Are Dynamic Arterial Spin-Labeling MRA and Time-Resolved Contrast-Enhanced MRA Suited for Confirmation of Obliteration following Gamma Knife Radiosurgery of Brain Arteriovenous Malformations?


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ABSTRACT

BACKGROUND AND PURPOSE: Intra-arterial DSA has been traditionally used for confirmation of cure following gamma knife radiosurgery for AVMs. Our aim was to evaluate whether 4D arterial spin-labeling MRA and contrast-enhanced time-resolved MRA in combination can be an alternative to DSA for confirmation of AVM obliteration following gamma knife radiosurgery.

MATERIALS AND METHODS: In this prospective study, 30 patients undergoing DSA for confirmation of obliteration following gamma knife radiosurgery for AVMs (criterion standard) also underwent MRA, including arterial spin-labeling MRA and contrast-enhanced time-resolved MRA. One dataset was technically unsatisfactory, and the case was excluded. The DSA and MRA datasets of 29 patients were independently and blindly evaluated by 2 observers regarding the presence/absence of residual AVMs.

RESULTS: The mean time between gamma knife radiosurgery and follow-up DSA/MRA was 53 months (95% CI, 42–64 months; range, 22–168 months). MRA total scanning time was 9 minutes and 17 seconds. Residual AVMs were detected on DSA in 9 subjects (oblitration rate = 69%). All residual AVMs were detected on at least 1 MRA sequence. Arterial spin-labeling MRA and contrast-enhanced time-resolved MRA showed excellent specificity and positive predictive values individually (100%). However, their sensitivity and negative predictive values were suboptimal due to 1 false-negative with arterial spin-labeling MRA and 2 with contrast-enhanced time-resolved MRA (sensitivity = 88% and 77%, negative predictive values = 95% and 90%, respectively). Both sensitivity and negative predictive values increased to 100% if a composite assessment of both MRA sequences was performed. Diagnostic accuracy (receiver operating characteristic) and agreement (κ) are maximized using arterial spin-labeling MRA and contrast-enhanced time-resolved MRA in combination (area under receiver operating characteristic curve = 1, P < .001; κ = 1, P < .001, respectively).

CONCLUSIONS: Combining arterial spin-labeling MRA with contrast-enhanced time-resolved MRA holds promise as an alternative to DSA for confirmation of obliteration following gamma knife radiosurgery for brain AVMs, having provided 100% sensitivity and specificity in the study. Their combined use also enables reliable characterization of residual lesions.

ABBREVIATIONS: ASL = arterial spin-labeling; CE = time-resolved contrast-enhanced; GKR = gamma knife radiosurgery; NPV = negative predictive value; PPV = positive predictive value; ROC = receiver operating characteristic

Brain AVMs are a potential source of neurologic morbidity and mortality due to the life-long risk of intracranial bleeding if left untreated (1.5%–4.0% per year).1 Gamma knife radiosurgery (GKR) is a well-established treatment for selected patients with brain AVMs.2 It triggers a gradual decrease in blood flow through the AVM nidus a few months after treatment, which progresses so
that by 2–3 years posttreatment, approximately 75% of AVMs are completely obliterated. The risk of intracranial bleeding is thought to persist until complete obliteration of the nidus is achieved, so it is imperative to confirm AVM cure after treatment.

Intra-arterial DSA has been traditionally used for confirmation of obliteration following GKR. Most GKR centers around the world also use regular MRI and MRA for follow-up, but most patients still undergo DSA to confirm a cure a few years after treatment, usually once obliteration is suggested by MRI/MRA. Although widely used, DSA conveys some risk, which includes neurologic complications (2.63%), stroke with permanent disability (0.14%), death (0.06%), and access site hematoma (4.2%). DSA also exposes both patients and medical staff to ionizing radiation, and it carries a risk associated with the injection of iodinated contrast agents. It is an unpleasant experience for patients due to pain, invasiveness, and prolonged bed rest after the procedure. The cost associated with DSA examinations is also significantly larger than that of diagnostic MRI.

