Abnormal Hippocampal Development in Children with Medulloblastoma Treated with Risk-Adapted Irradiation


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BACKGROUND AND PURPOSE: Children with medulloblastoma demonstrate post-treatment neurocognitive deficits in a number of areas, including memory performance. However, there is no definitive understanding of the neuropathology underlying these functional deficits. Previous literature has reported that hippocampal integrity is crucial to the acquisition of new episodic memories. Therefore, we hypothesized that longitudinal hippocampal volume measurements are abnormal in patients with medulloblastoma and thereby provide a possible substrate for explaining memory dysfunction.

METHODS: Twenty-five pediatric patients underwent 159 serial MR imaging examinations (mean = six examinations per patient) for up to 5 years after irradiation and chemotherapy treatment for medulloblastoma. Right and left hippocampal volumes were obtained by manually tracing 1.5-mm contiguous coronal sections through the structure. Random coefficient models were used to examine longitudinal change in hippocampal volume as a function of time after diagnosis.

RESULTS: Both right and left hippocampal volumes initially decreased after treatment. This abnormal volume pattern continued until approximately 2–3 years after diagnosis, when hippocampal volumes returned toward a normal positive growth pattern. Volume loss occurred predominately in the posterior regions. Female sex, low parental education, shunt placement, and positive seizure history all had a significant negative impact on hippocampal volume.

CONCLUSION: Pediatric medulloblastoma survivors demonstrate an abnormal pattern of hippocampal volume development after treatment. Radiation dose mapping may expand our understanding of region-specific changes in hippocampal volume. Further exploration of the relationships between radiation therapy, memory dysfunction, and hippocampal pathology in this population is warranted.

Medulloblastoma is the most common malignant brain tumor of childhood (1). Contemporary medical treatments strive to be efficacious and also to mini-

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Hippocampal integrity plays a crucial role in intact memory functioning (13–15). Research has demonstrated that normal hippocampal development continues into early adulthood (16, 17). Investigators specifically examining the development of the hippocampus have suggested that the hippocampal formation undergoes a steep increase in volume until approximately the second year of life, then the volume slowly increases throughout adolescence (18–20). Findings from animal models have suggested that irradiation causes apoptosis and decreased neurogenesis in the hippocampus (21, 22) and that these pathologic processes limit performance on hippocampal-dependent behavioral tasks (23).

In that medulloblastoma patients undergo craniospinal irradiation (CSI) and studies have demonstrated deficits in memory functioning (3, 5), it is possible that hippocampal pathology (including failure to mature at a normally expected rate) contributes to memory impairments. The current study was designed to examine longitudinal patterns of hippocampal volume as a potential underlying neural substrate of the impaired memory function so often found in children with medulloblastoma.

Methods

Patient Characteristics

Patients (n = 33) with histologically proved medulloblastoma diagnosed before 17 years of age were considered for this study. The patients were consecutively treated between October 1996 and February 2000 and enrolled in a single institutional protocol. This study was part of a larger project examining memory performance. Patients were required to have progression-free survival of 2 or more years and also two or more psychological evaluations with the California Verbal Learning Test for Children (24). These criteria resulted in the exclusion of eight patients (one blind, one non-English speaking, six too young for testing or undergoing only one examination). The appropriate institutional review board reviewed and approved this project.

Mean patient age at the time of diagnosis was 8.27 years (standard deviation [SD] = 2.66, range = 4.78–12.98 years). The Table provides additional patient characteristics. Given the location of the tumor bed, children with medulloblastoma often have hydrocephalus that may or may not require shunt placement for resolution. In the current study, 16 of 25 patients required shunt placement. All patients underwent maximum surgical resection of the primary tumor followed by histologic examination to confirm the diagnosis of medulloblastoma. Those considered high-risk patients (those with residual tumor or metastatic disease) received one or two courses of topotecan therapy before irradiation. All patients received risk-adapted CSI. High-risk patients received 36–39.6 Gy, while average-risk patients (those with total tumor resection and no metastasis) received a reduced dose of 23.4 Gy. In addition, all patients received a radiation boost to the tumor bed, for a total dose of 55.8 Gy in that region. The posterior fossa boost was administered by means of individually conformed radiation beams (primarily to avoid damage to cochlear regions). Six weeks after the completion of radiation therapy, all patients received adjuvant chemotherapy consisting of four cycles of high-dose cyclophosphamide, cisplatin, and vincristine. All patients were closely monitored for neuroendocrine problems and received replacement therapy as needed.

