High-Resolution Contrast-Enhanced, Susceptibility-Weighted MR Imaging at 3T in Patients with Brain Tumors: Correlation with Positron-Emission Tomography and Histopathologic Findings


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High-Resolution Contrast-Enhanced, Susceptibility-Weighted MR Imaging at 3T in Patients with Brain Tumors: Correlation with Positron-Emission Tomography and Histopathologic Findings

BACKGROUND AND PURPOSE: The purpose of this work was to demonstrate susceptibility effects (SusE) in various types of brain tumors with 3T high-resolution (HR)-contrast-enhanced (CE)-susceptibility-weighted (SWI)-MR imaging and to correlate SusE with positron-emission tomography (PET) and histopathology.

MATERIALS AND METHODS: Eighteen patients with brain tumors, scheduled for biopsy or tumor extirpation, underwent high-field (3T) MR imaging. In all of the patients, an axial T1-spin-echo (SE) sequence and an HR-SW imaging sequence before and after IV application of a standard dose of contrast agent (MultiHance) was obtained. Seven patients preoperatively underwent PET. The frequency and formation of intralesional SusE in all of the images were evaluated and correlated with tumor grade as determined by PET and histopathology. Direct correlation of SusE and histopathologic specimens was performed in 6 patients. Contrast enhancement of the lesions was assessed in both sequences.

RESULTS: High-grade lesions demonstrated either high or medium frequency of SusE in 90% of the patients. Low-grade lesions demonstrated low frequency of SusE or no SusE. Correlation between intralesional frequency of SusE and histopathologic, as well as PET, tumor grading was statistically significant. Contrast enhancement was equally visible in both SW and SE sequences. Side-to-side comparison of tumor areas with high frequency of SusE and histopathology revealed that intralesional SusE reflected conglomerates of increased tumor microvasculature.

CONCLUSIONS: 3T HR-CE-SW-MR imaging shows both intratumoral SusE not visible with standard MR imaging and contrast enhancement visible with standard MR imaging. Because frequency of intratumoral SusE correlates with tumor grade as determined by PET and histopathology, this novel technique is a promising tool for noninvasive differentiation of low-grade from high-grade brain tumors and for determination of an optimal area of biopsy for accurate tumor grading.

Consequently, the BOLD susceptibility-based contrast-to-noise ratio is increased at higher field strengths (Bo). In addition, higher field strength Bo increases the intrinsic signal intensity-to-noise ratio (SNR), because SNR scales at least linearly with Bo.1,4,9,10 Thus, the application of a T1-reducing contrast agent raises the blood signal intensity fraction available for signal intensity cancellation with adjacent brain parenchyma by inducing an extraphase shift.11 Therefore, compared with 1.5T, high-field (3T) HR contrast-enhanced (CE)-SW-MR imaging allows for optimal susceptibility effects (SusE) at shorter measurement times.1,4,12

Clinical applications of 3T HR-CE-SW-MR imaging include improved visualization of cerebral vascular malformations, such as cavernous angiomas, arteriovenous malformations, detection of developmental venous anomalies, cerebral venous thrombosis, and intracranial hemorrhage.12,13 3T HR-CE-SW-MR imaging of highly vascularized tumors also shows complex and variable venous patterns in various types of tumors and in different parts of the lesions,1 which might be because of the increased blood supply and particular vascular patterns associated with fast-growing tumors.14 Therefore, 3T HR-CE-SW-MR imaging seems to be a promising tool for advanced tumor evaluation, because it has the potential to noninvasively assess intratumoral microvascularity that is as-

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associated with fast-growing tumors and because it directly correlates with tumor grade.\textsuperscript{14–16}

The first aim of this study was to visualize SusE in various types of brain tumors at 3T HR-CE-SW-MR imaging and to correlate intraleSIONal SusE with positron-emission tomography (PET) and histopathology. The second aim was to evaluate the clinical potential of this method for noninvasive differentiation of low-grade from high-grade brain tumors and for determination of the optimal biopsy location for accurate tumor grading.