The potential to improve follow-up procedures after GKR using less invasive and radiation-free imaging methods has been described elsewhere, and important attempts have been made using MRA as an alternative to DSA. Multiple studies have concluded that individually, TOF angiography and time-resolved contrast-enhanced MRA (CE-MRA) have good diagnostic accuracy, which supports their addition to the standard follow-up protocols. However, due to their limited sensitivity and specificity, it is still recommended that DSA be performed to confirm AVM obliteration. MR vascular imaging is being continuously developed, with increasing spatial resolution achieved with contrast-based MR angiography and also subsecond temporal resolution with 4D MRA sequences. The introduction of arterial spin-labeling MRA (ASL-MRA), for instance, has also allowed the acquisition of time-resolved cerebral angiography with temporal resolution comparable with that of DSA (100–200 ms), without the administration of contrast agents. This study aimed to evaluate whether dynamic ASL-MRA and CE-MRA in combination can be an alternative to DSA to confirm obliteration of brain AVMs following GKR and to characterize residual AVMs in cases with an incomplete response.

MATERIALS AND METHODS

Patients

Adult patients undergoing DSA for assessment of obliteration following GKR for AVMs at Verona University Hospital between November 2014 and December 2016 were prospectively recruited. The decision to perform follow-up DSA was made by the clinical team on the basis of their routine follow-up procedures, which are that DSA is performed once obliteration is demonstrated on regular follow-up MR imaging/MRA or after 4 years if no response or only partial response is seen on MR imaging/MRA.

The study was approved by the Verona and Rovigo Research Ethics Committee (European equivalent to an institutional review board), and all participants gave written consent for MRA to be performed on the same day as DSA. Exclusion criteria included contraindications to MR imaging (ie, pacemakers, metallic implants), patients unable to tolerate MR imaging without sedation/anaesthesia, abnormal renal function (estimated glomerular filtration rate of < 30 mL/min), inability to consent, pregnancy, and history of an allergic reaction to gadolinium.

Thirty consecutive patients were enrolled, and Table 1 shows their demographic details and AVM characteristics. The mean age was 37 years (range, 18–69 years), and 66% of participants were female. Twenty-two patients (73%) presented with a ruptured AVM on diagnosis. The mean AVM volume at the time of GKR was 7.01 [SD, 9.8] mL (range, 0.07–50.54 mL), and the AVMs were well-distributed across the head anatomy. Ten patients (33.3%) had previously undergone glue embolization (N-butyl cyanoacrylate), and 3 (10%), microsurgical resection before GKR. One of them had undergone GKR twice for the same AVM.

In 1 case, the contrast agent was not detected by CE-MRA due to mis-timing of the gadolinium injection with respect to the dynamic acquisition. This dataset was considered technically unsatisfactory, and the case was excluded. Final statistical analysis included 29 patients.

MRA

MRA included 4D-ASL-MRA and CE-MRA. These were acquired using an 8-channel head coil on an Achieva 3T MR imaging system (Philips Healthcare) and the scanning parameters shown in Table 2.

ASL-MRA labeling was performed with signal targeting with alternating radiofrequency and a labeling slab of 300 mm positioned 20 mm below the imaging plane. An EPI readout enabled acquisition of 8 dynamic phases with a temporal resolution of 200 ms. CE-MRA included 24 dynamic sagittal acquisitions using a 3D, T1-weighted, fast-field echo sequence. Intravenous injection of 0.1 mL/kg of gadobutrol, 1.0 mmol (Gadovist; Bayer Schering Pharma), was administered with an automated injector at 3.5 mL/s followed by 20 mL normal saline flush at the same rate. A reference scan was acquired before contrast injection for subtraction of stationary tissue, and dynamic sampling was started at the same time as the injection. The dynamic acquisition used contrast-enhanced robust-timing angiography and the keyhole method, with 20% of the k-space collected per frame, achieving a temporal resolution of 608 ms/phase. MIPs of the individual MRA sequences were