Patient demographic and clinical characteristics

<table>
<thead>
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<tr>
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<tr>
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<tr>
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<td>Posterior fossa syndrome</td>
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<td>Parental education (y)*</td>
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<tr>
<td>Age at diagnosis (y)*</td>
<td>8.27 ± 2.66 (4.78–12.98)</td>
</tr>
<tr>
<td>Time since diagnosis (y)*</td>
<td>0.31 ± 0.24 (0.03–0.94)</td>
</tr>
<tr>
<td>To first MR study</td>
<td>1.82 ± 1.26 (0.03–4.88)</td>
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<td>To all MR studies</td>
<td>1.00–75.00 days)</td>
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* Data are the mean ± SD (range).

MR Imaging Acquisition and Analysis

Each eligible patient received protocol-driven serial MR imaging. Mean elapsed time between diagnosis and the initial examination was 0.31 years (SD = 0.24, range = 0.03–0.94 years). Baseline MR images were obtained before radiation therapy in nine of the 25 patients. The mean time between first MR imaging examination and the initiation of radiation therapy for these nine patients was 26.22 days (SD = 25.14, range = 1.00–75.00 days); however, six patients underwent baseline MR imaging within 3 weeks before beginning treatment. These examinations were processed at an average interval of 0.56 years (SD = 0.32), resulting in 159 examinations for 25 patients (mean = 6.36 examinations per patient, SD = 1.93). The examinations were performed by using a 1.5-T whole-body unit (Magnetom; Siemens Medical Systems, Iselin, NJ) with standard circular polarized volume head coils. Volumetric studies were performed by using a radiofrequency-spoiled, fast low-angle shot, 3D sequence (TR/TE = 9.7/4, flip angle = 15°, field of view = 210 mm, acquisition time = 7 minutes 28 seconds, sagittal acquisition, 128 sections, 1.25-mm thickness).

From each volumetric MR imaging examination, coronal multiplanar reconstruction images were constructed perpendicular to the anterior commissure–posterior commissure plane. Sections were constructed with section intervals of 1.5 mm. Manual tracings of the right and left hippocampi were performed by the primary author (B.J.N.), who was blinded to the patients’ psychometric data. All tracings were performed in Photoshop (Adobe Systems, San Jose, CA) by using a pixel-count histogram. Right and left hippocampal volumes were calculated by multiplying pixel counts by known associated pixel volumes.

Boundaries of the Hippocampus

The criteria used for defining boundaries of the hippocampus were comparable to those used in previous hippocampal volumetry research (18, 25). Because of the difficulty in visually distinguishing the anterior hippocampus from the amygdala, a more stereotaxic approach was taken to define the anterior extent of the hippocampus. The most anterior section of the hippocampus was chosen by the coronal section that cut through the most medial portion of the mammillary bodies (as viewed in sagittal orientation). The anterior border of the hippocampus emerged beneath the amygdala and was demar-
cated by a horizontal line from the anterior recess of the temporal horn to the alveus. The ventral boundary was delineated by white matter of the parahippocampal gyrus. At the level of the hippocampal body, the alveus and the floor of the temporal horn outlined the dorsal and lateral boundaries. Medially, the hippocampal boundaries were defined by the ambient cistern (above the hippocampal sulcus) and an arbitrary line to the most medial portion of the subiculum (below the hippocampal sulcus). Posteriorly, the boundary was the last section before the crus fornix visualized in it its entirety and where the pulvinar was still visible.

