Correlation between Histopathology and Signal Loss on Spin-Echo T2-Weighted MR Images of the Inner Ear: Distinguishing Artifacts from Anatomy

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ABSTRACT

BACKGROUND AND PURPOSE: MR imaging of the inner ear on heavily T2-weighted sequences frequently has areas of signal loss in the vestibule. The aim of the present study was to correlate the anatomic structures of the vestibule with areas of low signal intensity.

MATERIALS AND METHODS: We reviewed T2-weighted spin-echo MR imaging studies of the internal auditory canal from 27 cases and cataloged signal intensity variations in the vestibulum of inner ears. Using a histologic preparation of a fully mounted human ear, we prepared 3D reconstructions showing the regions of sensory epithelia (semicircular canal cristae, utricular, and saccular maculae). Regions of low signal intensity were reconstructed in 3D, categorized by appearance, and compared with the 3D histologic preparation.

RESULTS: The region corresponding to the lateral semicircular canal crista showed signal loss in most studies (94%). In the utricle, a focus of signal loss occurred in the anterior-cranial portion of the utricle and corresponded to the location of the utricular macula and associated nerve on histopathologic specimens (63% of studies). Additional areas of low signal were observed in the vestibule, corresponding to the fluid-filled endolymphatic space and not to a solid anatomic structure.

CONCLUSIONS: Small foci of signal loss within the inner ear vestibule on T2-weighted spin-echo images correlate with anatomic structures, including the lateral semicircular canal crista and the utricular macula. More posterior intensity variations in the endolymphatic space are likely artifacts, potentially representing fluid flow within the endolymph caused by magneto-hydrodynamic Lorentz forces.

Magnetic resonance imaging of the temporal bone and lateral skull base has become common practice in the work-up of many clinical conditions, including sensorineural hearing loss, cholesteatoma, and infections of the lateral skull base. Increasingly, attention is being directed to the inner ear, for example in decisions about cochlear implant candidacy and in patients with Menière disease.1-3 The inner ear has been difficult to image with MR imaging techniques due to its small size and environment, which includes a mixture of tissues of different proton densities, leading to susceptibility artifacts.4 T2*-weighted sequences using either gradient-echo (eg, CISS) or FIESTA are used at many centers but are prone to banding artifacts.5 Other centers have used 3D fast spin-echo sequences (T2-weighted sampling perfection with application-optimized contrasts by using flip angle evolution [SPACE; Siemens]), which are less prone to magnetic susceptibility artifacts.6 In T2-weighted images generated using SPACE sequences, the labyrinthine fluids have a high signal intensity in sharp contrast with the low signal intensity of the surrounding bone of the otic capsule. The vestibule, however, is not entirely homogeneous, often showing patchy or filamentous areas of lower signal intensity. In the internal auditory canal, areas of low signal intensity on SPACE sequences are considered anatomic structures such as nerves and blood vessels. The increasing attention paid to inner ear structures on T2-weighted sequences prompted us to assess these areas of reduced signal intensity in the context of labyrinthine anatomy.

 References

Our aim in this retrospective study was to classify these foci of low signal intensity within the vestibulum according to their topography and to determine whether they correspond to anatomic structures.

**Materials and Methods**

**Research Design and Patients/Subjects**
In this retrospective study, we reviewed T2-weighted SPACE sequence MR images from patients who were examined at the Department of Otolaryngology, Karl Landsteiner University Hospital Krems, Krems an der Donau, Austria, between January 1, 2019, and June 30, 2020. The study had been authorized by the Bioethics Committee of Lower Austria (GS4-EK-4/676–2020). All patients were older than 18 years of age, and in all cases, the radiologic evaluation showed normal high signal intensity representing the fluid-filled spaces of the inner ear, including the cochlea, vestibule, and semicircular canals.

**MR Imaging Data Acquisition and Processing**
The SPACE technique consists of a 3D-fast (turbo) spin-echo acquisition using very long echo-train lengths (typically 100–250 echoes), ultrashort echo spacing (typically 3–4 ms), nonselective refocusing pulses, and reduced flip angles. The examinations used a Magnetom Verio 3T MR imaging system (Siemens) with the following sequence parameters: TR, 1000 ms; TE, 135 ms; section thickness, 0.5 mm; bandwidth, 289 Hz/pixel; flip angle, 120°; echo spacing, 6.84 ms.

The MR imaging SPACE sequences were evaluated independently by 2 investigators for foci of low signal intensity in the vestibule without any processing using the DICOM viewer MagicView DANUBE (Siemens). Images were exported as JPEGs, and a scalar volume was created using Slicer (Version 4.10.2; http://www.slicer.org). The areas of low signal intensity in the vestibule were manually defined and registered in Slicer. The MR images were then three-dimensionally reconstructed (as illustrated in Fig 1A).

