Resting-State Seed-Based Analysis: An Alternative to Task-Based Language fMRI and Its Laterality Index

K.A. Smitha, K.M. Arun, P.G. Rajesh, B. Thomas and C. Kesavadas

doi: https://doi.org/10.3174/ajnr.A5169
http://www.ajnr.org/content/38/6/1187
ABSTRACT

BACKGROUND AND PURPOSE: Language is a cardinal function that makes human unique. Preservation of language function poses a great challenge for surgeons during resection. The aim of the study was to assess the efficacy of resting-state fMRI in the lateralization of language function in healthy subjects to permit its further testing in patients who are unable to perform task-based fMRI.

MATERIALS AND METHODS: Eighteen healthy right-handed volunteers were prospectively evaluated with resting-state fMRI and task-based fMRI to assess language networks. The laterality indices of Broca and Wernicke areas were calculated by using task-based fMRI via a voxel-value approach. We adopted seed-based resting-state fMRI connectivity analysis together with parameters such as amplitude of low-frequency fluctuation and fractional amplitude of low-frequency fluctuation (fALFF). Resting-state fMRI connectivity maps for language networks were obtained from Broca and Wernicke areas in both hemispheres. We performed correlation analysis between the laterality index and the z scores of functional connectivity, amplitude of low-frequency fluctuation, and fALFF.

RESULTS: Pearson correlation analysis between signals obtained from the z score of fALFF and the laterality index yielded a correlation coefficient of 0.849 (P < .05). Regression analysis of the fALFF with the laterality index yielded an R² value of 0.721, indicating that 72.1% of the variance in the laterality index of task-based fMRI could be predicted from the fALFF of resting-state fMRI.

CONCLUSIONS: The present study demonstrates that fALFF can be used as an alternative to task-based fMRI for assessing language laterality. There was a strong positive correlation between the fALFF of the Broca area of resting-state fMRI with the laterality index of task-based fMRI. Furthermore, we demonstrated the efficacy of fALFF for predicting the laterality of task-based fMRI.

ABBREVIATIONS: ALFF = amplitude of low-frequency fluctuation; BOLD = blood oxygen level–dependent; fALFF = fractional amplitude of low-frequency fluctuation; FC = functional connectivity; LI = laterality index; rsfMRI = resting-state fMRI

Brain surgery demands preservation of eloquent areas, including the language functional areas. Many studies have illustrated that fMRI is a noninvasive imaging technique that facilitates the lateralization of language function in individual patients.1-3 The hemispheric language laterality index (LI) is estimated by evaluating the asymmetry in the activation of language areas in the right and left hemispheres of the human brain during a particular task.4 The ease of integrating fMRI with other MR imaging techniques allows the correct identification of pathology and its landmark with respect to language areas.5-7 During the acquisition of language fMRI, the subject is instructed to perform particular tasks designed to elicit a response from language functional areas. However, not all subjects, such as those with low intelligence quotients and pediatric patients, will be able to cooperate with the task-based fMRI. Resting-state fMRI (rsfMRI) is gradually evolving as an alternative to task-based fMRI. The rsfMRI technique extracts the low-frequency fluctuations in the blood oxygen level–dependent (BOLD) signal when subjects are instructed to lie relaxed inside the scanner.7,8 Tie et al9 extracted language networks from rsfMRI and evaluated the effectiveness of the automatic identification of language components by using independent component analysis. The study separated the activation patterns corresponding to the language network components from individual rsfMRI data. Another study adopted rsfMRI connectivity analysis to examine the degree of hemispheric dominance for language processing in healthy controls and patients with temporal lobe epilepsy.10

received June 25, 2016; accepted after revision February 2, 2017.
From the Departments of Imaging Sciences and Interventional Radiology (K.A.S., K.M.A., B.T., C.K.) and Neurology (P.G.R.), Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, Kerala, India.
This work was supported by the Department of Biotechnology, Ministry of Science and Technology, Government of India.
Please address correspondence to K.A. Smitha, PhD, Department of Imaging Sciences and Interventional Radiology, Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, Kerala, India, Pin code: 695011; e-mail:mithamahesh@gmail.com
Indicates open access to non-subscribers at www.ajnr.org
http://dx.doi.org/10.3174/ajnr.A5169

Functional connectivity (FC) analysis of the frontal cortex in the control group revealed a strong correlation with the LI. The authors found a good correlation between the LI and the epileptogenic mesial temporal lobe. Similarly, Pravata et al. studied the correlation between the strength of FC between language networks and language performance in healthy controls and patients with epilepsy. They demonstrated an overall reorganization and reduction of the connectivity pattern within the language network of patients with intractable epilepsy. These studies evaluated the FC of language networks rather than regional abnormalities in the low-frequency fluctuations.