**Validation and Reliability**

Initial intrarater reliability was established by tracing five right and five left hippocampi, five times each (50 total tracings). The intraclass correlation coefficient was 0.98 for the right hippocampus and 0.99 for the left. Intrarater reliability was reassessed 5 months into the data collection process to account for possible drift in rater accuracy. At that time, reliability was maintained, with an intraclass correlation coefficient of 0.98 for the right hippocampus and 0.97 for the left. In addition to intrarater reliability, interrater reliability was established with a trained neuroradiologist (K.J.H.). Effective reliability, or the aggregate reliability of both judges (26), was calculated for 20 randomly selected right and left hippocampal sections and found to be 0.99 for the right hippocampus and 0.98 for the left.

**Statistical Analyses**

The random coefficient model was used to assess changes in hippocampal volume over time after diagnosis, with each patient serving as his or her own control. (No separate control group was used.) This statistical model was a particular variant of a random-effects model. Random coefficient model analysis considers each subject's slope and within-patient variability to estimate the average rate of change after the completion of treatment within the total group, as well as the differences in slopes between subgroups (ie, high- and low-risk treatment groups). Thus, each subject has his or her own longitudinal trend represented by individual intercept (baseline) and slope (rate of change). The means of these individual intercepts and the slopes are the intercept and the slope of a regression line that represents the longitudinal trend of the entire sample. Random coefficient model analysis was also used to examine the volumes of anterior hippocampal regions versus posterior hippocampal regions. This analysis was used to detect region-specific hippocampal changes to provide a more detailed examination of potential abnormalities in volume.

In addition, random coefficient model analysis was performed to examine changes in CSF volume over time since diagnosis. Methods for segmentation of CSF volume are described in previously published work (8) but were expanded to assess a 3-cm section centered at the level of the basal ganglia. CSF volume was quantified to assess the degree of diffuse cerebral atrophy over time. Quantitative CSF volumes have been shown to be significantly correlated with radiologists' grading of cerebral atrophy (8).

**Analysis of Other Variables**

Longitudinal trends in hippocampal volume over time since diagnosis were examined with the covariates of sex, handedness, study risk group (CSI dose), shunt placement, steroid administration, history of seizures, and diagnosis of posterior fossa syndrome (a constellation of symptoms including resolving mutism and ataxia) as individual parameters of this function. Shunt placement served as a marker of severe hydrocephalus, a variable shown to be associated with hippocampal pathology in animal models (27). The continuous variables of parental education (parents' mean number of years of education) and patient age at diagnosis were evaluated for their potential influence on the growth trend of hippocampal volume by including them separately into the mixed model. Parental education was selected as an estimate of patients' socioeconomic status (28). All medical data were gathered by means of retrospective chart review.

**Results**

The Table provides information about the patients' demographic and clinical variables.

**Hippocampal Volume**

Mean initial right hippocampal volume was 2.5458 cm³ (±0.26), and mean initial left hippocampal volume was 2.5913 cm³ (±0.27). Although this study did not have a control group for direct comparison, previous research (18) examining hippocampal development in healthy children yielded hippocampal volumes within 2.2–3.0 cm³ of those for the age range in the present study.

**Time since Diagnosis**

A significant quadratic function of time since diagnosis was fit for both right and left hippocampal volumes (P < .0001). The predictive model demonstrated an initial decline in volume until approximately 2 years following diagnosis. This abnormal volumetric pattern was followed by a gradual return to a normal positive growth pattern (Figs 1 and 2). The predictive models were as follows: Left hippocampal volume = 2.6037 − 0.0846t + 0.0197t². Right hippocampal volume = 2.5643 − 0.0928t + 0.0246t², where t is time.

