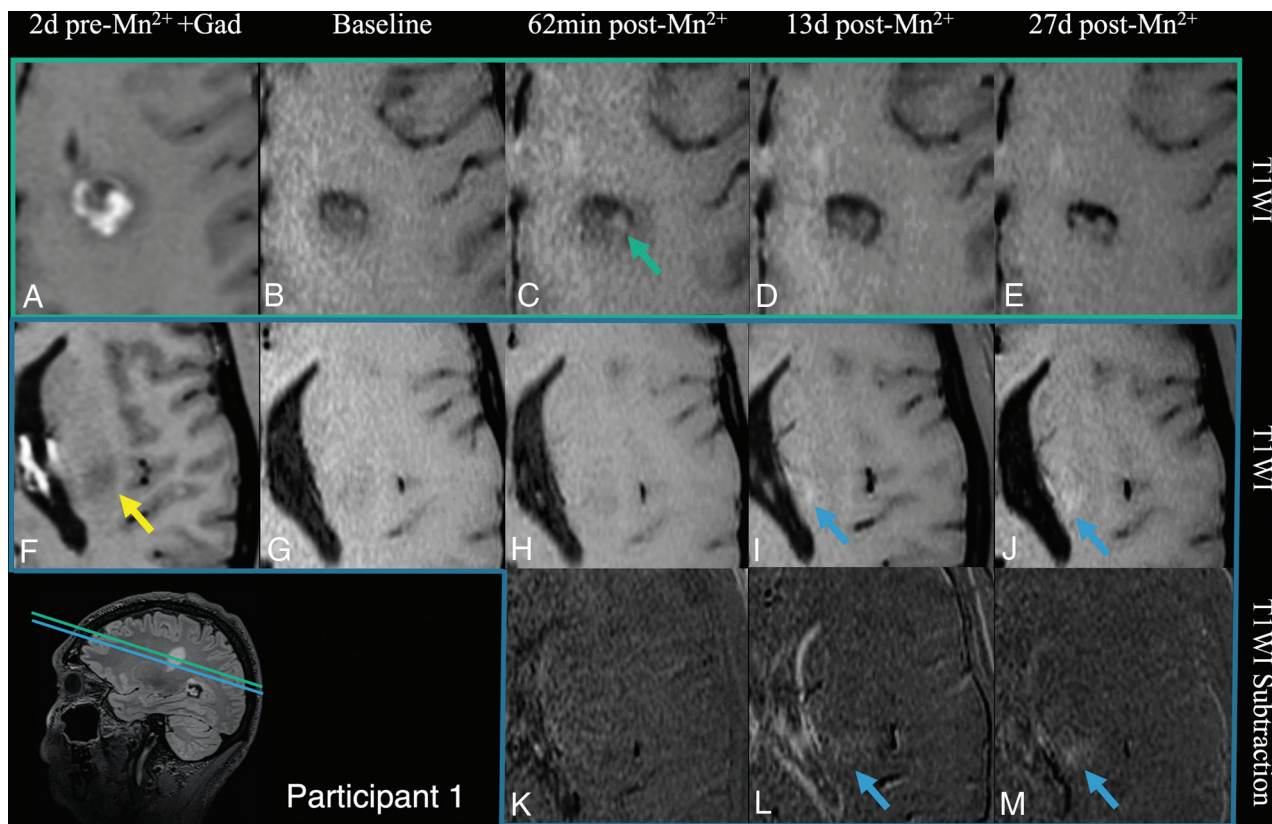
Participant 1 was a 38-year-old man with mild lesion burden and minimally prominent CSF spaces. On baseline MR imaging, there was a large, gadolinium-enhancing lesion in the left periventricular white matter (the lesion that was responsible for his initial MS presentation). Two days later, he was imaged before and within 1 hour after infusion with mangafodipir. This scan demonstrated subtle manganese enhancement in the same lesion (Fig 2C). Central enhancement in this lesion resolved by day 13. No other brain lesions enhanced with mangafodipir. In scans obtained 13 and 27 days postmangafodipir, faint and diffuse enhancement was noted caudal to the lesion border (Fig 2I, -J, -L, -M).