**Materials and Methods**

After obtaining local ethics committee approval, 18 patients (4 women and 14 men; 22–73 years old [mean age: 53.6 years] at the time of diagnosis) with a primary brain lesion suspicious for a malignant brain tumor diagnosed previously by standard (1.5T) MR imaging were included in this study. All of the patients gave written informed consent.

The patients included in this study were scheduled for either stereotactic biopsy or tumor resection in the Department of Neurosurgery of the Medical University Vienna (MUV). Patients were in stable clinical condition without any known contraindications to MR imaging or intravenous application of standard MR imaging contrast agents. No patient had any surgical or local treatment of the lesion before the MR examination. All 18 of the patients underwent 3T HR-CE-SW-MR imaging at our institution. High-field MR images were acquired using a 3T Medspec 30/80 scanner (Bruker, Ettlingen, Germany) with a head birdcage transmit/receive coil and an actively shielded gradient system with a maximum gradient strength of 45 mT/m.

The optimal dose of paramagnetic contrast agent was determined with regard to SusE, image quality, and scan time in a previously performed volunteer study of 6 healthy volunteers.\textsuperscript{13} The contrast agent used was gadobenate dimeglumine (MultiHance, Bracco Imaging, Milan, Italy) with a proton magnetic relaxivity twice that of other available standard paramagnetic contrast agents.\textsuperscript{12} A standard dose of gadobenate dimeglumine (0.1 mmol or 0.2 mL/kg of body weight) proved optimal to achieve an equivalent SusE and image quality, together with a considerable reduction in scan time compared with unenhanced 3T HR-SW-MR imaging.\textsuperscript{12} All of the patients in our study received the previously determined dose of 0.1 mmol/L (0.2 mL/kg of body weight) of IV gadobenate dimeglumine administered as a bolus. The data acquisition for each examination was started after a standard delay (10 minutes) and completed within 1 hour after contrast agent application. The total imaging time for all of the sequences was approximately 22 minutes.

MR imaging included the following sequences: standard axial T1-weighted spin-echo (SE) precontrast and postcontrast (TR/TE: 1000 ms/14 ms; FOV: 230 × 230 mm, 192 × 256 mm; 1 acquisition [NEX: 1]; L-R phase encoding and section thickness: 3 mm/0.3 mm; scan time: 3:13 minutes). HR-SW-MR imaging was performed with various TR/TE values for precontrast and postcontrast doses (FOV: 256 × 256 mm; precontrast TR/TE: 43 ms/25 ms; postcontrast TR/TE: 36 ms/20 ms; matrix: 384 × 512; section thickness: 2 mm; slab thickness: 64 mm; flip angle: 20°; scan time precontrast: 9 minutes; and scan time postcontrast: 6 minutes).

Both magnitude and phase images were reconstructed from the raw datasets. To remove variations in the phase images caused by static magnetic field inhomogeneity effects, a homodyne demodulation was used to correct these variations.\textsuperscript{4,5} A phase mask filter was designed from corrected phase images, which was multiplied twice with the corresponding magnitude images to further improve the visibility of venous vasculature.

All of the MR images were evaluated by an experienced neuroradiologist and by 2 radiologists with previous experience with SW imaging in consensus. We evaluated whether lesion size was equal in both HR-SW-MR and T1-SE images or if there was a difference in the general dimension of the tumors in the different imaging techniques. The presence of intraleSIONal calcifications or intraleSIONal hemorrhage in the tumors on T1-SE images that could cause intraleSIONal SusE and thus mimic intraleSIONal vascularity was assessed.