In rsfMRI, the parameters FC, amplitude of low-frequency fluctuation (ALFF), and fractional amplitude of low-frequency fluctuation (fALFF) are used to examine the network-related and regional characteristics of low-frequency oscillations. FC analysis evaluates the correlation between the time courses of voxels in a seed region with every other region within the brain. The regions with strong correlations will be shown as an FC map. ALFF and fALFF are rsfMRI metrics that help in identifying regional BOLD signal changes of rsfMRI fluctuations. ALFF quantifies the amplitude of the low-frequency fluctuations of rsfMRI BOLD signals. fALFF corresponds to the power spectrum of the low-frequency band with respect to all frequencies detectable with the applied time of repetition of the study. Different studies reported the clinical application of these metrics. However, none of the studies considered the accuracy of these metrics in determining the LI.

The objective of our study was to determine the potential of rsfMRI to evaluate language lateralization in comparison with task-based fMRI. In the current study, we evaluated the z scores of FC, ALFF, and fALFF obtained via rsfMRI and assessed the correlations of each of these metrics with the LI of task-based fMRI from individual seed regions. We hypothesized that the metrics of seed-based rsfMRI analysis are strongly correlated with the LI obtained by using task-based fMRI. If this hypothesis is proved, then rsfMRI can be used instead of task-fMRI in patients who cannot perform the task.

**MATERIALS AND METHODS**

In this prospective observational study, MR imaging was performed in 18 healthy right-handed volunteers (12 men and 6 women). The Edinburgh Handedness Inventory was used to evaluate the handedness of the subjects. The mean age of the cohort was 30 ± 7.8 years. Subject scanning was conducted by using a 1.5T MR imaging scanner (Magnetom Avanto, Tim; Siemens, Erlangen, Germany). Informed consent was obtained from all participating subjects. The study received clearance from the institutional ethics committee. The imaging sequence included structural imaging, rsfMRI, and task-based fMRI. Structural imaging was performed by using the MPRAGE sequence with the following imaging protocol: TR = 2400 ms, TE = 3.72 ms, TI = 1000 ms, NEX = 2, flip angle = 8°, section thickness = 1 mm, imaging matrix = 256 × 256 with an isotropic voxel of 1 × 1 mm. Resting-state fMRI was acquired with a gradient-echo EPI sequence with the following imaging protocol: TR = 2000 ms, TE = 20 ms, flip angle = 90°, section thickness = 5 mm, number of sections = 25 acquired in the interleaved bottom up order, imaging matrix = 320 × 320 with an isotropic voxel of 3.75 × 3.75.

During rsfMRI, subjects were instructed to concentrate on the white crosshair on the black background displayed on the screen. Subsequently, task-based fMRI was performed with the same imaging protocol. Language fMRI was conducted with the visual-verb paradigm. During the active block, subjects were instructed to think about the verb associated with the pictures presented on the screen. During the rest block, subjects were instructed to concentrate on the white crosshair on the black background displayed on the screen. The stimulus presentation paradigm was designed as blocks of tasks and rest with 5 cycles (5 rest and 5 active blocks).

