Optimizing MR Imaging Detection of Type 2 Focal Cortical Dysplasia: Best Criteria for Clinical Practice


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BACKGROUND AND PURPOSE: Type 2 FCD is one of the main causes of drug-resistant partial epilepsy. Its detection by MR imaging has greatly improved surgical outcomes, but it often remains overlooked. Our objective was to determine the prevalence of typical MR imaging criteria for type 2 FCD, to provide a precise MR imaging pattern, and to optimize its detection.

MATERIALS AND METHODS: We retrospectively reviewed 1.5T MR imaging of 71 consecutive patients with histologically proved type 2 FCD. The protocol included millimetric 3D T1-weighted, 2D coronal and axial T2-weighted, and 2D or 3D FLAIR images. Two experienced neuroradiologists looked for 6 criteria: cortex thickening, cortical and subcortical signal changes, blurring of the GWM interface, the “transmantle” sign, and gyral abnormalities. The frequency of each sign and their combination were assessed. We compared the delay between epilepsy onset and surgery, taking into account the time of type 2 FCD detection by MR imaging.

RESULTS: Only 42 patients (59%) had positive MR imaging findings. In this group, a combination of at least 3 criteria was always found. Subcortical signal changes were constant. Three characteristic signs (cortical thickening, GWM blurring, and transmantle sign) were combined in 64% of patients, indicating that MR imaging can be highly suggestive. However, typical features of type 2 FCD were overlooked on initial imaging in 40% of patients, contributing to a delay in referral for surgical consideration (17 versus 11.5 years when initial MR imaging findings were positive).

CONCLUSIONS: A combination of 3 major MR imaging signs allows type 2 FCD to be recognized in clinical practice, thereby enabling early identification of candidates for surgery.

ABBREVIATIONS: EEG = electroencephalography; 18FDG = fluorine 18 FDG; GWM = gray-white matter; type 2 FCD = type 2 focal cortical dysplasia

Type 2 FCD is one of the main causes of extratemporal drug-resistant partial epilepsy that is surgically curable. It corresponds to Taylor-type focal cortical dysplasia, according to recent classifications,1,2 a more homogenous pathologic entity than other subtypes of cortical dysplasia, especially type 1 FCD. The major predictor of a favorable surgical outcome is complete removal of the dysplastic cortex.3,7 and accurate presurgical assessment of the lesion extent is crucial to improve surgical results. During the past decade, the development of MR imaging protocols specifically designed for type 2 FCD detection has contributed to the steady increase of candidates for surgery and to a favorable outcome, with a remission rate of up to 90% when MR imaging findings are positive compared with 40%–60% when MR imaging findings are negative.3,6-9 The MR imaging diagnosis remains difficult, however, even in specialized centers by using appropriate protocols, with up to 50% of type 2 FCD cases remaining undetected or being diagnosed late, thereby depriving patients of effective treatment for years.3 Despite severe and intractable epilepsy, the average time from onset of seizures to surgery is around 14 years in most reported series.3,10-12

Typical MR imaging features have previously been described.3,6,7,13-21 These include abnormalities of the cortex (thickening, T2 signal increase, gyral abnormalities) and of the subcortical white matter (blurring of the GWM interface, T2 signal increase, “transmantle” sign). Initial MR imaging descriptions relied on a limited sample of patients.7,15 However, more recent larger series do not provide a comprehensive analysis of all reported MR imaging signs and the prevalence of each sign varies considerably between studies (Table 1). In addition, the proportion of negative MR imaging findings in type 2 FCD differs widely, likely because of differences in imaging protocols and selection bias.

We performed a retrospective study on a large cohort of surgically treated patients with type 2 FCD investigated with high-resolution MR imaging during the past decade. Our goal was to determine the prevalence of each previously described MR imaging criterion for type 2 FCD and to define a precise MR imaging pattern so as to optimize its detection in clinical practice. Our second goal was to determine the influence of MR imaging positivity on delay to surgical referral.