### Table 1: Demographic details and AVM characteristics of the study subjects

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (mean) (range) (yr)</td>
<td>37 (18–69)</td>
</tr>
<tr>
<td>Female (%)</td>
<td>66%</td>
</tr>
<tr>
<td>AVM location (No.) (%)</td>
<td>Temporal 9 (30%)</td>
</tr>
<tr>
<td>Frontal 6 (20%)</td>
<td>Parietal 6 (20%)</td>
</tr>
<tr>
<td>Occipital 3 (10%)</td>
<td>Basal ganglia/brain stem 4 (13%)</td>
</tr>
<tr>
<td>Posterior fossa 2 (7%)</td>
<td>Lateralization (%)</td>
</tr>
<tr>
<td>Right 30%</td>
<td>Left 70%</td>
</tr>
<tr>
<td>AVM volume (mean) (range) (mL)</td>
<td>7.01 (0.07–50.54)</td>
</tr>
<tr>
<td>GKR (mean) (range)</td>
<td>Dose (Gy) 17 (11–22)</td>
</tr>
<tr>
<td>Percentage isodose</td>
<td>50%</td>
</tr>
<tr>
<td>Mean time post-GKR (range) (mo)</td>
<td>53 (22–168)</td>
</tr>
</tbody>
</table>
Table 2: Scanning parameters of ASL-MRA and CE-MRA

<table>
<thead>
<tr>
<th>Parameter</th>
<th>ASL-MRA</th>
<th>CE-MRA</th>
</tr>
</thead>
<tbody>
<tr>
<td>MRA type</td>
<td>Dynamic (4D)</td>
<td>Dynamic (4D)</td>
</tr>
<tr>
<td>Scan duration (min:sec)</td>
<td>5:58</td>
<td>3:19</td>
</tr>
<tr>
<td>Contrast</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acquisition</td>
<td>T1-TFPEI</td>
<td>T1-FFE</td>
</tr>
<tr>
<td>TR (ms)</td>
<td>12</td>
<td>3</td>
</tr>
<tr>
<td>TE (ms)</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>Flip angle</td>
<td>10°</td>
<td>25°</td>
</tr>
<tr>
<td>Resolution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>FOV (RL × AP × CC mm)</td>
<td>210 × 210 × 90</td>
<td>150 × 210 × 210</td>
</tr>
<tr>
<td>Acquisition</td>
<td>Transversal</td>
<td>Sagittal</td>
</tr>
<tr>
<td>Slabs</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Acquisition matrix</td>
<td>172 × 172 × 70</td>
<td>50 × 248 × 248</td>
</tr>
<tr>
<td>Acquired voxel size (mm)</td>
<td>1.22 × 1.26 × 1.3</td>
<td>3 × 0.85 × 0.85</td>
</tr>
<tr>
<td>Reconstruction matrix</td>
<td>256 × 256</td>
<td>288 × 288</td>
</tr>
<tr>
<td>reconstructed voxel size (mm)</td>
<td>0.82 × 0.82 × 0.65</td>
<td>1.5 × 0.73 × 0.73</td>
</tr>
<tr>
<td>No. of slices</td>
<td>140</td>
<td>100</td>
</tr>
<tr>
<td>SENSE factor</td>
<td>2.5/1</td>
<td>4/2</td>
</tr>
<tr>
<td>Dynamic acquisition</td>
<td>TFPEI</td>
<td>CENTRA keyhole</td>
</tr>
<tr>
<td>No. of dynamic phases</td>
<td>8</td>
<td>24</td>
</tr>
<tr>
<td>Phase interval (temporal resolution) (ms)</td>
<td>200</td>
<td>608</td>
</tr>
<tr>
<td>Label delay (ms)</td>
<td>200</td>
<td>-</td>
</tr>
<tr>
<td>Contrast</td>
<td>Gadovist 0.1 mL/Kg; IV pump</td>
<td>injection: 3.5 mL/s</td>
</tr>
</tbody>
</table>

Note: — indicates non-applicable; TFPEI, Turbo-field echo-planar imaging; FFE, fast-field echo; CENTRA, enhanced robust-timing angiography; RL, right-left; AP, anterior-posterior; CC, caudo-cranial; SENSE, sensitivity encoding.

generated in orthogonal planes and transferred to an Osirix DICOM Viewer 8.4 (http://www.osirix-viewer.com) for review.

