Imaging Findings of Cochlear Nerve Deficiency

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BACKGROUND AND PURPOSE: High-resolution T2-weighted fast spin-echo MR imaging provides excellent depiction of the cisternal and intracanalicular segments of the vestibulocochlear and facial nerves. Absence or reduction in caliber of the cochlear nerve (deficiency) has been described in association with congenital sensorineural hearing loss (SNHL). Depiction of cochlear nerve integrity may be important for diagnosis and management of SNHL.

METHODS: We retrospectively reviewed high-resolution T2-weighted fast spin-echo MR images of 22 patients examined for SNHL who had deficiency of the cochlear nerve. Images were evaluated for the presence and comparative size of the component nerves (facial, cochlear, superior vestibular, and inferior vestibular nerves), relative size of the internal auditory canal (IAC), and any associated inner ear abnormalities. The clinical history, results of the clinical examination, and audiometric findings were reviewed for each patient.

RESULTS: Deficiency of the cochlear nerve was observed in 12 patients with congenital SNHL and in 10 patients with acquired SNHL. Hypoplasia of the IAC was observed in association with congenital deficiency of the cochlear nerve in 11 of 12 patients. Deficiency of the cochlear nerve was observed in association with acoustic schwannoma in two cases and with acquired labyrinthine abnormalities in seven cases. Hypoplasia of the IAC was not observed in association with acquired SNHL.

CONCLUSION: Deficiency of the cochlear nerve can be shown by high-resolution T2-weighted fast spin-echo MR imaging. Deficiency may be observed in association with congenital or acquired SNHL and may be important in the assessment of patients for cochlear implantation. Hypoplasia of the IAC is an indicator of congenital cochlear nerve deficiency.
nerve size is thought to be correlated with spiral ganglion cell population, determination of the nerve caliber in cases of congenital or acquired SNHL may prove to be helpful in predicting the outcome of cochlear implantation (4). Our purpose was to show that absence or deficiency of the caliber of the cochlear nerve can be seen on high-resolution MR images, which may be important in the diagnosis and management of SNHL.

Methods

We reviewed the MR images of 22 patients who underwent high-resolution T2-weighted fast spin-echo MR imaging for congenital or acquired SNHL in whom the cochlear nerve was absent or decreased in its caliber. Each of these cases had been designated as having an absent or deficient cochlear nerve. All patients had undergone dedicated T2-weighted fast spin-echo MR imaging of the IAC in three planes on a 1.5-T imager with a superconducting magnet and a 3-in phased-array surface coil.

Axial 3D or 2D Imaging

3D T2-weighted fast spin-echo MR imaging was performed by using the following parameters: 4000/130/1 (TR/TE/NEX); echo train length, 64; matrix, 256 × 256; field of view, 13 cm. Data were zero-filled interpolated to produce a section thickness of 0.4 mm. The acquisition time was 8 minutes 1 second. 2D T2-weighted fast spin-echo MR imaging was performed by using the following parameters: 4000/102/6; echo train length, 32; matrix, 512 × 512; field of view, 20 × 10 cm; section thickness, 2 mm; section gap, 1 mm. The acquisition time was 9 minutes 50 seconds.

Eleven patients were studied with 3D T2-weighted fast spin-echo MR imaging and 11 with 2D T2-weighted fast spin-echo MR imaging. Coronal images, either as a reconstruction from the axially acquired 3D data set or as a direct coronal sequence by using parameters similar to those of the axial 2D sequence, were obtained. Oblique sagittal images were obtained through the IAC perpendicular to its axial plane, by using the following parameters: 4500/102/4; echo train length, 16; matrix, 256 × 256; field of view, 10 cm; thickness of contiguous sections, 2 mm. Acquisition time was 4 minutes 48 seconds. Intravenously administered contrast material was not used with any study.

The MR images were evaluated for the presence and relative size of the nerves in the IAC. We evaluated the nerves from the mid to lateral aspect of the IAC after separation of the three divisions of the vestibulocochlear nerve. We designated the cochlear nerve as small when it appeared decreased in size compared with the other nerves of the IAC. We designated the cochlear nerve as absent when it could not be identified on the axial, coronal, and oblique sagittal images. An extremely small nerve below the limits of spatial resolution of MR imaging would appear absent. Thus, in its broadest sense, the term deficient nerve can encompass all three situations: a small nerve, an imperceptible nerve, and one that is truly absent.

