Histopathologic Evaluation of Aneurysms Treated with Guglielmi Detachable Coils or Matrix Detachable Microcoils


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BACKGROUND AND PURPOSE: The purpose of this study was to evaluate the degree of organization and fibrocellular tissue development in aneurysms treated with bare platinum or biologically active microcoils.

METHODS: Twelve aneurysms were removed at autopsy between 1–18 days and another 2 between 2–3 months posttreatment. Four aneurysms were surgically removed between 6 months and 3 years following treatment. One aneurysm removed at 8 days and another at 6 months were treated with bioactive (Matrix) coils; the other 16 with bare platinum (Guglielmi detachable coils; GDCs). All specimens were embedded in plastic, stained with hematoxilin-eosin and elastin and examined by light microscopy.

RESULTS: All specimens removed within 3 weeks demonstrated intra-aneurysmal thrombus, without signs of organization or fibrotic tissue formation over the neck regardless of the type of coils used. In the GDC-treated aneurysms, evidence of early thrombus organization was observed within 2–3 months, and completed yet imperfect fibrocellular reaction together with residual thrombus at 2–3 years. In the Matrix-treated specimens, the aneurysm cavity was completely filled with granulation tissue corresponding to still ongoing fibrocellular reaction at 6 months, including newly formed blood vessels, smooth muscle cells, and collagen deposition without signs of residual thrombus.

CONCLUSIONS: Our results indicate that in aneurysms treated with bare platinum coils thrombus organization does not occur until late after treatment and may remain imperfect for years. In one aneurysm studied 8 days following treatment with Matrix coils, no difference was noted compared to aneurysms treated with bare platinum coils. In another aneurysm examined 6 months following packing with Matrix coils, the histologic changes support the hypothesis that the biologically active polymer may accelerate aneurysm healing.

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and all were independently studied by 2 histopathologists (P.S. and Z.H.) by using light microscopy. An attempt was made to identify the aneurysm neck and to define whether coils at the neck were covered by any kind of a tissue layer. Signs of incomplete thrombosis (fresh blood, unorganized thrombus, void spaces), tissue reaction (foreign body giant cells, leukocyte invasion, macrophages), and thrombus organization (fibrocellular reaction, collagen formation, neovascularization) were recorded in each case.

Results

Angiographic Findings

Angiographic follow-up was performed in all aneurysms that were removed surgically later than 3 months. All of those aneurysms (cases 2, 4, 9, 18; Table 1) demonstrated angiographic evidence of coil compaction and either a growing neck remnant or aneurysm recanalization.

Macroscopic Observations

All 14 aneurysms removed at autopsy were characterized by a very thin, transparent wall, through which the coils were easily observed. The sac itself was filled with coils and thrombus with coils protruding through the thin aneurysm wall. Inside the neck, free coil loops could be observed, partially covered by a thin layer of fibrin. The coil mass inside the neck was not completely covered by a tissue layer even 2 months after treatment (Fig 1). No gross difference was evident regardless of coil type used.

In the 4 aneurysms removed surgically, a very thin wall was observed, which was particularly transparent at the aneurysm dome. Macroscopically, thrombus was not seen. The cavity of the neck remnant (for which the aneurysm was removed) was well visualized in each case and was bordered by fairly thick tissue as compared with the dome. Coil loops were seen within the neck covered by a continuous layer of thin tissue in 3 of 4 cases. Partially uncovered coil loops were still seen in the neck in one case (Fig 2). The aneurysm packed with Matrix coils
and removed at 6 months following treatment demonstrated a yellowish color that was different from all other specimens. In the Matrix-treated aneurysm, the wall was extremely thin, through which coil loops were seen embedded in an attenuated, compact tissue. Macroscopically, the neck was covered by a thick, continuous tissue layer (Fig 3).

**Histologic Findings**

All specimens were prepared with the goal of creating sections parallel to the aneurysm orifice so that the neck could be visualized. This, however, could not be achieved in all cases, because of complex anatomy and difficulties of the histologic technique. Two to 4 slides were made from each aneurysm, depending on the diameter of the sack. All slides were studied in a similar fashion and the most representative ones selected for demonstration. Details of the histologic findings are listed in Table 2.

The aneurysm neck was histologically recognized in 10 cases. In those specimens the coil loops were either uncovered or covered by some fibrin in all cases with an implant time <3 months (Fig 1C, -D). Some fibrocellular tissue was found covering the coils at the neck in all cases that were removed surgically (Fig 2D).

In those specimens removed within 3 months following coil packing, fresh blood and unorganized thrombus were found regardless of whether the aneurysm was packed with Matrix or standard GDC coils (Fig 1D).

In the 3 aneurysms removed 3 years following GDC coil implantation, the aneurysm sacs were mostly filled with organized thrombus but remnants of unorganized thrombus and fresh blood were observed together with void spaces (Fig 2F). The aneurysm removed 6 months after treatment with Matrix coils was completely filled with granulation tissue representing active fibrocellular reaction without residual thrombus (Fig 3E). It showed some leukocyte invasion, collagen formation, and smooth muscle cells demonstrating maturing granulation tissue without any residual unorganized thrombus or void spaces. The neck of this aneurysm could not be identified on the histologic sections (Figs 2F and 3F–H).