**DSA**

DSA was performed using an AlluraXper biplane system (Philips Healthcare) and an iodinated contrast agent (iohexol, Omnipaque, 240 mg/mL; GE Healthcare). DSA acquisitions were performed at a rate of 3–7 frames/s in standard anterior-posterior, lateral, and oblique projections, when necessary.

**Data Analysis**

The DSA and MRA datasets (MIP reconstruction and source images) were independently evaluated by 2 observers regarding the presence/absence of residual AVMs. The observers were a neuroradiologist with 13 years of experience (F.B.P.) and an interventional neuroradiologist with 15 years of clinical practice (T.S.). They were blinded to the patient’s name and demographics, date of the examination, previous clinical reports, and each other’s assessments. The observers had not performed or previously interpreted the DSA examinations for clinical purposes. DSA and MRA examinations were anonymized, randomly numbered, and reviewed in different sessions several weeks apart to prevent reporting bias. To simulate the clinical scenario in which radiologic assessment is aided by pre-existing knowledge of the size and location of the treated AVMs, the observers had access to anonymized images of the stereotactic DSA or postcontrast T1WI performed on the day of GKR for comparison with follow-up DSA and MRA, respectively.

AVM obliteration was defined as the complete absence of a nidus and arterovenous shunt (early-filling draining veins) in both MRA sequences. The Spetzler-Martin grading system (sizes, weighted Cohen κ coefficient was calculated to measure agreement between DSA and MRA (κ ≤ 0.20 = poor; ≥0.91 = excellent). Statistical significance was defined as P < .05, and analyses were performed using the Statistical Package for the Social Sciences (Version 23; IBM).

**RESULTS**

The mean time between GKR and follow-up DSA/MRA was 53 months (95% CI, 42–64 months; range, 22–168 months). ASL-MRA and CE-MRA scanning time was 5 minutes and 58 seconds and 3 minutes and 19 seconds, respectively. At follow-up imaging, no patients had received further treatment for residual AVMs nor had they experienced any intracranial bleeds post-GKR.

**Confirmation of AVM Obliteration**

A residual AVM was detected on DSA in 9 subjects, and complete radiographic obliteration was confirmed in 20 patients by both observers using DSA, resulting in an obliteration rate of 69%, which was in complete agreement with the clinical reports produced by the interventional radiologist who had performed the DSA.

The residual AVM was detected by observers on ASL-MRA in 8 subjects and on CE-MRA in 7 of 9 patients who had been shown to have a residual on DSA. Table 3 shows how all residual AVMs were detected on at least 1 MRA sequence. The case in which ASL-MRA failed to show the residual AVM (case 30) is presented in Fig 1. In 2 cases, the residual lesion was not observed on CE-MRA (Fig 2) due to the very small size of the residual lesion (6 mm, case 13) and the diffuse nature of the also very small residual nidus in case 9. No abnormalities were observed on MRA in those patients with complete radiographic obliteration on DSA.
The sensitivity, specificity, PPV, and NPV of ASL-MRA and CE-MRA for detection of residual AVMs are presented in Table 4. ASL-MRA and CE-MRA showed excellent specificity and PPV individually due to the absence of false-positives. Their sensitivity and NPV, however, were suboptimal due to the finding of 1 false-negative with ASL-MRA and 2 with CE-MRA (sensitivity = 88% and 77%; NPV = 95% and 90%, respectively). Both sensitivity and NPV increased to 100% if a composite assessment of both MRA sequences was performed. Diagnostic accuracy (ROC) and agreement ($\kappa$) are also maximized using ASL-MRA and CE-MRA in combination (area under the ROC curve = 1, $P < .001$; $\kappa = 1, P < .001$, respectively).