Materials and Methods

Patients

We retrospectively reviewed the MR imaging data of 71 consecutive patients (40 males, 24 children) with a histologic diagnosis of type 2 FCD who underwent surgery for intractable epilepsy between May
Table 1: Frequency of typical MR imaging signs of histologically proved type 2 FCD reported in the literature

<table>
<thead>
<tr>
<th>Period of study</th>
<th>No. of patients</th>
<th>Negative findings on MRI</th>
<th>Cortical thickening</th>
<th>Blurring of GWM junction</th>
<th>Cortical signal changes</th>
<th>Subcortical signal changes</th>
<th>Transmantle sign</th>
<th>Sulcal abnormalities</th>
<th>Atrophy</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>22</td>
<td>15</td>
<td>18 (81%)</td>
<td>22 (100%)</td>
<td>18 (81%)</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td>26</td>
<td>13</td>
<td>10 (67%)</td>
<td>26</td>
<td>13</td>
<td>13 (65%)</td>
<td>26</td>
<td>16</td>
<td>64</td>
<td>71</td>
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<td></td>
<td></td>
<td></td>
<td>0</td>
<td>5 (33%)</td>
<td>0</td>
<td>2 (15%)</td>
<td>0</td>
<td>1</td>
<td>29 (41%)</td>
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<tr>
<td>Note:—NA indicates not available.</td>
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</table>

2000 and May 2011. Presurgical evaluation included ictal video-EEG, high-resolution MR imaging, functional MR imaging, and 18F FDG-PET scans for all patients and stereo-EEG for 43 of them (60%). Median age was 6 years (range, 1–20 years) at epilepsy onset and 20 years (range, 8–52 years) at surgery. No patient had clinical criteria for tuberous sclerosis. The study was approved by the Ethics Committee of Ile de France III and was found to conform to generally accepted scientific principles and ethical standards.

**MR Imaging Acquisition**

Brain MRI was performed on a 1.5T MR imaging scanner (Signa Excite; GE Healthcare, Milwaukee, Wisconsin) and included the following sequences: a volumetric gradient-echo T1-weighted inversion recovery acquisition (section thickness = 1.2 mm, FOV = 240 × 240 mm, 256 × 192 matrix, NEX = 1), coronal and axial 2D fast spin-echo T2-weighted acquisitions (thickness = 4 mm, no gap, FOV = 240 × 240 mm, 512 × 256 matrix, NEX = 2), FLAIR by using 2D contiguous sections (thickness = 5 mm, FOV = 240 × 240 mm, matrix = 256 × 192, NEX = 1), or a 3D acquisition (section thickness = 1.2 mm, FOV = 240 × 240 mm, 256 × 226 matrix, NEX = 1). A 3D T1 fast gradient-echo acquisition after injection of gadolinium was also performed; this was not part of the epilepsy presurgical standard protocol but was needed for accurate identification of vascular landmarks with neuronavigational guidance during intracranial recordings or surgery.

**Data Analysis**

Two neuroradiologists (7 and 9 years’ experience), aware of the final localization of the operated lesion, retrospectively reviewed all MRI in consensus to look for structural abnormalities. They analyzed 6 criteria: 1) abnormal cortical thickness, defined as a thickening (or thinning) of at least 50% of the normal cortex, visible on T1WI and T2WI sequences, on at least 2 orthogonal planes, to rule out partial volume effects (when visible on 1 sequence only, it was defined as a “pseudo-thickening”); 2) abnormal cortical signal intensity on T1WI, T2WI, and/or FLAIR, defined as signal changes involving the entire thickness of the cortex; 3) blurring of the GWM junction, visible on at least 1 sequence and in 2 orthogonal planes; and 4) abnormal signal intensity of subcortical white matter relative to normal cortex (this latter abnormality was further classified as either “marked,” when the subcortical white matter signal was at least identical to that of the normal cortex, or “subtle” otherwise (Fig 1); 5) abnormal signal intensity of deep white matter, the so-called transmantle sign, defined as a subcortical white matter signal-intensity change, tapering toward the ventricle on T1WI and/or T2WI (Fig 1); and 6) a major abnormality of sulcal morphology, defined as an abnormality of the depth, angulation, or shape of a sulcus, compared with the contralateral side, on reformatted 3D T1WI or on T2WI sequences.