**Image Analysis**

The reconstructed DICOM images were converted to the NIfTI format for further processing. We used SPM8 (http://www.fil.ion.ucl.ac.uk/spm/software/spm12) to process task-based fMRI. The rsfMRI processing was performed by using the Data Processing Assistant for Resting State fMRI (http://restfmri.net/forum/DPARSF), the Resting-State fMRI Data Analysis Toolkit (REST; http://www.restfmri.net), and RESTplus software (http://restfmri.net/forum/RESTplusV1.2). The NIfTI images were preprocessed in the SPM pipeline. The images were realigned, section time-corrected, and normalized. The normalized images were smoothed with a Gaussian kernel at a full width at half maximum of 8 mm. The general linear model design matrix was defined with a canonical hemodynamic response function as the basis function, and it was estimated to obtain β values. Furthermore, we performed family-wise error correction for individual subjects (P < .05). Six ROIs from both the left and right hemispheres of the Broca area, Brodmann area 6, and Wernicke area were identified. Using MarsBaR software (https://sourceforge.net/projects/marsbar/files/), we created spheric masks with Montreal Neurological Institute coordinates to obtain these ROIs. These masks were used to derive the LI by using the LI Toolbox (http://www.medizin.uni-tuebingen.de/kinder/en/research/neuroimaging/software/) implemented in SPM8. We used a method called “voxel value of LI” to calculate the activated voxels, in which the value of the voxel represents the strength of its correlation with the task. The LI varies from −1 to +1. An individual with a positive LI is said to be left-lateralized, and a person with a negative LI is right-lateralized. The equation for LI is as follows:

\[ LI = \sum Li \sim \sum Ri/\sum Li + \sum Ri, \]

where \( Li \) is the number of voxels activated at a particular threshold in the left hemisphere of the ROI and \( Ri \) that is of the right hemisphere.

For rsfMRI, the same pipeline of preprocessing used for task-based fMRI was followed. Nuisance covariate regression and temporal bandpass filtering in the range of 0.01–0.08 Hz were performed for FC analysis. The Brodmann areas 47, 45, 44, 6, 21, and 22 of both hemispheres were taken as seed regions for rsfMRI analysis. After performing seed-based FC analysis, ALFF and fALFF were calculated by using RESTplus software.
Statistical analysis was performed by using Excel (Microsoft, Redmond, Washington) and SPSS, Version 17 for Windows (IBM, Armonk, New York). The FC, ALFF, and fALFF scores were converted into \( z \) scores by using the Fisher transformation. A 1-sample \( t \) test on \( Z \)-maps of FC, ALFF, and fALFF on all subjects yielded a \( T \)-map. This was performed by using RESTplus software. Thereafter, the FC, ALFF, and fALFF values of the corresponding ROIs were extracted from the \( T \)-map and correlated with the LI.

Pearson correlation analysis was conducted to find the associations between rsfMRI metrics and the LI. Linear regression analysis and \( R^2 \) values were obtained only for the specific rsfMRI metrics that showed a significant correlation with LI.

### RESULTS

LI values were computed from all individual ROIs. Figure 1 presents the bar diagram of LI for each of the ROIs from all subjects. Figure 2 indicates the task-based fMRI BOLD signal activations obtained from the Broca area, Brodmann area 6, and Wernicke area. The \( Z \)-maps corresponding to FC, ALFF, and fALFF for the Broca area are depicted in Fig 3. Table 1 shows the mean value of the LI obtained for all subjects for the respective ROIs. Table 2 presents the Pearson correlation coefficient obtained between the rsfMRI seed-based metrics with the LI obtained from task-based fMRI. When \( z \) scores extracted from the Broca area were analyzed, only fALFF displayed a statistically significant correlation with the LI with a correlation coefficient of 0.849 (\( P < .032 \)). Regression analysis of the \( z \) score obtained from fALFF analysis and the LI yielded an \( R^2 \) value of 0.721, as shown in Fig 4. Similarly, a positive correlation coefficient of 0.531 was observed between the \( z \) score of FC and the LI, and a negative correlation coefficient of \(-0.153\) was obtained between the \( z \) score of ALFF and LI. When \( z \) scores extracted from the Wernicke area and Brodmann area 6 were analyzed, we observed a weak positive correlation between the \( z \) scores of ALFF and fALFF with the LI, whereas a negative correlation was observed between FC and the LI, as shown in Table 2.