**Processing of the Histology Sections**
One normal ear (left side) from the temporal bone collection of the Otopathology Laboratory at the Massachusetts Eye and Ear Infirmary was examined (National Institute on Deafness and Other Communication Disorders National Temporal Bone Registry; institutional review board ethical commission permission number: 92–04-017X). The
donor was a 71-year-old man, and the specimen was acquired 14 hours postmortem. The ear was horizontally sectioned (ie, in the axial plane) with a section thickness of 20 μm. The histologic slides were scanned using an Aperio AT2 scanner and viewed using Aperio ImageScope (Leica Biosystems). The ROIs were captured using a resolution of 3264/1836 and stored in JPEG format. Anatomic details such as the lateral canal crista, utricular macula, and saccular macula were manually defined and registered in Slicer. The 440 images were manually aligned using Fiji ImageJ (National Institutes of Health, Bethesda) and three-dimensionally reconstructed using Slicer7 (as illustrated in Fig 1B). By means of Blender 2.82 (https://www.blender.org/download/releases/2-82/), a composite 3D model of the temporal bone histology including membranous spaces was built and virtually re-sectioned in the plane of the MR image sections. This process was necessary because the histologic sections are much thinner than the MR image slices, and the radiologic plane differed from the plane of the histologic sections.

**Preliminary Fitting of the MR Images to the Histology**

After the 3D reconstruction of the histologic sections was completed, the 3D MR imaging and 3D histology were scaled and fit. Using Blender, the location of the areas of low signal intensity on MR imaging were compared with the anatomic details from the reconstructed histology of the inner ear (Fig 1A). After patterns of low signal intensity were identified, to focus on normal anatomy, we excluded patients with a diagnosis of a peripheral vestibular disorder from the final analysis.

**Statistical Methods**

The frequency of observation of areas of low signal intensity was compared between the left and right inner ears using a Fisher exact test. Statistical analyses were performed using GraphPad Prism, Version 5.03 for Windows (GraphPad Software). A *P* value < .05 was considered statistically significant.

**RESULTS**

Originally 43 cases were identified that met the inclusion criteria. After a preliminary examination of the MR images for regions of low signal intensity, 5 patterns of low signal intensity in the vestibule were identified (Fig 2): 1) a focus near the anterior takeoff of the lateral semicircular canal; 2) the anterior-cranial part of the vestibule we called the utricular root; 3) a rhomboid or diamond-shaped filamentous area of decreased signal within the middle portion of the vestibule; 4) a focus near the saccule (saccular region); and 5) a focus in the posterior vestibule. The MR imaging SPACE sequences were evaluated independently by 2 investigators and the interrater agreement for identifying the regions of low signal intensity for the 2 examiners was 97.9% (Cohen *κ* = 0.907).

After the classification of these ROIs, 5 cases with the clinical diagnosis of vestibular neuritis, 3 cases with Ménière disease, and 8 cases with benign paroxysmal positional vertigo were excluded from the analysis because we intended to focus on normal peripheral vestibular anatomy. Ultimately, scans from 27 patients (13 women, 14 men) were processed (average age, 63 years; range, 35–89 years). Clinical diagnoses were hypertensive crisis (*n* = 3), idiopathic sudden hearing loss (*n* = 12), tinnitus (*n* = 2), central downbeat nystagmus (*n* = 1), minor cerebral hemorrhage...
(n = 1), subependymal tumor (n = 1), migraine (n = 1), transient ischemic attack (n = 2), trigeminal neuralgia (n = 1), syncope (n = 2), and vestibular schwannoma (n = 1). The Table shows the frequency of the areas of low signal intensity for the left and right inner ears. The indentation caused by low signal intensity near the anterior takeoff of the lateral semicircular canal corresponded, on histology, to the lateral semicircular canal crista and was found in 93% of the right ears and in 96% of the left ears (Fig 2A). A signal loss adjacent to the anterior-superior part of the bony vestibule corresponded to the attachment or “root” of the utricular macula and could be seen in 63% of both left and right inner ears (Fig 2B). The remaining 3 areas of low signal intensity within the vestibule did not correspond to solid anatomic structures on the histologic specimen. The rhomboid or diamond-shaped area of reduced signal in the middle of the vestibule was observed with variable frequency for the inner ears on both sides, being significantly more commonly seen in the right inner ear than in the left (85% versus 48%, significant by the Fisher exact test; the 2-tailed P value = .0084) (Fig 2C). The low signal around the anatomic location of the saccule was not found in the final group of examined ears. The regions of low signal intensity were decided before excluding cases of peripheral vestibular disorders. There was 1 right ear in which a focus of low signal intensity was seen in this saccular region, and this case was excluded because of the diagnosis of ipsilateral disorders (Materials and Methods). There was 1 right ear in which the root of the utricular macula could be seen was exactly the same on the left and right sides, supporting the hypothesis that the signal loss corresponds to an anatomic structure.