#### Participant 2

Participant 2 was a 42-year-old woman with relapsing-remitting MS (RRMS), minimally prominent CSF spaces, and a moderate lesion burden. The baseline MR imaging showed no evidence of parenchymal gadolinium enhancement. Images acquired approximately 30 minutes after injection of mangafodipir demonstrated no abnormal enhancement in the brain and no enhancement of previously visualized MS lesions (On-line Fig 1A–C). Hyperintense T1-weighted signal had resolved in the choroid plexus by 14 days post-mangafodipir injection, similar to prior work on healthy volunteers. All typical manganese-related enhancement had resolved by 38 days postinjection. No new lesions formed during this period.

#### Participant 3

Participant 3 was a 32-year-old woman with moderate lesion burden and minimally prominent CSF spaces. Baseline MR imaging 1 week before mangafodipir injection demonstrated 2 small lesions on T2-FLAIR, measuring approximately  $4 \times 2$  and  $3 \times 2$  mm in-plane and enhancing faintly with gadolinium. Four hours post-mangafodipir injection, manganese enhancement was not apparent in any MS lesion, regardless of gadolinium enhancement status (On-line Fig 1D–F). Typical mangafodipir-related enhancement in the exocrine glands and choroid plexus resolved by day 27 postmangafodipir. At this time point, the 2 small, previously gadolinium-enhancing lesions were no longer visible on T2-FLAIR. A small new T2-FLAIR lesion had formed, but this did not demonstrate T1-hyperintensity indicative of manganese enhancement. Follow-up imaging 8 days later (35 days post-mangafodipir injection) showed gadolinium enhancement of this new lesion.



**FIG 2.** Mangafodipir enhancement of an active gadolinium-enhancing lesion (participant 1). At screening, this lesion enhanced with gadolinium on T1-SPACE (A) with caudal edema visible on T1 (F, yellow arrow). At the center of the lesion (green plane, A–E), faint manganese enhancement is noted at 62 minutes (C) and resolved 13 days after injection (D). Caudal to the lesion (blue plane, F–M), manganese enhancement was noted outside the lesion border at 13 days (I, blue arrow) and on subtraction images (L). This enhancement persisted at 27 days (J and M, blue arrow). Additionally, ventricular narrowing, which commonly fluctuates,<sup>16</sup> was noted on day 13 postmangafodipir in reference to the baseline (L); this appeared to resolve by day 27 postmangafodipir.

#### Participant 4

Participant 4 was a 40-year-old woman with moderately prominent CSF spaces and moderate lesion burden. The baseline scan showed no abnormal enhancement with gadolinium. On the first postmangafodipir scan 3 days after mangafodipir injection, there was no evidence of enhancement within the brain parenchyma, including in MS lesions. No new lesions developed during the study. All typical manganese enhancement that persisted through 30 days postmangafodipir had resolved by 66 days after mangafodipir injection.