### DISCUSSION

The current study evaluated the effectiveness of rsfMRI in predicting the language dominance of hemispheres in healthy controls by correlating the rsfMRI metrics FC, ALFF, and fALFF with the LI of task-based fMRI. We studied task-based fMRI activation in the Broca area, Wernicke area, and Brodmann area 6 and compared the findings with those of rsfMRI connectivity analysis in the same areas as the seed regions. We evaluated the \( z \) scores of FC, ALFF, and fALFF of the respective areas for all subjects and correlated the values with the LI of task-based fMRI. These connectivity metrics have been analyzed to focus on the frequency-specific characteristics of rsfMRI networks. ALFF is the average amplitude of the low-frequency band (0.08–0.1 Hz) because it measures the magnitude of spontaneous neuronal activity. fALFF is the ratio between the power spectrum of the low-frequency signal and the entire frequency range that is dependent on the TR of the imaging protocol. Consequently, the peculiarity of fALFF with respect to ALFF is that it markedly reduces the noises in the high-frequency band in cisternal regions of the brain. Numerous studies have investigated the clinical applications of ALFF and fALFF metrics. Turner et al examined ALFF and fALFF to clarify differences between patients with
schizophrenia and healthy controls. The study analyzed these metrics from different sites and found that patients with schizophrenia had a lower fALFF than healthy controls across the cortex. Another group found variations in ALFF and fALFF associated with the right precuneus and left medial prefrontal gyrus and suggested that the changes in these measures can be used as surrogate markers of minimal hepatic encephalopathy.16

In our study, the z scores of FC, ALFF, and fALFF were extracted from Broca and Wernicke areas separately. The Z-map of fALFF obtained from rsfMRI seed-based analysis revealed that the Broca area is mainly left hemisphere–lateralized. In addition, we observed a strong correlation between the z score of fALFF obtained from the Broca area on rsfMRI and the LI obtained from task-based fMRI. Regression analysis of the z score of fALFF and LI showed a noticeable R² value, indicating the usefulness of rsfMRI connectivity analysis in predicting the LI of language areas.

Meanwhile, a weak positive correlation coefficient of 0.372 was observed when the z score of fALFF in Brodmann area 6 and the Wernicke area was correlated with the LI of task-based fMRI. To the best of our knowledge, including a review of the literature, no previous study evaluated rsfMRI FC analysis and task-based fMRI to correlate resting-state connectivity metrics with LIs associated with task-based fMRI. From the individual cases of task-based fMRI, we observed that BOLD activations in the Broca area in most subjects were left-lateralized; conversely, for the Wernicke area, half of the subjects were right-lateralized or they had an LI close to zero, as shown in Fig 1. We therefore consider this finding is a reason for the negative correlation between the z score of FC of the Wernicke area and the LIs of the respective ROIs. Thus, the task-based fMRI analysis demonstrated more consistency in Broca activation and more variability in Wernicke activation. Our findings reveal that frontonalateralization is more robust than temporal activation. This result may be because frontonal activity is more easily detected than temporal activity, which can be masked by susceptibility artifacts.17 Zhu et al18 examined rsfMRI seed-based FC with Broca and Wernicke regions as seed regions. It is evident from their observations that the activations in the Broca

Table 1: The mean value of the laterality index obtained from Brodmann areas 44, 45, 47, 6, 21, and 22 using task-based fMRI for all subjects

<table>
<thead>
<tr>
<th>Language Areas</th>
<th>Mean LI of 18 Subjects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brodmann Area 44</td>
<td>0.375</td>
</tr>
<tr>
<td>Brodmann Area 45</td>
<td>0.238</td>
</tr>
<tr>
<td>Brodmann Area 47</td>
<td>0.430</td>
</tr>
<tr>
<td>Brodmann Area 6</td>
<td>0.377</td>
</tr>
<tr>
<td>Brodmann Area 21</td>
<td>0.166</td>
</tr>
<tr>
<td>Brodmann Area 22</td>
<td>0.218</td>
</tr>
</tbody>
</table>

Table 2: Correlation of the seed-based analysis metrics FC, ALFF, and fALFF of rsfMRI with the LI of task-based fMRI

<table>
<thead>
<tr>
<th>Region</th>
<th>Correlation between the Z Score of FC and LI</th>
<th>Correlation between the Z Score of ALFF and LI</th>
<th>Correlation between the Z Score of fALFF and LI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Broca area</td>
<td>0.531 (P = .277)</td>
<td>0.153 (P = .771)</td>
<td>0.849 (P = .032)</td>
</tr>
<tr>
<td>Wernicke area and Brodmann area 6</td>
<td>-0.752 (P = .085)</td>
<td>0.182 (P = .729)</td>
<td>0.372 (P = .467)</td>
</tr>
</tbody>
</table>

FIG 3. The first row shows the sagittal and axial images obtained after a 1-sample t test of the Z-maps of 18 functional connectivity images obtained with the Broca area as the seed area. The second row shows sagittal and axial images obtained after a 1-sample t test of the Z-maps of the amplitude of low-frequency fluctuations in 18 healthy controls. We observed limited correlated activity for functional connectivity (A and B) and ALFF (C and D); it seems to be fragmented and potentially less clinically reliable at the individual level. The third row shows the sagittal and axial images obtained after a 1-sample t test of the Z-maps of fractional amplitude of low-frequency fluctuations in 18 healthy controls. By contrast, the map of fALFF (E and F) appears more robust and potentially more reliable.