The word deficiency was primarily used to indicate a smaller than expected cochlear nerve size, as compared with the other nerves of the IAC. The deficiency may have been due to either congenital hypoplasia of the nerve or acquired degeneration or atrophy. We designated the cochlear nerve as absent when it could not be identified on the axial, coronal, or oblique sagittal images. An extremely small nerve below the limits of spatial resolution of MR imaging would appear absent. Thus, in its broadest sense, the term deficient nerve can encompass all three situations: a small nerve, an imperceptible nerve, and one that is truly absent.

We evaluated the size and shape of the IAC and compared them with those of the contralateral side. The IAC was determined to be abnormal if it was <4 mm in either the vertical or transverse diameter, if it was irregularly shaped, or if it was appreciably asymmetrically small compared with the contralateral side. The IAC has been previously well documented...
TABLE 1: Clinical and imaging data of patients with congenital hearing loss

<table>
<thead>
<tr>
<th>Patient</th>
<th>Age (y)</th>
<th>Sex</th>
<th>Significant MH</th>
<th>History (R/L)</th>
<th>Audiology (R/L)</th>
<th>MR IAC Size</th>
<th>MR Findings, Inner Ear and Nerves</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1</td>
<td>4/M</td>
<td>M</td>
<td>Hirschprung syndrome</td>
<td>NAD/HL of unknown duration</td>
<td>NAD/no response</td>
<td>L small/R NAD</td>
<td>R NAD/L, modiolar deficiency, no L VIII n, clumped vestibular n</td>
</tr>
<tr>
<td>C2</td>
<td>8/M</td>
<td>M</td>
<td>Premature birth, cleft lip and palate</td>
<td>NAD/HL of unknown duration</td>
<td>NAD/severe profound mixed HL</td>
<td>L small/R NAD</td>
<td>R NAD/L, modiolar deficiency, no L VIII n</td>
</tr>
<tr>
<td>C3</td>
<td>44/M</td>
<td>M</td>
<td>Negative</td>
<td>Long-standing HL/progressive HL</td>
<td>Audiometry not available</td>
<td>R small/L NAD</td>
<td>R EELDS, modiolar deficiency, no R VIII n/L NAD</td>
</tr>
<tr>
<td>C4</td>
<td>3/M</td>
<td>M</td>
<td>CHARGE syndrome</td>
<td>Bilateral HL since birth</td>
<td>Profound bilateral SNHL</td>
<td>Bilateral small</td>
<td>Bilateral severe cochleovestibular dysplasia, no R or L VIII n</td>
</tr>
<tr>
<td>C5</td>
<td>5/F</td>
<td>F</td>
<td>Meconium intussusception</td>
<td>Bilateral HL since birth</td>
<td>Profound bilateral SNHL</td>
<td>Bilateral small</td>
<td>Bilateral severe cochleovestibular dysplasia, no R or L VII n</td>
</tr>
<tr>
<td>C6</td>
<td>4/M</td>
<td>M</td>
<td>Marked developmental delay, lactic acidosis</td>
<td>Bilateral HL at age 9 months</td>
<td>Could not perform</td>
<td>Bilateral small</td>
<td>Bilateral dysplastic cochlea, bilateral small clumped VIII n</td>
</tr>
<tr>
<td>C7</td>
<td>47/F</td>
<td>F</td>
<td>Scarlet fever as a child</td>
<td>Bilateral HL at age 3 y</td>
<td>No response/profound SNHL</td>
<td>Bilateral NAD</td>
<td>Bilateral EELDS with modiolar deficiency, bilateral small VIII n</td>
</tr>
<tr>
<td>C8</td>
<td>5/F</td>
<td>F</td>
<td>Negative</td>
<td>Long-standing HL/NAD</td>
<td>Profound SNHL/NAD</td>
<td>R small/L NAD</td>
<td>R “isolated” cochlea, no R VIII n/L NAD</td>
</tr>
<tr>
<td>C9</td>
<td>3/F</td>
<td>F</td>
<td>In utero CVA, motor and developmental delay</td>
<td>Bilateral progressive HL</td>
<td>No response bilaterally</td>
<td>Bilateral small</td>
<td>Bilateral modiolar deficiency, no R or L VIII n</td>
</tr>
<tr>
<td>C10</td>
<td>6/F</td>
<td>F</td>
<td>Negative</td>
<td>Bilateral HL since birth</td>
<td>No response bilaterally</td>
<td>Bilateral small</td>
<td>Bilateral severe dysplasia with no cochlea, no R or L VIII n</td>
</tr>
<tr>
<td>C11</td>
<td>12/F</td>
<td>F</td>
<td>In utero toxoplasmosis exposure</td>
<td>NAD/HL (at age 5 y)</td>
<td>NAD/moderate profound SNHL</td>
<td>L small/R NAD</td>
<td>R NAD/L, modiolar deficiency, no R VIII n/L NAD</td>
</tr>
<tr>
<td>C12</td>
<td>8/M</td>
<td>M</td>
<td>Negative</td>
<td>HL since birth/NAD</td>
<td>Profound SNHL/NAD</td>
<td>R small/L NAD</td>
<td>R isolated, modiolar deficiency, no R VIII n or Vinf/L NAD</td>
</tr>
</tbody>
</table>