Qualitative evaluation of presence and frequency, parameters that describe the frequency of intraleSIONal SusE in precontrast and postcontrast HR-SW-MR images, was performed as visual assessment. Magnetic SusE in the neoplasm were defined as either tubular or nontubular foci of low signal intensity on HR-SW-MR images; the frequency of intraleSIONal SusE was assessed and graded on a scale of 0–3. Grade 0 was defined as no SusE, grade 1 as low frequency of SusE, grade 2 as medium frequency of SusE, and grade 3 as high frequency of SusE. The formations of intraleSIONal SusE, a parameter for SusE configuration, were evaluated, and the radiologists determined whether conglomerates of SusE were detectable. Moreover, the visibility of individual enlarged or tortuous veins in the tumors on HR-SW-MR images was assessed. In addition, contrast enhancement of the lesions was evaluated and also graded as follows: 1) grade 0, no contrast enhancement; 2) grade 1, minimal contrast enhancement; 3) grade 2, moderate contrast enhancement; and 4) grade 3, marked contrast enhancement.

Seven of 18 patients preoperatively underwent combined \textsuperscript{18}F fluoro-deoxyglucose (FDG) and \textsuperscript{11}C-methionine (MET)-PET at the Department of Nuclear Medicine of our institution (MUV). FDG-PET images were acquired 45 minutes after IV administration of FDG. MET-PET images were acquired after IV administration of MET. F-18-FDG-PET was mainly used for determination of the optimal site for biopsy of lesions suspicious of glioma. MET-PET was used for assessment of grade of tumor malignancy, as well as lesion localization and extension. An experienced nuclear physicist evaluated FDG/MET-PET images. Metabolic activity was assessed by qualitative comparison of tumor uptake to contralateral normal brain parenchyma. All of the lesions were graded on a scale of 0–3. Grade 1 defined the neoplasm as a low-grade lesion, grade 2 as medium-grade lesion, and grade 3 as a high-grade lesion. Subsequently, all of the patients in this series underwent either stereotactic biopsy or subtotal/total resection of the tumor at the Department of Neurosurgery, and every excised specimen was evaluated by an experienced histopathologist from the Clinical Institute of Neuropathology (University Erlangen-Nuremberg, Erlangen, Germany). Tumors were graded according to the revised World Health Organization (WHO) classification.\textsuperscript{17} Histologic features such as cell frequency, nuclear atypia, mitotic activity, necrosis, and vascular proliferation were evaluated on hematoxylin-eosin (H&E)-stained or anti-CD34-immunostained tissue sections, respectively. Vascular proliferation typically appeared as glomeruloid vascular, vascular garland, or vascular cluster. The histopathologic diagnosis was used as the standard of reference for statistical analysis.

Subsequently, intraleSIONal SusE were correlated with respect to tumor grade with histopathology and PET findings. In 6 patients, a total of 9 selected biopsies of tumor areas with pronounced SusE known from previous 3T HR-CE-SW-MR imaging was correlated with possible conglomerates of intraleSIONal vascular proliferations.
by using anatomic landmarks in the surrounding parenchyma for orientation to ensure section compatibility between MR imaging and sampling sites. Direct correlation between SusE and histopathologic findings was not possible in all of the patients, because the stereotactic biopsy was often directed toward the most accessible area and not necessarily the area of the highest frequency of SusE.

For statistical evaluation of the operated patient collective, we used SPSS 13.0 software (SPSS, Chicago, Ill). For statistical assessment of the correlation of intraläsional SusE, PET and histopathologic finding cross-tabulations were calculated. For evaluation of statistical significance, a Fisher-Holton-Freeman test was used. For measurement of agreement, a $\kappa$ coefficient was used, and for correlation of SusE conglomerates and PET, as well as histopathologic tumor grading, a contingency coefficient was calculated. $P < .05$ was considered significant.

### Results

General dimensions of the detected brain lesions were equal in both HR-SW-MR and T1-SE images. No intraläsional calcifications or hemorrhage were visible on T1-SE images. No intralesional conglomerates and PET, as well as histopathologic tumor grading was also statistically significant. Correlation of tumor grade, SusE frequency, and conglomerates is illustrated in Table 2. Correlation of SusE frequency and histopathologic tumor grading was statistically significant with a $P$ of .01 and a $\kappa$ of 0.324. Correlation of SusE conglomerates and histopathologic tumor grading was also statistically significant, with a $P$ of .004 and a contingency coefficient (CC) of 0.594.

