CT and MR Imaging of Solitary Extramedullary Plasmacytoma of the Nasal Tract

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BACKGROUND AND PURPOSE: Solitary extramedullary plasmacytoma (SEP) is rare. The purpose of this study was to determine the CT and MR imaging features of SEP of the nasal tract.

METHODS: We retrospectively reviewed three CT and two MR images of three histologically proved cases in two men and one woman aged 43–66 years.

RESULTS: The plasmacytomas predominantly involved the nasopharynx in two cases and the nasal cavity in one. Two of the tumors were bulky solid masses, whereas the third showed infiltrative features. They were predominantly masses or infiltrative lesions with soft-tissue attenuation on CT scans. The lesions were isointense and hyperintense on T1- and T2-weighted MR images, respectively. The tumors revealed moderate-to-marked contrast enhancement and may have been associated with lytic bone destruction.

CONCLUSION: The imaging features of SEP are nonspecific. However, this entity should be included in the differential diagnosis of tumors in the nasopharynx and nasal cavity.
the tumor; any bone destruction; and any soft-tissue involvement.

Endoscopic examination of the upper aerodigestive tract was performed in all patients under anesthesia. Histologic evaluation and immunohistochemical studies were performed on the biopsy specimens obtained from the tumors. The diagnosis of extramedullary plasmacytoma was established on the basis of the presence of large aggregates of atypical plasma cells that often infiltrated adjacent structures. The monoclonal nature of the plasma cells was confirmed by means of immunoperoxidase staining for kappa and lambda immunoglobulin light chains. Multiple myeloma was excluded by means of normal bone marrow biopsy and skeletal survey.

Results

Presenting symptoms were nasal obstruction (n = 1), epistaxis (n = 1), and headache (n = 1). The mean duration of symptoms before presentation was 4.3 months (range, 3 weeks to 9 months). Results of urinalysis for the Bence-Jones protein, serum electrophoresis, and serum protein electrophoresis were all negative. In two patients, a complete response to radiation therapy was noted. In the remaining patient, the treatment response was poor, and local recurrence was noted. As of this writing, all patients were surviving, and no patient had progressed to multiple myeloma.

Tumor Location and Extent

In two patients, disease was confined predominantly to the nasopharynx. Of these, one patient had a solitary soft-tissue mass in the roof and the posterior pharyngeal wall with extension to the posterior nasal cavity and nasal septum (Fig 1). One patient had a diffuse lesion effacing the right fossa of Rosenmuller and posterior pharyngeal wall (Fig 2). In one patient, the disease site was in the nasal cavity with a soft-tissue mass of the nasal septum. Involvement of both sides of the nasal cavity was observed with destruction of the nasal turbinates and extension into the hard palate and nasopharynx. Adjacent maxillary sinus involvement was noted (Fig 3).

Bone Destruction

Osteolytic erosion with no sclerosis was present in one patient. Erosion of the medial maxillary wall was present in the patient with maxillary extension. In this patient, the adjacent middle and inferior turbinates were also involved.

Soft-Tissue Involvement

MR imaging possesses advantages over CT because of its excellent soft-tissue contrast. In two patients with MR images, tumors were of homogeneous signal intensity similar to the signal intensity of muscle on T1-weighted images. On T2-weighted images, the signal intensity was moderately higher than that of muscle but lower than that of the mucosa. Moderate-to-marked heterogeneous enhancement occurred in all involved soft tissues on CT and MR images. In one patient, the diffuse lesion showed focal infiltration to the ipsilateral medial pterygoid muscle and carotid space, as well as prevertebral musculature (Fig 2). No fluid or mucus retention was noted in the sinonasal cavity. No soft-tissue involvement of the buccinator spaces, infratemporal fossa, or temporalis muscle was observed. No substantially enlarged parapharyngeal or cervical lymph nodes were noted in any cases.

Discussion

SEP of the nasal tract is a rare neoplasm of B-lymphocyte populations (8). They account for less than 1% of all head and neck malignancies and 4% of nonepithelial tumors of the nasal tract with an overall incidence of three per 100,000 population per year (2, 4). The incidence is higher in men aged 60–80 years, with a male-to-female ratio of more than 3:1. No racial predilection is noted. Most recorded tumors are located mainly in the head and neck and involve the sinonasal or nasopharyngeal regions (75%), followed by the larynx (18%) and the oropharynx (12%). Manifestations in rare sites, including the tongue, tonsils, minor salivary glands, posterior pharyngeal wall, thyroid, parotid gland, and middle ear have been
reported (1, 4, 9). Virtually any part of the body, including the liver and colon, can be affected (10, 11). SEP appears as a slowly growing mass; therefore, a delay in diagnosis is common. The clinical presentation is mainly due to mass effect and depends on the site of involvement. The two most common clinical findings are a soft-tissue swelling and nasal obstruction (80%). Epistaxis, nasal discharge, pain, proptosis, cervical lymphadenopathy, and cranial nerve palsy are less common and nonspecific findings in the initial presentation. Obtaining biochemical clues before biopsy is difficult because only 25% of the patients have increased levels of M-protein in their blood or urine (4, 12).