Note.—MH indicates medical history; CVA, cerebrovascular accident; R, right; L, left; NAD, no abnormality detected; HL, hearing loss; SNHL, sensorineural hearing loss; IAC, internal auditory canal; VIII n, cochlear nerve; n, nerve; EELDS, enlarged endolymphatic duct and sac; Vinf, inferior vestibular nerve.

Results

Of the 22 patients with cochlear deficiency, 10 had histories of acquired SNHL of known or unknown cause and 12 had identified congenital causes of SNHL. The clinical and imaging data are summarized in Tables 1 and 2. Of the 12 patients with congenital SNHL, six had unilateral absence of the cochlear nerve, four had bilateral absence of the cochlear nerve, and two had bilaterally decreased caliber of the cochlear nerve.

Marked reduction in caliber of the IAC ipsilateral to the deficient cochlear nerve was evident in 11 of the 12 patients (16 of 18 ears). One patient had small cochlear nerves bilaterally but a normal size IAC.

All 12 patients with congenital SNHL had ipsilateral abnormalities of the inner ear structures. Of the six patients with unilateral neural abnormalities, five had deficient modiolus, one had an enlarged endolymphatic duct and sac, and one had a small vestibule (three patients had multiple abnormalities). Two patients had abnormal bone filling the small canal at the fundus of the IAC, through which the cochlear nerve passes to enter the cochlea. This is called the cochlear aperture, and the condition in which the aperture is absent is called an isolated cochlea (previously termed hypoplasia of the cochlear canal) (9) (Fig 2).

One patient had been diagnosed with complex congenital syndrome with somatic and craniofacial anomalies (CHARGE syndrome), and one had unspecified leukodystrophy.

Eleven patients had normal function of the facial nerves (House-Brackmann grade 1/6), confirming that a solitary nerve in the small IAC was the facial nerve. Patients C4 and C9 had unilateral facial nerve paralysis (House-Brackmann grade 6/6) (Table 1, Figs 2 and 3).

Of the 10 patients with acquired SNHL, three had unilateral absence of the cochlear nerve and six had unilateral reduced caliber of the cochlear nerve. One patient had unilateral absence of the cochlear nerve...
with decreased caliber of the contralateral nerve. None of these patients with acquired SNHL and cochlear deficiency had a small IAC.

Two patients had ipsilateral acoustic schwannomas. Seven of the 10 patients had visible abnormalities of the labyrinthine structures ipsilateral to the cochlear nerve abnormality: Two had labyrinthitis ossificans, four had small modiolus, and one had abnormal low signal intensity in the modiolus (presumed to be caused by previous hemorrhage or postinflammatory change). One patient with a long history of SNHL since the age of 5 years had no visible eighth cranial nerve but also no evidence of labyrinthine abnormality (Table 2, Figs 4–6).