Contrast enhancement, visible in T1-weighted SE sequences (Fig 1C and Fig 2B), was apparent in SW-MR imaging as well (Fig 1B, Fig 2A, Fig 3B). Fourteen of 17 high-grade lesions, all of which demonstrated either medium (Fig 3A) or high frequency of SusE (Fig 1A), demonstrated marked contrast enhancement. One high-grade lesion demonstrated moderate contrast enhancement. Two high-grade lesions demonstrated no contrast enhancement but low frequency of SusE, and 2 high-grade lesions demonstrated minimal contrast enhancement and medium frequency of SusE. In 1 lesion with minimal enhancement and medium frequency of SusE, formations of SusE conglomerates were detected. The lesion graded as intermediate by histopathology and low by PET demonstrated no contrast enhancement and low frequency of SusE.

All 3 of the lesions determined by both PET and histopa-
thology as low grade demonstrated either no SusE or low frequency of SusE and no SusE conglomerates (Fig 2A). One lesion, which histopathology diagnosed as high grade and PET diagnosed as intermediate, displayed a medium frequency of SusE with formations of SusE conglomerates, whereas 7 of 8 high-grade lesions demonstrated high frequency of SusE, as well as SusE conglomerates (Fig 1A). Correlation of SusE frequency and PET tumor grading (Table 3) was statistically significant with a $P$ of .004 and a $\gamma$ of 0.84, reflecting very good agreement of diagnosis. Correlation of SusE conglomerates and PET tumor grading was also statistically significant, with a $P$ of 0.018 and a $\gamma$ of 0.634. In addition, correlation of tumor grading by PET and histopathology was assessed, and it demonstrated good correlation of both techniques with a $P$ of .09 and a $\gamma$ of 0.631. In 6 selected patients, 9 specimens of tumor areas with a high frequency of SusE were directly correlated with histopathologic specimens of the matching sampling areas, and intratumoral SusE corresponded with conglomerates of abnormal vascular proliferations (Fig 1D, E).

**Discussion**

The accurate grading of brain lesions has important prognostic and therapeutic implications, because high-grade lesions are treated differently from low-grade lesions. Patients with high-grade lesions both resectable or unresectable receive either radiation therapy or combined radiochemotherapy. Low-grade gliomas (WHO grades I and II) are amendable to radiosurgical resection with curative intent, and adjuvant radiochemotherapy is only recommended for patients with incompletely resected grade II tumors or for patients older than age of 40 years regardless of the extent of resection. In an effort to preoperatively differentiate between high-grade and low-grade lesions and to determine the optimal patient treatment, very often a stereotactic biopsy is performed preoperatively. Burger et al found that, among histopathologic features such as cell frequency, nuclear atypia and mitotic activity, necrosis, and vascular proliferation, only vascular proliferation differentially predicted both the short- and long-term survival in patients with anaplastic astrocytomas. To date, the detection of vascular proliferations within a malignant brain lesion places a malignant brain tumor in the WHO IV classification, and, typically, pathologic microvessularity is not uniform throughout a lesion. Because critical portions of the malignant brain lesions are not always included in the biopsy area or are not delivered with the specimen to the pathologist, critical markers of tumor grade may be over-

![Fig 1. A 36-year-old male patient with right temporomesial glioblastoma WHO IV.](image-url)
looked, leading to a potential undergrading of the lesion. Therefore, MR imaging of features suggestive of high tumor grade in malignant brain lesions, such as intratumoral vascular proliferations, could be an important noninvasive tool for accurate tumor grading. Visualization of altered angioarchitecture in malignant gliomas gets feasible as tumor vessels become excessively convoluted and form masses that resemble renal glomerular tufts or are arranged in huge garlands of proliferative vessels and are, therefore, within the range of HR 3T imaging.