**Sex**

The inclusion of patient sex as a covariate in the model yielded a significant quadratic function of time since diagnosis (P < .0001). Baseline hippocampal volumes did not significantly differ between boys and girls. Both boys and girls had an initial decline in right and left hippocampal volume, with an increase in volume approximately 3 years after diagnosis. The linear term of the predictive model showed that girls had a steeper slope of decline in volume for both right (P < .021) and left (P = .0086) hippocampal volumes than boys. The predictive models were as follows: Left hippocampal volume (female) = 2.5971 − 0.1094t + 0.0171t². Left hippocampal volume (male) = 2.5971 − 0.0548t + 0.0171t². Right hippocampal volume (female) = 2.5579 − 0.1143t + 0.0223t². Right hippocampal volume (male) = 2.5579 − 0.0664t + 0.0223t², where t is time.

**Parental Education**

By including parental education as a covariate of the model, a quadratic function of time since diagnosis was fit (P < .0001). This indicated that increasing levels of education were positively related to higher baseline values for right and left hippocampus (P = .044 and P = .026). Among patients whose parents
achieved higher levels of education (ie, >15 years), right and left hippocampal volumes declined for a period of approximately 2 years after treatment. However, this decline was followed by an increase comparable to the normal developmental pattern. Among patients whose parents attained fewer years of education (ie, <15 years), right and left hippocampal volumes initially declined and did not recover to a positive growth pattern. The predictive models were as follows: Left hippocampal volume = 2.0127 \times \text{parental education} + (0.5041 - 0.0373 \times \text{parental education})t + (-0.1257 + 0.0093 \times \text{parental education})t^2. Right hippocampal volume = 1.9802 + (0.0378 \times \text{parental education}) + (0.4109 - 0.0323 \times \text{parental education})t + (-0.0834 + 0.0069 \times \text{parental education})t^2, where t is time.

Shunt Placement

When shunt placement was included as a covariate of the model, it yielded a significant quadratic fit for time since diagnosis (P < .0001). Baseline right and left hippocampal volumes were not significantly different among patients who had a shunt and those who did not. The fitted model had a linear term (P = .0435) and a quadratic term (P = .0009) for the left hippocampal volume. However, the linear and quadratic terms of the model were not significant for right hippocampal volume. The analysis predicted that, in hydrocephalic children with shunts, left hippocampal volume significantly declined and was followed by an increasing pattern of growth at approximately 2 years after diagnosis. In children without shunts, left hippocampal volume demonstrated a plateau over time after diagnosis, with no significant increase or decrease. The predictive models were as follows: Left hippocampal volume (no shunt) = 2.5914 - 0.0229t + 0.0036t^2. Left hippocampal volume (shunt) = 2.5914 - 0.1433t + 0.0336t^2, where t is time.

Seizure History

By including the seizure history as a covariate of the model, a significant quadratic function of time since diagnosis was fit (P < .0001). The model indicated that baseline right and left hippocampal volumes were significantly different among patients with a history of seizure and those without this history (P = .016 and .049). In patients without seizures, baseline hippocampal volume was significantly greater than that of patients with seizures. Patients with seizure history were predicted to have an initial rise in left and right hippocampal volume until 2 years after diagnosis then a decline. Patients without seizures demonstrated an initial decline in right and left hippocampal volume until 2 years after diagnosis, with a return to the normal positive hippocampal growth pattern. The predictive models were as follows: Left hippocampal volume (no seizures) = 2.6146 - 0.0989t + 0.0239t^2. Left hippocampal volume (seizures) = 2.3648 + 0.0558t - 0.0177t^2. Right hippocampal volume (no seizures) = 2.5579 - 0.1143t + 0.0223t^2. Right hippocampal volume (seizures) = 2.5579 - 0.0664t + 0.0223t^2.

Risk Group, Age at Diagnosis, Handedness, Posterior Fossa Syndrome, and Steroid Use

Baseline estimates of hippocampal volume were not affected by risk group (which affected CSI dose), age at diagnosis, handedness, posterior fossa syndrome, or steroid (dexamethasone) administration. No statistically significant models were derived; this outcome suggested that these variables did not have a significant effect on hippocampal volume over time since diagnosis.