The presence of calcifications, cysts, contrast enhancement, atrophy or mass effect, and vascular abnormalities was also recorded. MR imaging was considered negative for the diagnosis of type 2 FCD when none of the above abnormalities were present and positive when at least 1 of the 6 MR imaging criteria was present. In addition, we looked for minor sulcal abnormalities in patients with negative MR imaging finding (ie, unusual sulci patterns not discernible enough to be classified as major). Because these findings were regarded as nonspecific or doubtful, MR imaging findings were still considered negative.

To determine the influence of MR imaging positivity on referring the patient for a presurgical work-up, we compared the time from epilepsy onset to surgery between the groups with positive and negative MR imaging findings by using a Wilcoxon test. In addition, in the subgroup of patients with positive MR imaging findings, we reviewed all previous MRI with negative findings available in the medical records to retrospectively detect the lesion and compared the time from epilepsy onset to surgery with that of patients whose first MR imaging findings were considered positive, by using a Wilcoxon test.

**Results**

Among the 71 patients, type 2 FCD was located in the frontal lobe (n = 60, including 28 in the central region limited by the pre- and postcentral sulci and 3 in the insula); parietal lobe (n = 7); occipital lobe (n = 2); or temporal (n = 2) lobe. All lesions were limited to a single lobe and were unilateral, with a right/left hemisphere ratio of 1:3. Histologic confirmation of type 2 FCD was based on a focal disorganization of the cortical cytoarchitecture with giant dysmorphic neurons. Balloon cells were present in 63 patients (type 2b FCD) and were not found in the cortical specimen in the remaining patients (type 2a FCD).
**Positive Findings on MR Imaging**

Forty-two patients (59%) had positive MR imaging findings. Twelve patients (29%) had all 6 criteria. All patients had at least 3 of the 6 criteria. All patients had either cortical thickening, blurring of GWM interface, or transmantle sign; 27 patients (64%) had all 3 of these signs.

Cortical thickening was present in 30 patients (71% of positive MR imaging findings), did not exceed twice the normal cortex, and was limited to a small cortical area. Seven other patients (17%) had “pseudothickening,” visible on only 1 of the sequences. This “pseudothickening” was related to signal changes of the subcortical white matter (Fig 2).

Cortical signal changes were present in 21 patients (50% of MR imaging with positive findings). These consisted of hyperintensity on T2WI in 15 patients (best seen on FLAIR sequences), hyperintensity on T1WI in 2 patients, and increased signal on both sequences in the remaining 4 patients. These were located at the bottom of the dysplastic sulcus, variably spreading to the surrounding gyri.

Blurring of the GWM interface was present in 38 patients (90% those with positive MR imaging findings). It was collocated with cortical thickening, when present, in all patients except 1. As with cortical thickening, this sign could be obvious on 1 sequence and barely visible on others (Fig 2).

Abnormal signal intensity of subcortical white matter was seen in all patients with positive MR imaging findings. It was “marked” in 31 patients (73%). “Subtle” changes were not visible on T1WI. Most interesting, in 13 of the 31 patients with marked subcortical increased signal, this abnormality extended from the depth of the sulcus to the surrounding white matter, with a symmetric gradual centrifugal signal decrease (Fig 1).

The transmantle sign was present in 35 patients (83% of MR imaging with positive findings) and was typically mildly hyperintense on T2WI and FLAIR and hypointense in T1WI. It spread along the axis of the abnormal sulcus, running perpendicular toward the wall of the lateral ventricle (Fig 1). Its thickness was proportional to the width of the subcortical abnormalities.