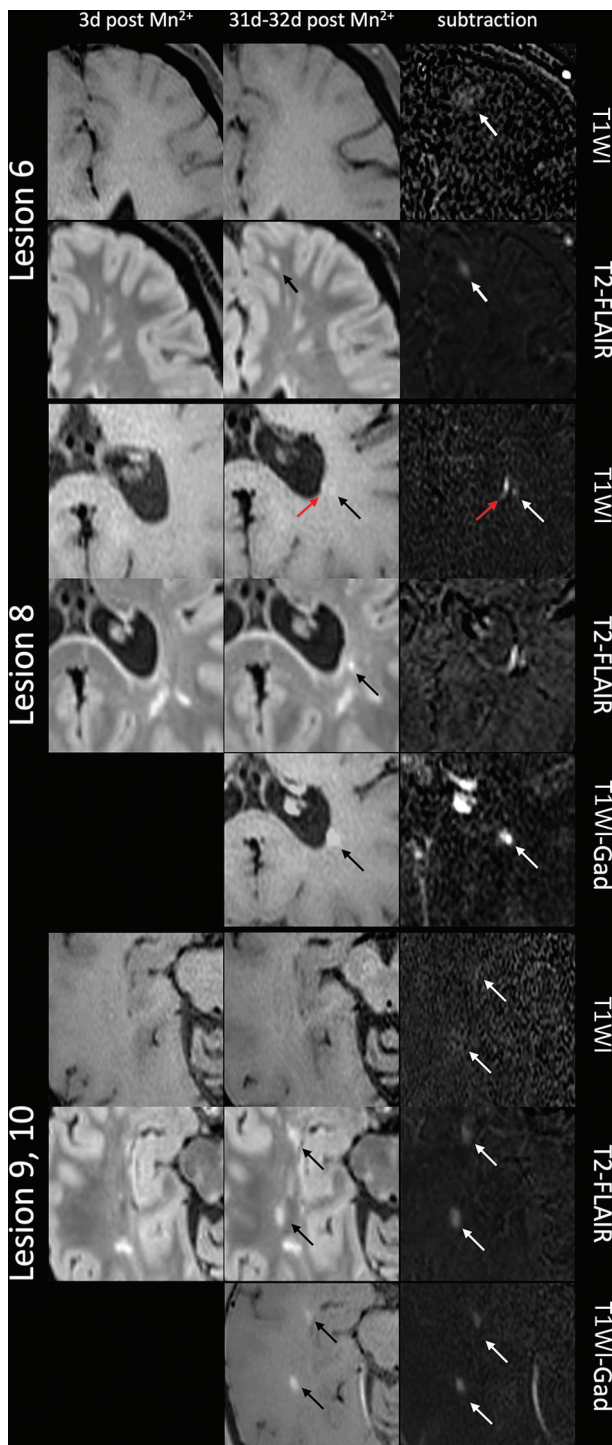
#### Participant 5

Participant 5 was a 33-year-old woman with severe lesion burden and moderately prominent CSF spaces. The baseline scan showed no abnormal enhancement with gadolinium. Immediately after mangafodipir injection, there was no abnormal manganese enhancement in the brain and no enhancement of previously visualized MS lesions. MR imaging was repeated 3 days postmangafodipir injection, no new T2-FLAIR lesions had formed, and there was no manganese enhancement in the brain. At 31 days postinjection, 8 new T2-FLAIR lesions were noted. Of these lesions, all were T1-hyperintense, which was not typical of new MS lesions visualized previously in this individual; this finding suggests that the lesions had taken up  $Mn^{2+}$  between imaging time points.

Three of the lesions demonstrated blush-like enhancement, characterized by a faint and diffuse enhancement pattern covering an area approximately 4 times larger than the T2 lesion (Fig 3, upper part). Five lesions demonstrated a punctate pattern of enhancement. A follow-up scan the next day (32 days postinjection) demonstrated nodular gadolinium enhancement in 5 of the 8 total lesions (Fig 3, middle and lower parts), and the area of gadolinium enhancement was contained within the T2-FLAIR lesion area. At 38 days post-mangafodipir injection, 2 additional new T2-FLAIR lesions had formed. All of this participant's manganese-enhancing lesions are shown in On-line Fig 2. Retrospective review of the day 31 scan showed T1-hyperintense signal in 1 of these lesions (On-line Fig 2, lesion 13), suggestive of manganese uptake before lesion detection on T2-FLAIR.

#### Participant 6

Participant 6 was a 39-year-old man with secondary-progressive MS, a moderate lesion burden, and minimally prominent CSF spaces. There were no gadolinium-enhancing MS lesions on baseline MR imaging; however, there was a long-standing extra-axial, dural-based mass anterior to the left temporal lobe, characteristic of meningioma, that was gadolinium-enhancing (Fig 4B, -F). He was imaged before and 3 hours after mangafodipir injection. The mass enhanced with mangafodipir (Fig 4C, -G), but none of the



**FIG 3.** Mangafodipir enhancement of MS lesions (participant 5). *Upper part,* Lesion 6 showed blush-like mangafodipir enhancement in a T2 lesion that formed between days 3 and 31 post-mangafodipir injection. There is subtle T1-hyperintense signal visible only on subtraction, suggesting manganese enhancement, in an area larger than the T2-FLAIR lesion. This lesion did not enhance with gadolinium on day 32 post-mangafodipir injection. *Middle, lower part,* Several lesions that formed between day 3 and day 31 post-mangafodipir injection enhanced with both manganese and gadolinium. Lesion 8 (*middle*) demonstrates nodular (*black arrow*) and ependymal (*red arrow*) enhancement with manganese but only nodular enhancement with gadolinium. Lesions 9 and 10 (*lower part*) demonstrate blush-like enhancement with manganese, visible on subtraction images, and nodular enhancement with gadolinium. Gad indicates gadolinium.

MS lesions enhanced. Enhancement in the mass had resolved by the next scan, 13 days post-mangafodipir injection (Fig 4D, -H).