In this study, 3T HR-CE-SW-MR imaging was used to assess the frequency of intratumoral SusE, supposedly correlated with increased microvascularity, and to correlate intratumoral SusE with tumor grade as determined by both PET and histopathology. 3T HR-CE-SW-MR imaging demonstrated both tubular and nontubular intratumoral SusE, often forming conglomerates, which were thought to represent areas of increased microvascularity. We found a statistically significant correlation of frequency of intratumoral SusE and tumor grade, as determined by both PET (P = .004) and histopathology (P = .01). Moreover, statistically significant correlation between the presence of conglomerates of intratumoral SusE and tumor grade as determined by both PET (P = .018) and histopathology (P = .004) was found. The contrast-enhancement behavior of all of the lesions in both sequences was also assessed and compared. In good agreement with Sehgal et al, the contrast enhancement of brain lesions, visible in SW-MR images, was equal to that of T1-weighted SE sequences. In our study, 3 high-grade lesions, which demonstrated either minimal or no contrast enhancement, showed at least a low frequency of intratumoral SusE. In 1 of those high-grade lesions, SusE conglomerates were visible. The lesions, graded as intermediate, displayed no contrast enhancement but a medium frequency of intratumoral SusE. These findings indicate that HR-SW-MR is superior to dynamic gadolinium scanning in tumor grading. Because the detection of intratumoral SusE is an indicator of tumor angiogenesis, which is associated with growing tumors and directly linked to tumor grade, it is a more sensitive marker for tumor malignancy, as contrast enhancement can result from both the breakdown of the blood-brain barrier or increased lesion vascularity. Moreover, with 3T HR-CE-SW-MR, both contrast enhancement and intrale-

**Table 2: Cross-tabulation of histopathologic tumor grade and frequency of intratumoral SusE and SusE conglomerates**

<table>
<thead>
<tr>
<th>Histopathologic Tumor Grade</th>
<th>Frequency of SusE, n (%)</th>
<th>Conglomerates, n (%)</th>
<th>Total, n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low count</td>
<td>2 (8)</td>
<td>0</td>
<td>2 (8)</td>
</tr>
<tr>
<td>Intermediate count</td>
<td>1 (4)</td>
<td>0</td>
<td>1 (4)</td>
</tr>
<tr>
<td>High count</td>
<td>2 (8)</td>
<td>4 (16)</td>
<td>20 (80)</td>
</tr>
<tr>
<td>Total count</td>
<td>5 (20)</td>
<td>4 (16)</td>
<td>25 (100)</td>
</tr>
</tbody>
</table>

Note: SusE indicates susceptibility effects. Frequency and formation of conglomerates of intratumoral SusE showed good correlation with histopathologic tumor grade. A medium- or high-frequency intratumoral SusE or formation of conglomerates was found in 90% of high-grade lesions.
sional SusE can be evaluated with 1 sequence. Another imaging technique used for tumor grading that is based on the spatial distribution of metabolic changes in the brain is proton \(^1\)H-MR spectroscopic imaging. The results of recent studies demonstrated that proton MR spectroscopic imaging (MRSI) with high spatial resolution, segmentation, and absolute quantification of metabolic changes provides information for preoperative grading of gliomas.\(^{28-31}\) These findings suggest that a combination of both techniques, HR-SW-MR imaging and \(^1\)H-MR, in the preoperative assessment of malignant brain tumors might allow for a more accurate tumor grading than the combination of conventional MR imaging and MR spectroscopy, which has been routinely used to now.

In our study, in contrast to Sehgal et al.,\(^{32}\) we did not observe a paradox signal intensity loss because of T2* effects caused by the IV application of contrast agent. This can be explained by the fact that, before patient examinations, a volunteer study was performed to determine the optimal dose of the contrast agent with known high relaxivity so as to achieve the best compromise between image quality and scan time for the clinical application of 3T HR-CE-SW-MR imaging.\(^{12}\) In contrast to a previously conducted study by Barth et al.,\(^1\) which used a double dose of gadopentate-dimeglumine as a contrast agent, only a standard dose of gadobenate dimeglumine (MultiHance) was required to achieve the optimal SusE and image quality at 3T, together with a reduced scan time.\(^{12}\)