Region-Specific Volume Loss

A random coefficient model was used to predict change in hippocampal midline as a function of time since diagnosis. A significant quadratic function was found for hippocampal midline examination and demonstrated a significant initial anterior shift (P < .0001) with a gradual return to baseline midline. This change was consistent with the overall quadratic volume change for both the right and left hippocampus.
and determined that volume loss occurred predominately in the posterior regions of both sides of the hippocampus.

**Estimate of Cerebral Atrophy (CSF Volume)**

A random coefficient model was used to predict change in CSF volume as a function of time since diagnosis. A significant quadratic function was found and demonstrated a decline in CSF volume after diagnosis ($P < .005$), with a gradual leveling off around 4–5 years after diagnosis. This change suggested no evidence of diffuse cerebral atrophy in this population.

**Discussion**

To our knowledge, the present study is the first of its kind to evaluate patterns of hippocampal volume development among children treated for medulloblastoma with radiation therapy and chemotherapy. The hypothesis that children treated for medulloblastoma have abnormal patterns of hippocampal growth was confirmed. Specifically, without consideration of additional parameters, longitudinal analysis of 159 MR imaging studies in this population revealed that right and left hippocampal volumes significantly declined for the first 2 years after diagnosis and/or treatment and then gradually returned toward a positive growth curve. The combining of baseline data for patients who had received the full extent of their therapy and those who had not potentially confounded baseline hippocampal volumes; however, findings regarding the slope of change appeared robust to potential confounding, as hippocampal volume continued to decline after all patients had completed treatment (2–3 years after diagnosis). In addition, examination of longitudinal CSF volume suggests that hippocampal volume loss cannot be explained by diffuse cerebral atrophy. This pattern of growth is contrary to previous reports suggesting that, in healthy children of similar age, normal hippocampus slowly increases in volume until adolescence (18–20). Despite an eventual return to increasing volume, whether this period of abnormal volume development ultimately results in overall hippocampal volume deficits compared with age-matched values is unclear.

While several hypotheses may be put forth to explain this aberrant pattern of hippocampal growth, it is surprising that total irradiation dose (as tested by risk group) did not significantly affect overall volume change. However, further examination of region-specific volume change demonstrated that right and left volume loss occurred predominately in the posterior hippocampal regions. Examination of radiation dosimetry mapping for a sample case was completed (Fig 3) and showed that posterior hippocampal regions are closer to higher-dose fields of the posterior fossa. This finding suggested that, while cranial radiation dose did not differentially affect total hippocampal volumes, region-specific increases in cumulative tissue-dose exposure may explain volume loss. Further examination of dosimetry mapping and specific tissue-dose exposure is necessary to draw firm conclusions.

If differential posterior volume loss is due to increased tissue-dose exposure, radiation is likely an agent for abnormal hippocampal volume patterns in this population. As Abayomi (29) suggested, radiation-induced vascular compromise that results in hypoxic-ischemic injury to the hippocampus may explain the decline in hippocampal volume. However, more recent research in animal models, has more specifically demonstrated that therapeutic doses of cranial radiation lead to greater apoptosis, yielding a decrease in cell proliferation and a decrease or delay in neural stem cell or precursor cell proliferation in hippocampal regions (30). Results of the current study suggest that, in pediatric medulloblastoma patients treated with radiation, hippocampal growth returns approximately 2–3 years after diagnosis. Given this, we speculate that the ability of neural stem cells or precursor cells to effectively produce hippocampal neurons is disrupted rather than destroyed.

In the present study, several additional variables were found to be associated with abnormal hippocampal growth patterns over time since diagnosis. One of these parameters was parental education. Hippocampal volume increased more among children whose parents achieved higher levels of education than in children whose parents completed fewer years of schooling. Although many hypotheses could explain these findings, one of the most striking is that greater levels of parental education may imply a more enriched environment for the patient. Studies have demonstrated that an enriched environment may lead to the preservation or formation of increased dendritic spines in the hippocampus (31). In addition, it may act as a neuroprotective mechanism against excitotoxic injury and reduce spontaneous apoptosis in
animal compromise secondary to hydrocephalus may explain the lack of hippocampal growth 3–5 years past treatment in patients with shunts.