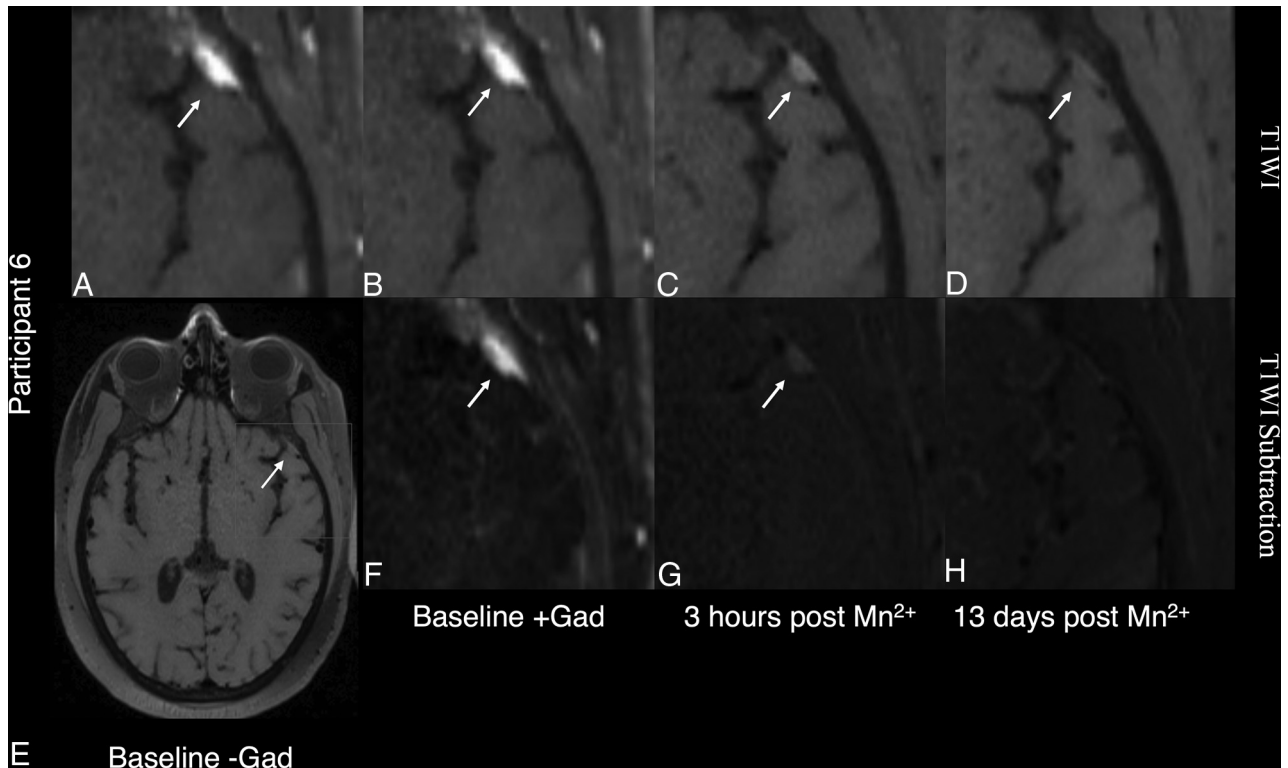
## DISCUSSION

In this report, we describe the use of a manganese-based contrast agent (mangafodipir) in a series of adults with MS and report that active MS plaques enhance with manganese in patterns distinct from those of gadolinium enhancement in the same lesions. Although variable delays between mangafodipir infusion and imaging limit direct comparison across the participants in our study, several patterns emerged. Similar to healthy volunteers,<sup>13</sup> we found a characteristic pattern of manganese enhancement in the anterior pituitary gland, exocrine glands, and choroid plexus shortly after injection. We did not observe manganese enhancement in chronic MS lesions. One MS lesion that was gadolinium-enhancing 2 days before mangafodipir administration also demonstrated manganese enhancement. Most interesting, some lesions that formed in the days to weeks after mangafodipir injection also enhanced, evident in delayed scans.

With respect to the manganese enhancement pattern, 4 active lesions demonstrated diffuse, blush-like enhancement that encompassed a much larger volume than was hyperintense on either T2-FLAIR or postgadolinium T1 (Fig 3). Considering that we never observed manganese enhancement in areas with intact BBBs, this observation suggests that the manganese ion or mangafodipir entered the brain parenchyma within the lesions, was taken up by local cells or cell processes, and subsequently spread outside the T2-FLAIR area. We cannot resolve whether such uptake was within axons, glia, invading immune cells, or some combination.