FIG 4. The regression line plotted with signals extracted from the T-map of the z scores of the fractional amplitude of low-frequency fluctuations from the Broca area of resting-state fMRI with the laterality index obtained from all ROIs of task-based fMRI.

1190 Smitha Jun 2017 www.ajnr.org
area were left-lateralized, and those in the Wernicke area remained right-lateralized. The outcome of their analysis is in line with our results from task-based fMRI. Their study did not estimate the seed-based rsfMRI metrics; instead, they assessed the consistency of rsfMRI language networks and found that language networks are highly reproducible.

Doucet et al provided evidence that resting-state FC can be used to predict the strength of hemispheric language laterality in patients with temporal lobe epilepsy and controls. The ability of regional resting-state FCs to predict the LI was determined and compared. Although the results of the present study are in line with those of Doucet et al, additional metrics for predicting LI such as ALFF and fALFF were investigated. We hypothesized that FC analysis alone may not be sufficient to uncover subtle abnormalities in low-frequency fluctuations of BOLD signals and that the use of ALFF and fALFF can disclose more meaningful information. Although ALFF simply measures the power of the low-frequency fluctuation of a specific ROI, the negative correlation between ALFF in the Broca area and the LI may be due to the lower power of filtered frequency signals within the low-frequency band (0.01–0.08 Hz) in the Broca area in healthy subjects during the resting-state than during a task. Pravata et al investigated the correlation between FC and neuropsychological evaluations of language. The study observed an overall decrease in FC within the language network of patients with intractable epilepsy compared with that in controls. The study did not consider the efficacy of FC to calculate language lateralization, but it emphasized that FC analysis provides a more illustrative assessment of functional modification. Tie et al investigated the feasibility of rsfMRI in right-handed healthy controls by using the group independent component analysis method. A new semiautomated method was used to identify the language components and compare rsfMRI and task-based fMRI activations in the language area. Rather than the LI, they adopted the Dice coefficient to determine the overlap between the language network areas from rsfMRI and task-based fMRI. The group-level analysis of task-based fMRI and rsfMRI uncovered markedly similar language regions in right-handed subjects. Resting-state fMRI identified more left lateralization and suggested that the semiautomatic language component identification procedure provides the best strategy for rsfMRI with the independent component analysis technique.

A study with a larger number of subjects, including more right-language-lateralized subjects, and thinner sections and a higher Tesla MR imaging device is required to confirm our findings. In addition, we need to investigate whether we can reproduce these results in a patient cohort by validating the results with neuropsychology analysis and the Wada test for language lateralization. Methodologic improvements such as automatic parcellation of language regions may strengthen the reliability of the analysis in the future. This method of analysis can provide better results than the Montreal Neurological Institute–based spheric ROI method. A cross-validation with other rsfMRI analysis techniques would also be useful.

CONCLUSIONS
The current study highlighted a strong correlation between the seed-based rsfMRI metric fALFF of the Broca area and the LI of task-based fMRI. The study demonstrated that rsfMRI connectivity analysis can be used for assessing language networks and fALFF can be used as an effective predictor for evaluating language laterality. The outcome of the study might be useful in testing the efficacy of rsfMRI in patients who are unable to perform task-based fMRI in preoperative language lateralization.

ACKNOWLEDGMENTS
We acknowledge Professor Sankara Sarma for his valuable advice regarding the statistical analysis methods.

REFERENCES
of amplitude of low-frequency fluctuation (ALFF) for resting-state fMRI: fractional ALFF. *J Neurosci Methods* 2008;172:137–41 CrossRef Medline
27. McHugo M, Rogers BP, Talati P, et al. Increased amplitude of low frequency fluctuations but normal hippocampal-default mode network connectivity in schizophrenia. *Front Psychiatry* 2015;6:92 CrossRef Medline