The additional 2 areas of low signal intensity within the vestibule did not correlate with solid anatomic structures but rather corresponded to regions of the endolymph-filled space of the vestibule on histology. The inner ear houses a thin membranous labyrinth that contains potassium-enriched fluid called endolymph and is surrounded by sodium-enriched perilymph. The sensory epithelia of the inner ear are located within the endolymph-filled space of the membranous labyrinth. The composition of these fluids is like water, indicating that endolymph and perilymph ought to have similar proton density and therefore a similar signal intensity on T2-weighted spin-echo images. The loss of signal within this space is likely an artifact.

An advantage of T2-weighted spin-echo sequences like SPACE over T2*-weighted gradient-echo sequences is fewer magnetic susceptibility artifacts. T2-weighted TSE sequences like SPACE, however, are especially susceptible to movement artifacts. The imaging characteristics of CSF cause it to manifest as intense signal on T2-weighted images. The loss of signal, caused, for instance, when protons in fluid move during image acquisition, is called a flow void. Although considered an artifact, flow void has been used to examine the movement of the CSF in cases with normal-pressure hydrocephalus. Areas of low signal intensity within the CSF can be caused by CSF flow-related phenomena and are divided into 2 categories: time-of-flight (TOF) effects and phase-related effects from turbulent flow, with turbulent flow creating greater loss of signal.

Previously, the inner ear was modelled as a closed system with relatively little fluid flow. Increasingly, however, attention is being paid to flow phenomena in the inner ear. In 2011, Roberts et al discovered that healthy humans have a beating of the eyes called nystagmus in MR imaging machines of at least 3T. They reported nystagmus in all (n = 10) of their healthy human volunteers with the effect being greater at 7T than at 3T magnetic fields. The authors proposed that the effect is caused by a magneto-hydrodynamic Lorentz force occurring in the inner ear vestibule, induced by the interaction of normal ionic currents entering utricle hair cells and the strong static magnetic field of the MR imaging machine. The Lorentz force has been attributed primarily to the ionic currents within endolymph associated with the utricle, though the effect would not be on the utricle macula and hair cells themselves but through the movement of the endolymph into the nearby openings of the lateral and superior semicircular canals, pushing on the cupulae and producing a nystagmus. The nystagmus effect

<table>
<thead>
<tr>
<th>ROIs (No.)</th>
<th>Lateral Semicircular Canal Crista</th>
<th>Utricular Root Region</th>
<th>Utricular “Diamond”</th>
<th>Saccular Region</th>
<th>Posterior Vestibular Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right side</td>
<td>25/27 (93%)</td>
<td>17/27 (63%)</td>
<td>23/27 (85%)</td>
<td>0/27 (0%)</td>
<td>25/27 (93%)</td>
</tr>
<tr>
<td>Left side</td>
<td>26/27 (96%)</td>
<td>17/27 (63%)</td>
<td>13/27* (48%)</td>
<td>0/27 (0%)</td>
<td>20/27 (74%)</td>
</tr>
</tbody>
</table>

*Significant difference between left and right sides (Fisher exact test, 2-tailed P value = .0084).
Lorentz force. These factors all may have augmented the flow artifacts even with a relatively slow-but-turbulent flow in the vestibule.

A limitation of the study is that only 1 normal cadaveric temporal bone was fully processed and reconstructed to compare with the MR images of the study population. Observations from the cadaver may not correlate perfectly with findings in the imaged patients. The spatial resolution of a 3D reconstructed, fully processed cadaveric specimen exceeds that of standard histologic preparations, and due to the time-intensive process of digitizing and manually aligning the specimen, few fully processed specimens have been reported in the literature. Nevertheless, on the basis of the appearance of normal labyrinthine fluid spaces from other lower-resolution specimens, we are confident that the specimen used in this study represents a typical distribution of the different scalar volumes in a normal specimen.

In this study, we excluded cases in which pathology may have affected the peripheral vestibular system. The aim was to describe the findings in the normal inner ear; however, the included participants all had a clinical indication for the imaging study that may have affected the frequency of the observed findings. Nevertheless, the findings may have implications for patients who could demonstrate different patterns of low signal intensity, as in the single case in which low signal was seen near the saccule in an individual with ipsilateral benign paroxysmal positional vertigo but in none of the cases without a peripheral vestibular disorder. In cases with utricular endolymphatic hydrops, flow void artifacts may appear differently compared with normal ears. Changes in inner ear signal intensity, for instance in cases with dysfunction of the utricular macula (vestibular neuritis) or intralabyrinthine schwannoma, could benefit from more precise localization of affected inner ear structures. More precise localization of signal abnormalities can aid clinicians treating patients with inner ear abnormalities.

CONCLUSIONS

In this study, we identified foci of low signal intensity in the vestibule in T2-weighted spin-echo MR images. While some areas of low signal corresponded on histology to structures like the lateral semicircular canal crista and the utricular macula, others corresponded to the fluid-filled endolymphatic space of the utricle. We hypothesize that these latter areas are artifacts caused by fluid movements in the endolymphatic space and could result from magneto-hydrodynamic Lorentz forces.
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Disclosure forms provided by the authors are available with the full text and PDF of this article at www.ajnr.org.

REFERENCES