**Characterization of Residual AVMs in Cases of Incomplete Response**

Table 5 shows the interpretation of DSA and MRA regarding Spetzler-Martin grading of residual AVMs by both observers. There was complete agreement on size and drainage scores between MRA and DSA for both observers in all 9 residual lesions ($\kappa = 1, P < .003$). Different eloquence scores were noted on DSA and MRA in 1 case by the first observer and in 3 cases by the second observer. These were the result of limited anatomic localization on 2D DSA images compared with MRA. Figure 3 shows a representative case of a residual AVM that was fully and accurately characterized in terms of Spetzler-Martin grading using ASL- and CE-MRA compared with DSA.

Observer 1 identified a total of 14 feeding arteries and 13 draining veins on both DSA and MRA. Observer 2 identified 17 feeding arteries and 15 draining veins on DSA and 15 and 12 on MRA, respectively (Table 3). The same blood vessel was identified by both observers as the main feeding artery.
DISCUSSION

This work presents the use of 2 dynamic MRA techniques based on ASL and gadolinium bolus tracking for confirmation of obliteration of brain AVMs following GKR. The ASL-MRA, CE-MRA, and DSA sequences of 29 patients who underwent follow-up imaging to confirm obliteration of brain AVMs following GKR were blindly and independently assessed by 2 observers. ASL-MRA and CE-MRA individually have limited sensitivity and NPV for detection of residual AVMs after radiosurgery. This is of clinical importance because false-negative investigations could result in a persistent risk of hemorrhage from AVMs in patients thought to have been cured. The combined use of ASL-MRA and CE-MRA, which provide both temporal and spatial information, appears to be a reliable method to confirm/rule out the presence of residual AVMs after radiosurgery. The composite use of dynamic ASL-MRA and CE-MRA in our study showed maximal sensitivity and specificity compared with DSA; this outcome makes this the first study demonstrating satisfactory diagnostic accuracy of MRA for confirmation of obliteration following GKR of brain AVMs. The results of this study support the use of ASL-

MRA and CE-MRA as a first-line technique for confirmation of obliteration following GKR, which is of high clinical relevance because this would not only avoid unnecessary DSA examinations for patients with cured AVMs (69% in our study group) but also help rationalize its use in patients with residual AVMs who may need more DSAs for further treatment.

The major accomplishment of using two 4D-MRA sequences is the combination of high temporal and spatial resolution, which is necessary to appreciate the dynamic characteristics of AVMs. AVMs exhibit a high degree of heterogeneity in terms of angioarchitecture and flow dynamics, and even within the same lesion, there may be dramatic and unpredictable differences in terms of vessel configuration and blood flow. This accomplishment is most likely the reason for the disappointing results of previous studies that attempted to detect and fully characterize residual AVMs using either TOF or CE-MRA. If used independently, those MRA sequences are unable to capture all the complexity and heterogeneity of shapes, sizes, and velocities seen on AVMs. However, in combination, the chance of false-negatives is reduced and their combined ability to detect/rule out residual AVMs after GKR is increased. This feature is demonstrated in our study by the visualization of all residual AVMs in at least 1 MRA sequence and the optimal characterization of residual AVMs using structural and dynamic information obtained from both MRA modalities. Such use of multiple sequences for diagnostic purposes is commonplace in radiology, and it is well-accepted that information from multiple sources (ie, TIWI, T2WI, and contrast imaging) may be required to achieve a full diagnosis.

The main limitation of our study is that a separate review of each MRA sequence, to assess their ability to individually confirm AVM obliteration, was not part of the design. This was because multiple studies had previously concluded that individually, all previously used MRA sequences have suboptimal diagnostic accuracy compared with DSA. Also, the review of both MRA sequences separately followed by their combined re-assessment would have resulted in increasing and unpredictable reporting bias. Instead, as part of the combined assessment of both MRA sequences, the observers indicated which of the 2 showed the residual AVM, and this information provided some insight into the diagnostic accuracy of each individual sequence. However, we cannot assume that the outcome would have been the same if each MRA technique were assessed independently because the combined assessment of the 2 is highly likely to have resulted in a degree of crossed reinforcement or reassurance of findings between the individual sequences.