In 6 selected patients, a direct side-to-side correlation of histopathologic specimens from the lesions and intralesional MR SusE was performed. Regions with high frequency of intralesional SusE corresponded with conglomerates of vascular proliferations. These findings agree quite well with those of Christoforidis et al.\(^{26}\)

These investigators performed a postmortem in situ HR gradient-echo (GE) 8T MR imaging study of the brain in a 53-year-old woman with glioblastoma multiforme. Postmortem examination included HR MR imaging at a field strength of 8T with a 2D Fourier transformation GE sequence and the evaluation of 10 histopathologic specimens in the region of the tumor bed by using H&E and reticulin stains. GE MR imaging and histopathologic findings were assessed and compared for microvascular size and frequency. Christoforidis et al.\(^{24,26}\) found concurrence between both vascular frequency and vascular size as predicted by histopathologic analysis and 8T MR imaging in at least 7 of 9 biopsy samples and thus suggested that microvascularity in gliomas can be identified by high-field HR-SW-MR imaging.

The potential limitations of the current study included the high percentage of high-grade lesions in our patient collective and the relatively small number of patients who preoperatively underwent FDG/MET-PET examination. Moreover, 3T HR-CE-SW-MR imaging has a limited value in the diagnostic work-up of those patients in whom air/tissue boundaries caused severe susceptibility artifacts, for example, near the skull base and air spaces. In our study, the above-mentioned artifacts did not significantly compromise the regions of interest, and the visualization of intratumoral SusE was acceptable. Another limitation of our study was the relatively small sample size of specimens that could be directly compared, because stereotactic biopsy was often directed toward the most accessible area and not necessarily the area of the greatest SusE.

In our study, 3T HR-CE-SW-MR imaging demonstrated various patterns of SusE frequency, as well as formations of conglomerates correlated directly with tumor grade as determined by PET.

### Table 3: Cross-tabulation of PET tumor grade and frequency of intralesional SusE and SusE conglomerates

<table>
<thead>
<tr>
<th>PET Tumor Grade</th>
<th>Frequency of SusE, n (%)</th>
<th>Conglomerates, n (%)</th>
<th>Total, n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>3 (25)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Intermediate</td>
<td>0</td>
<td>1 (8.33)</td>
<td>1 (8.33)</td>
</tr>
<tr>
<td>High</td>
<td>1 (8.33)</td>
<td>7 (58.33)</td>
<td>7 (58.33)</td>
</tr>
<tr>
<td>Total</td>
<td>4 (33.33)</td>
<td>1 (8.33)</td>
<td>7 (58.33)</td>
</tr>
</tbody>
</table>

**Note:**—SusE indicates susceptibility effects; PET, positron-emission tomography. Frequency of intralesional SusE, as well as formation of conglomerates correlated directly with tumor grade as determined by PET.
potential application for 3T HR-CE-SW-MR imaging with an important diagnostic, as well as therapeutic, impact is the detection of an optimal site for tumor biopsy. Using this method, an accurate tumor grading will be possible. However, these findings should be addressed and further validated in future clinical studies. A larger series of patients with precisely located biopsies and standardized histopathologic data would yield more statistically significant results, as well as more information on the various vascular patterns characteristic of different types of brain tumors. At this stage, 3T HR-CE-SW-MR imaging shows promise for the noninvasive grading of brain lesions; however, these findings should be addressed and further validated in future clinical studies.

Conclusions
3T HR-CE-SW-MR imaging shows intratumoral SusE that are not visible in other MR images, as well as contrast enhancement that is visible with standard MR imaging. As the frequency of intralesional SusE correlates with the grade of tumor malignancy determined by both PET and histopathology as the "gold standard," this novel technique may be a promising tool for the noninvasive differentiation of low-grade and high-grade brain tumors. Intralesional SusE reflect increased intratumoral microvascularity, and, therefore, the use of 3T HR-CE-SW-MR imaging makes it possible to determine the optimal location of a stereotactic biopsy for accurate tumor grading.

References