Discussion

Previous studies have shown the IAC neural anatomy and inner ear structures with high-resolution T2-weighted MR imaging (1). Sagittal images obtained in the oblique plane perpendicular to the long axis of the IAC best distinguish each of the four major nerves of the IAC: facial, cochlear, superior vestibular, and inferior vestibular nerves (2). This imaging has allowed detection of a deficient cochlear nerve in some cases of congenital SNHL (3). The present study confirms that the cochlear nerve may be deficient in cases of congenital SNHL. In addition, the IAC caliber was reduced in all congenital cases in which the nerve was absent. This confirms suspicions of otologists that IAC hypoplasia may be due to absence of neural structures and hence a contraindication to cochlear implantation (10). Our study also shows that the cochlear nerve may also be deficient in cases of acquired SNHL. This is important because it suggests that secondary degeneration of the cochlear nerve may occur after injury.

Congenital Nerve Deficiency

When interpreting imaging findings associated with congenital SNHL, it is important to understand the embryology of the inner ear and IAC. Labyrinthine development commences at approximately 3 weeks’ gestation with the formation of the otic placode that will become the otic vesicle. At 7 weeks, the spiral organ of Corti develops from the cochlear duct, with fibers from the spiral ganglia forming the cochlear nerve. Simultaneous development of the ampulla with vestibular ganglia results in formation of the vestibulocochlear nerve (11). At approximately 9 weeks’ gestation, the mesenchyme surrounding the otic vesicle begins to chondrify and will form the otic capsule that ossifies. The bony labyrinth is routinely identified on CT scans as hyperdense bone surrounding the inner ear structures. The IAC is formed by inhibition of cartilage formation at the medial aspect of the otic vesicle. This inhibition requires the presence of the vestibulocochlear nerve. In the absence of the nerve, a canal will not be formed (12). Not only does the presence of the vestibulocochlear nerve allow formation of the IAC, but survival and promotion of the nerve seems to require the presence of a growth factor from the otic vesicle (13).

### Table 2: Clinical and imaging data of patients with acquired hearing loss

<table>
<thead>
<tr>
<th>Patient</th>
<th>Age (y)/Sex</th>
<th>Significant MH</th>
<th>History (R/L)</th>
<th>Audiology (R/L)</th>
<th>MR Findings</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td>63/M</td>
<td>Hypertension</td>
<td>HL for 2 mo/HL for 3.5 y</td>
<td>Moderate SNHL/moderate–severe SNHL</td>
<td>R NAD/normal L modiolar signal, small L VIII n</td>
</tr>
<tr>
<td>A2</td>
<td>68/M</td>
<td>Negative</td>
<td>HL for 2 y/3 mo progressive HL</td>
<td>Moderate–severe SNHL/mild SNHL</td>
<td>R small moduloi, small R VIII n/L NAD</td>
</tr>
<tr>
<td>A3</td>
<td>14/F</td>
<td>Meningitis at age 6 mo</td>
<td>Bilateral HL post-meningitis</td>
<td>No response bilaterally</td>
<td>Bilateral labyrinthitis ossificans, no R VIII n/small L VIII n</td>
</tr>
<tr>
<td>A4</td>
<td>7/F</td>
<td>Negative</td>
<td>HL of unknown duration/NAD</td>
<td>Severe SNHL/NAD</td>
<td>R mural labyrinthitis ossificans, small R VIII n/L NAD</td>
</tr>
<tr>
<td>A5</td>
<td>45/M</td>
<td>Negative</td>
<td>HL at age 21 y/progressive HL since age 21 y</td>
<td>Moderate–severe SNHL/severe high tone SNHL</td>
<td>No R VIII n, small R vestibular nerves/L NAD</td>
</tr>
<tr>
<td>A6</td>
<td>6/M</td>
<td>Negative</td>
<td>NAD/HL since age 3 y</td>
<td>NAD/severe high tone SNHL</td>
<td>R NAD/deficient L modiolus, no L VIII n</td>
</tr>
<tr>
<td>A7</td>
<td>78/M</td>
<td>Negative</td>
<td>No loss noted/HL for 3–4 y</td>
<td>Mild-moderate SNHL/moderate–severe SNHL</td>
<td>R NAD/large L schwannoma, small L VIII n</td>
</tr>
<tr>
<td>A8</td>
<td>40/F</td>
<td>Negative</td>
<td>HL for 2 y/NAD</td>
<td>Moderate SNHL/NAD</td>
<td>R 3.5-cm schwannoma, very small R VIII n/L NAD</td>
</tr>
<tr>
<td>A9</td>
<td>9/M</td>
<td>Negative</td>
<td>NAD/HL since age 7 y; stable</td>
<td>NAD/mild SNHL</td>
<td>R NAD/L small cochlea, modiolar deficiency, small L VIII n</td>
</tr>
<tr>
<td>A10</td>
<td>60/M</td>
<td>MVA at age 10 y</td>
<td>HL for 3 mo/HL after MVA</td>
<td>Severe–profound SNHL/no response</td>
<td>R NAD/L deficient modiolus, small L VIII n</td>
</tr>
</tbody>
</table>