In our study, CE-MRA appeared to have lower diagnostic accuracy by failing to show 2 residual AVMs that were clearly visualized on ASL-MRA and DSA (Fig 2). CE-MRA is prone to motion artifacts, and it relies on single-pass bolus tracking, which contributed to a technically unsatisfactory MRA dataset that was excluded from the analysis. Nonetheless, CE-MRA provided...
valuable dynamic information for the characterization of residual lesions, in terms of feeding arteries and draining veins, and it can also depict arteriovenous shunting, which was essential in the evaluation of AVM obliteration. CE-MRA was very important in a case in which the residual AVM was not visualized on ASL-MRA (Fig 1), and this case demonstrates how the 2 sequences complement each other, increasing the chances of AVM detection and enabling the characterization of residual AVMs.

Regarding ASL-MRA, to date, no previous studies exist on its use for confirmation of AVM obliteration after radiosurgery. A number of studies have used it, together with ASL perfusion, for assessment of AVMs with promising results, but their value compared with DSA is not fully established. ASL is an appealing technique for confirmation of obliteration because venous signal in AVM draining veins can be considered a strong indication of arteriovenous shunting, which is an unequivocal

defining element of an AVM. During an ASL acquisition, the arterial blood water is labeled with a radiofrequency pulse proximal to the brain, and it is used as an endogenous contrast agent. Under normal physiologic conditions, the time it would take for the labeled water to reach the veins (either via intravascular transport through the microvascular bed or via extravasation into the extravascular compartment and subsequently being picked up in the venous system) is longer than the time between the start of labeling and the readout. Thus, there is normally little detectable signal within the intracranial veins on ASL perfusion images or on ASL angiography. Furthermore, decay of the tagged spins in ASL angiography is accelerated by the train of readout excitation pulses, resulting in additional signal reduction more distal into the vascular tree. In AVMs, however, the labeled spins are rapidly shunted directly into the venous circulation, giving rise to high signal intensity in AVM draining veins. In our study, ASL-MRA proved critical to the assessment of the response to GKR in
2 cases in which CE-MRA failed to demonstrate the residual lesion (Fig 2). It also provided important information on nidus size and the number of feeding arteries. However, as in other individual MRA sequences, ASL-MRA, by itself, unable to capture all the possible scenarios of size, flow, and velocity to reliably detect residual AVMs, evidenced by the occurrence of a false-positive in which ASL-MRA failed to show the residual nidus (Fig 1).

In our study, the observers were aided by a very high index of suspicion because they were aware of the location of AVMs at treatment and, therefore, knew where to look for residual lesions. It could be argued that results would have been different if the observers had no indication of the potential AVM location; however, the study was pragmatically designed to replicate the clinical scenario in which DSA examinations are reviewed specifically to confirm obliteration. We performed DSA once obliteration was demonstrated on regular follow-up MR imaging/MRA or after 4 years if no response or only partial response was seen on MR imaging/MRA. This procedure could have introduced a degree of selection bias. Also, we had a relatively small sample size, which is a limitation of the study. The assessment of a larger number of patients is needed to strengthen the power of the results.

Optimization of MRA sequences for further implementation should include individualized time resolution of ASL-MRA, which can be used to better characterize the flow dynamics of residual AVMs. There is also a great potential for improvement of MRA by postprocessing the individual datasets and, through their combination, generating a single product that incorporates the information provided by both sequences. This improvement is still to be accomplished and developers should aim for more sophisticated 4D visualization maps, which enhance the visual experience and facilitate interpretation.

CONCLUSIONS
Combining ASL-MRA with CE-MRA holds promise as an alternative to DSA for confirmation of obliteration following GKR for brain AVMs, having provided 100% sensitivity and specificity in the study. In addition, their combined use enables reliable characterization of residual lesions.

ACKNOWLEDGMENTS
We thank Ing Marcello Cadioli, MR Clinical Scientist, for his support on the implementation of CE-MRA at the University Hospital of Verona.


REFERENCES