Macrophages were seen in almost every specimen, even in the very early stages. Foreign body giant cells were found in all cases older than 2 months and in some older than 10 days. Significant leukocyte infiltration was found in all specimens.

**Discussion**

Incomplete aneurysm occlusion, persistent neck remnant, regrowth, and recanalization are frequently associated with endosaccular packing of both ruptured and unruptured aneurysms. Roy et al16 found a 47% initial rate of complete occlusion with a neck remnant in 43%, residual aneurysm in 5%, and failure in 5%. After at least 30 months, they found complete occlusion in 49%, residual neck in 38%, and residual aneurysm in 13%.16 Although the risk of aneurysm rupture/rupture posed by a small neck remnant is probably very low, the long-term natural history of a partially packed aneurysm is simply unknown and maybe concerning. This frequently leads to late surgical clipping of a previously coil-packed aneurysm which can be complicated.17

The aim of coil embolization is to pack the aneurysm cavity as tightly as possible with coils. This may be difficult, however, especially if the neck is wide or the sac is large. In a study analyzing the volumetric packing attenuation of coil-treated aneurysms, Sluzewski et al18 found that, in general, not more than 20%–25% of the aneurysm’s cavity is filled with coils. Coil compaction may occur if the attenuation of packing is less than 20%–25% of the aneurysm's cavity is filled with coils.

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Mechanical effect of pulsatile blood flow and the fibrinolytic mechanisms.

Several histologic case reports have demonstrated incomplete aneurysm thrombosis in coil-packed aneurysms. In giant
aneurysms, thrombus remains largely unorganized and the neck uncovered for several months. Other studies have demonstrated that in small aneurysms the neck is covered by a fibrin layer 36 hours after coil packing and by endothelium as early as 4 weeks after treatment. Serial studies have demonstrated a progressive healing process in coil packed aneurysms. Bavinzski et al. found unorganized thrombus within 1 week, incomplete fibrous transformation of the thrombus after 2–3 weeks, and collagen-rich vascularized tissue 4 years after treatment. In a single case, they found endothelium covering the aneurysm neck 6 weeks after coil packing. Groden reported only unorganized thrombus at 5 days posttreatment. Thirteen
days later, macrophages appeared in the clot. Vascularized connective tissue filled the aneurysm cavity 10 months after treatment.7

These experiences inspired the development of a new concept that uses the coils not only as obstructive devices but also as carriers of a bioactive material. “Biologically active” coils are intended to deliver a biochemical agent within the aneurysm cavity, which is supposed to accelerate thrombus organization into fibrocellular granulation tissue.

As a bioactive material, collagen was first used in several experiments and was found to induce some tissue reaction.9,10,12 Further experiments confirmed the beneficial effects of either collagen, fibronectin, vitronectin, laminin, or fibrinogen when applied to the coil surface by ion implantation technology.11 Bavinzski tried to use tissue thromboplastin to enhance thrombus formation and plasminogen activator inhibitor to reduce thrombolysis but could not prove significant advantages of either material as compared with bare platinum GDCs.13 Finally, polylactic acid/lactide copolymer was tested on surgically created swine sidewall aneurysms. This polymer has been used previously for surgical suture lines and is known to induce granulation tissue. Instead of ion implantation or coating, this bioabsorbable material is applied in the form of a double coil. The inner coil is made of platinum, which is covered by an outer coil made of the copolymer. In experimental animal models, these coils accelerated thrombus organization at 2 weeks and produced a thicker fibrocellular tissue covering the neck at 3 months as compared with standard GDCs. These bioactive coils were approved for clinical use in 2002.

In our study, a total of 18 human aneurysms were endovascularly treated and histologically analyzed. From these, 2 aneurysms were treated with Matrix coils and removed at 8 days and 6 months after treatment. All of the other aneurysms were treated with GDC. All specimens were studied in a similar fashion, except that the aneurysm neck could not be visualized in all cases. The specimen removed 8 days treatment with Matrix coils did not exhibit any features different from those treated with standard GDCs within the same timeframe; however, the specimen treated with Matrix coils and removed at 6 months was completely filled with maturing fibrocellular granulation tissue, characterized by collagen fibers and numerous neovessels. Unfortunately, the neck of this aneurysm could not be microscopically studied as it was removed without the parent artery and histologic sections were not made in a plane parallel to the neck. We also did not have a 6-month GDC specimen to compare it to directly. Nevertheless, this aneurysm was completely filled with granulation tissue and, unlike the 3-year GDC specimen, did not contain any residual thrombus or void spaces.

Conclusion
Our results confirm that significant organization of the thrombus does not occur within a timeframe of less than 3 months following packing with platinum coils as previously reported. Intra-aneurysmal thrombus converts into fibrous tissue on a scale of years, but may remain imperfect for as long as 3 years after treatment. In one case, the Matrix biologically active coils did not alter this process within the 8 days after implantation. In another case, the aneurysm cavity was completely filled with granulation tissue corresponding to active fibrocellular reaction 6 months after treatment. These findings suggest that the biologically active polymer may accelerate aneurysm healing. Additional data are required to confirm these findings.

References