While this study provides important information regarding neuroanatomic changes in pediatric patients treated for medulloblastoma, it is restricted by several methodologic limitations. Perhaps the most salient limitation of this study and one that plagues much of clinical research (particularly in the use of neuroimaging techniques) is small sample size. Although the current study had the benefits of a longitudinal design, the small patient sample directly affected not only the generalizability of the findings but also the types of statistical analyses to which the data are amenable (resulting, for example, in an inability to look at multiple variable interactions). In addition, at the time of the current analyses, not all patients had been followed up for 5 years after diagnosis. Data drop-off at 2–3 years after diagnosis could have produced bias in the nonlinear models. Thus, it is possible that the trend toward an increase in volume at 2–3 years post diagnosis might have been a function of the reduced dataset rather than a true increase in volume. Continued long-term follow-up will serve to confirm the present findings.

Although the previous literature provides an estimate of normal expectations for hippocampal growth based on cross-sectional designs, the current study could have been improved with the inclusion of a healthy matched control group to specifically compare hippocampal volume over time. The inclusion of such a control group would have allowed for more specific comparisons of both absolute volumes and volumetric changes in the hippocampus throughout development while decreasing variability associated with measurement differences and influences by demographic variables (e.g., sex, socioeconomic status). While the current study demonstrated abnormal patterns of hippocampal volume development in pediatric patients treated for medulloblastoma, it did not provide insight into the specific hippocampal pathology that might have been present. In vivo techniques such as MR spectroscopy may provide more information about the type and degree of hippocampal injury. Future investigators should consider this methodologic advantage.

Despite its methodologic limitations, the current study provides important implications for children with medulloblastoma. The volumetric findings suggest that, in addition to previously demonstrated abnormal white matter processes, medulloblastoma patients treated with radiation therapy have deviant development in hippocampal volume. While previous studies have demonstrated the integral role of hippocampal integrity in the acquisition of new memories (13–15), the specific relationship between hippocampal volume and memory functioning remains controversial, particularly among developing populations. Future studies must be performed to adequately examine the relationship between longitudinal hippocampal volume and memory performance. MR imaging and cognitive assessment can be performed on the same date, and memory assessments
can be designed for repeated administration. Given that hippocampal regions (i.e., posterior regions) receiving higher doses of radiation demonstrated the greatest volume loss, there may be important clinical implications for radiation oncology and conformal radiation techniques (e.g., avoiding hippocampal regions) if it can be demonstrated that this degree of volume loss (particularly in posterior hippocampal regions) has significant functional implications for patients with medulloblastoma.

In addition to implications for treatment, the current volumetric findings may play an important role in post-treatment memory functioning and learning abilities. Given that memory and learning impairments have been demonstrated in this population, deviant hippocampal development must still be considered a potential underlying contributor. It should also be highlighted that, in most cases, hippocampal volume development does ultimately resume a more normal course. However, the functional implications of such halted normal development may have a notable effect on age-appropriate academic achievement and learning. This possibility may hold further importance for defining a timeline on which to expect functional improvements as well as for explaining delays in academic achievement.

Conclusion

Pediatric survivors of medulloblastoma demonstrate abnormal patterns of hippocampal volume development after irradiation. Female sex, low parental education, shunt placement, and seizure history further affect these patterns. Volume loss occurred predominately in the posterior regions of the hippocampus. Gross examination of radiation dose mapping may be used to explain the region-specific changes in hippocampal volume, as posterior regions of the hippocampus are in fields receiving higher radiation doses and demonstrate greater deviance from expected normal development. These observations provide a rationale for further investigation of the relationship between memory dysfunction and hippocampal integrity in this population.

References