Major sulcal abnormalities were present in 22 patients (52% of those with positive MR imaging findings). These con-
sisted of sulci that were unusually deep (n = 15), wide (n = 5), and/or with unusual angulation (n = 11) (Fig 1). Such sulcal abnormalities were never isolated but were associated with other typical type 2 FCD features.

Microcalcifications were observed in the periventricular region in a patient with a large dysplasia in the temporal lobe. A developmental venous abnormality adjacent to a frontal dysplasia was seen in another patient. A small (<10 mm) cystic component was present in 3 patients. Parenchymal contrast enhancement, focal atrophy or mass effect, complete disappearance of the GWM interface, or marked thinning of the cortex was never observed.

Among the 42 patients with positive MR imaging findings, 16 had at least 1 brain MR imaging finding that had been considered normal during the course of epilepsy. In all 16 cases, the lesion was retrospectively visible. The delay from epilepsy onset to surgery was >5 years longer in patients with negative initial MR imaging (median, 17 years; range, 6–42 years) than in those whose first MR imaging findings were positive (11.5 years; range, 1–29 years), though not reaching significance due to the small number of patients (P = .06).

Negative Findings on MR Imaging

Twenty-nine patients (41%) had negative MR imaging findings (Fig 3), despite histologic confirmation of type 2 FCD (Table 2). For these patients, FDG-PET findings were positive in 25 (86%) cases, showing a focal or regional hypometabolism, contributing to the detection of the lesion. In addition, intracranial recording by using depth electrodes (stereo-EEG) was used to determine the epileptogenic zone and the extent of the cortical resection. In 4 patients, intracranial recording was deemed not necessary because PET demonstrated a focal hypometabolism corresponding to a single gyrus, highly suggestive of a focal lesion.

Moreover, in 13 cases of negative MR imaging findings, minor sulcal abnormalities were observed in the vicinity of type 2 FCD (Fig 4), sometimes not strictly co-localized with the dysplastic lesion. As with major sulcal abnormalities, minor features corresponded to the unusual depth, width, or shape of the sulcus but were not clear enough to be considered abnormal. In addition, none of the other criteria suggestive of type 2 FCD were found in these cases, in contrast to the major sulcal abnormalities described in cases with positive MR imaging findings, which were never isolated (Fig 1).

Balloon cells were present in 79% of the cases with negative MR imaging findings and with similar proportion in patients with minor sulcal abnormalities (10 of 13) than in those with strictly normal MR imaging findings (13 of 16).

The delay from epilepsy onset to surgery was shorter in the patients with negative MR imaging findings (median, 11.5 years; range, 1–31 years) than in the group with positive MR imaging findings (16 years; range, 1–42 years) (P = .03). This apparently surprising finding is related to a bias of recruitment, with a high proportion of children with negative MR imaging findings and short epilepsy duration due to special collaboration with pediatric teams and systematic use of FDG-PET in this population.

Discussion

The main findings of this systematic qualitative MR imaging analysis in a series of 71 consecutive patients with histologically confirmed type 2 FCD are as follows: 1) Only 59% had positive MR imaging findings despite optimal MR imaging techniques according to recommended guidelines. 2) All pa-
patients with positive MR imaging findings presented with least 3 of the 6 recognized MR imaging criteria for type 2 FCD, with combined cortical thickening, blurring of the GWM interface, and the transmantle sign in 64% of patients; and 3) MR imaging features suggestive of type 2 FCD were overlooked on initial imaging in 40% of the cases, leading to late referral for surgical consideration.