Note.—MH indicates medical history; MVA, motor vehicle accident; R, right; L, left; HL, hearing loss; NAD, no abnormality detected; SNHL, sensorineural hearing loss; VIII n, cochlear nerve.
The facial nerve develops independently of the vestibulocochlear nerve and becomes caught in otic vesicle cartilage formation (11). In the absence of the vestibulocochlear nerve, the IAC caliber becomes that of the facial nerve alone, which, in previous linear tomographic and CT studies, was defined as IAC aplasia (14–16).

Shelton et al (10) proposed that the aplastic IAC revealed by CT did not contain a cochlear nerve and was a contraindication to cochlear implantation. With high resolution MR imaging, it is possible to show that these patients indeed lack the cochlear nerve. We suggest that there may be variation in size of the IAC depending on the volume of nerve fibers traversing

Fig 2. Congenital absence of the cochlear nerve with an isolated cochlea. Axial and oblique sagittal T2-weighted fast spin-echo MR images of a 5-year-old girl with profound unilateral hearing loss (patient C8).

A, Image of the normal left side shows the normal contours of the cochlea and other labyrinthine structures.

B, IAC is of normal size and contains four nerves of comparative size. Cochlear nerve lies anteroinferiorly (arrow).

C, Right side shows a deformed contour of the IAC (black arrow). Low-signal-intensity bar separates the fundus of the IAC from the modiolus (white arrow), which was confirmed to be bony at CT. We describe this as an isolated cochlea. The arrowhead indicates a singular canal containing the nerve of the posterior semicircular canal.

D, Oblique sagittal image of the distal IAC shows a solitary nerve within the superior aspect of the small, deformed canal (arrow). The cochlear nerve is absent in this patient with normal facial nerve function.
the canal and thus the volume producing an inhibitory substance to cartilage formation. That is, the absence of all components of the vestibulocochlear nerve produces an aplastic IAC (containing only the facial nerve) but absence of the cochlear nerve alone might produce an intermediate size IAC. In these cases, aggressive auditory testing, including cochlear promontory stimulation, should guide cochlear implant decisions.

One of our 12 cases of congenital neural deficiency did not have a small IAC. It is possible that an insult occurring after completion of formation of the IAC (either intrauterine or perinatal) may injure the cochlear nerve without effect on IAC size. These patients would be diagnosed as having congenital SNHL and possibly deficient nerve but normal IAC caliber. Conversely, we have not seen hypoplasia of the IAC with which a normal caliber cochlear nerve was evident.

Abnormality of inner ear structures may be subtle at MR imaging despite abnormality of the nerve caliber. The only inner ear abnormality observed in four of our cases was a deficient modiolus. Modiolar deficiency has been described with CT and MR imaging and probably represents a subtle form of cochlear dysplasia; it may occur in isolation or in association with other congenital inner ear abnormalities (17, 18). In the series presented by Casselman et al (3), the labyrinth appeared normal in two cases despite deficiency of the cochlear nerve and small IAC. In this situation, the cochlear abnormality may be microscopic or there may have been direct insult to the nerve before completion of IAC formation (approximately 5 months' gestation).

Acquired Nerve Deficiency

Acquired cochlear nerve deficiency is a more complex entity to explain. A direct insult (either vascular, traumatic, compressive, or inflammatory) within the cerebellopontine angle or IAC might injure the cochlear nerve. Alternatively, cochlear nerve deficiency may result from degeneration of the nerve fibers in the IAC after cochlear injury.