In this study, two nasal tract SEPs were bulky and appeared as mildly heterogeneous, soft-tissue-attenuating masses with moderate-to-marked contrast enhancement on CT scans. CT examination would be useful in showing the underlying bony abnormality. One tumor showed expansion with remodeling of the adjacent bone and lytic bone destruction. One of our cases showed a subtle unilateral superficial lesion involving the nasopharynx, which represented an early superficial lesion; this finding was unclear on the CT scans. MR imaging offers advantages over CT on account of its high soft-tissue contrast and multiplanar depictions. The T1-weighted MR images revealed intermediate signal intensity, and the T2-weighted images showed moderate-to-high signal intensity. After the introduction of gadolinium-based contrast agent, moderate-to-marked enhancement was observed. These imaging features are not specific, and bone erosion, although suggestive of the diagnosis, could be caused by other aggressive lesions. Imaging alone cannot be used to reliably distinguish this tumor from other malignancies of the nasal tract such as squamous cell carcinoma, lymphoma, adenocystic carcinoma, esthesioneuroblastoma, rhabdomyosarcoma, and Wegener granulomatosis. Together, CT and MR imaging are the methods of choice for assessing local disease, but the diagnosis of SEP of the nasal tract still requires histologic and immunohistochemical evidence. Macroscopically, SEP has variable appearances. It can appear as a fleshy, yellowish gray to dark red sessile, polypoid, or pedunculated lesion. This disorder is histopathologically characterized by florid monomorphic infiltrates of plasma cells with a variable degree of cellular atypia in a delicate, reticular stroma. The demonstration of a monoclonal pattern of immunoperoxidase staining for kappa and lambda immunoglobulin light chains distinguishes plasmacytomas from reactive plasmacytosis (13). The use of gene rearrangement molecular techniques has been advocated to demonstrate the monoclonal pattern.

This tumor is highly radiosensitive. Treatments with
either local radiation therapy or surgery are equally effective (3, 14). As demonstrated in our study, radiation therapy achieved fairly local and regional control. The prognosis is good, with more than 70% of patients with SEP surviving longer than 10 years (15). The five patterns of biologic behavior of SEP are related to the clinical course. The two most common patterns (75–80%) are 1) localized disease controlled by surgery, radiation therapy, or both and 2) locally recurrent disease controlled by additional therapy. Other patterns include local disease with subsequent dissemination (15–36%), regional lymphadenopathy without dissemination (8–12%), and death due to uncontrollable local extension (5%) (4, 13).

This study has possible methodologic limitations. Potential selection bias cannot be excluded. Our sample was small because relatively few patients have this rare disease. This limitation may have prevented the demonstration of more variations in the imaging features of this disorder. In addition, the radiologists were not blinded to the patient's clinical history. This bias might have increased the CT or MR imaging findings. Because of the retrospective nature of this study, further studies are required to investigate correlations between the extent of the tumor; the imaging characteristics; and the stage of disease; and, ultimately, the clinical outcome.

Conclusion

SEP shows nonspecific CT and MR imaging features. However, features that may suggest the diagnosis are a bulky soft-tissue mass or infiltrative lesion. The tumor does not usually become disseminated, but it may be locally aggressive and demonstrate marked involvement and destruction of the adjacent structures. CT and MR imaging are complementary techniques in evaluating the local extent of this rare plasma cell tumor. SEP should be included in the differential diagnosis of a nasal tract lesion because it has imaging findings similar to those of other more common lesions such as nasopharyngeal carcinoma and lymphoma.

References


FIG 3. Case 3. Images in a 63-year-old man with a 3-month history of nasal blockage caused by nasal extramedullary plasmacytoma. A, Contrast-enhanced axial CT scan shows a large soft-tissue mass (star) filling the entire nasal cavity, with erosion of the nasal septum (curved solid arrow) and right medial maxillary wall (straight solid arrow) extending posteriorly to the nasopharynx (open arrow). B, Eight-month follow-up contrast-enhanced CT scan shows a considerable decrease in the size of the tumor (arrow) after regional radiation therapy. This finding indicates partial remission. C, Ten-month follow-up coronal T1-weighted spin-echo MR image (470/19) shows a new isointense area in the hard palate (arrows) that suggests recurrence. D, Coronal T2-weighted fast spin-echo image (5000/83) shows moderate inhomogeneous enhancement of the tumor (arrow).