Cortical thickening and blurring of the GWM demarcation are considered to be major signs, corresponding to the presence of dysmorphic neurons and balloon cells in the cortex and GWM junction, ectopic neurons, or axonal loss in white matter.7,8,14,15 We additionally found subtle pseudothickening (ie, a subtle subcortical signal increase similar to that of the cortex) in a few patients, contrasting with the extensive thickening reported in previous studies.7,8,14,15 The sublety of this sign is in line with histologic data showing that cortical thickening is more focal and less obvious than previously described.24,25 Cortical thickening has been the focus of an expert consensus, stipulating that it must be seen in 2 adjacent

<table>
<thead>
<tr>
<th>Table 2: Clinical and histologic data of patients with positive and negative findings on MRI</th>
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<tbody>
<tr>
<td>Negative MRI Findings</td>
</tr>
<tr>
<td>No. of patients</td>
</tr>
<tr>
<td>Sex ratio (M/F)</td>
</tr>
<tr>
<td>Age at onset (yr) (median) (range)</td>
</tr>
<tr>
<td>Age at surgery (yr) (median) (range)</td>
</tr>
<tr>
<td>Location of FCD</td>
</tr>
<tr>
<td>Left/right ratio</td>
</tr>
<tr>
<td>Frontal lobe</td>
</tr>
<tr>
<td>Parietal lobe</td>
</tr>
<tr>
<td>Temporal lobe</td>
</tr>
<tr>
<td>Occipital lobe</td>
</tr>
<tr>
<td>Type 2 FCD subtypes</td>
</tr>
<tr>
<td>Type 2a (no balloon cells)</td>
</tr>
<tr>
<td>Type 2b (balloon cells)</td>
</tr>
</tbody>
</table>

Fig 3. Negative MR imaging findings. Axial and coronal 3D TiWI (A and C) and axial and coronal 3D FLAIR (B and D) in a 15-year-old boy with right frontal lobe epilepsy, nocturnal seizure predominance, and onset at 12 years. Absence of the 6 criteria and no minor sulcal abnormality were found. E, 18FDG-PET coregistered on MR imaging (axial section) allows recognition of a gyral hypometabolism corresponding to the anterior part of the right cingulate cortex (arrow). F and G, Histology slides show typical features of type 2b FCD with giant dysmorphic neurons in the cortex (double arrow) and balloon cells in the underlying white matter (arrowhead) (Klüver-Barrera, original magnification ×400).
sections and with 2 different pulse weightings, to avoid being confounded with pseudothickening. We did not observe any sign of lobar, gyral, or focal cortical atrophy, in contrast to others who reported atrophy in 15%–44% of cases (Table 1). This subtle and subjective sign, more common in type 1 focal cortical dysplasia, may have been underestimated in our analysis. It is also possible that what we considered a deep dysplastic sulcus was interpreted by others as pseudofocal atrophy. We never observed any major cortical thinning as encountered in ischemic or traumatic sequelae.

The third major sign consisted of subcortical white matter abnormalities, which were found in all patients with positive MR imaging findings. This is likely due to the clear-cut signal changes on T2WI or FLAIR. Contrary to the authors of a previous report, we found no correlation between the presence of balloon cells and subcortical signal abnormalities (Table 2).

The signal increase of the cortex is a well-known sign of type 2 FCD, though rarely emphasized. It was found in 48% of patients with positive MR imaging findings, within the 15%–62% range of previous reports (Table 1). It was often moderate and was more clearly seen on FLAIR sequences. This abnormality could be related to a high attenuation of balloon cells and subcortical signal abnormalities (Table 2).

The transmantle sign is reported to be a specific feature for malformations of cortical development. This typical pattern overlaps the path of migrating neuroblasts, consistent with a disruption of early corticogenesis. It has been related to the presence of balloon cells and hypomyelination in the white matter underlying the dysplastic lesion. This sign may also occur in other developmental abnormalities, such as venous or arteriovenous malformations and, when isolated, is not specific for type 2 FCD. However, its association with cortical thickening and GWM blurring provides the most reliable pattern for the diagnosis of type 2 FCD. We observed the transmantle sign in >80% of patients with positive MR imaging findings, which is a higher proportion than that reported in even the most recent studies. In 2 recent studies, the frequency of the transmantle sign reached 60%, whereas its frequency did not exceed 30% in other studies, suggesting that it may have been underestimated in earlier reports.