In addition to distinct enhancement patterns, the kinetics of manganese enhancement also differ from that of gadolinium. In participant 5, manganese enhancement occurred during a much longer time window than gadolinium enhancement: Lesions newly visible on T2-FLAIR even 38 days after injection demonstrated manganese enhancement. Lesion 13, which was not visible on T2-FLAIR 31 days postinjection, showed faint enhancement with manganese at that timepoint. Additionally, this lesion demonstrated gadolinium enhancement the following day, with no T2-FLAIR correlate. This result is consistent with published data suggesting that demyelination, which causes hyperintense signal on T2-weighted images, is preceded by other pathologic processes in both MS<sup>17,18</sup> and experimental autoimmune encephalomyelitis<sup>3,19</sup> lesions and that these processes are not entirely invisible to MR imaging. It also suggests that the manganese that is injected with mangafodipir may be retained in various stores within the body (possibly in the liver, kidney, and exocrine/endocrine glands), subsequently re-entering the circulation at low-but-steady levels. This characteristic would allow manganese accumulation within the intracellular compartments in newly forming lesions with damaged BBBs.

Observations in participant 3 further illustrate that manganese enhancement of MS lesions must be interpreted differently from gadolinium enhancement. This participant had 2 small lesions that enhanced with gadolinium at baseline, as well as a newly formed and later gadolinium-enhancing lesion. However, none of these lesions demonstrated evidence of enhancement after mangafodipir.



**FIG 4.** Manganese enhancement of a presumed meningioma in participant 6, a 39-year-old man with secondary-progressive MS. The mass (arrow) is visible on precontrast T1-weighted images (A and E) with vivid gadolinium enhancement (gadolinium [Gad]) visible on both T1-weighted (B) and T1 gadolinium subtraction (F) images. Mangafodipir enhancement is visible within the mass 3 hours after mangafodipir (C and G) and had resolved by 13 days postinjection (D and H).

It is possible that the small size and faint gadolinium enhancement of these lesions at baseline were below detectability with mangafodipir at the dose we used, but it could also suggest that these lesions were at a late active stage. Additionally, a lesion in this participant that formed after mangafodipir injection did not visibly take up manganese, potentially because the time between manganese injection and lesion formation was too long.

A key difference between manganese and gadolinium in animal studies is the ability of manganese to be imported into cells and, in neurons, transported within axons and across synapses.<sup>20</sup> The enhancement patterns we observed in MS lesions, though, appear different from those demonstrated in animal models, with no obvious linear enhancement along white matter tracts.<sup>21,22</sup> It is possible that tract-restricted manganese enhancement was too faint at the FDA-approved dose, which delivers a much lower manganese load than is typically given in animal experiments.<sup>11,23</sup> PET imaging with manganese-52 ( $Mn^{2+}$ ) might overcome this limitation at the expense of spatial resolution.<sup>24</sup>

In addition to the observed manganese enhancement in MS lesions, participant 6 had a presumed meningioma that enhanced 3 hours following mangafodipir injection. The meningioma also avidly enhanced with gadolinium, but unlike with gadolinium, mangafodipir enhancement was not masked by nearby vascular enhancement. Manganese enhancement had

resolved by the next scan 13 days later. Although mangafodipir has been previously shown to be equal or better at detecting liver lesions and metastases than contrast-enhanced CT and ferucarbotran-enhanced MR imaging, its use in meningiomas has not been reported.<sup>25-28</sup> One study reported that manganese retention in hepatocellular carcinoma correlates with tumor staging and prognosis,<sup>29</sup> and it is possible that patterns of manganese enhancement could also provide useful clinical information about intracranial tumors.

## CONCLUSIONS

This is the first study to evaluate enhancement dynamics of manganese within MS lesions. Our data show that manganese ions enable visualization of the acute inflammatory demyelination that occurs in active MS lesions. Furthermore, the intracellular capability of manganese is consistent with diffuse enhancement in an area larger than that of the T2-FLAIR lesion days after injection. From the results in this small cohort, we cannot comment on differences in enhancement patterns that may be induced by disease-modifying therapies. Most important, we cannot distinguish between enhancement due to  $Mn^{2+}$  ions and mangafodipir at early time points because these may generate similar enhancement profiles. However, transmetallation of mangafodipir increases the likelihood that enhancement at later time points is due to the ion

itself. While mangafodipir used at the dose in this study does not fully recapitulate the ability of gadolinium to vividly and immediately mark active MS lesions, use of mangafodipir in MS imaging offers the possibility of following lesion formation in a longer window than gadolinium and may provide new insights into the pathophysiology of lesion formation.

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