 Destruction of the cochlear neuroepithelium leads to retrograde destruction of the spiral ganglia in the modiolus (19, 20). Retrograde degeneration starts almost immediately after insult and rapidly leads to destruction of nerve fibers in the osseous spiral lamina. Months later, the spiral ganglion population will have reduced significantly. Insults such as mechanical destruction, acoustic trauma, anoxia, and ototoxic antibiotics result in a reduction in the neuronal population to 5–10%. Vascular impairment of the cochlea or direct neuronal infection produces almost 100% destruction of the neuronal population (20). Studies in humans show a near total loss of neurons when the deafness is due to trauma, meningitis, or bacterial labyrinthitis. Modiolar neuronal loss is less common in cases of viral labyrinthitis with which the endolymphatic epithelial structures are mainly affected and cochlear neurons are spared (20, 21). In comparison, neuronal degeneration in association with hereditary causes of deafness (eg, cochleosaccular degeneration)
tends to be slower and more incomplete than in acquired causes of destruction of the organ of Corti. This neuronal degeneration also may vary considerably among syndromes (20).

Degeneration of the nerve fibers toward the brainstem is described as anterograde degeneration. Degeneration of the cochlear nerve after spiral ganglion destruction has been shown to occur after production of cochlear lesions in animals. After initial insult, fiber swelling occurs, then myelin sheath breakdown and fiber collapse. Continued loss of fibers and decreased cross-sectional area of the cochlear nerve are observed during longer survival times after the insult (22, 23).

Operative and autopsy studies in humans suggest that cochlear nerve degeneration is more unpredictable and has a more variable time course than in animals (5, 24, 25). The cochlear nerve in the IAC may appear relatively well preserved despite degeneration of most of the spiral ganglion cells (6). It is
suggested, however, that severe pathologic changes of the axons revealed by electron microscopy would preclude proper functioning (7). In a small series of patients with deafness of varying duration and causes, Felix and Hoffmann (5) showed one patient with a 17-year history of congenital profound SNHL but a normal nerve fiber count and morphology revealed by electron microscopy. In the same study, noticeable
atrophy of the cochlear nerve was also observed in four cases with variable causes and duration of SNHL.

The variability in cochlear neuronal destruction with different types of end-organ insults, as well as variability of extent and rate of secondary cochlear nerve degeneration and its manifestation, may explain why cochlear nerve deficiency is not a consistent MR imaging finding in deaf patients. Many of the patients who undergo imaging have no appreciable reduction in cochlear nerve caliber at MR imaging.

Because the cochlear nerve may have an appreciable reduction in fibers and still effectively transmit impulses to allow hearing (6), MR imaging depiction of a small nerve is only a relative contraindication to cochlear implantation. It does seem prudent to implant the more normal appearing inner ear and larger cochlear nerve until more is understood about these abnormalities. It has also been suggested that when nerve integrity is questioned, intracochlear electrical stimulation to determine the auditory nerve action potential and auditory brainstem response may be valuable tests to conduct before performing cochlear implantation (26).

A 1992 study (4) showed a correlation between nerve size and spiral ganglion cell population with significant decreases in both in a deaf population. It was suggested that cochlear nerve size might then be helpful for predicting the likely outcome of cochlear implantation. At that time, however, imaging was thought to be inadequate to depict abnormality of nerve size. Our current study suggests that identification of these abnormalities is now possible.

The absent cochlear nerve is the rare absolute contraindication with which there is no connection between the cochlea and brain stem nuclei. Care must be taken not to overinterpret an image as having an absent nerve when a small nerve is present. For this reason, complete clinical evaluation, including electrical stimulation (transmyotympanic stimulation of the promontory or intracochlear stimulation) is still important to select those patients who may benefit from implantation.

Conclusion

High-resolution T2-weighted fast spin-echo MR imaging can be used to depict deficiency of nerves in the IAC. Absence of the cochlear nerve may be observed in cases with congenital SNHL. This finding is associated with a hypoplastic IAC and is an absolute contraindication to cochlear implantation. Inner ear dysplasia or other cranial nerve abnormalities are often identified in these cases. The finding of an intermediate-size IAC with small or absent nerves should prompt careful auditory testing before cochlear implantation.

Acquired SNHL may also result in deficiency of the cochlear nerve. Acquired neural deficiency is not associated with a small IAC, and the finding of a normal size IAC with a deficient cochlear nerve suggests an acquired cause of SNHL. Determining the size of the vestibulocochlear nerve may prove to be of importance in predicting the likely success of cochlear implantation and determining the best side for implantation.

References