Abnormalities of sulcal morphology were present in nearly one-half of the cases with positive MR imaging findings. Such features are difficult to assess and are likely underestimated. Isolated minor sulcal abnormalities may also be retrospectively found in cortical areas containing a small type 2 FCD, as observed in nearly half of the cases with negative MR imaging findings (Fig 4). Sulcal abnormalities have already been described but have received little attention, and their prevalence has never been evaluated. Only 1 study confirmed by quantitative analysis that small type 2 FCDs were preferentially located at the bottom of an abnormally deep sulcus. Their physiologic mechanisms have not been elucidated to date. Nevertheless, most malformations of cortical development are associated with abnormal gyral/sulcal morphology, suggesting that the organization of sulci is intimately linked to the early stages of cortical development.

Another striking finding in this study is that abnormalities were arranged symmetrically relative to an axis perpendicular to the cortex. Of note, the axis of symmetry overlapped the trajectory of the transmantle sign. In addition, in half of the cases, a gradient of decreasing abnormal signal intensity from the bottom of the dysplastic sulcus to the surrounding gyri was found (Fig 1). This finding confirms that irrespective of the size of the lesion, maximum cellular abnormalities are located deep in the sulcus.

The proportion of patients with type 2 FCD with negative MR imaging findings (41%) was higher than that in most reported series but similar to the rate reported using stereo-EEG as a diagnostic tool. This is likely explained by the fact that in our patients with negative MR imaging findings, surgery was based on a combination of FDG-PET and stereo-EEG. Balloon cells were found in the cortical specimens
of 79% of our patients with negative MR imaging findings (Table 2), in contrast to previous reports suggesting that ballo-
loon cell FCDs (type 2b) are generally characterized by signal
changes in the white matter.16

Finally, the localization of type 2 FCD was overwhelmingly
frontal and rarely temporal in our series, as in others,8,14,15
whereas other epileptogenic lesions are predominantly located
in the temporal lobe. This suggests that frontal drug-resistant
partial epilepsy with normal MR imaging findings should raise
the suspicion of type 2 FCD, and this is supported by surgical
series of cryptogenic partial epilepsy, in which up to 40% of the
resected corticinal specimens (especially in the frontal lobe) cor-
responded to type 2 FCD at histology.3,31,32 Moreover, a recent
report of the International League against Epilepsy noted that
none of the children with epilepsy diagnosed with tumor or
ischemia had normal MR imaging findings.11

Our study has some limitations. It was retrospective and
was based solely on patients who underwent surgery and thus
does not represent the entire spectrum of type 2 FCD. Never-
theless, the study of unoperated patients would be limited by the
lack of histologic confirmation. Furthermore, due to the lack of a control group, we cannot assess the specificity of the
MR imaging abnormalities, especially the transmantle sign. In
addition, positive MR imaging findings (59% of our patients)
were based on conventional visual analysis. Voxel-based post-
processing methods proved a significant benefit in compari-
son with visual analysis alone33,34 and would possibly decrease
our rate of negative MR imaging findings. However, these techniques apply algorithms not applicable in routine prac-
tice. Furthermore, the feature maps direct the attention to
suspicious regions, but the interpretation still requires an ex-
perienced reader to confirm, with conventional MR imaging,
the presence of a type 2 FCD. Finally, the use of a 3T magnetic
field could have increased the number of positive findings on
MRI as reported in a recent study.35

Conclusions

We emphasize that nearly 60% of type 2 FCDs may be recog-
nized on 1.5T MR imaging and propose that a combination of
features (found in two-thirds of the cases), comprising focal
cortical thickening, GWM blurring, and the transmantle sign,
is highly suggestive of this FCD subtype. Early identification
of this lesion is crucial to minimize the delay in referring patients
for surgical consideration.

Disclosures: Baris Turak—UNRELATED: Travel/Accommodations/Meeting Expenses Unre-
lated to Activities Listed: Cyberonics, Comments: traveling expenses to epilepsy confer-
cences in Rome and Bordeaux paid by Cyberonics.

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